

NEW YORK'S WOMEN POLICE PROVE THEY CAN HANDLE CITY'S TRAFFIC PROBLEM

Thorough Instruction Is Given All Members of Force and High Standard of Efficiency Is Soon Attained in Protecting Lives of Young and Preventing Many Women From Getting Into Trouble.



Detachment of London's "Lady Bobbies"



In Regulating Traffic Near Schools New York Lady Cops Have Proved Efficient

STANDING there in her blue, brass-buttoned uniform in the middle of one of New York's busiest cross streets with huge automobile trucks lumbering by her on all sides she resembled a prototype of Joan of Arc leading the French armies to victory. A shrill blast of her whistle, a gloved arm raised upright and traffic came to a halt as suddenly as a buck goat running a brick wall. Yes! She resembled a general, every inch of her. Who? Why the lady traffic cop!

Yes, the dear ladies, they've gone and done it. The so-called weaker sex has started out to show that there is still one more thing a man does that it can do equally well. It is out to show that the hand which rocks the cradle can regulate the heaviest of traffic in the busiest city in the world just as easily as the most weather-beaten, hard-boiled traffic cop that ever slapped a summons on a careless driver.

Hundreds of the women's reserves of the New York police department have made the blue old metropolis sit up and take notice by the manner in which they have tackled a job that a few years ago would have been considered outside the realm of womanhood. Not only have they shown that women can adequately direct vehicular traffic, but they have demonstrated to an "I'm from Missouri" populace that in many cases they can do so better than mere men.

Response Proves Surprise. The new task which milady has taken upon her once-called slender shoulders came as a result of the strike of milk wagon drivers in New York. The strike made such demands on the regular staff of the city's bluecoats that Police Commissioner Enright issued a call for the women police reserves to take care of the school crossings and protect the little tots whose lives might otherwise be endangered.

The response to the call surprised even the most optimistic members of the commissioner's staff. Shortly after the call was issued the women responded in droves at police stations throughout the city and announced their willingness to serve indefinitely as "traffic cops" so that children might have proper protection in crossing streets and about the vicinity of schoolhouses. They received only one lesson in traffic-coppling and were then told to report for duty. And now many of them are working an index finger harder than any shimmy dancer ever worked her shoulders. And their job is far from being sinecure, as any healthy blue-coated traffic cop can attest.

Women Act Like Veterans. Before being assigned to active duty the women received instruction at police headquarters, where they were told that they had a real man's work to do and that the eyes of the world were upon them.

"You have the full authority of a policeman," said Inspector Dwyer of the traffic squad, "and if any driver fails to stop when you order him to, you take his number and he will be served with a summons. Be dignified. Don't get into arguments, but take care of the children and the school crossings. You can do this work as well as a six-foot policeman."

The inspector then ordered the women into company front formation and told them not to "bat an eye." One of the smaller prospective traffic officers, wearing of standing with her toes at an angle of about 15 degrees and shifted.

"Didn't I tell you I'd kill you if you moved?" roared the inspector. The little woman showed that she was game, however, by not "batting an eye" but by correcting herself. And when she got to one of the downtown crossings she took hold of her job as if she had been waving vehicles past her for the last 20 years.

of the hardest old-timer on a downtown beat. And a real natty picture milady traffic cop makes in her dark blue uniform, short skirts and puttees, this equipment being completed by caps, white gloves and police whistle.

According to police officials in New York the women who have come forward in an emergency have shown a remarkable adaptability to their work. No matter what the weather, milady traffic cop has been right on the job. Rain, shine, snow or sleet, they are all ready to take their posts every morning.

The work of these women traffic guardians brings attention to the wonderful work accomplished by women police reserves, not only in New York city, but in many other parts of the United States as well. The age has passed when women are expected to be inclined to trepidity, as can be realized from the fact that the first police precinct to be entirely run, operated and established for women in the world, is to be found in New York city, in a building abandoned by traitorous policemen. In fact it is right in the heart of the notorious Hell's Kitchen, once one of the most iniquitous sections in the world, which even yet has not been entirely cleaned up.

Conditions Are Improved. This police precinct is known as the Hell's Kitchen station, having been christened thus after the section in which it is enmeshed. Through the efforts of the women police who inhabit the station house, conditions in the section have shown remarkable improvement of late.

The woman's station house is commanded by Mrs. Mary Hamilton, the first woman patrolwoman on the New York police force, and is the particular pit of Mrs. Isabel Goodwin, in charge of the office of the fifth deputy police commissioner, who was the first woman detective on the force in the metropolis.

Sitting at the desk there is to be found a woman police lieutenant who listens to all tales of woe with a true female understanding.

One of the features of this woman's station is an information department

with headquarters in the front hall. Here women may seek information of any kind.

Another distinctive feature is a training school for policewomen which is conducted at the station. There recruits learn to arrest, prevent and protect rather than prosecute. While those in training are taught not to meddle, they learn that many sentences for women and many children's court records can be avoided if preventive steps are taken in time.

Sex Proves Essential.

During the off hours many of the women who are doing traffic cop duty are to be found in the Hell's Kitchen station getting new inside information on various forms of police work. In fact the work of the New York women traffic cops is the culmination in the romance of the policewoman which had its inception when a woman was assigned to the bureau of missing persons.

Mrs. Goodwin, a police matron, was made a detective as a reward for a clever piece of detective work several years ago. Since then other women have been assigned to practical duties in the police department until now it is a generally conceded fact that the metropolitan police department could not get along without the female cop.

New York's women police are divided into two forces, one a paid force and the other a volunteer force, the latter having a membership of more than 10,000. The paid force are regular members of the police department, it being necessary for them to pass civil service examinations just like the male cops.

London, England, is the only other city in the world apart from New York where a large force of women cops are now regularly employed. The British were obliged to call these women to police duty, particularly as traffic cops, during the war when so many of London's finest were called to the front. Since the war instead of demobilizing these "lady bobbies," as they call them over there, they have been kept on the force, having proved so efficient in certain branches of police work.

SLEEP IN WELL-VENTILATED ROOM NECESSARY FOR BABY

Modern System of Rearing Children Said to Leave Pleasures of Parents Out of Reckoning.

BY SHEBA CHILDS HARGREAVES. THE necessary amount of sleep under proper conditions is absolutely essential for the child from the time he is born until he reaches maturity. If he is robbed of the correct amount of sleep or sleeps in rooms that are not properly ventilated he pays for it later in life. Sleep is just as important a factor in the child's development as food, and should be just as carefully regulated.

A newborn baby sleeps nearly all the time if he is well; during the first year of life he sleeps about three-quarters of his time. The growth of the brain is remarkably rapid during the first year, and the process of repair which goes hand in hand with growth is more rapid during sleep than in the waking hours. So the child must be carefully trained to sleep at proper intervals if he is to develop normally.

According to the baby books, training the baby to sleep is a very simple matter—the child is undressed, fed and put to bed and should not be heard from until time for the next feeding. If one is to believe the books, raising children can be done by rule of thumb. Very careful directions are given which should meet every emergency which can possibly arise. Now the directions are all well enough, but they reckon entirely without the baby and his tired, weak, nervous mother. Bringing a baby into the world is an ordeal from which a mother does not recover for

two or three months. Then perhaps he has two doting grandmothers who take charge with the avowed intention of seeing that the baby has his own way in every particular. Most grandmothers belong to the hit-or-miss school of baby raising and have very little patience with the new fangled notions of the young parents who have been "reading the book," as Mark Twain says. The baby, too, has a strong will of his own; he has a powerful pair of lungs and all too often he dominates the whole situation from the start.

Schedule Should Be Kept. A baby born in a maternity hospital receives training in his habits which simplify matters very much for the mother after she takes full charge of him. He is never allowed to tyrannize his mother, but is kept in a separate room and brought to his mother to be fed and taken away again. He is fed at regular intervals and he is not allowed to interfere with the schedule. He is not taken up when he cries but is cared for and left to his own devices. A baby thus trained soon falls into regular habits and gives very little trouble afterward if he is well. And he is very likely to be well if his habits are regular.

The modern baby sleeps from his last feeding at 10 P. M. until 6 in the morning, that is, he does it his parents insist upon it. But once the habit is formed the baby accepts his schedule as a matter of course. But

if the baby is to refrain from taking nourishment during the night he must sleep alone. The best trained baby will soon be completely spoiled if his mother takes him into her bed when he wakes in the night. It takes will power on the part of a tired, sleepy mother to allow a baby to cry in the night when it is so easy to nurse him and top off to sleep again, but if he comes off victorious in the matter once, he is very apt to be master of the whole situation from that time on with the parents slaves to his whims.

When bedtime comes the baby should be fed and put to bed in his own little bed in a room by himself. He may protest if he has not been trained to this habit from the first, but if he does, he should be left to cry it out a few times. There is a vast difference in babies just as there is in men and women. Some babies are inclined to be restless during sleep. There are high-strung nervous children who never sleep well no matter how carefully they are trained. But, generally there are causes for restless, irregular sleep which can be removed. Overfeeding is one cause, the baby who habitually eats more than he should is never easy. There are always digestive disturbances which cause wakefulness. Too much clothing is even a more common cause of fretfulness. A young baby must be kept warm, but as time goes on the amount of bed clothing should be lessened. The season of the year should also be taken into consideration. If a child habitually frets and tosses about in his bed, it is probable that he is preoccupied and in discomfort. By placing a hand on the surface of the skin under the bedclothes a mother may easily determine if the child is too warm.

Be Firm, Is Advice.

Rocking a baby to sleep is a pleasure to the young mother, that is, at first, until the novelty wears off it is a pleasure. Later when the mother wishes to go out occasionally in the

evening, or to spend an hour or so reading, it is rather hard to be obliged to rock, and rock, and rock, and put the baby in his bed and tiptoe out, only to be obliged to repeat the whole laborious process until it is too late to go out. If this wearing labor were good for the baby, any mother would gladly rock him or walk the floor with him, but it is just as wearing on his nerves as it is on hers, so for the good of all concerned, be firm with the baby during the first months of his life, even if it does hurt to hear him cry.

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Generally speaking, if a baby's wrists are warm he is warm enough.

The child who is habitually too warmly clad suffers with cold in the head, so that he cannot breathe properly especially when lying down. Some foolish young mothers have the habit of covering the baby's face when they take him outdoors and even draw the blanket up over his face when he is asleep—this is an extreme cruelty. Fancy the discomfort to a grown person of sleeping in a half smothered condition and a baby is governed by the same physical laws as the adult. Small wonder that a baby who is subjected to such indignities develops into a poor sleeper.

Badly ventilated sleeping rooms are also responsible for sleeplessness in young babies. Fresh air is necessary at all times. Windows should be kept open summer and winter, though care should be taken not to expose a baby to drafts. If possible the naps during the day should be taken in the open air when the weather permits. Sound common sense should govern in the matter of outdoor sleeping. There are times when it is advisable, but subjecting children to outdoor sleeping in severe winter weather with the view of hardening them is rather a dangerous practice.

Romping with children just before bedtime is a bad practice. Fathers are very apt to play with the children when they come home in the evening. It is really the only time

in which they see the children and it is only natural to wish to play with them, but rough and tumble play in the evening means bad dreams and broken sleep for the nervous child, and in fact, the nervous system of any child should be at rest when he goes to bed. The modern system of rearing children certainly leaves the pleasure of the parents clear out of reckoning.

Chilean Fruit Finds Market.

SANTIAGO, Chile, Dec. 5.—Chilean fruit growers are beginning to find a market for their fruit in the United States. Shipments of Chilean peaches, grapes, melons, cherries, plums, strawberries and chirimoyas, a kind of custard apple, have been disposed of in New York at good prices, says F. Rojas Huneus, director of agriculture. The director has pointed out to Chilean growers that the best market in New York is to be found from January to April and advised them as to the best method of sending their fruits more than 5,000 miles to the New York market.

Hydro-Power Scheme Planned.

CALGARY, Alta.—A project is on foot for the erection of a big hydro-electric center which will supply the city of Calgary and surrounding district, as well as Drumheller valley, some 35 miles northwest, with elec-

tric energy. This scheme is being developed in connection with the Calgary Power company's plant at Kamanskis, and will provide for an auxiliary plant to be erected on the river from runs from Lake Minnewanka to the Bow River in the Rockies.

Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle. The best thing to use is Mulsified coconut oil shampoo, for this is pure and entirely greaseless. It's very cheap and beats anything else all pieces. You can get Mulsified at drugstores, and a few ounces will last the whole family for months.

Simply moisten the hair with water, and rub it in, about a teaspoonful of Mulsified is all that is required. Mulsified is an abundance of rich, creamy lather, cleanses thoroughly, at rinses out easily. The hair dries quickly and evenly, and is soft, free looking, bright, fluffy, wavy, and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff. Be sure your druggist gives you Mulsified.—Adv.

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