## Women's Activities:



The Portland Woman's Research club will hold their last meeting and Mrs. Gage; song by the audience, led by Westley Stateford; informal regard on Friday afternoon, May 28, in the Wilbur Truth home, heads of the Wilbur Truth home, which has presided at the meetings.

At 2 o'Clock the army of Chain of Teas, which were the Wilbur Truth home, heads of the Wilbur Truth home, which has been called for Tuesday afternoon and the day was delightfully spent and the day was delightfully sp MISS MAURYCE CURRY of Seatsentative from the National W. C. T.

Welcome to

Miss Curry is holding of the marked of the Oregon League

Of Women Voters, Inc.

Mount Tabor Parent-Teacher association will hold the last meeting of the year at the school auditorium Tuesday afternoon at 2:39 o'clock. There will be an interesting programme and a complimentary tea in honor of the newly elected officers.

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Lecture Course Ends.

Consuls and Representatives of Several Nations Tell of Amer-icanization Work,

THE course of lectures and methods in Americanization given by Professor Ralph P. Boas, under the direction of the Portland Woman's Research club, closed Monday night with the meeting on foreign backgrounds Consuls and representatives of various nations told of the things that often beset the immigrant when he first comes to the United States, things most often misunder-THE course of lectures and methods reports are expected.

families to learn that the public health nurse may be called upon for service by any mother who wishes advice in caring for her children. Many families who would not care to receive free treatment from a philanthropic institution will gladly avail themselves of the chance to ask the ald of the state bureau of nursing when they are informed that they may pay a nominal sum for services. In this way many families who would never apply at a charitable institution may be reached. The public health nurse may be reached at Main 5442 or at 1010 Selling building.

As a part of this programme a series of conferences on good health is in progress at the Gresham public library under the direction of Miss Young. The last of the series will be given and of the state bureau of nursing, who will speak of the proposed organization of a public health association in Multnomah county. These lectures are given free to any person interested.

Women's Research Club Lecture Course Ends.

Blanch, Mrs. W. J. Weller, Mrs. J. S. Ready, Mrs. Walter J. Hopkins.

The Portland Woman's Social Science club will hold its next meeting on Thursday, May 27, at 2 P. M. in Central library, room A. Officers will be elected for the ensuing year. A large attendance is desired, as all yearly reports are expected.

E. J. Jaeger. 226 Albenark terrace, tomorrow afternoon at 2 o'clock.

Over the Top auxiliary has invited the Red Cross canteen workers to become honorary members. They will be initiated Monday evening in room 525 courthouse, to be followed by a programme held in room 575 courthouse.

Members of the Catholic Women's league will meet for its regular monthly meeting in the league head-quarters Tuesday.

Emmel. Miss Lola Murphy, a young sprands whiss Frances Sheehy, also sand delightfully two numbers carnival song. Shehy, also sand delightfully two numbers. A Venetian carnival song. Shehy, also sand I'm beginning to look awfully oid. I don't know what is the matter with me—I'm always tired out, nervous, and I'm beginning to look awfully oid. I don't know what is the matter with me—I'm always tired out, nervous, and I'm beginning to look awfully oid. I don't know what to do.' In practically nine out of ten cases, one of the real and true causes of their weak, tired, numbers. The well-chosen and instructive lecture of the afternoon was given by H. H. Herdman of Washington high school. He spoke on of the past, and the demands of to-day.



neglect their hair. Then they are shocked when it begins to fall, gets thin and scraggy, and loses its good looks.

If you want good hair give it regular attention. This is the first rule.

the brush on a towel. Then rub the scalp gently but briskly with the balls of the fingers with a rotary

Several times a week apply La Creole Hair Tonic. Do not use an





## Fig. 19 M Water to Lond William and stress places and the stress places and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress place and the stress places are also as a stress places are also astress places are also as a stress places are also as a stress pla

In commenting upon Dr. King's statement



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Administration of simple Nuxated Iron often increases the strength and endurance of weak, delicate, run-down women in two weeks' time.

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