

## FOOD ADM'R WELLS GIVES FOOD TALK

Timely Reference to Refreshments at Gatherings

### ASKS NO FOURTH MEAL

Self-Denial is Still Exacted by the Nation's Administrators

Food Administrator Chas. E. Wells sends the Argus the following on a "moot" question: "The following regarding the food situation, and with practical reference to serving refreshments at social gatherings will be timely I think.

Many of our people have inquired as to the proper course with regard to the serving of refreshments at gatherings. The attitude of the Food Administration, as expressed in a recent communication from Washington may be summarized in the following sentence:

"While we recognize that there is value in the sociability that results when a number of people gather together, and that this sociability may be stimulated by the serving of refreshments, yet we believe that hours should be fixed so that such refreshments will take the place of a regular meal, and will not constitute a fourth meal.

Mr. Hoover, as Chairman of the Commission for Belgium Relief, has just been advised that 250,000 refugees were estimated as being on the roads of Lille and other Belgium towns near the Dutch frontier. The Relief Commission has settled arrangements for food, shelter and clothing upon their arrival. These refugees are fortunate indeed, in that they can be reached by relief. Tens of thousands of others less fortunate situated in Poland, Russia, and Austria Hungary will surely starve during the winter.

Facing this certain knowledge although the war is virtually ended, our duty is plain. We must still practice self denial in order that these starving thousands may have relief, and that our boys "over there" and our Allies shall not want.

Applications for special sugar allowance for refreshments at gatherings can only be granted when such refreshments do not constitute an extra meal."

### MRS. HENRY MILLER

Mrs. Mary Elizabeth Graybill Miller, wife of Henry Miller, died at the family home, south of Witch Hazel, Nov. 15, 1918, after an illness of several months. She was born Sept. 4, 1871, at Cloverdale, Va., and was married to Henry Miller, at Portland, in 1898. They moved to this county in 1901. Mrs. Miller was prominent in Grange circles, and was a member of the Hillsboro organization. The funeral took place from the family home, Sunday, and interment was in the Hillsboro cemetery. Undertaker Donelson conducting the obsequies. The Grange ritualistic work was given at the grave. She leaves to mourn her loss her husband and the following children: Clara, aged 19; Louis, aged 18; Gladys, aged 13; Sadie, 10, and Anna, 9 years.

A large circle of friends deeply regret her demise and extend to the family their deepest sympathy.

Flowers for funerals and other occasions.—Bergen Floral Co., Hillsboro. 32-4f

## FOR HOUSEWIVES

To Washington County Housewives:

Thanksgiving Day, 1918, will be the greatest in all history. This year the month of November, set aside as of old for rejoicing and thanksgiving, is memorable for events of Victory and Peace. Its celebration should be made appropriate by patriotic menus indicative of thrift and Americanism. A conservation program waits on the American Thanksgiving dinner. Let no one think that the end of the war will free us from the need of conservation. The call of more hungry persons than ever comes from overseas.

Turkey? Yes, and chickens, too, instead of beef and pork needed for export; plenty of gravy to save butter for shipment; wild rabbit for those who are fortunate enough to have them; pies with one crust and filled deep with fruit and vegetables; cranberries sweetened with honey or syrup; turnips, squash or onions in place of vegetables out of season; sugarless confections, native nuts for dessert.

In short, use local perishable products to save transportation. The following menu, in which much may be prepared the day before the dinner, is for a family desiring simplicity. Syrups may be used for sweetening the pudding. The salad course may be omitted if desired, a gain in labor and in fat. Use the celery leaves for the platter garnish. The last course may be the centerpiece.

Choice of Roast turkey, chicken, game or rabbit; rice and celery dressing; gravy, potatoes (roasted with the meat); choice of creamed onions, squash baked in the shell, scalloped tomatoes, or scalloped corn; lettuce with French dressing (may be omitted); steamed pudding; popcorn confection; local nuts; red apples.

Very sincerely yours,  
U. S. Food Administration Home Conservation Division.

Mrs. L. W. Hyde,  
Washington Co. Chairman.

### ROY F. WALTON

Roy F. Walton, well known in Hillsboro a few years ago, died at Fort Stevens, Nov. 15, 1918. He was enlisted with the Artillery, and was a sufferer from influenza. He was aged 21 years, and was a son of Mr. and Mrs. W. T. Walton, of 990 Woodward Avenue, Portland. His father was operator for the Oregon Electric several years, and from here took charge of the ticket office at the foot of Jefferson St. The funeral was held in Portland Monday. Several Hillsboro people attended among whom was Miss Emma Tupper, who was a classmate in the Hillsboro school.

### LINNIE LOVE

Linnie Love, daughter of Mrs. Clara Buford Love, died last Wednesday at Camp Lewis, Wn., where she was engaged in singing for the cantonment. The funeral took place Sunday at Cornelius.

Pigs for Sale—R. E. Harbison, Hillsboro. Phone 2377. 35-7

J. O. Murray, of Cedar Mill, was a city caller Monday morning.

For Sale—Good Ford car; all new tires. Price right.—If interested, write "New-Tires," care Argus, Hillsboro, Ore. 35-7

Leo Schwander and son, Fred, of above Mountindale, were in town Saturday, coming in with a machine—pretty fair travelling for November weather.

## MISS IMAH LEDFORD PASSES AWAY IN FRANCE

Was Nurse in U. S. Army, and Daughter of Mrs. Mary Ledford

### FIANCE KILLED IN ACTION

News of Death was Cause of Uter Physical Collapse

Miss Imah Ledford, nurse in the U. S. A., died in Base Hospital No. 116, in France, about October 9. Miss Ledford was one of the first of Oregon women to volunteer to go to France, and was stationed at Vancouver several weeks last Spring, and then sent to Camp Lewis. In August she started for New York. Upon arriving at that city she received a letter announcing the death of her fiancé, Corporal Andrew Copeman, B. Co., Fourth U. S. Engineers, killed in action, July 18, at the battle of the Marne. Miss Ledford collapsed when she received the intelligence, but insisted on taking the steamer



Miss Imah Ledford, U. S. A.

across to France to go into active service. Upon her arrival at the American Nurses headquarters, she was compelled to go to Base Hospital No. 116 after a few days, and death ensued. There is no question but the shock of the news of the death of her fiancé caused her to go into a physical decline, as she had never been ill a day since reaching womanhood.

Miss Ledford graduated from St. Mary's Academy in music, and then took training as a nurse at St. Vincent's for a year, and finished at the Multnomah Hospital. While at St. Vincent's she met Corporal Copeman, and they became engaged. When the war broke Copeman enlisted with the Engineers and was sent to France early. When the volunteers were asked for nurses, Miss Ledford responded, and when she crossed she expected to meet him.

Corporal Copeman was a civil engineer and architect, and at one time maintained offices at Milligan, Neb.

The dead nurse was a general favorite, and was the daughter of



Corporal Andrew Copeman

the late Geo. T. Ledford, a Civil War Veteran. She is survived by her mother, Mrs. Mary Ledford, and the following brothers and sister: Geo. B. Ledford, an engineer with the Carnation Co., of this city; H. D. Ledford, attached to the Portland Riding Academy; Mrs. Wm. H. Bagley, of Watts, above Forest Grove, and Grover Ledford, with the U. S. Hospital service in France. The latter Miss Ledford also hoped to meet in France.

Deceased was a member of Gen. Ransom Relief Corps, of Hillsboro, and that organization will hold memorial exercises in her honor.

Hillsboro's first news was that

Mrs. Ledford had received a telegram announcing death from shelling at the front, but this was error. The intelligence came in the following letter:

"I know you will be notified officially of the death of your daughter, but that you might like to hear from some one writing just as a friend to express the sympathy of us here at 116. As soon as your daughter arrived here she was sent to the ward where we have our sick nurses, for she was feeling ill, altho she thought she would be all right in the morning. She had a nurse both day and night, so you see she had every attention, and everything possible was done for her. She did not appear very sick the first two days she was here, when I went up and talked to her, and when she did become seriously ill she lapsed into unconsciousness. Her funeral was held in the Nurses Hut, the big room—has gray walls, white curtains at the windows and overhangings of rose, gray and blue cretonne. The casket was at one end, draped with the American flag, on which rested three wreaths of English ivy, tied with red, white and blue ribbon. At the head stood the beautiful silk flag of our unit, its folds draping and seeming to caress the casket. At one side a table was laden with bouquets of asters, autumn leaves and a field of flowers that the girls had gathered as their tribute. A table at the other side, draped in white, formed the altar, back of which stood Dr. Dodd, the officiating clergyman. The morning was cloudy, but as the clergyman started 'I am the Resurrection and the Life' the sun streamed thro the windows and glorified the colors in the flag and the flowers. The nurses sang 'God Will Take Care of You' and 'Still, Still With Thee.' And the lines 'Still will it be, at last on that bright morning, When the day breaketh and life's shadows flee' have never before meant so much to me. As we went from the Hut to the grave our Dietician, whom we call Mother, said: 'Wasn't it beautiful? It almost makes you want to have your funeral here in France to see one so beautiful.'

A company of soldiers escorted the ambulance with the casket, the officers at either side and the nurses in an ambulance and walking at the rear. So we proceeded thro the little village and over the bridge to our soldiers' cemetery on the hill overlooking the famous river. As the flag-and-flower covered coffin was lowered into the grave all stood at attention while the bugler sounded 'Taps'

Your daughter's effects went to the army, but Miss James gave her ring and caduast to Miss Phelps, chief nurse of a base near here, who was superintendent of the hospital where Miss Ledford trained, and she will give them to you on her return to America. Words are but futile things with which to express deep sympathy, but please know how much we do sympathize with you all. The best consolation must be to feel that she died for her country—our country—just as truly as our boys on the battle-field. Yours Very Sincerely, Flora S. Curtis, Y. W. C. A. Sec. for Base Hospital 116."

Imah Ledford was born in Hillsboro, Dec. 23, 1892.

Corporal Copeman was aged 26 years. He is survived by his parents, a brother, who is Editor of the Amador, Col., Ledger, and a brother who was his partner at Milligan, Neb., and a young sister. Corporal Copeman was a volunteer, and was stationed at Vancouver in 1917.

Herman Wetzler, of below Newton, was in town Friday.

D. B. Cooley, of near Laurel, called on the county official paper Friday afternoon.

E. J. Hoffman, of the James place, South Tualatin, called on the family paper Friday.

Wanted: I want to buy small potatoes or other hog feed. Will call for same and bring my own sacks. Write A. C. Sellers, Box 243, Hillsboro.

If you need furniture, or if you want a bargain in furniture, do not forget that the big sale of the Donelson stock, on Third Street, north of the Weil Store, begins Saturday, Nov. 23, and continues Nov. 25 and 26.

Private letters tell of the advancement of Clifton Bagley, son of Circuit Judge Geo. R. Bagley and wife, now in France, to the rank of Sergeant, and Robt. H. Greer, son of Mr. and Mrs. R. H. Greer, has been promoted to the same rank at Camp Greene, N. C.

## SMALL CHILD BURNED TO DEATH AT ORENCO

Little One Set Clothing Afire With Matches—Dies Soon After

### TRAGEDY IN ORENCO HOME

Little One Rushed to Dr. Smith's Hospital, but to no Avail

Esther, the little two-year-daughter of Mr. and Mrs. John Holmanson, of Orenco, was so badly burned last Friday that she died within a few hours after reaching the Dr. Smith Hospital, in this city. The little girl was at the house with her older sister, Rose, aged 12 years. About 11 o'clock Rose tried to start a fire, but failed. She went into the basement, leaving some matches on the stove. When she came upstairs she found the sister aflame, and before the fire could be extinguished the child was fearfully burned. Rose ran to the out-house, where her mother was working, and all efforts were made to relieve the suffering. The burned child was rushed to the Spith Hospital in this city, and died about 2 o'clock.

The father is well known in nursery circles and makes a business of grafting trees and other nursery work.

The family is grief-stricken over the fatality.

The funeral took place Sunday.

### MRS. CASTNER VISITS

Mrs. C. H. Castner, of Hood River, President of the State Federation of Women's Clubs, spoke on the United War Work at the Lockley meeting at the court house, Friday night, and also at the Liberty Theatre. Mrs. Castner remained in town Saturday and attended the Coffee Club meeting at Mrs. E. H. Smith's in the afternoon. She made a splendid address at this meeting, urging upon the ladies the necessity of all Federated Clubs taking up Americanization work at this time.

Mrs. Castner reported that the Hillsboro club is one of the oldest clubs in the state, and complimented the ladies on maintaining the public Rest Room on Second St. for so many years.

While in the city Mrs. Castner was the guest of Mrs. L. W. Hyde.

### LYLE S. GOFF

Lyle S. Goff, son of Mr. and Mrs. E. Goff, of North Bend, formerly of Hillsboro, died October 26. He was born at Latourelle Falls, Ore., May 7, 1901. The family moved to Hillsboro in 1903. Mr. Goff buying a place south of town, and later conducting a carpenter shop and wood finishing plant and planer. Deceased attended the local grammar school and was a member of the Christian Church. The family moved to Philomath, where he finished school. About a year ago the family moved to North Bend, where he had been employed in the local shipyards. Death took place at the Mercy Hospital, where he had undergone an operation for appendicitis. He is survived by his parents, two sisters and one brother. Lyle was a young man of fine character, and will be greatly missed by the bereaved family, his associates and friends.

### PYTHIAN GRAND LODGE

The Knights of Pythias and Pythian Sisters Grand Lodge Session, postponed in October on account of the influenza, will be held in Portland Dec. 10 and 11.

All Pythian Sister members are requested to attend the meeting of the local lodge Friday evening of this week, in order to expedite arrangements for attending the Grand Session to assist in the team work.

### CARD OF THANKS

We desire to thank all of our friends and neighbors who so kindly assisted us during our sad bereavement, the illness, death and obsequies of our beloved wife and mother. We also thank all those who contributed the beautiful floral offerings, and especially the members of Hillsboro Grange.

Henry Miller and Family.

For Sale: One 500-egg Petaluma incubator and one Buckeye Colony Brooder No. 18, in A1 condition. Will take pullets or yearling hens in exchange. Box 36, R. 3, tel. 34F12, Hillsboro. 37

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