

Common Sense Talk with Women

If a person is ill and needs a medicine it is not wise to get one that has stood the test of time and has hundreds of thousands of cures to its credit?

A great many women who are ill try everything they hear of in the way of medicine, and this experimenting with unknown drugs is a constant menace to their already impaired health.

This seems to us very unwise, for there are remedies which are no experiments and have been known years and years to be doing only good.

Take for instance Lydia E. Pinkham's Vegetable Compound; for thirty years its record has been one of unbroken chain of success. No medicine for female ills in the world has ever known such a record for cures.

It seems so strange that some people will take medicines about which they really know nothing, some of which might be, and are, really harmful; while on the other hand it is easily proved that over one million women have been restored to health by Lydia E. Pinkham's Vegetable Compound.

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine.

All this should, and does, produce a spirit of confidence in the hearts of women which is difficult to dialogue, and when they are asked to take something else they say, "No, we want Lydia E. Pinkham's Vegetable Compound, which has been tried, and never found wanting, whose reliability is established far beyond the experimental stage."

We have thousands of letters like the following addressed to Mrs. Pinkham, showing that

Monthly Suffering is Always Cured by Lydia E. Pinkham's Vegetable Compound, also Backache and Bearing-down Pains.

"I suffered untold agony every month and could get no relief until I tried your medicine; your letter of advice and a few bottles of Lydia E. Pinkham's Vegetable Compound have made me the happiest woman alive. I shall bless you as long as I live."—Miss JOSE SAUL, Denver, Mich.

"Four years ago I had almost given up hope of ever being well again. I was afflicted with those dreadful headache spells which would sometimes last three or four days. Also had backache, bearing-down pains, leucorrhoea, dizziness, and terrible pains at monthly periods, confining me to my bed. After reading so many testimonials for your medicine, I decided to try it.

"I now feel as well as ever. I can now feel Lydia E. Pinkham's Vegetable Compound in the highest terms to all sick women."—Miss ROSA HELDER, 126 W. Cleveland Ave., Canton, O.

Two Letters which Prove that Lydia E. Pinkham's Vegetable Compound Will Remove Tumor and Cure Other Female Weakness.

"Two years ago I was a great sufferer from womb trouble and profuse flowing each month, and tumors would form in the womb. I had four tumors in two years. I went through treatment with doctors, but they did me no good, and I thought I would have to resort to morphine.

"The doctor said that all that could help me was to have an operation and have the womb removed, but I had heard of Mrs. Pinkham's medicine and decided to try it, and wrote for her advice, and after taking her Vegetable Compound the tumors were expelled and I began to get stronger right along, and am as well as ever before. Can truly say that I would never before gotten well had it not been for Lydia E. Pinkham's Compound."—Miss A. E. WATSON, Watertown, Pa.

"After following the directions given in your kind letter for the treatment of leucorrhoea, I can say that I have been entirely cured by the use of Lydia E. Pinkham's medicine, and will gladly recommend them to my friends."—A. B. DAVIS, Binghamton, N. Y.

Another Case of Womb, Kidney and Bladder Trouble Cured by Lydia E. Pinkham's Vegetable Compound.

"DEAR FRIEND—Two years ago I had child-bed fever and womb trouble in its worst form. For eight months after the birth of babe I was not able to sit up. Doctors treated me, but with no help. I had bearing-down pains, burning in stomach, kidney and bladder trouble and my back was stiff and sore, the right ovary was badly affected and everything I ate distressed me, and there was a bad discharge.

"I was confined to my bed when I wrote to you for advice and followed your directions faithfully, taking Lydia E. Pinkham's Vegetable Compound. Liver Pills and using the Wash, and am now able to do the most of my housework. I believe I should have died if it had not been for your Compound. I hope this letter may be the result of benefiting some other suffering woman. I recommend your Compound to every one."—Miss MARY VAUGHN, Trimble, Pulaski Co., Ky.

Thought She Had Scored.

"I saw him kiss his just before he was leaving," said the score vaged aunt, and she said it in a regular dithyrambic tone.

"Yes, auntie."

"Well, I can realize that it would be the last thing he would think of," and she sailed out as though she had scored every possible point.—Detroit Free Press.

Small Books.

The largest library of small books in the world belongs to a Frenchman, who boasts that he can pack 700 of his pocket editions in a single portmanteau.

The affection of old age is one of the greatest consolations of humanity. I have often thought what a melancholy world this would be without children, and what an inhospitable world without the aged.—Coleridge.

PRESERVE FORESTS.

Government Will Attempt to Induce the Adoption of Conservative Methods of Lumbering.

The attempt of the government to induce the adoption of conservative methods of lumbering in order to preserve the national resources, and the responsive interest taken by timber owners, have brought up many interesting legal questions, and the division of forestry has found it necessary to make extensive researches in this direction.

As a result, a circular dealing with the laws which affect forests is in course of preparation and will be sent free to persons interested. One of the most important points brought out is the recognition by law of the prospective value of growing timber. The possibility of profitably carrying on lumbering with systematic provision for future cutting depends upon this point. It has usually been held that when, by trespass, or by unscrupulous cutting by contractors, timber has been removed contrary to the owner's wish, he could recover only its stumpage value. As forestry usually requires that a certain number of trees of certain size be left, it follows that an unscrupulous contractor could easily upset the plans of years with little fear of punishment. The supreme court, however, has recently ruled that the difference in value between logged and unlogged land depends not only on the value of the timber removed, but on its probable increase had it been left untouched.

Improvements in Alaska.

Captain W. R. Abercrombie, head of the government exploration party, which last season did much work in the Copper river country and began opening up a military road from Fort Valdes to Fort Egbert on the Yukon, arrived in Seattle, en route north to continue his work. It is the purpose of the government, he says, to construct 2,400 miles of telegraph line in Alaska, and complete the military road. He returns this year with increased responsibilities. The road, he says, will be completed during this season from its present terminus, 80 miles inland, to Tanana, about two-thirds of the distance to the Yukon. The telegraph line will be built from Fort Valdes along the road to Fort Egbert and thence down the Yukon to St. Michael.

Among other northern improvements, he says, a large government wharf at Valdes has been decided upon.

An Eastern syndicate, headed by Henry Villard, he says, is now having surveys made along the general course of the military road with a view of building a line.

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Bank for Ballard.

After many vain efforts on the part of the citizens, Ballard has finally secured a national bank, to be called the Ballard First National bank, and is now arranging the details of the new institution. E. W. Andrews, president of the Seattle National, is now arranging the details of the new institution. E. W. Andrews, president of the Seattle National, is now arranging the details of the new institution.

Northwest Notes.

A condensed milk factory is under consideration for Hillsboro.

There were 1,300 visitors at Crater Lake last year.

The Eugene water company has been reorganized, five of the old stockholders selling 230 shares to four new men for \$22,000.

The Dallas business men will take up the project of establishing a fruit and vegetable cannery there when the securing mill project shall be off their hands.

An effort is being made to construct a telephone line from Tillamook to North Yamhill, by way of the toll road. It would cost, it is estimated, about \$2,500.

Allen Edwards pleaded guilty to the charge of obtaining money by false pretenses at The Dalles, and was sentenced to the penitentiary for one year. He obtained \$2 at the Umatilla house on a fraudulent check.

Sheepmen of Enterprise, Or., are refusing \$5 a head for the land for good eyes says the Bendleton Tribune. One man refused \$3.50 for spring lambs, and another paid \$5.50 for 50 head of first-class sheep. Goats sold for \$5 a head.

At a public meeting in Klamath Falls, the proposition to donate \$150,000 worth of land to the Oregon Midland railroad, which proposed to build to that town, were accepted, and committees were appointed to arrange the matter.

It is reported by a gentleman residing in Ashland that instead of rebuilding the woolen mill at that place it is likely that the company will build a woolen mill at Klamath Falls, says the Klamath Falls Republican. It is argued that such a mill here would, on account of the long and mountainous road intervening, be far easier of access for the wool growers of Klamath and Lake counties, from which counties to Ashland mill derived its main supply.

Spokane wheelmen have organized an association, admitting without dues every bicycle rider who has a license tag.

The Weyerhaeuser syndicate will this year pay taxes on 169,560 acres of timberland in Chelan county. The 1899 tax amounts to \$17,035.42.

Citizens of Goldendale have ordered 10 pair of Mongolian pheasant, and will endeavor to have that desirable game bird well established in Klickitat county this year.

Mrs. Bertha Lambert, tried in the superior court at Colfax and found guilty of assault on T. H. Wilson, a school teacher at Winona, was fined \$25 and costs, the whole amounting to about \$100.

In the Olympia high school, a teacher was explaining the principle on which a steam radiator worked, and just as he reached the point of explaining how explosions may occur, the radiator in the room exploded. No one was injured.

There are 3,863,730 Christian Endeavorers.

SPRING TRADE ENLARGING.

General Distribution is of Fairly Good Volume.

Bradstreet's review of trade says: General distribution of trade is of fairly good volume, although affected by weather conditions and holidays. Spring business is enlarging at many markets East and West, the presence of buyers being encouraged by special passenger rates. A softening of prices of speculative dealing staples is to be noted, but the reactions are of narrow extent.

Foreign demand for wheat remains small, American stocks are large, and farmers are reported holding supplies back, and crop-damage scares are discounted by mild weather. The strength of corn has been a feature, foreign demand being of good proportions, and this has furnished a supporting element in the wheat market.

There is a larger volume of business in pig iron at some markets, but less at others, and prices of that product are quite steady.

Structural iron continues active, indicating heavy building operations the coming spring and summer. Foreign iron markets retain all their old strength, and lower ocean freight would, it is argued, bring about a great enlargement of our export trade. Copper is quieter, but steady in price and tin notes a further advance in sympathy with foreign speculation. Hardware is improving in distribution at the West.

Business failures for the week number 163, as compared with 199 a week ago, and 220 in 1899.

The strength of staple values is a feature of Canadian trade. Retailers will carry over some stocks of winter clothing. Industrial activity is very marked, Canadian factories running to their fullest capacity. Business failures for the week number 28, against 33 last week, and 39 in this week a year ago.

PACIFIC COAST TRADE.

Seattle Market.

Onions, new, \$2.25 to \$2.50 per sack. Lettuce, hot house, 40c per doz. Potatoes, new, \$1.80 to \$2.00. Beets, per sack, 75 to 85c. Turnips, per sack, 60c. Carrots, per sack, 50c. Parsnips, per sack, 75 to 85c. Cauliflower, 70c to \$1 per dozen. Cabbage, native and California, \$1.00 to \$1.25 per 100 pounds. Apples, \$1.25 to \$1.50 per box. Prunes, 60c per box. Butter—Creamery, 31c per pound; dairy, 17 to 22c; ranch, 20c per pound. Eggs—30c. Cheese—Native, 16c. Poultry—13 to 14c; dressed, 14 to 15c. Hay—Puget Sound timothy, \$12.00; choice Eastern Washington timothy, \$18.00 to \$19.00. Corn—Whole, \$1.25 to \$1.50 per ton. Flour—Patent, per barrel, \$3.25; blended straight, \$3.00; California, \$3.25; buckwheat flour, \$6.00; Graham, per barrel, \$3.00; whole wheat flour, \$3.00; rye flour, \$3.80 to \$4.00. Millstuffs—Bran, per ton, \$14.00; shorts, per ton, \$16.00. Feed—Chopped feed, \$20.00 per ton; middlings, per ton, \$20; oil cake meal, per ton, \$30.00. Fresh Meats—Choice dressed beef steers, 7 1/2 to 8c; cows, 7c; mutton, 8c; pork, 7 1/2c; trimmed, 9c; veal, 8 1/2 to 10c. Hams—Large, 13c; small, 13 1/2c; breakfast bacon, 12 1/2c; dry salt sides, 8c.

Portland Market.

Wheat—Walla Walla, 53 to 54c; Valley, 53c; Bluestem, 56c per bushel. Flour—Best grades, \$3.00; Graham, \$2.50; superfine, \$2.10 per barrel. Oats—Choice white, 35 to 36c; choice gray, 34c per bushel. Barley—Feed barley, \$14 to 15.00; brewing, \$17.00 to 18.00 per ton. Millstuffs—Bran, \$13 per ton; middlings, \$19; shorts, \$16; chop, \$14 per ton. Hay—Timothy, \$10 to 11; clover, \$7 to 7.50; Oregon wild hay, \$6 to 7 per ton. Butter—Fancy creamery, 50 to 55c; seconds, 42 1/2 to 45c; dairy, 30 to 37 1/2c; store, 25 1/2 to 32 1/2c. Eggs—12 1/2 to 13 1/2c per dozen. Cheese—Oregon full cream, 13c; Young America, 14c; new cheese 10c per pound. Poultry—Chickens, mixed, \$3.50 to 4.50 per dozen; hens, \$6.00; springs, \$2.50 to 3.50; geese, \$6.50 to 7.50 for old; \$4.50 to 6.50; ducks, \$5.00 to 6.50 per dozen; turkeys, live, 10 to 11c per pound. Potatoes—50 to 80c per sack; sweets, 2 to 2 1/2c per pound. Vegetables—Beets, 1c; turnips, 90c; per sack; garlic, 70c per pound; cabbage, 1 1/2c per pound; parsnips, 1c; onions, \$1.50 to 2.50; carrots, \$1. Hops—3 to 8c per pound. Wool—Valley, 12 to 13c per pound; Eastern Oregon, 12 to 14c; mohair, 27 to 30c per pound. Mutton—Gross, best sheep, wethers and ewes, 4 1/2c; dressed mutton, 7 to 7 1/2c per pound; lambs, 7 1/2c per pound. Hogs—Gross, choice heavy, \$5.00; light and feeders, \$4.50; dressed, \$5.50 to 6.00 per 100 pounds. Beef—Gross, top steers, \$4.00 to 4.50; cows, \$3.50 to 4.00; dressed beef, 8 1/2 to 7 1/2c per pound. Veal—Large, 7 to 8c; small, 8 1/2 to 9 1/2c per pound.

San Francisco Market.

Wool—Spring, Nevada, 12 to 15c per pound; Eastern Oregon, 12 to 16c; Valley, 20 to 22c; Northern, 10 to 12c. Hops—1899 crop, 11 to 13c per pound. Butter—Fancy creamery 22 to 22 1/2c; do seconds, 21 to 21 1/2c; fancy dairy, 19 to 20c; do seconds, 17 to 18c per pound. Eggs—Store, 12 to 14c; fancy ranch, 17c. Millstuffs—Middlings, \$17.50 to 20.00; bran, \$12.00 to 13.00. Hay—Wheat \$6.50 to 9.50; wheat and oat \$6.50 to 9.00; best barley \$6.00 to 7.00; alfalfa, \$6.00 to 7.50 per ton; straw, 30 to 45c per bale. Potatoes—Early Rose, 80 to 85c; Oregon Burbanks, 75c to 1.10; river Burbanks, 50 to 75c; Salinas Burbanks, 80c to 1.10 per sack. Citrus Fruit—Oranges, Valencia, \$2.75 to 3.25; Mexican limes, \$4.00 to 5.00; California lemons, 75c to \$1.50; do choice \$1.75 to 2.00 per box. Tropical Fruits—Bananas, \$1.50 to 2.50 per bunch; pineapples, nominal; Persian dates, 6 to 6 1/2c per pound.

"Experience is the Best Teacher."

The experience of millions has demonstrated that Hood's Sarsaparilla is the perfect remedy for all troubles of the blood, stomach, nerves, bowels, liver and kidneys, and that it imparts strength, vigor and vitality. Every testimonial is the voice of experience to you.

Dyspepsia—"*A complication of troubles, dyspepsia, chronic catarrh and inflammation of the stomach, rheumatism, etc., made me miserable. Had no appetite until I took Hood's Sarsaparilla. I am thoroughly cured.*" N. B. Seeley, 1274 West 14th Avenue, Denver, Col.

Walking Wearily.
A man who walks circumspectly has his eyes open and his wits about him. If you ask him where he is going he can tell you instantly. He has a rule of conduct, and a distinct object in view, and carries with him a certain sense of danger that some one or something will interfere with the object he has in view. Such a man will be more likely to accomplish his purpose than a mere wanderer. If it is worth while to walk circumspectly, for the sake of success in business and the accomplishment of our earthly schemes, how much more is it worth while, for the sake of our spiritual welfare and growth in grace!—United Presbyterian.

For Wireless Steering.
An invention for steering any craft by means of an ether wave on the wireless telegraph principle has been perfected. In naval war it is expected to make the torpedo boat almost invulnerable. In this respect it will equal the famous Hostetter's Stomach Bitters, which never fails to cure constipation, indigestion, dyspepsia, biliousness and malaria.

Perfectly Absurd.
Chappie—She called me a conceited idiot.
Dolly—The ideal Why, an idiot has nothing to be conceited about.—Town Topics.

I shall recommend Pisco's Cure for Consumption far and wide.—Mrs. Mulligan, Plumstead, Kent, England, Nov. 8, 1895.

This world is full of fools, and he who would wish not to see one must not shut himself up alone, but also break his looking glass.—Boileau.

No More Sour Stomachs.
When your constant indigestion and food rots in your stomach like garbage in a swill barrel, clean it out with Cascara Candy (Cathartic). See, No. 300.

Ought to Include an Alarm Bell.
This timely suggestion comes from the Chicago Record: Why not make every microbe wear a fender and carry a headlight?

SALT LAKE CITY.
An Important Factor in the Growth of the City. The attractions of the place, including the Mormon Temple, Tabernacle and Church institutions, the Great Salt Lake—dearer and denser than the Dead Sea in the Holy Land—the picturesque environment and the warm spring and hot springs, are greater to the square yard than any locality on the American continent.

The Rio Grande Western Railway, connecting on the East with the Denver & Rio Grande and Colorado Midland Railways and on the West with the Southern Pacific (Central Route) and Oregon Short Line, is the only transcontinental line passing directly through Salt Lake City. The route through Salt Lake City via the Rio Grande Western Railway is famous all the year around. On account of the equable climate of Utah and Colorado it is just as popular in winter as in summer. Send 2c to J. D. Mansfield, 263 Washington Street, Portland, or George W. Heintz, General Passenger Agent, Salt Lake City, for a copy of "Salt Lake City—the City of the Saints."

As soon as a man gets so old he has no more trouble with heart affairs, his liver begins to make him grief.—Atchinson Globe.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Martha—"Do you think it would be wrong for me to kiss Miss Plainface?"
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A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and uncomfortable. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It rests and comforts; makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and is a certain cure for chilblains, itching, damp or frosty feet. We have over thirty thousand testimonials. Try it today. Sold by all druggists and shoe stores for 25c. Trial package FREE. Address, Allen S. Grainger, Le Roy, N. Y.

MAN IS NOT EXCEPTIONAL IN THE FACT THAT HE IS AND HAS TO BE A WORKER.

All nature is a scene of incessant action. Everything from atoms to stars and systems of suns are constantly in motion.—Rev. Dr. Thomas, People's Church.

TO CURE A COLD IN ONE DAY.

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

A Model Husband.
Wife—I saw the loveliest lace stockings today, only two dollars and a half, and I wanted them awfully, but I knew you wished to economize, and so I didn't get them.
Husband—That's too bad, my dear, you should have got them. Anything which adds to your happiness and brings gladness to your eyes, anything which lightens your domestic cares and glids the lowering clouds, anything which borders with sweet flowers the thorny paths of duty and appeals pleasantly for your aesthetic nature, making life more worth living, home a paradise, you are welcome, doubly welcome to, my dear angel, if it doesn't cost more than two dollars and a half.—N. Y. Weekly.

Made Him Homesick.

A tramp went down a dusty road and sat down on the steps of a house in a quiet village street. Through the windows the voices of a man and woman in violent altercation were heard, and the tramp listened intently. Angry words, and occasionally the sound of something thrown, reached his ears, he could hardly sit still. At last, evidently, the wife had taken a broom, and the blows fell fast and furious. The tramp could stand it no longer, but, rushing to the side door, he darted in, and, stepping between the pair, he cried, with a husky voice: "Give us a clip or two with the broom, old woman; it seems just like old times!"—Collier's Weekly.

Civil and Military Powers.
A Boer field cornet is usually the magistrate of the neighboring country wherein he resides, and is invested with the power to commandeer all able-bodied men on such an occasion as the present war.—N. Y. Sun.

Too Much Time Wanted.

"If you will get my new suit done by Saturday," said the customer to a tailor, "I'll be forever indebted to you." "If that's your game," replied the tailor, "the clothes will not be done at all."—Ohio State Journal.

USE PISO'S CURE FOR CONSTIPATION.

PISO'S CURE FOR CONSUMPTION. It is the best cure for consumption, cough, and all lung troubles. It is sold by all druggists.

Use of Liquor in the Army.

The Evangelical alliance at Cincinnati listened to two addresses on "Temperance." Rev. F. M. Wells, former chaplain of the First Tennessee regiment at Manila, spoke of intoxication among the soldiers. He said that there were 300 traveling liquor salesmen in the Philippines, and that liquor is sold on mule transportation, as well as on the battleship Indiana. He cited names of officers whom he said he had seen drunk, and said 90 per cent of the illness among the soldiers is caused by liquor. He was followed by Clinton N. Howard, the temperance orator and reformer, who outlined his work in Rochester.

Heard His Name.

The following story is told in the life of the late Archbishop Benson by his son about the archbishop's favorite dog, Watch: "My father was reading the lesson, which was the thirteenth chapter of St. Mark, in which the word 'watch' occurs several times. The dog, who had been slumbering peacefully, became very restless, and, as the bishop ended with the words, 'What I say unto you, I say unto all, watch,' in a very imperious voice, there followed a great seuffling and scratching, and Watch emerged hastily from his place and proceeded to the door of my father's stall."—Troy Times.

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NICE OLD QUAKER LADY

Cured of Catarrh
By Peruna
After 20 Years' Suffering.



MRS. POLLY EVANS, A LIFE-LONG FRIEND OF PERUNA.

"My wife (Polly J. Evans), says she feels entirely cured of systemic catarrh of twenty years' standing. She took nearly six bottles of thy excellent medicine, Peruna, as directed, and we feel very thankful to thee for thy kindness and advice. She did not expect to be so well as she is now. Twelve years ago it cured her of la grippe. I want to tell thee there has been a great deal of Peruna used here last winter. Peruna does not need praising. It tells for itself. We can and do recommend it to anyone that is afflicted with catarrh." As ever, thy friend, John Evans, South Wabash, Ind.

When catarrh has reached the chronic stage, of course it has gone beyond the reach of all local remedies. Nothing but a systematic remedy can reach it. Peruna is the only remedy yet devised to meet such cases. Peruna eradicates catarrh from the mucous membrane of the whole body. It produces regular functions. Peruna restores perfect health in a natural way. No one should neglect to procure one to meet such cases. Peruna is sold by all druggists, and is also sold by the Peruna Medical Company, Columbus, Ohio.

Willamette Iron and Steel Works

JAMES LOTAN, Manager, PORTLAND, OREGON

MINING AND SAWMILL MACHINERY AND LOGGING ENGINES

IRONFOUNDERS, MACHINISTS, BOILERMAKERS AND STEAMBOAT BUILDERS

Designers and Builders of Marine Engines, Mining and Dredging Machinery and General Mill and Iron Work, Fly Hydraulic, Pulleys, Shafting, etc. Correspondence Solicited.

DOCTORS INSIST THAT their patients use "5 DROPS" FOR RHEUMATISM, KIDNEY DISEASE, etc.

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