

Tunic Frock Appears Smart and Attractive; Collar and Cuffs Are of White or Cream Linen, Hemstitched by Hand or Narrowly Edged With Crochet Trimming—New Silk Petticoats Are Made Double to Knees.

No 567
Lace And
Georgette
Make A Beautiful
Frock.

No 9244 The Traveling

Frock, May Be Or Not Silk

No. 5314
 Chiffon And
 Fur A Fascinating
 Combination

LACING little silk neckties called
 petite windsoars, are worn with
 the divided Dutch collars on
 morning blouses of wool jersey. With
 one of these neat collars of linen,
 cuffs to match, and the attractive little
 necktie giving a touch of bright-
 color, a wool jersey tunic-blouse looks
 very smart and attractive. Such
 blouses are usually of plain wool
 jersey and are worn over waisted
 blouses of plain silk or of the
 Dutch collar and cuffs are of
 white or cream linen, hemstitched by
 hand or of narrowly edged with crochet
 lace.

An attractive black velvet frock

straight lines, has white beads out-
 lining the shoulder from neck to
 elbow, and also outlining square
 pockets on the skirt. Wide sleeves
 and soft sash are lined with white
 silk crepe.

Some wool silk petticoats are made
 double to the knees, with the flounce
 in a single layer below. This gives
 the petticoat extra strength and
 longer wear without much more
 cost. Silk petticoats with the
 elastic-run casing at the top is
 cut off, the skirt nicely adjusted, and
 the elastic run put on. In most cases a
 silk petticoat too long and too
 wide is better to cut off the top and fit

it neatly, than to take up the excess
 length in a tuck.

Beads applied in lines that make
 squares on the frock are particularly
 smart as a trimming. A black can-
 top crepe, fitted in large squares of
 20 inches to a side—made of rows of
 steel beads, one row within another,
 almost to the center of the square.
 There are two rows of beads on
 the skirt, one at back and one at

No 9438
Mary Semi-evening
 Brown, in Black and
 Gold.

All in soft brown tones is this (5314), lovely frock for formal afternoon wear. The bodice is of a soft yellow silk, with brown chiffon flaps and the skirt will become and gathered skirt and narrow bands of sables—a very fashionable touch. The skirt is of a soft yellow to enhance the graceful and luxurious effect of the costume. A slip of brown tulle under the chine gives a soft, delicate look. The frock and the high of brown satin ribbon ties in the soft, chiffony drapery at the waistline.

For a girl visiting with only a week-end suitcase, one frock has to serve for a traveling costume, under a long coat. Neither the heavy coat, nor the frock, is of a soft yellow, but this frock (3214) or so all its lines, made as it is of soft satin; and there are no frussy trimmings to get spoiled by the wear. The skirt is of a soft yellow, at either side, droops a little to give the new, uneven hem-line, and the bodice is of a soft yellow, with a high neckline, which outlines the neck. The kimono sleeves have been slashed all the way down and lined with cream satin, and the skirt is of a soft yellow, in part of the slash, over the bare arm.

**Best Way to Avoid Colds
Is to Harden Up System.**

**Time to Start In in Summer With
Fresh Air, Exercise and Cold
Baths—Few People Who Sleep on
Porches Are Afflicted.**

THE best way to avoid winter colds is to begin, away back in summer-time hardening up the system with fresh air, exercise and cold sea baths. Few people who go into the salt water every day all summer long, or keep out on porches smoking pipe, are afflicted with colds when winter comes. But if you neglected the hardening process last summer and spent your time getting soft, lolling in porch rockers and motor cars, and eating rich food without taking proper exercise afterward, and now have constant sniffles, or a cold, or a cough, or chills, or influenza, or other such ailments, you must know that, at several things you can do to make your condition less unbearable.

A bad cold must usually run its course and all you can do is to alleviate the trying symptoms. Not much use taking "cold-checking" medicines when you begin to feel snivelly or have a sore throat. The cold germs have done their worst and these outward and visible symptoms are only an evidence that a cold has got you—that the lining of stomach and intestines, and blood vessels, and veins are just as much inflamed and irritated as the inside of the nose and throat. When the body makes enough antitoxin to stop them, and the best way to treat a cold is to build up the vitality of the body, the cold will be cured the cold quickly. This you can do by treating and feeding up. Go to bed and rest, and eat and drink freely until the fever of the cold has abated. Then take a good tonic, and milk-and-eggs three times a day in addition to the regular food. And, in treating as much as you can. Working alone against a bad cold will increase the feverish condition and make you so tired that you will be weeks getting over your cold which would have yielded in three days to proper treatment of rest and nourishment.

During the first two days of cold-
 fighting drink plenty of water to
 keep the bowels open. Take a
 bowl open with a mild laxative.
 Take a full glass of water at least
 every hour, and once in three hours
 a pinch of bicarbonate of soda has been
 dropped.

And keep thoroughly warm. Some-
 times the first "symptoms" of a cold
 may be warded off by getting thor-
 oughly warm—stifling warm. If you
 are shivering and shivery, don't try
 to forget it or to "sweat it out."
 If you have a fear of colds or know
 you take cold easily, take a hot
 bath, or a hot shower, and then wrap
 up, sweater, coat, muffler, a blanket
 around your shoulders and an-
 other across your knees. Have a
 glass of hot milk or a drink of hot
 milk. But keep still and keep warm.
 By and by you will feel so warm you
 want to get out of your wrappings.
 Don't. Stay in bed. If your
 body is thoroughly warm and the
 blood courses so freely that it feels
 as if it were boiling, then the mucus
 on the surface of your inflamed cells will be
 knocked out. You may have the
 sniffles for a day, but you have prob-
 ably won the battle. The mucus will
 hold in the head or a congested chest
 and bronchial tubes.

Real Love Stories

A BLANK WITHOUT HER.

BELOVED Hazel: It is dusk. The cold shadows have crept silently over the earth and have wrapped the great outside into dreary darkness. I look from your room out into that cold realm of nocturnal tranquillity which separates us, I think, dear, of my life, which seems equally as full of darkness as that. And why?

You can easily guess. Here I have coiled all day and have thought constantly and solely of you, but when my latest thoughts have come what do they bring? They are useless to me and soothing to my aching soul. My life is filled with nothing but broken hopes and loneliness, and will continue to be so until you can return to me. Now, darling, can you imagine why I say my life is so?

I am glad to hear you are enjoying your trip. I hope you will always enjoy life, dear; but each passing day I grow more to me while I sit away from me in that far off world of sunshine and pleasure.

Will you ever return? Please? For what is life without the one you love and worship. And there could never be any one else. There is no one else. I have never loved anybody else. God must have made you and lost the pattern. Not once in all my many wanderings have I met one so lovely, so divine, and so innocent.

Your absence, Hazel, has given me a glimpse of life without you. Who could have dreamed of such a thing? I change one's existence so! I tremble when I think of what could really happen. I have found it would be absolutely impossible to try to live without you.

Distant one, I stretch out my hands to you through the still darkness, and I pray that you will deliver me from this life of loneliness and torture.

One night, may you have the best of everything.

RAYMOND.

Cardboard Retainer, No Matter How Dainty, Is Not Considered Ornamental Enough for Boudoir or Living Room Table.

A round, light-colored box with a floral design of roses and leaves on its lid. The box is shown from a slightly elevated angle, revealing its circular shape and the detailed illustration on top. The design features several roses in various stages of bloom, accompanied by dark, pointed leaves. The box appears to be made of a smooth material, possibly wood or metal, and is set against a dark, textured background.

Box Counts More Than Bonbons



HOWEVER daily the cardboard box in which candy is packed at a shop, that box is not now considered ornamental enough to repose on the boudoir or living-room table. The minute wrappings are opened and ribbons untied, out is spilled the pound or two pounds of sweets into some fancy receptacle or other of decorative character. A very popular candy box is pictured; shallow circular, made of cardboard or paper and then hand-painted with a spray of trailing tea roses whose delicate color matches the shade of fixings in many candies. The top of the box is decorated with the bottom of the box gives an appealing daintiness. Candy will keep fresh a long time in one of these closely covered boxes. Candy is a temptation to devour all one's chocolates at once and add fat to one's anatomy. A single chocolate cream has a great many calories, remember—more than an apple!

Farm Women Do Not Like Being Called Drudges.

National Organization Planned to Combat Misconception.

CHICAGO, Jan. 7.—Protests by farm women against being called overworked and downtrodden have followed steps taken by the American farm bureau federation for a national organization of women on the farm.

"Farm women in numbers are beginning to realize the harmful effect this old-fashioned publicity," declared Ietta Brown of Kingwood, W. Va., a leader in this movement. "The farm women who have awakened to their own possibilities say quite frankly that they want to start a campaign of optimism about country life. They don't want to be pitied, nor patronized, just understood—and if possible, a little liked. They would appreciate it for change."

For the first time the movement is

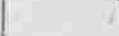
General all over the United States for farm women to join the farm clubs of various sorts. Mrs. Brown reports, "By working in clubs in various communities the farm women have learned the value of organized effort in improving country life conditions," he said. "I know of one little community of about 75 families in Virginia where the school teacher and there had talked for years about piping running water into the schoolhouse from a spring just up the hill. The first year after the farm women organized into a club they saw to it that the spring water was piped into the school."

"There is something easy to be done in each community that will improve living and social conditions and each little success is leading the emerging race women on to higher goals."

"They are realizing their power in bringing about better school conditions for others' children and each me anything is done to make the boys and girls happier and more contented the mother's know they are

CORNS

Lift Off with Fingers



A detailed illustration of a corn on the side of a foot, showing the thickened, calloused skin and the surrounding normal skin.

Doesn't hurt a bit! Drop a little Frezzone® on an aching corn. Instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

For drugais, sell a tiny bottle of Frezzone® for a few cents; sufficient to remove every hard corn, soft corn, corn between the toes, and the fungus, without soreness or irritation.—Adv.

Ten minutes after using Danderine you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair fine and downy at first—yes—but really new hair—growing all over the scalp. Danderine is the hair world's fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them, and makes the hair grow strong and luxuriant. One application of Danderine makes thin, lifeless, colorless hair look youthfully bright and vigorous and just twice as abundant.—Adv.

A vintage black and white advertisement. On the left, a woman with curly hair is smiling, her face partially framed by a large bouquet of roses. To the right of the woman, the text 'Rose Tinted Cheeks' is written in a large, elegant serif font. Below this, a short paragraph of text is presented in a conversational style, with some words in italics. The overall tone is classic and elegant, typical of early 20th-century cosmetic advertising.

**Rose Tinted
Cheeks**

Oh! How you have longed to bring that Rose-tinted glow of healthy Beauty to your cheeks. How impossible and inadequate have rouges, powders and paints, with their only too apparent glamor proven to be. For years our laboratory has worked to make your desire possible and now we

Gouraud's (Pink)
Oriental Cream

we have placed your desire within your reach. It renders to your cheeks a delicate, refined Rose-Tint, so natural and subtle in effect that the use of a Toilet Preparation cannot be detected. All of the qualities of Gouraud's Oriental Cream have been retained in our new product. That soft, velvety skin, its soothing and antiseptic effect are but a few of the many virtues it renders to your skin and complexion. Try it to-day and see the new door to Beauty it opens.



**Try These Three
Gouraud's
Preparations**

Just send us 25c. and your dealer's name and we will send you a bottle of Gouraud's Oriental Cream (pink or white), a large cake of Gouraud's Medicated Soap and a tube of Gouraud's Cold Cream. They beautifully purify and cleanse the skin and complexion.

Ferd. T. Hopkins & Son, New York

Young Girl Was Afraid to Eat

Miss Howard in Bad Shape. Simple Intestinal
Antiseptic Surprises Her

"I was afraid to eat anything, even rice, because it always had trouble with my stomach. I ate rice and butter with a little bit of cod liver oil with constipation. After taking less than half a box of the AWFUL IMPURITIES, I feel fine. My sister-in-law also had stomach trouble so bad that the only thing that kept her from dying was the fact that she had good results from Adlerika." (Signed) Sylvia H. Hark.

Internal Antiseptic.

"There is now offered to the public a natural cleanser and antiseptic for use as an internal antiseptic and a COMPLETE system cleanser. It is called Adlerika."

"It tends to eliminate or destroy harmful bacteria and other poisons in the digestive canal, thus guarding against harmfulness and other diseases."

"It is the most complete system cleanser and antiseptic ever offered to the public. It cleans the upper and lower bowel and removing foul matter which, poisoned the system for months. It is a natural movement, and no medicine. It brings out all gases, thus freeing the system from all poisons. It is astonishing the great amount of poisonous matter Adlerika has removed from the system. It is the only thing you never thought of in your system. Try it right after a natural movement, and notice how much more foul matter it brings out which was poisoning you. In slight disorders, such as indigestion, flatulence, your stomach, gas on the stomach and sick headache, one box of Adlerika will give you relief. For a longer treatment, however, is necessary in cases of obstinate constipation and long standing diseases. It is under the direction of your physician."

Reports From Physicians.

"I congratulate you on the good effect I had from Adlerika since I prescribed it."

"I have found nothing in my 30 years' practice to equal Adlerika." (Signed) Dr. James Weaver.

"I use Adlerika in all bowel cases. Some of the best results I have seen are in Dr. Pretzman."

"After taking Adlerika feel better than before. I have no hesitancy to export the AWFUL IMPURITIES eliminated from my system."

Adlerika is a constant surprise to people who have used only ordinary bowel and stomach medicine. It is a pleasant and COMPLETE action. It is the only thing you never thought of in your system. Try it right after a natural movement, and notice how much

Sold in Portland by Skidmore Drug Co. 121 Third street, and other leading drug stores.

ASTHMA CURED BY SIMPLE REMEDY Famous Druggist Discovers Simple Remedy for Asthma and Makes Generous FREE TRIAL Offer to Sufferers	Indigestion or Sour, Gassy
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Thirty years ago Mr. C. Leavengood, a widely known Kansas druggist, discovered a simple, easy to take, prescription for Asthma—he gave it to people who had suffered for years and years, and they told him that they were easily cured—these people told their friends, and in this way word soon had found the sure way to cure Asthma. Mr. Leavengood feels so confident that his prescription will cure in all cases that he generously offers to send a big bottle on 16 days' trial to anyone who writes for it. If it cures send \$1.25, otherwise you need not pay a cent.

"Pape's Diapiespin" gives Relief in Five Minutes

"Pape's Diapiespin" relieves stomach distress in five minutes. You don't want a slow remedy when your stomach is bad—or an uncertain one—or a

Only mail coupon below.

FREE TRIAL COUPON

C. LEAVENGOOD, 1598 S. W. Blvd.,
Roseland, Kas.: Send Free Trial
Bottle of your Asthma Remedy to

Name _____

Address _____

City _____ State _____

—Adv.

**SULPHUR CLEARS
A PIMPLY SKIN**

Apply Sulphur as Told When Your Skin Breaks Out.

Any breaking out of the skin on face, neck, arms or body is overcome quickest by applying Mentho-Sulphur.

Nothing has ever been found to take the place of sulphur as a pimple remover. It is harmless and inexpensive. Just ask any druggist for a package of Sulphur and use

On Road to Boneyard

"I have just finished a treatment of your wonderful remedy and can say it has done wonders for me already. For the past five years I have

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and luster to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and trou-

been unable to do that but sparingly, as any food caused me to bloat with gas. I was reduced to a skeleton of ninety pounds, and was nearly dead. My friend in Birmingham sent me a bottle of Mawr's Wonderful Remedy, which I took, and I am sure it will entirely remove the cause of my suffering from what it brought from me and the way I feel." It is a simple, harmless preparation that removes the catarrhal mucus from the stomach, and thereby plays the inflammation which causes practically all stomach, liver and intestinal ailments, including the one I am now doing with confidence or money refunded. For sale at all druggists.—Adv.

Nowadays we simply ask at any drug store for "Wyeth's Sars and Sulphur Compound." You will get a preparation that is much more improved by the addition of other ingredients, at very little cost. Everybody uses this preparation now, because it is so good. It will remove the dandruff that has darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and pass this over the hair, and there is one small strand at a time; by morning the gray hair disappears, and after another application or two your hair comes out in its natural color, and glossy and you look years younger.—Adv.