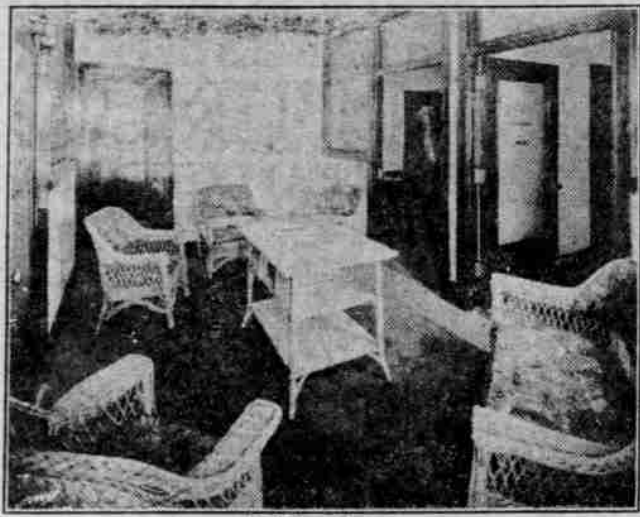
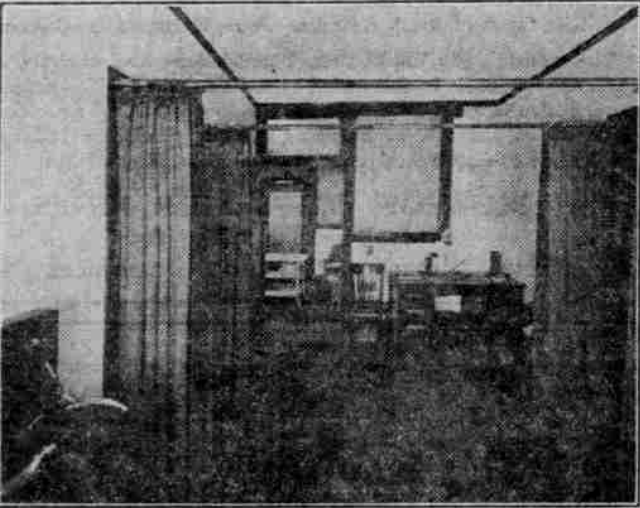
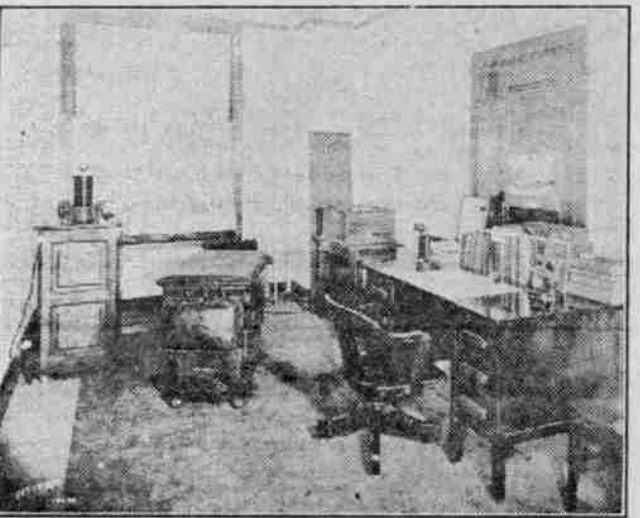




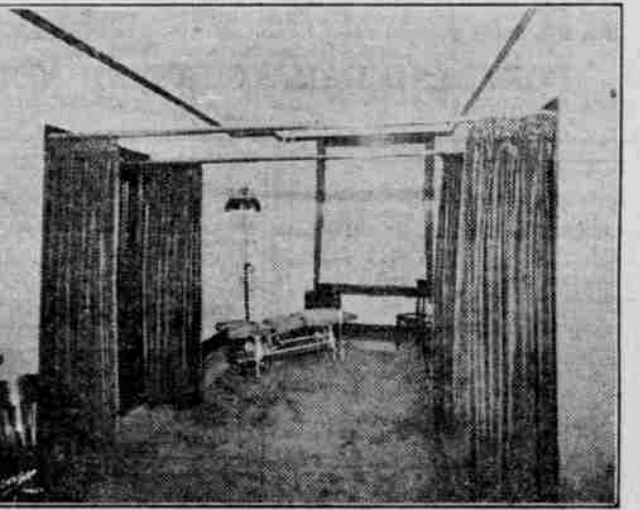
Waiting Room.



Nurses' Room.



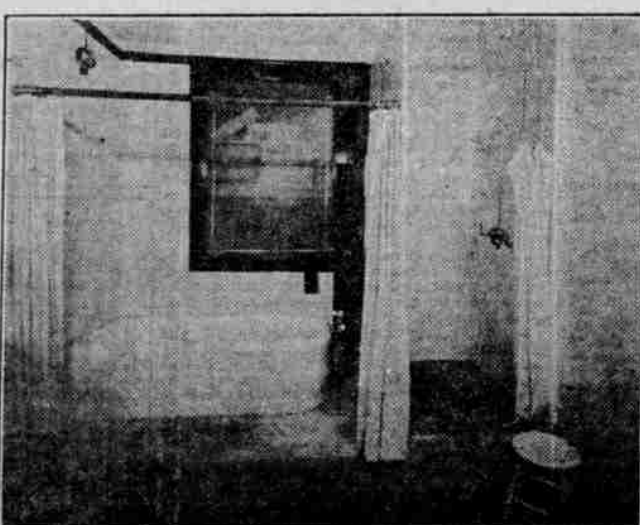
Electro-Therapy Diagnosis Room.



Chiropractor's Adjusting Room.



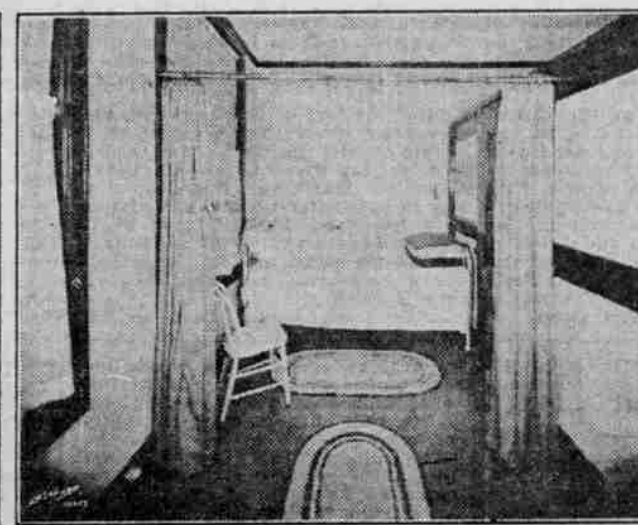
Showing Hallway With Rest Rooms on Each Side, Equipped With Regular Hospital Beds.



Mineral Shower Bath and Sweating Room.



Massage Room.



Showing Corner of Rest Room.



Long Hallway With Treating Offices on Each Side.

If You Are Sick VITOTZONE Treatments Will Cure You

If you are tired, restless, nervous and sleepless, a

VITOTZONE MASSAGE

will relax, sooth, rest and make you sleep.

If your skin is bad, dry, circulation congested, too much fat,

VITOTZONE BATHS

will do the work.

MINERAL BATHS

Vitozone mineral baths bring the far-away hot spring home to you.

ELECTRIC TREATMENTS

Our Vitozone Electric Treatments are most modern and scientific.

YOUR SPINE

is the index to your health. Chiropractic adjustments the

VITOTZONE WAY

are painless, invigorating and will keep you well.

Such stubborn, chronic and dread diseases as High Blood Pressure, Asthma, Bronchitis, Constipation, Anemia, Neurasthenia, Indigestion, Lumbago, Headache, Obesity, Hysteria, Neuritis, Paralysis, Diabetes, Heart Conditions and Nervousness yield readily to

VITOTZONE TREATMENTS

The Way to Health VITOTZONE

No Drugs No Surgery

When you get sick three things take place.

FIRST there is an impingement of a nerve or set of nerves, bringing certain organs or parts of the body into a subnormal state.

SECOND, poisons immediately accumulate in the system.

THIRD, the circulation is congested and impurities fill the blood.

To Get Well Three Things Must Take Place

FIRST the impingement must be removed from the nerve or set of nerves causing the subnormal condition in the body.

SECOND, the poisons must be eliminated from the system.

THIRD, the blood must be purified.

No use to remove either one and leave the other two. That is just why so many people fail under various methods of treatment to get well.

VITOTZONE TREATMENTS do all three things. Remove the impingement of the nerve, eliminate the poison from the system and purify the blood, all at the same time.

That is just why Vitozone Treatments will cure you.

No other method of treatment in the world does this.

VITOTZONE TREATMENTS are germ-destroying, health-building and vitalizing. They take you back youthward.

The reason Vitozone treatments cure so many different diseases is because so many different diseases must come through the same process.

If there is a cure, it is Vitozone treatments.

The most marvelous health-building method known to science. Come and get well.



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SAME BILLS IN LEGISLATURE THAT CAME UP 40 YEARS AGO

T. T. Geer Recalls That Solons of Today Are Much Like Those With Whom He Served.

BY T. T. GEER.

It is, perhaps, not surprising that one who has served four terms in the Oregon legislature in the "days ago," alas, now far ago, should read with peculiar interest the daily proceedings of the present session as the members strive honestly, no doubt, to serve their constituents faithfully. There is no perceptible difference in this respect from generation to generation. In fact, there is a remarkable similarity in the temperaments of the members of today and 40 years ago.

For instance, when I read that Mr. Childs had introduced a bill to change the time for holding the terms of certain county courts, I harked back to former days and wondered if the reporter had not made a mistake and if really it was not Senator Patterson of Washington, in the session of 1880, for at that time the efforts of Mr. Childs were undertaken by Senator Patterson. And when Senator Haines manifested a desire to regulate conditions as to the punishment for persons who acquire money under false pretenses, I recall that Senator Haines of Baker fixed that matter up 40

years ago. Why, I voted for it that long ago.

It reminds me of the incident related by the late Senator Nesmith to the effect that when he was a member of the provisional legislature of 1847 he had a measure pending which provided for cutting off the southern part of Yamhill and creating Polk county. It met with much opposition, but when he observed one afternoon that many of the dissenting members were absent, he moved the previous question. Speaker Robert Newell, already aggravated over some preceding tangle, said to Nesmith: "Sit down, sir! Do you mean to trifle with the chair, when you very well know that we passed the previous question two weeks ago?" It was the first thing we done.

And Hon. J. D. Lee of Multnomah is undertaking to regulate the time for paying taxes, while I am certain that as a member of the senate in 1880 from Polk county he had that all arranged by the passage of his bill for that purpose.

There has apparently been no progress in 40 years either in the things being done, the things undone or the things to be done over. I listen for

the voice of George Chamberlain, Judge Pipes and Penumbra Kelly, the only survivors, with myself, of that session of 1880, of the 60 members of the house, or of Tilton Ford, A. J. Lawrence or of Z. F. Moody, the speaker, whose hair that long ago was snowy white. Or of John M. Thompson or William Galloway. I see that Mr. La Follette proposes to regulate line fences in Oregon, while the fact is that they were all fixed, I thought, by that bill by Tuttle of Union in 1880. And Mr. Sheldon proposes to "regulate fishing in Rogue river." Of course this bill should have been introduced by Mr. Fisher, but, at any rate, Mr. Sheldon should have discovered that fishing in Rogue river was the subject of legislative regulation as long ago as the time it was first disclosed that there were any fish in Rogue river. Poor fish! (I do not mean Mr. Sheldon, but the unfortunate denizens of Rogue river). Even the little pleasantries between Senators Joseph and Thomas and the "bat" in the lobby—what a blessing that it is not in the belly—carries one back to the session of 1880—40 years—when George E. Chamberlain and John M. Thompson had a wordy row in the house chamber, during a recess, that was said by those who saw and heard it, to have fallen but little short of resultant bloodshed. Oh, there were giants in those days as well as in these!

And, again, one would think that before Mr. Hubbard would undertake to change the law "relating to the assessor's salary in Baker county," he would have looked through the records, which show that that matter was attended to by a bill of "Jack

Lawrence 40 years ago, and Mr. Belknap of Benton is trying to abolish the office of recorder in his county, when, "if my memory serves me right," every county in the state has, since my legislative experience began, either established or abolished that office. Even Frank Davey, has finally got the noose around the neck of that poor flax plant—an institution that has survived more solar plexus blows and fierce upper cuts than any other unfortunate since the proposed jute mill was fathered by W. P. Keady in the session of 1893. Mr. Gallagher wants to legislate against stock running at large, but that was my pet bill in 1880. Why get a matter all fussed up that was settled that long ago? It was "the first thing we done" 40 years ago. But it does carry one back to the old days to read in the calendars of today and learn that every county has a bill pending "increasing the salaries of county officers." That sort of legislation began before my time. And it is always successful. A friend has just sent me the senate and house calendars of current date, from which I learn that but one county is not in this list, and I cannot recall its name or location.

But, considering that I was speaker of the house 20 years ago this session—a generation ago!—it is easy for me to close my eyes and, in reminiscent mood, hear the voice of Glenn Holman calling the roll, always from memory, and "Little Jimmy Blundell" answering in his piping voice; McCoy of Wasco, red faced and alert; A. C. Jennings, the objector and watch dog; Uncle John Minto, always serious and attentive; N. L. Butler,

ambitious and interesting; W. D. Stillwell, yet living, though even then nearing the century mark; Barnes of Wallowa, always moving to adjourn when proper, and frequently at other times—and a lot of other useful and active men. And, considering legislators and legislation, it is of interest to recall how distance does, indeed, "lend enchantment." I remember that when I first entered legislative service there was an undercurrent of criticism to the effect that we were having men of second-grade ability filling public positions. "We used to have," so ran the observation, "such men as John Whitaker, Old Bob Cochran, James D. Fay, T. R. Correll, etc., etc.; but now look what we've got," etc., etc. Now, you frequently hear some men say, "Well, we don't get such men as Charles Fulton, Joseph Simon, William Galloway, Tom Cuthorne and R. M. Yeatch," who, along with dozens of other really able men, had their share of "belittling" while making their records.

"Lest we forget," it is worth while to bear in mind that "Pat" McArthur belongs to "the little old now" and has made as fine a record in congress as a national figure as had either Phileas Joe Cannon or Champ Clark at the end of a similar service. And Senator McNary, without any state legislative service has made a singularly useful public servant. Senator Stanford is just beginning a promising career and our entire representation in the house is making good in an exceptional manner. Frank Davey would have made a splendid representative in congress, as would speaker Bean and a dozen other mem-

bers of the present house and senate. They haven't had the chance—that's all. This is not the first time when there were not enough offices to go around. We are not retrograding at all. There are too many able men in these times for them all to be heard. Speaking of past Oregon legislators brings forth the fact that Binger Hermann, a member of the house in 1886 from Douglas, dates back further than any other living man. Of other old-timers yet among us it may be mentioned that D. P. Trullinger, now of the city of Yamhill, was a Clackamas member in 1868 as was H. H. Gilroy of Lane, now of Washington, D. C. L. P. W. Quimby was a member from Multnomah county in 1876—more than 40 years ago. Of the members now in session in Salem Representative Lee of this county saw service longer ago than any other gentleman there, 1878. And Senator Hume was a member of house in 1859, more than 60 years ago.

BUILDING RULES WANTED

Council to Be Asked for Policy on Construction on Main Streets.

A proposal that city council adopt a definite policy in regard to the type of buildings to be allowed on the main thoroughfares and arteries of the city will be submitted to the

commissioners this week by H. E. Plummer, chief of the bureau of buildings.

Plummer believes that the main lines of travel in and out of the city should be so regulated that no hideous or detrimental buildings can be erected on them. It is his contention that those thoroughfares are the means by which the tourists entering Portland gain their first impressions of the city, and he would make them the show places of Portland.

The project will come up in the form of an application for permission to build a private garage on Williamette boulevard facing the front property line. Neighbors of the applicants have acquiesced in the scheme, but Plummer is referring the matter to council so that some definite policy may be adopted to regulate future action in like matters.

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