

BRODERIE ANGLAIS HATS OF YEARS AGO ARE BEING REVIVED FOR SUMMER WEAR

Eyelet Embroidery Over Rose-colored Straw, With Ribbon Trimming of Same Shade, Adorns Sport Models That Are Coming Back Into Favor—Periwinkle Blue Also Popular.



1928 Fashion Does Not Stick To One Type

THE younger generation may not remember when broderie Anglaise hats were the craze of two summer seasons, but here (2068) is the broderie Anglaise hat again, after resting for 15 years or more. It reappears as a sport hat and the eyelet embroidery is mounted over straw. The hat pictured is of gray linen eyelet embroidery over rose-colored straw. The ribbon trimming is rose color.

Blue-eyed maids and brown-eyed maids alike wear periwinkle hats this season, for periwinkle blue is fashion's most particular favorite. The pictured hat (2064) is of straw in the lovely periwinkle shade, and the big rosettes are made of periwinkle blue ribbon edged with silver. Each rosette is centered with a big cabochon of tiny, pale pink roses. The hat has a graceful grin and a charming color scheme.

You can wear a long-lined, low-hatted, one-piece frock, or a ruffled frock with a cunning basque this

Miss Tingle: I find your columns so very helpful and interesting. Will you kindly help me with a few questions?

I have an awful lot of trouble with my eyes. When I look at things, they seem to be swimming. I have been to the oculist, and he has told me that I have a "lazy eye." He has given me some medicine, but it does not seem to do much good. I am very anxious to learn all I can about this, and I am going to ask you for help with a few dishes I find difficult to make.

(1) Baked salmon—I don't seem to get it to taste just right.

(2) And a meat loaf that can be made with fresh (raw) meat or cooked.

(3) And a recipe for a mahogany cake, baked in a loaf.

(4) A recipe for a lemon pie; if you have it, I would like it very much.

(5) And a recipe for a cream pie. This help from you will be greatly appreciated.

MRS. J. W. M.

I am glad you find this column helpful. I am always particularly glad to be of service to a "young bride."

I will give this recipe later, when I have more space.

2. The directions given above for meat loaf will, I hope, answer your question. Write again if you need more help.

3. I have no cake recipe with this name (surely a most unfortunate one for cake, though), but quite as bad as "Burnt Leather," but perhaps some reader may supply one.

Directions for lemon pie and other cream pies have been given recently in reply to other correspondents. Watch this column for the "Household Problems" in The Daily Oregonian, and write again if you don't find what you want within a reasonable length of time and I will repeat, if necessary.

PORTLAND, June 22.—Miss Tingle: Would appreciate it very much if you would give me a recipe for Pasta Asciutta. It is an Italian dish that is served with a hot chili or meat sauce. It is cut up in small pieces then cooked in sufficient olive oil to keep it from

burning. When the meat is almost done, onion and garlic are added, ground carrots, celery, garlic (quite a large quantity, some used a cupful) parsley and all kinds of spices. Then a paste that is called bow-knot or necktie is put in boiling water and cooked until done. The macaroni, drained (not blanched) and put in with the meat and other ingredients. Everyone has a different recipe, that is regarding spices and quantities of the different things, would appreciate your giving me quantities, etc., if you possibly can. Thanking you.

MRS. J. W. M.

I am unfamiliar with the dish you name, but judging from other "national dishes" I should say that personal taste is sure to be the deciding factor as to quantities of the different flavoring materials, and that there is no fixed, unalterable "standard recipe."

Possibly some Italian reader may contribute a family recipe, but I should say from your description of the dish that you have recipe foundation enough to make it to suit yourself, using garlic, spices, parsley, etc., to suit your own personal preference. It is quite impossible for me to guess whether you like much or little garlic, for instance, or whether you need a large or small quantity of meat and vegetables for the size of your family. Surely, with what you know of your family tastes and needs you could (after perhaps a preliminary trial) evolve from the description you give a "family formula" that you can afterwards follow to secure uniform pleasing results.

However, I cannot imagine "one cup of garlic" suiting any American palate. For most people it is enough to ruin the cooking pot with a cut clove of garlic, or to simmer in the gravy one single clove of garlic for a short time, tying it in a thread so that it can be easily removed when its flavor has been sufficiently imparted. A "suspicion" of garlic is often a great improvement to many savory dishes, but a "large quantity" of garlic should be avoided from the point of view of consideration for one's neighbors, if for no other reason.

As regards the spices, you may find that a "hint" of mace and clove and perhaps a bit of "summer savory" will be satisfactory. Probably a few grains of cayenne may also be needed.

OAK GROVE, Or., June 28.—Dear Miss Tingle: Will you please print, as soon as possible, a recipe for "chess pie." They call it a "chess" and not "chess." Thanking you kindly.

MRS. A. J. H.

"Chess pie" is a corruption of the old-fashioned English "cheese cake" and appears to mean simply a small tart with some kind of filling other than plain fruit or jelly.

Consequently it is hard to guess what you have in mind. Some years ago, in response to a similar request, I remember that 19 "chess pie" recipes were sent in by correspondents. They were all different. Some were made with nuts and raisins, some without; some with cheese, some with lemon, some with orange, some with egg yolks, some with egg white, some with cake-like mixtures, some with rice, some with meringue, some without, some with macaroni mixtures, some with cream, some with custard, but all like some form of the old style English "cheese cake" of colonial times.

Possibly some reader may have a specially good mixture containing nuts and raisins; or perhaps you could describe very closely the kind you have in mind.

Following is one recipe for "large chess pies" sent in by a correspondent some little time ago. This may be made with nuts and raisins. The same mixture could be used in small tarts also.

Chess pie (Mrs. H.).—For filling for two large pies, use 5 eggs, 3 cup butter, 1 cup sugar and what-ever flavoring you like. Beat the yolks very thick, then beat in the sugar. Beat the butter to a cream, then beat in the mixture of yolks and sugar. Flavor with vanilla or with orange or lemon. Bake in a good light pastry crust. It will rise light. When baked you can beat up the egg whites good and stiff, and beat in 5 tablespoons sugar and a few drops of vanilla. Cover the pie with this and cook about 10 minutes in a slow oven. You can use a few nuts and raisins in the pie if you like, or sprinkle chopped nuts on top.

GOLDENDALE, Wash., June 21.—Dear Miss Tingle: Will you please print in The Sunday Oregonian your advice on a reducing diet and also for gaining the weight which Mrs. M. P. praises so highly? How much should a girl 18 years old and 5 feet 5 inches tall weigh?

"No freak" diet is necessary but a sound elementary knowledge of food values and an application of this to the daily food habits.

Your best plan would be to order through any bookseller Rose's book called "Feeding the Family," and to study and apply carefully the information on food that you will find there. To give a discussion of reducing or gaining diets would be too long for this column and would be superficial at best.

You might be able to borrow the book through your state library. In it you will find a table giving some standard weights for various weights and ages; but some knowledge of other factors is needed before applying these absolutely. For a young girl it is usually safer to be slightly over, rather than under weight, while for a middle-aged woman it is usually better to be slightly under rather than over weight; but a personal examination is advised in all cases, and other factors (such as regularity of habit, sleep, exercise, fresh air and mental as well as physical hygiene) besides food are important in securing and maintaining the best physical condition.

Much Held Achieved by Everest Climbers.

Standard of Human Accomplishment Declared Advanced.

LONDON, July 29.—"Mountaineering proper is not necessarily rashness, but is entirely a question of prudence and of courage, of strength and steadiness, and of a feeling for nature and her most hidden beauties, which are often awe-inspiring, but for that reason the more sublime, and to a contemplative spirit the more suggestive."

Sir Francis Younghusband, speaking before the Royal Geographical society on the Mount Everest expedition, used the foregoing words to express the sentiment which has animated the expedition since its inception. Sir Francis, who has now been writing 33 years ago by a certain Father Ratti, who has now become Pope Pius XI.

After describing what the expedition had accomplished, Sir Francis said: "The experience gained this time is a most valuable one. The men are able to take those unskilled in high mountain craft to the highest altitudes. Geoffrey Bruce had been a Sherpa porter, though they were practically untrained to snow and ice work, were able, under General Bruce's stimulating influence, to carry loads up to 25,000 feet, some of them making the journey four times and so earning the unstinted praise of the best mountaineers."

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Forget anything
except this—

Kotex. The sanitary pad that can be disposed of quickly and easily. No laundry. Whether traveling, visiting, at work or at home. Simple directions in each box. Cheap enough to throw away.

Kotex prevents embarrassment. It is safe for swimming, dancing, climbing, riding, or golf, and for wearing light summer frocks. Cool in hot weather. Comfortable.

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the part of the highest climbers, the expedition has at a bound brought the record up from 24,000 feet to 27,500 feet and thus left only 1,000 feet to be climbed before the crowning summit is reached.

"The standard of human achievement has been raised," said the expedition leader, "and many another traveler in every walk of life and in every country will be glad to have the standard of human achievement raised. And this to my mind, is incomparably the most valuable result of the expedition and a result which makes their efforts in the highest degree worth while."

Smart Luggage Increases
One's Self Respect.

Don't Be Mortified by old, Out-of-Date Trunk.

WITH steamer and wardrobe trunks of good style and good quality down under the \$20 price, there is no reason why anybody who can dress in good style should not also travel in good style. To arrive at a destination now with one of the old-fashioned square dress trunks, or slatted, fiber-covered steamer trunks marks you as a not quite up-to-date person. You will glimpse this in the footman or houseman who brings your luggage upstairs at the country house where you are stopping—or at the summer hotel where you have arrived. The menials size you up and measure your importance by the sort of luggage you carry. It may not matter to you at all—but when your hostess comes in and casts a whimsical but courteously controlled glance at that old, out-of-date trunk you may experience a stab of mortification.

Everybody now is using the kind of trunk that stands up on end and opens like a wardrobe. Or, if not that, a very smart-looking box covered with black material and studded with bright nailheads. Go a-visiting with the old slatted, brown fiber-covered trunk and you will surely have your moments of embarrassment. Just so with your traveling bag. The fashionable article is a kit bag, or soft, flexible leather, tapering to a wedge shape at the top. And you must not stuff so many things into the kit

bag that it looks fat and ungainly, and loses its tapering figure. Hat boxes are particularly smart, and you can carry a sizable wardrobe in a hat box—besides the hat. Many women prefer these big, good-looking hat boxes to traveling bags or suitcases, and they are light in weight even if unwieldy in shape.

Los Angeles, Cal.—"Some time ago," writes E. J. B. L., "you sent me a supply of your wonderful B. L. Cream. I am so glad that they are both magical. They have transformed my skin into a beautiful complexion. I have used the high-priced and most highly recommended Creams and Soaps on the market but have never found anything so good as B. L. Cream and Soap. For the enclosed check will you please send me another supply of B. L. Cream. I have used this from my druggist but I did so want to tell you how much I appreciated and enjoyed their work. I will surely have your moments of embarrassment. Just so with your traveling bag. The fashionable article is a kit bag, or soft, flexible leather, tapering to a wedge shape at the top. And you must not stuff so many things into the kit

Tan, Red or Freckled
Skin Is Easily Shed

To free your summer-solken skin of its maddening, freckles, blotches or tan, the best thing to do is to free yourself of the skin itself. This is easily accomplished by the use of ordinary mercuric wax, which of course can be had at any drugstore. Use at night as you use cold cream, washing it off in the morning. Immediately the offending surface skin begins to come off in fine powder-like particles. Gradually the entire outer skin now is absorbed, without the least harm or inconvenience. The second layer of skin now in evidence presents a spotless, white, smooth, and beautiful surface in no other way. One ounce of mercuric wax usually is sufficient to completely renovate a bad complexion.

Almost
Unbelievable
You can hardly realize the wonderful improvement to your skin and complexion you will reveal to you after using GOURAUD'S Oriental Cream for the first time.

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New York

Gouraud's
Oriental Cream

Here is a method for removing hair from arms, neck or face that is untiring and is quite inexpensive: Mix a thick paste with some powdered delatone and water and spread on hairy surface. After two or three minutes rub it off, wash the skin with cold water and dry with a towel. No harm or inconvenience results from this treatment, but be careful to get genuine delatone and mix fresh as wanted.—Adv.

QUEER FEELINGS
AT MIDDLE AGE

Women Should Know how Lydia E. Pinkham's Vegetable Compound Helps at This Trying Period

Sheboygan, Wisconsin.—"I was run down, tired and nervous. I could not even do my own housework, could not sleep at night and all kinds of queer thoughts would come to me. Finally I gave up going to the doctor and a friend told me of Lydia E. Pinkham's Vegetable Compound. After the first bottle I could sleep better and I have kept on improving ever since. I have taken seven bottles now and am so happy that I am all over these bad feelings."

Mrs. B. LANSER, 1639 N. 3rd St., Sheboygan, Wisconsin.

For the woman entering middle age Lydia E. Pinkham's Vegetable Compound can be of much benefit. During this time of life certain changes take place which sometimes develop into serious trouble.

Melancholia, nervousness, irritability, headache and dizziness are some of the symptoms. Lydia E. Pinkham's Vegetable Compound is a natural restorative, especially adapted to assist nature in carrying you safely past this time. Why not give it a fair trial?

ASPIRIN

Say "Bayer" and Insist!

Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds Headaches
Toothache Lumbago
Rheumatism
Neuralgia Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy boxes of twelve tablets cost few cents. Drugs also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacturing of Monacetaidester of Salicylicacid.

Girls! Lemon Juice
BLEACHES FRECKLES

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quart of the best freckle and tan bleach and complexion whiter. Massage this sweetly fragrant lemon lotion into the face, neck and arms and hands each day and see how freckles and blemishes bleach out and how clear, soft and rosy-white the skin becomes.—Adv.

Easiest Way to Remove
Ugly Hairy Growths

(Beauty Culture.)
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Eyes Inflamed

If your eyes are inflamed, weak, tired or overworked; if they ache; if picture shows make them feel dry and strained, get a bottle of Bon-Opto tablets from your druggist, dissolve one in a fourth of a glass of water and use as an eye bath from two to four times a day. Bon-Opto relieves inflammation, invigorates, tones up the eyes.

Note: Doctors say Bon-Opto strengthens eyesight to see best in a week's time in many instances.