

Flowers for Home and Garden

BY A GARDEN GROWER.

KEEN interest is being manifested in the contest of the best designed border for a city lot and during the week quite a number of designs have been submitted in the hope of winning one of the three prize collections of plants offered by the Oregon Florists' club. It is rather interesting to note that of the designs already received the majority of them have come from readers of The Sunday Oregonian outside of Portland, thus demonstrating evidently that those living in the rural communities come much closer into personal contact with their gardens, know their plants and have some very interesting ideas as to flower arrangement.

Names Secret to Judges.

In connection with the contest I have been asked to publish the names of the designers who submitted designs. It is to be understood that each person submitting a design shall attach his or her name to it, would the name be given to the judges when the designs are to be judged. In reply to all such queries I would say that names shall only be attached to the sketch as a means of identification, for when the designs are submitted to the judges all names and identification marks will be removed. The drawings are numbered and the name of the person submitting the drawing is recorded under the same number. The judges will have no means of knowing who submitted a drawing until after all the drawings are judged and the awards made. During the period of the contest I will place one or two more or more designs which make an appeal to me and reproduce them without giving the names of those submitting the plants. The drawings are numbered and the names of the towns from which they have been submitted.

Echo Sketch Selected.

For reproduction today I have selected one of two designs submitted by an amateur of Echo, Or., because it presents several interesting features, as will be realized from a study of the sketch. In the foreground is a group of tulips, narcissus and daffodils, and when these are through blooming the space is to be filled with geraniums, to provide summer flowers. Taking this border all the way through, without giving consideration to continuity of bloom or composition, it shows a well planned effort toward balance, for the centerpiece calls for a rather large planting of carnations of several varieties, and growing in the background of this mass effect are peonies and phlox and back of these come a fall garden of chrysanthemums. The balance in the foreground is maintained by rather large groups of asters, snapdragons and giant candytuft planted in alternate rows.

Shrubs in Background.

The background of the entire planting is made up of shrubs and tall-growing annuals and a most interesting suggestion has been made by the designer regarding the sunflowers and morning glories, a combination planting, and that is that as soon as the sunflowers reach their growth, which they will do in advance of the morning glories, the bloom should be cut and the sunflowers be stripped off, allowing the stalk to act as a pillar for the morning glories and in this way provide an effective screen.

New Ideas Found.

In reproducing a design each week it must be understood that the design reproduced is not necessarily the best one submitted during the week or even the one that I think best, for the matter of determining which is best will be entirely in the hands of the judges; but I select a design because it may have a new idea or a scheme, and it is these ideas I want to get to the readers of the department, and it is only for that reason that some of the designs will be reproduced from week to week. It is to be understood that variance in color arrangement, composition, scale and the other things on which the designs will be judged. I was largely influenced by the design published today by the appeal the center planting made and as I believe there are great possibilities of starting at the center with a large, massive planting and radiating out from it. Possibly some of the readers have ideas along these lines, but using different kinds of flowers, and if they have I hope they will give us all the benefit of their knowledge and skill.

At this time of the year, when we give thought to home plants and look longingly into the florists' shop and only wish we could take home the whole window full of flowers and potted plants, our attention is frequently attracted to the heather and for sentimental reasons, just hardly what it is none of us can definitely remember to us. This appeal is particularly strong to anyone who has had either English or Scotch ancestors, for somewhere wrapped up in their lives is something which the heather is associated. So closely woven has heather in story, song and history that it always seems like an old and true friend when we meet it. As the florists make a specialty of having heather in bloom at this season, many of the shops have a strong urge for us to come in and carry home a potted plant with its little flowers, and one who is fortunate enough to acquire such a plant has much pleasure in store.

While these may little plants are generally called heather by the public and to a few "heath," very few, even though the plants have been associated with them from birth and they have seen it growing in its native habitat, ever call it by its proper name, Erica, and that is the name listed in the majority of catalogues, but according to Bailey the heath or heather of English literature and history belongs to the closely allied genus Calluna, but so slight is the difference that for practical and commercial purposes all types of these interesting shrubs are grouped under Erica or heather.

There is also another group of "heaths," widely cultivated, but these belong to the species family, but no matter to which family they belong they are regarded by the public as heather, and it is as heather that they make their appeal. Of the many beautiful plants now being shown and suitable for Christmas, those of the melanthera type are particularly attractive because of their more or less upright



HEATHERS HAVE A SENTIMENTAL APPEAL.

habit and very delicate little flowers which crowd each branch. The mediterranea type is another that is interesting for the flowers are long and somewhat trumpet-shaped and quite showy.

Due to the continued war in China and the various disturbances among the natives of that empire it has been difficult to get the usual supply of the Chinese sacred lilies. As much of the trouble seemed to center around Amoy, which is the exporting center for these lily bulbs, the agencies there have had much trouble in securing supplies. In addition to this each of the warring factions has imposed a superimposed tax on the bulbs and this has added to the quotations for the coming season, making the market very unstable. Formerly all the bulbs for export were inspected at Hong Kong, but due to the rebellion the Japanese, who largely handle the export, seized upon the war to have the bulbs transferred to Yokohama and inspected there.

A Christmas flower box that is a novelty is being shown in a number of the florists' shops. As a rule they are stoutly built wooden boxes covered with crepe paper and this is ornamented with bright-colored ribbons and frequently with sprays of holly well covered with glowing red berries. The contents of the boxes, however, are of real interest as they represent a collection of growing plants, which will last for a long time and many of them after doing duty as house plants can be transferred to the garden. One of the boxes noted was filled with cyclamen, Jerusalem cherries, primroses and other indoor plants.

There has been considerable discussion in horticultural publications over the relative merits of various trees for city planting and from the letters being written it appears as if what is referred to as "the plane tree," but which probably the majority of us will recognize under its other name, "buttonwood," is leading in popularity. It is at least a great many ardent supporters and the city of Bowling Green, Ky., has adopted it as the tree of the city.

That municipality has ordered a five-mile avenue of these trees and in commenting on the adoption of the plane tree one of the Louisville papers said: "The Greeks and Romans, whose taste impressed itself lastingly upon the world, looked upon the plane tree as being especially suitable for making fine avenues. They delighted in it as the Japanese delight in the cryptomeria, whose ever eye-tingling trunks of soft gray make pillars of ways to famous temples. The temples by no means match the grandeur of trees between which they are approached. Plane trees planted by the Greeks 2000 years ago are pointed out as showing that green arches upheld by living columns may be almost as lasting as chiseled stone."

The December number of the Garden Magazine is of particular interest to residents of this section, for it not only reviews a number of gardens in California and places in the Pacific northwest but has a very fine article on "Gardening with Oregon Wild Flowers," by Mr. and Mrs. Thomas H. Sherrard, who have a very fine garden at 424 Ravenna in Portland Heights has specialized in wild gardening, using flowers native to this section. One of the photographs in the magazine covers a fall page and illustrates a corner of an Oregon wild garden.

Seeds were scattered broadcast by Mr. and Mrs. Sherrard and, as the magazine points out, from these "sprung up this felicitous number of ornamental plants, including brodiaea, dodecatheon and fritillaria, backed by the shrubby wild currant." Another illustration which covers nearly all pages is a Mount Hood lily and shows what a really beautiful flower it is. Other illustrations are of the western dogwood to illustrate the point that it carries five or even more bracts, thus rendering it readily recognizable from its four bracted relative of the eastern state.

Among the various native plants mentioned in the article are: Spring, wild currant, holden's dodecatheon, the western dogwood, wild bridal wreath, ceanothus macrothyrsus or mountain lilac called by the Indians "Shupshul"; bunchberry or creeping dogwood, trillium, yellow saxifrage, yellow wild roses; winterbrite, also called Oregon box; the rhododendrons in the Mount Hood section, alal, kinship of the white huckleberry, Mount Hood lily, a tiger lily classed now as liliaceae columbianum; pine lily or elk grass, the dark blue canna, lupin, native penstemon, various saxifrage and also sedum. It was quite a surprise that Mr. Sherrard did not include in his list of plants eriphiolobos, which with its one of the most satisfactory of the wild flowers, either for a rock garden or for a mass planting. I have it at a number of places in my garden and its bright yellow flowers on good long stems, coming just about rose time, have always excited admiration. It was discovered by Augustus Sargent 100 years ago and is probably now more extensively in England than in this country, for I have failed so far to find it listed in any American catalogue. It is a hardy seed or plant. It will grow almost any place and a combination of it and Spanish iris, both bloom in the same time, makes a most striking basket or bouquet of flowers.

Mr. Sherrard points out that the avalanche lily of the high mountains is still being planted and found at lower altitudes are all easily cultivated. In speaking of those who ruthlessly destroy wild plants and flowers he writes: "There is being formed in Oregon a society, similar to those in existence in certain other states, which has for its object the protection of the public to a real appreciation of our native floral treasures. When people so love wild flowers that they can enjoy them and leave them growing in their native haunts, a higher level of appreciation than that of the Sunday motorists who go in droves to the country and receive a painful geometric lesson, but in masses of shrubbery, in colonies of bulbs, in bright patches of color, as nature does—have done something to stymie the idea of wanton destruction, and have gained a clearer realization of the eloquent beauty of wild flowers."

Notes of the Garden. Mrs. W. M. Ladd of Dunthorpe, who has had much success with lilies has added to her collection liliaceae, the so-called Mountain lily, with the idea of seeing if it is suitable for this section. E. C. Wells has had quite extensive plantings made at his new home on 17th and Irving, near the field street, including a well selected assortment of evergreen. Among these have been planted tulips, while the front of the planting is edged with English primroses and forget-me-nots.

H. Rustad of 423 Magnolia street has been busy planting tulips for his spring garden and expects a fine display, as he planted six varieties of hyacinths and about ten varieties of tulips.

Mrs. J. L. Kipper of Philomath, Or., has improved her garden with a large mass planting of Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. J. W. Maxwell of 354 East Forty-third street, has added to his house and garden, having planted a number of the new varieties. E. C. Demko of 126 Florida street has enlarged his rose garden with a planting of about two dozen bushes, including a number of the new varieties.

A. McKenna, who lives in the suburbs of Vancouver, Wash., has added a number of new roses to his garden, including such varieties as Hoosier Beauty, Lady Hillingdon, Mrs. Arthur K. Wadell, Betty, Willmore and Los Angeles.

Dr. M. F. Lenton of 142 East Sixty-second street, has specialized in narcissus and daffodils for his spring garden, having planted a number of bulbs of the Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. J. W. Maxwell of 354 East Forty-third street, has added to his house and garden, having planted a number of the new varieties. E. C. Demko of 126 Florida street has enlarged his rose garden with a planting of about two dozen bushes, including a number of the new varieties.

A. McKenna, who lives in the suburbs of Vancouver, Wash., has added a number of new roses to his garden, including such varieties as Hoosier Beauty, Lady Hillingdon, Mrs. Arthur K. Wadell, Betty, Willmore and Los Angeles.

Dr. M. F. Lenton of 142 East Sixty-second street, has specialized in narcissus and daffodils for his spring garden, having planted a number of bulbs of the Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. Sherrard points out that the avalanche lily of the high mountains is still being planted and found at lower altitudes are all easily cultivated. In speaking of those who ruthlessly destroy wild plants and flowers he writes: "There is being formed in Oregon a society, similar to those in existence in certain other states, which has for its object the protection of the public to a real appreciation of our native floral treasures. When people so love wild flowers that they can enjoy them and leave them growing in their native haunts, a higher level of appreciation than that of the Sunday motorists who go in droves to the country and receive a painful geometric lesson, but in masses of shrubbery, in colonies of bulbs, in bright patches of color, as nature does—have done something to stymie the idea of wanton destruction, and have gained a clearer realization of the eloquent beauty of wild flowers."

Notes of the Garden. Mrs. W. M. Ladd of Dunthorpe, who has had much success with lilies has added to her collection liliaceae, the so-called Mountain lily, with the idea of seeing if it is suitable for this section. E. C. Wells has had quite extensive plantings made at his new home on 17th and Irving, near the field street, including a well selected assortment of evergreen. Among these have been planted tulips, while the front of the planting is edged with English primroses and forget-me-nots.

H. Rustad of 423 Magnolia street has been busy planting tulips for his spring garden and expects a fine display, as he planted six varieties of hyacinths and about ten varieties of tulips.

Mrs. J. L. Kipper of Philomath, Or., has improved her garden with a large mass planting of Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. J. W. Maxwell of 354 East Forty-third street, has added to his house and garden, having planted a number of the new varieties. E. C. Demko of 126 Florida street has enlarged his rose garden with a planting of about two dozen bushes, including a number of the new varieties.

A. McKenna, who lives in the suburbs of Vancouver, Wash., has added a number of new roses to his garden, including such varieties as Hoosier Beauty, Lady Hillingdon, Mrs. Arthur K. Wadell, Betty, Willmore and Los Angeles.

Dr. M. F. Lenton of 142 East Sixty-second street, has specialized in narcissus and daffodils for his spring garden, having planted a number of bulbs of the Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. Sherrard points out that the avalanche lily of the high mountains is still being planted and found at lower altitudes are all easily cultivated. In speaking of those who ruthlessly destroy wild plants and flowers he writes: "There is being formed in Oregon a society, similar to those in existence in certain other states, which has for its object the protection of the public to a real appreciation of our native floral treasures. When people so love wild flowers that they can enjoy them and leave them growing in their native haunts, a higher level of appreciation than that of the Sunday motorists who go in droves to the country and receive a painful geometric lesson, but in masses of shrubbery, in colonies of bulbs, in bright patches of color, as nature does—have done something to stymie the idea of wanton destruction, and have gained a clearer realization of the eloquent beauty of wild flowers."

Notes of the Garden. Mrs. W. M. Ladd of Dunthorpe, who has had much success with lilies has added to her collection liliaceae, the so-called Mountain lily, with the idea of seeing if it is suitable for this section. E. C. Wells has had quite extensive plantings made at his new home on 17th and Irving, near the field street, including a well selected assortment of evergreen. Among these have been planted tulips, while the front of the planting is edged with English primroses and forget-me-nots.

H. Rustad of 423 Magnolia street has been busy planting tulips for his spring garden and expects a fine display, as he planted six varieties of hyacinths and about ten varieties of tulips.

Mrs. J. L. Kipper of Philomath, Or., has improved her garden with a large mass planting of Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. J. W. Maxwell of 354 East Forty-third street, has added to his house and garden, having planted a number of the new varieties. E. C. Demko of 126 Florida street has enlarged his rose garden with a planting of about two dozen bushes, including a number of the new varieties.

A. McKenna, who lives in the suburbs of Vancouver, Wash., has added a number of new roses to his garden, including such varieties as Hoosier Beauty, Lady Hillingdon, Mrs. Arthur K. Wadell, Betty, Willmore and Los Angeles.

Dr. M. F. Lenton of 142 East Sixty-second street, has specialized in narcissus and daffodils for his spring garden, having planted a number of bulbs of the Van Waveren Giant, Golden Spur and Cheasant eye varieties.

Mr. Sherrard points out that the avalanche lily of the high mountains is still being planted and found at lower altitudes are all easily cultivated. In speaking of those who ruthlessly destroy wild plants and flowers he writes: "There is being formed in Oregon a society, similar to those in existence in certain other states, which has for its object the protection of the public to a real appreciation of our native floral treasures. When people so love wild flowers that they can enjoy them and leave them growing in their native haunts, a higher level of appreciation than that of the Sunday motorists who go in droves to the country and receive a painful geometric lesson, but in masses of shrubbery, in colonies of bulbs, in bright patches of color, as nature does—have done something to stymie the idea of wanton destruction, and have gained a clearer realization of the eloquent beauty of wild flowers."

Thousands have found a way to regain the radiant joy of health

The charm and magnetism of perfect physical poise—the glow and sparkle that so many women lose needlessly—

Today we know how to keep them! Health and vitality are normal, not exceptional: ebbing strength and vigor are always due to some violation of Nature's law.

Thousands suffer because they neglect the body's two most vital needs: removing daily the poisonous waste and building up the worn-down tissues from day to day.

The fresh, living cells of Fleischmann's Yeast contain a natural food—with the very elements which help the body perform these two vital functions.

Like any other plant or vegetable, yeast produces the best results when fresh and "green"—not dried or "killed." Fleischmann's Yeast is the highest grade living yeast—always fresh. It is not a medicine, it is a natural food. It helps to "tone up" the whole system and assures regular daily elimination. Results cannot be expected unless it is eaten regularly.

Everywhere physicians and hospitals are prescribing Fleischmann's Yeast to correct constipation, skin disorders and to restore appetite and digestion.

"I have found it simply wonderful!" A Massachusetts woman was run-down, weak, anemic, and a steady loss in weight alarmed her and her friends.

Then she began to eat Fleischmann's Yeast. "I have been eating it for three months now," she writes, "and have found it simply wonderful. Before I started to eat it, I weighed only 104 pounds. I have gained sixteen pounds, and my indigestion has disappeared."

Eat two or three cakes a day regularly—plain, or spread on crackers, or mixed with water or milk. If you prefer, get six cakes at a time. They will keep in a cool, dry place for two or three days. Begin at once to know what real health means! Be sure you get Fleischmann's Yeast. All grocers have it.

Served at all soda fountains

Embarrassing Moments

HE WAS a shy, sensitive and lonely bachelor, whom we always included in our family parties. It always seemed to me he must feel left out of it in the midst of our family demonstrations of affection, so I told my small sister that I thought it would be nice for her to give him a kiss on Christmas morning.

She wasn't enthusiastic, so I told her I would give her a quarter if she entered the sitting room on Christmas morning, where the whole family was assembled. Little sister came running up to me and announced, loudly and proudly, "I did it. I kissed Mr. Lee. Now, where's my quarter?"

Everyone was nearly convulsed trying to hide their amusement and Mr. Lee, blushing a furious red, was the picture of embarrassment. I doubt, though, whether he felt worse than I.

Horrid Silence Enacted. Mine entered while I was dining at the home of a friend. There were several others at the table and the conversation had turned to table manners.

"Why," said I, "I once knew a woman who always ate leaning on the table on one arm as if she were tired to death. I thought she had shocking manners."

At the horrid silence that ensued I glanced across the table and there sat a woman leaning on one arm in just the attitude I had described.

Frank and Fearless. One winter I rented our house furnished to some teachers, and upon my return was quite indignant at the strenuous housecleaning necessary to put it in livable condition again.

One evening, in calling upon a newly-made friend of ours, I expressed my opinion of schoolteachers as housekeepers in frank language, only to have our hostess, whose house is always immaculate, say, with a twinkle in her eye, "I was a teacher for ten years before my marriage."

Helping Her to Forget. My most embarrassing moment occurred when I asked my boss to go home, as I was suffering with a dreadful toothache. He granted my request.

Leaving the building I met a friend of mine. He offered to drive me home and I accepted. We were just turning a corner and, before commencement that the professor asked her if she would consent to be his partner for better or for worse, through life.

He said, "Do not answer now for I know this comes as a surprise to you, but tell me your reply in one week. If you say 'no' at that time, I will consult your parents, if you so desire."

She did think about it, and soon realized her enthusiasm was for the professor as much as for his subject. Her parents were none too eager to have their only daughter marry a poor college professor. However, they assured her that they would do no way interfere.

On commencement day, without any hesitation, she gave her answer. And you know what it was, but you do not know that for a wedding present her mother-in-law gave the young couple a check for \$10,000 and her father-in-law gave them a cottage in the city, where they were to enjoy their honeymoon.

So her poor professor proved to be not only a prize among men but a son of wealthy parents. C. J. M.

Finally he looked up and offered



"I have found it simply wonderful!" A Massachusetts woman was run-down, weak, anemic, and a steady loss in weight alarmed her and her friends. Then she began to eat Fleischmann's Yeast. "I have been eating it for three months now," she writes, "and have found it simply wonderful. Before I started to eat it, I weighed only 104 pounds. I have gained sixteen pounds, and my indigestion has disappeared."

Embarrassing Moments

THE fragrant beauty of an English garden is preserved and magnified in Sutton's Seeds, that come direct from England to enhance the attractiveness of your lawn and garden. For more than a century successive generations of the Sutton family have given their knowledge and experience to the betterment of plant breeding and purification of Sutton's Seeds.

GET RID OF YOUR FAT

Thousands of others have gotten rid of their WITHOUT DIETING OR EXERCISING often at the rate of over a pound a day and WITHOUT PAYMENT until reduction has taken place.

DR. R. NEWMAN, Licensed Physician State of New York 286 Fifth Avenue, New York, N. Y. Desk H-114