700,000 WOMEN AND CHILDREN IN GERMANY ARE WAR VICTIMS

Conflict Ended Two Years Ago, but Toll of Innocents Has Continued to Mount, Message of Minister.

The war was practically at an end two years ago, insofar that no shots were fired any more, but as far as Germany was concerned the war was going on by means of the blockade and of course it hit the innocents, the women and children. More than 700. 1000 women and children. More than 700. 1000 women and children fell after Nowmber 11, 1918, as victims of the blockade.

When an American child comes home from school he remarks: "I am so hungry." That, my friends, is not hungry: That, my friends, is not hungry: that is a good appetite. But those children of Europe get up hungry and go to sleep hungry, to-day, tomorrow, this week, next week, this month, next month, and month after month. Even now in Germany the children are not allowed any more milk after they have reached their second year. In other words, milk is sombination is black and exceedingly bitter, to be drunk without milk or sugar. The bread is of a grayishlack color, mixed with about 50 per cent of dried vegetables and straws in Austria the color is yellowish because of the sawdust added to it. Both kinds of so-called bread are very heavy and cause quite a variety of stomach and bowel diseases.

For breakfast the great majority of the people of Germany and Austria

cause of the sawdiest added to it. Both heavy and cause of the sawdiest added to it. Both heavy and cause of the sawdiest added to it. Both heavy and cause quite a variety of stomach and howed diseases.

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little children being wet all ough. When I asked them when they had left in the morning, what they had eaten for breakfast and when they would arrive at home when they would arrive at home they answered that they had left home at 8, some at 9 o'clock in the morning, and that their breakfast had consisted of a cup of this famous "coffee" with two slices of bread; that for the noon meal they were not receiving anything, and that for supper they would have vegetable

Switzerland and Italy have suffered much from the ravages of the war. Although Italy and Austria were enemies for centuries, these Italians have taken into their country thouchildren. Switzerland, by means of private and public charity, in one year has been host to 42,000 children that could remain during a period of six weeks. My wife and myself took one of these little brats, undersized and poorly. One day our servant girl asked the little etranger in what manner that she had arrived at the home of the Mrs. Bishop, whereupon she answered: "Because I was the most beautiful."

One day we walked along the street with a gentleman who had just arrived from Switzerland for the first time since the war. We passed .: butcher shop. The gentleman stopped, remarking: "Please wait a minute. Do you see these sausages, this ham, this bacon, this meat?" For years he had not seen such a sight. When we passed a grocery store the same scene was re-enacted. In Germany the butcher shops have been empty for most of the time during the war the little meat coming in disappeardows of the grocery store were deco-rated with empty paper boxes. In May, 1919, two English ladles, members of the denomination of the Quakers, came to see me in Zuerich. They just had received a permit from

English government to import odstuffs into Germany, but this had be kept secret. As soon as they to be kept secret. had left I went to the elegraph office, cabling this fact to America Immediately American Methodists got busy at Washington, and inside of a week I had in my possession \$15,000 for German and Austrian relief. The government at Berne, Switzerland, gave us permission to export foodstuffs from Switzerland Germany and Austria, thus America again was first, and in par-ticular American Methodism, to ex-tend first help to stricken Germany. There is a lack of nearly every-thing. I went to hospitals and orchanages where in many of them there was not enough linen for the babies, so that the sister in charge hesitated to let me see actual conditions. Newly born babies were being wrapped in newspapers. Thousands of children are unable to attend school, because they are without

Hundreds of thousands of thou sands are too sick. Undernurishment is the cause of bronchial troubles, the children have swollen stomachs, EUGENE, Or., Nov. 15.—(Special.)—Mr. and Mrs. Hans Raun, who rethe children have swollen stomachs, largely oversized heads and extremely thin arms and legs. Tuberculosis takes away its victims by the thousands. Through the weakened condition of these children there is not enough vitality to overcome the slightest colds. There is not only tuberculosis of the lungs, but of the bones. Because of the lack of fats and soap and the absence of the most ordinary sanitation, bodies, clothes and dwellings could not be kept clean as in normal times. The results are

This address was delivered on October 30 in the auditorium of the Portland turn-werein by Dr. John L. Musien of Zurich. Switzerland, bishop of the Methodist Episcopal church North and superintendent of the European work of that denomination. Bishop Musies apoles in behalf of the European work of that denomination. Bishop Musies apoles in behalf of the relief work for women and children in Germany and Austria and his address is here published in part at the request of the Portland committee in charge of this work.

Resel for the children of central Europe and the thinders of the Portland committee in charge of this work.

Resel for the children of central Europe and the teach of the cover's organization and other agencies which are planning a great dampaign for such relief on the continent. "The Red Cross is not disposed to discourage such effects as this," says a dispussifier from Washington to The Oregonian. "because the sooner relief is provided the better, as three and one-half million children, mostly in central Europe, are without it thing and literally starving to death conditions so horrible that no line is drawn."

By BISHOP JOHN L. MUELSEN.

AM not here this evening to distance the give to you a description of the actual conditions in Europe today, and in Germany and Austria in particular. There is not a child in all Europe, from north to south, from east to west, that has not suffered from the ravages of this terrible war.

In all Europe there is not one child out of one thousand that is normal The war was practically at an end two years ago, insolar that no shots were fired any more, but as far as Germany was concerned the war was gractically at an end two years ago, insolar that no shots were fired any more, but as far as Germany was concerned the war was gractically at an end two years ago, insolar that no shots were fired any more, but as far as Germany was concerned the war was precipitated to the care of their distress, they answered. "We are so hungry that the care of their distress, they answe

tation, and thought she was afflicted with sleeping sickness, as such symptoms had been noted in other cases of that malady.

Mrs. F. F. Rust of Portiand, rushed to her condition critical. She decided to get a violin player. Sterling O'Day, who lived just a few houses and played to Mrs. Williard's she house and played to Mrs. Williard's a heavy went to the house and played to Mrs. Williard's a heavy with the compliments of the Tru-Biu fact, everyong was most in absolute slience. In fact, everyong was mostified.

The Holman Parent-Teacher association streams of the state of the file of the state of the file of the state of

Women's Activities

(Continued From Page 2.) on Tuesday afternoon, 225 women be

MAN AT SURPRISE CEREMONY.



As a big surprise to the guests at the marriage of Miss Alberta Caven-

As a big surprise to the guests at the marriage of Miss Alberta Cavender and Osborne Morrow in the Benson hotel on Thursday night was the marriage of the bridesmaid, Miss May Albee, to the best man, Dr. Delbert Stannard. The couple stepped forward immediately after the first couple had been united by the Rev. F. C. Stannard, uncle of the second bridegroom, and asked to be married.

Mrs. Robert Treat Platt was matron of honor for her sister, Miss Albee, and Mr. Platt gave her in marriage. Mrs. Platt had planned a wedding for her sister for Christmas eve, but at the last minute the fair bride-elect changed her mind and persuaded her sister to be her attendant.

and Mrs. Williard's singing, the home was in absolute slience. In fact, everyone was mystified.

Night after night O'Day continued to play for her after his work in the shipyards. On the sixth day Mrs. Williard recovered from the spell of delirium. Although still confined to her home, she lauds O'Day and the violin music for bringing her out of the "trance."

Women's Activities

sisting of delicious tea and Welling furnished to biscuit, the latter being furnished to being furnished to biscuit, the latter being furnished to her new mystified.

Night after night O'Day continued to play for her after his work in the evening, the date being friday, December 10, and it will be called "daddles" night," all the arrangements being in the hands of the male contingent of the circle, the male contingent of the circle the fill the follows the association on juvenile delinquency, no citation

(Continued From Page 2.)

on Tuesday afternoon, 225 women being in attendance. The large gathering was the result of the most efficient work of the membership committee, Mrs. L. D. Dean, Mrs. J. M. Porter, Mrs. L. N. Rhoads, Mrs. R. H. Harrison, Mrs. J. Hawkins and Mrs. T. H. Jackson, who have been waging a most comprehensive campaign with the result of 151 new members to date and still more to follow. The registration roster now numbers 228 paid members.

The treasurer reported on the first series of community dancing parties, the gross receipts being \$342.77. These dances will be held each Saturday evening in the auditorium of the school, through the winter. Mrs. W. H. Bathgstar reported for the gymnasium class a registration of almost 50 members, with an excellent instructor and planist. This class meets

Monday. Mrs. Marian Gilbert, the president, absent on an been absent on an bornel, who has been absent on an been absent on an been absent on an bornel, who has been absent on an been absent on an been absent on an been absent on an bornel, who has been absent on an bornel, who has been absent on an bornel, a month, received a cordial welcome. Mrs. Mary Mallett, and welcome. Mrs. Mallett reported the mothers present and by unanimous vote was made a membry unanimous vote was made a membry and a result of the mothers president, allow was present, and by unanimous vote was made a membry unanimous vote was made a membry unanimous vote was made a membry in green tredeation in their own districts. Her metally account of the mothers present and by unanimous vote was made a membry unanimous vote was made a membry unanimous vote was made a membry and a president, alone was made a membry unanimous vote was made a membry unanimous vote was made a membry metally unanimous vote was made a membry and a president, alone was made a membry metalle the mothers of the county board for the ensuring the

ELMIRA RESIDENTS CELEBRATE 60TH WEDDING ANNIVERSARY.

=: EUGENE, Or., Nov. 15 .- (Special.) - Mr. and Mrs. Hans Raun, who re

Temperance Union met in executive the police bureau told of the work of session at room G. Central library, her department and pointed out ways session at room and pointed out way. Monday. Mrs. Marian Gilbert, the in which the parent-teacher associations could co-operate in prevention

in Quest of Beauty." Several musi-cal numbers will be presented. For reservations phone East 2931 or Woodlawn 454.

Mrs. Milton Markewitz is chairman of a committee from the Couch Parent-Teacher circle, which is going to serve luncheon to the teachers of the Couch school, Wednesday noon.

Couch Parent-Teacher association will hold its regular meeting Wed-nesday, November 17, at 2:20 o'clock At this time mothers will have an opportunity to see how the children are instructed in sewing, domestic science, manual training and swimming. Following the business session, final arrangements will be made for the musical which is to be given by the school Friday evening, for the purpose of saising funds for the milk

Mrs. H. J. Houghton, 709 Siskiyou street, was hostess Tuesday for a kitchen shower for Miss Philma King, daughter of Mr. and Mrs. C. W. King. whose wedding will be an event of December. Members of the Corriente club were guests. The decorations were in the autumn shades. A dainty and well appointed luncheon was served at 1 o'clock, after which the programme of the afternoon was taken up. The response to rollcall was "An Author of the Pacific Northwest" with a short sketch of his life was "An Author of the Pacific North-west" with a short sketch of his life and work. The papers on "The Growth of Cities and Public Institutions" by Mrs. Grace De Penning, and "Impor-tant Architecture." by Miss Bertha Moores, were intensely interesting and ably handled, bringing to the hearers' minds the fact that their own city was among the cities of the world, which have had solid, rapid

BRIDESMAID AT MORROW-CAVENDER WEDDING WEDS BEST growth and was recognized as having some of the foremost public institu-tions, most famous architecture and leading newspapers. Miss Philms King, Mrs. Abe Tichner and Mrs. Walter Holman were guests.

The Travelers club met at the home of Mrs. C. B. Allen for an all-day meeting Tuesday, November 9. Lunchen yas served by the hostess at 12:30 o'clock, and she was assisted by her daughter, Mrs. Celina Searles. Fol-lowing the regular business meeting the club voted to sell Christmas seals for the Oregon Tuberculosis associa-tion during December. The club will tion during December. The club will take charge of three booths. Mrs. H. B. Manchester will entertain the club in December.

The Junior Utopia club met last Tuesday night at the home of Miss Fayretta Treichel, 535 Mall street. The members played 500, prizes being awarded to Miss Charlotte Gustafson and Norris Clayton. The next club meeting will be on the first Tuesday evening in December at the home of Bernice Wommelsdorf, 81 East Eight-centh street.

Chapter E. P. E. O. sisterhood, will be entertained at the home of Mrs. R. F. Feemster, 1936 Hancock street. Thursday afternoon at 2 o'clock. Mrs. C. F. Clark will read a paper on "The Early History of Oregon." Mrs. O. B. Riddle will entertain with musical

The literary section of the girls friendly society of Grace Memorial church will hold its regular monthly meeting Monday, November 15, at 8 P. M. Ethel R. Sawyer of the public library will speak on "Good Literature."

Mrs. C. L. Dutcher will preside over the monthly luncheon of the Portland Woman's Research club, which will be an important event of Monday, No-vember 22, in the crystal room of the Hotel Benson. The programme will be an interesting one. C. C. Chap-man will speak on "Laws and Law-makers." Dr. Frank L. Wemett will also be a speaker. On the musical programme will b. Mrs. Marguerite McManus, violinist, and Miss Harriet Leach, soloist accompanied by Mrs. Leach, soloist, accompanied by Mrs. Percy W. Lewis,

The Fortnightly club will meet Monday with Mrs. C. S. Hiff, 968 Schuyler street. Mrs. J. R. Caples will assist Mrs. Hiff in serving lunch at I o'clock. A paper on American poets, reviewing principally Edgar L. Masters and E. A. Robinson, will be read by Mrs. U. G. Smith, American Indian music will be presented by Mrs. L. J. Bergmann.

The Holman Parent-Teacher association will meet next Thursday after-noon, November 18, at 2:30, at which time Mr. Woodward of the school board will be present to help dedicate the new fence that has been placed around the ball ground.

officer at the Portland armory, is to inform business men of Portland of the army reorganization plan, which has changed the status of the national description of the portland of the portlan

Get Rid of Your Fat

If you are needlessly burdened with superfluous fat, read the following carefully. See how easily others have reduced by my simple and efficient method of fat reduction. Some have reduced over a pound a day. All this has been accomplished without resorting to diet or tedious exercise.

Miss O. Whitlow wester: "I have lost 76 pounds as result of your treatment and have never felt well in my life as I do now." Mr. S. Santhe torities: "I have lost 70 pounds as a result of taking your treatment. I feel better in every way. I can now take long walks without becoming tired or short of breath. I thank you very much for what you have done for me."

Mer. J. G. Hewire writes: "I have taken your treatment faithfully and can say that it has also entirely relieved my rheumatism."

Mer. E. Holmen edge: "Well, I am glad to inform you that I have lost 48 pounds in six weeks."

Miss C. Friers edge: "I thought I would let you know how I am getting along. I am feeling fine and have found the treatment pleasant to take at all times. I have not weighed, but my measurements show that I have reduced six inches from my bust, five luches from my waist, and 12 inches from my hips. Of course, I am pleased with the result."

I am a licensed practising physician and personally prescribe for each individual case, thus enabling me to select remedies that will produce not only a loss of weight harmlessly, but will relieve you of all the troublesome symptoms of overstoutness such as shortness of breath, palpitation of the heart, indigestion, rheumatism, gout, asthma, kidney trouble and various other troubles which often accompany over-

My trestment will relieve that depressed, tired, sleepy feeling, giving you the renewed energy and vigor which come as a result of the loss of your superfluous fat. My treatment is the only scientific treatment known that will produce a loss of weight without harm to the system.

You are not required to change in the slightest from your regular mode of living. There is no dieting or exercising that you have to follow. It is simple, easy and pleasant to take.

To all who are overstout I will send FREE a trial treatment and also my plan whereby I am paid only after

reduction has taken place, if you so desire. Do not postpone, sit down right now and write your name and address clearly on the attached coupon or plain paper and so start on the road to the recovery of your former health and figure.

DR. R. NEWMAN, State of New York

286 Fifth Ave., New York City Desk 21-11

DR. R. NEWMAN 296 Fifth Avenue, New York. Kindly send me your FREE TRIAL TREAT-MENT and "pay-when-reduced" offer,

A Thanksgiving programme will also be rendered. On the following evening, Friday, November 19, the dancing class will meet for their lessons after which the regular community dance will be given. Wednesday afternoon at 3 o'clock the Holman munity dance will be given. Wednesday afternoon at 3 o'clock the Holman munity dance will be given which the regular community dance will be given. Wednesday afternoon at 3 o'clock the Holman munity dance will be given which the regular community dance will be given. Wednesday afternoon at 3 o'clock the Holman munity dance will be given which the regular combination of national defense. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. Under this plan, it is explained that the government is depending upon Oregon and other states to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. W. Roed, that she has just signed for a tour through New Zealand. Miss Hoeber is well known in Portland munity," Mrs. Winnifeed Osbern, O. C. W. Roed, that she has just signed for a tour through New Zealand. Miss Hoeber plans to recruit its national guard forces to a munity," Mrs. Winnifeed Osbern, O. C. W. Roed, that she has just signed for a tour through New Zea

much greater streng...
before been required and to do men interested in business and industrial enterprises of the city, must be ready to co-operate with the officers of the regiment that this co-operation of the regiment that this co-operation tould be gained without difficulty if could be gained without difficulty if the business men, labor leaders, newsthe business men, labor Instrial pursuits understand thorbughly the plan for the reorganized national guard.

NSTITUTE PROGRAMME

Meeting of Educators Gets Under

Way November 20.

Arrangements have been completed for the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to be given at the companion of the programme to the

The next meeting will be held a

Coterie Holds Musicale. At a recent meeting of the Coterie

Singer Goes to New Zealand.

Take Tablespoonful of Salts if

Back Hurts or Bladder Bothers.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard

against kidney trouble.

The kidneys do their utmost to free club, Mrs. G. J. Alexander sang with fine taste, two numbers; "Beloved It Is Morn." (Alward) and "Husheen," they get sluggish; the eliminative they get sluggish; the eliminative they get singgish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is livitable obliging your tissues.

the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four cunces of Jad Saits; take a tablespoonful in a glass of water be-fore breakfast each morning and in few days your kidneys will act fine. This famous salts is made from the cld of grapes and lemon fuice, combined with lithia, and has been used for generations to flush and stimu-late clogged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders. Jad Salts is inexpensive and cannot injure; makes a delightful efferves cent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.



Here's joyful news for every fleshy person who loves good thing, to est, especially those who are denying themselves the things they like most because of their de-sire to keep down their weight or to re-duce the fat with which they are already burdened.

burdened.

There is no further necessity to diet in order to keep your weight down or reduce the fit you have already acquired.

The famous Marmela Preservator has been put up in tabletform and it no sold by all druggists at on dolle for good size box. To get rid of fat at the religion of these little tablets after each meel and at bedtime until you have reduced you, weight to where you want it. No wrinkless or flabbiness will remain. Use Marmela Prescription Tablets according to directions a few weeks and get results without going through long sieges of tiresome exercise and starvation diet. Get them at any drug store or send the price to the Marmola Co. 32 Genfield Building, Detroit, Mich., and receive them by mail, prepaid, in plain, scaled cover.

CATARRH

is now easily overcome by using an antiseptic oil spray, which absorbs and dislodges the hard web-like mucous membrane of throat and nose. Quick relief is always obtained by using the McKenzle Catarrh Spray. The prica complete, with special atomizer, is only \$2.50. We pay the postage on this and all other drug orders.

LAUE-DAVIS DRUG CO. Truss Experts, Dept. 3, Portland, Oregon.

Mother Why Don't You Take Nuxated Iron

And Be Strong and Well and Have Nice Rosy Cheeks Instead of Being Nervous and Irritable All
The Time and Looking So Haggard and Old?—The Doctor Gave Some to Susie Smith's
Mother and She Was Worse Off Than You are and Now She Looks Just Fine

THE CHILD'S APPEAL

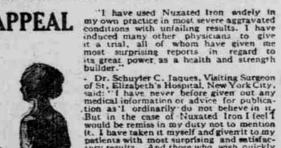


"There can be no Beautiful, Healthy Rosy-Cheeked

the roses go from their cheeks.

"In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macnom, speaketti, tapioca, sago, farina, degerminated commeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cookery by throwing down the waste pipe the water in which our vegetables are cooked are responsible for another grave iron loss.

"Therefore, you should supply the iron of organic iron, just as you would me



its great power as a health and strength builder.

Dr. Schuyfer C. Iaques, Visiting Surgeon of St. Elizabeth's Hospital, New York City, said: "I have never before given out any medical information or advice for publication as I ordinarily do not beheve in it. But in the case of Nuxated Iron I feel would be remiss in my duty not to mention it. I have taken it myself and givernit to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective temedy.

If people would only take Nuxated Iron when they feel weak for ren-down; instead of dosing themselves, with habit-forming drugs, stimulants and alcoholic beverages there are probably thousands who might readily build up their red blood corpuscles, increase their physical energy and get them-selves into a condition to ward off the millions of disease germs that are almost continually around us.

It is surprising how many people suffer the model of the surprising how many people suffer the model of the millions of disease germs do not know it.

It is surprising how many people suffer from iron deficiency and do not know/t.



Dr. Ferdinand King, New York Physician and Medical Author, says that Physicians should prescribe more organic iron—Naxated Iron—for their patients; Ancemia—iron deficiency—is the greatest carse to the health, strength, vitality and beauty of the modern American Woman.



MANUFACTURERS' NOTE: Nuxated fron, which is recommended by Dr. Sullivan and other physicians is now being used by over feur million people annually. It is not a secret temedy but one which is well known to drusgists everywhere. It is put up in tablet form and you can spainow the tablets or ent whem like candy. Each tablet of genuine Nuxated Iron set amped as follows and the words Nuxated Iron are samped into each bottle, so that the public may not be led not occuping liked and does not injure the sectionact whem black nor upset the storage unaction that the public may not be led not occuping the manufacthers guarantee successful and entirely satisfactory results to every purchaser, or they will raining your money. It is dispensed to this could by all good druggies matables form only.

NUXATED IRON ENRICHES THE BLOOD-GIVES YOU NEW STRENGTH AND ENERGY