

WOMEN'S PATRIOTIC SERVICE

Great Britain
Miss N. Pullin.Japan
Miss N. Hayakawa.Spain
Miss J. Sawyer.Holland
Miss A. Buys.

As result of the closing of moving picture houses and all other places of amusement, the stirring war picture, "Crashing Through to Berlin," which was to have been shown at Star Theater this week under the auspices of the National League for Women's Service, has been postponed until all danger of the Spanish influenza epidemic is passed and the picture houses are reopened. The picture fostered by the National League will be the first picture to be shown when the ban is lifted and the tickets which have been sold and which are still on sale will still be good despite the possible lapse of weeks before they may be used.

The opening night of the picture will be a gala affair for which boxes have been sold to accommodate a large number of parties to be given by society folk. A pageant of nations will be given as an added attraction to the picture, in which 25 Portland women will participate in National costume during the week the picture is shown. The pageant will be given two evenings. Women who will appear in the pageant are: Serbia, Miss Sophia Verkovich; Russia, Miss Miller; Belgium, Miss Van der; France, Miss Lambert; Britannia, Mrs. Gabriel Pullin; Scotland, Miss J. Brown; Ireland, Miss Nellie Daley; Japan, Miss Hayakawa; Italy, Miss Mary Grotovier; Roumania, Miss Jakiway; China, Miss Moy; Poland, Miss K. Kowalek; Bohemia, Miss E. Plaster; Armenia, Miss H. Cartozian; Denmark, Miss A. Jensen; Finland, Miss Eli Wainkainen; Holland, Miss Buys; Norway, Miss Kersten Truelsen; Spain, Miss J. Sawyer; Sweden, Miss Isaacson; Switzerland, Mrs. John Richards; Syria, Miss A. Abbie; America, Mrs. Alice Benson Beach.

Active Work Is Planned by Woman's Committee.

Branch of National Council of Defense Has Many Interests Here.

THE Woman's Committee of the National Council of Defense has established city headquarters at 553 Courthouse and has planned a programme of active work. Mrs. George W. McMath, city chairman, had called a large meeting for next Tuesday, when all the representatives of women's organizations were to have been present, but on account of the orders to hold no large meetings the gathering has been postponed. The Council of Defense, woman's committee, is different from

other organizations in that it is expected to do work outlined by the government, but not necessarily to assist in war work. Mrs. W. S. Belt, chairman of the co-ordinating committee, and her helpers are doing devoted work.

Last season but little was done, although many important groundwork matters were attended to capably. The woman's committee registered a large number of women and card indexed them. At a meeting presided over by Mrs. Carrie Beaumont, former chairman of this work in Portland, the committee system to the National League for Women's Service, so the work proved helpful to that splendid body.

The woman's committee took up the weighing and measuring of babies, and did the work capably and thoroughly with the assistance and thorough cooperation of the Portland Parent-Teacher Association and the Parents' Educational Bureau. A follow-up of this work will be visiting the homes of the under-sized and under-nourished babies and the offering of help to any mothers whose little ones are sick. This work is in the hands of Mrs. A. E. Flegel, chairman of the child welfare work for Multnomah County.

Milk Booths to Be Opened.

Another follow-up work that the council may supervise, with the assistance of one of the leading women's organizations, is the establishment of milk booths where children can get a glass of milk, a cookie or cracker, for a penny or two. This is outlined to relieve the situation shown in a recent survey, in which it was found that in one school in Portland there are 29 children getting absolutely no milk.

W. F. Woodward, chairman of the State Council of Defense, will give an address, telling how the women may help in Portland.

At present there are 193 organizations represented by delegates on the committee, and as soon as possible these will rally for earnest work as the government directs. Any woman's organization, club, church society or lodge doing or desiring to do war work may send a representative when the meeting takes place.

Early Shopping Urged.

Mrs. McMath, at the government's request, will present the matter of early Christmas shopping, and will urge every representative to present it thoroughly in her particular circle. Meantime she asks that all patriotic women heed the early shopping suggestion.

Musical choruses will be formed, with the musical clubs asked to cooperate.

Mrs. Belt's committee will continue to keep the Courthouse headquarters open, as usual, from 1 to 4 P. M. daily.

and any organization desiring information may apply there.

Although Uncle Sam's Kanning Kitchen closed October 12, several large donations of fruit were made last week and by Friday more than two tons of grapes had been preserved for the soldiers of the base hospitals. On Tuesday the women of the Willamette Chapter of the Daughters of the American Revolution had the kitchen in charge, assisted by the children of the Sunnyvale School. On Wednesday the Sunnyvale children with the help of their teachers had the entire kitchen, and on Thursday 24 children from the Stevens Deaf School finished the work.

Student-Nurses Sought by Council of Defense.

Campaign for Enlistments Opens in Portland Monday.

ANOTHER call for volunteers for the Student Nurses' Reserve has been issued by the women's division of the National Council of Defense, of which Mrs. Alice Benson Beach is chairman for Multnomah County. The campaign for enlistments opens Monday at Mrs. Beach's headquarters at the Meier & Frank auditorium.

The call came two months ago for 25,000 nurses and only 7000 of that number could pass the physical test. The quota for Multnomah County was 100. Three hundred and fifty applied and of that number only 50 could pass the examination. The requirements specify that women applying must be between the ages of 19 and 25, and must have a high school education. Applicants who pass the tests are assigned to Army hospitals and thus receive a large number of trained, experienced nurses for work in France. The examination is held Monday, and student nurses will work in squads of four or five in a ward under the direction of a graduate nurse and thus get the practical training that will fit them for duty overseas.

One applicant who anticipated the coming campaign applied at headquarters recently, was examined and has been notified to specify the earliest date that she will be ready to report for duty. She is Miss Helen Treacy, 31 North Sixteenth street.

Richard E. Duttstadt, grand president of district number 4 of the Independent Order of Elks, who paid an official visit to the Portland lodges during the past week, was honored with a luncheon given in the grill of the Hotel Portland Tuesday. Covers

were laid for 60. District President Alexander Bernstein presided. Mr. Duttstadt gave an inspiring talk on the order and on war conditions, declaring that the members of the order should not only be true to their order, but, above all things, they should be true to America and American ideals. Dr. Jonah B. Wise, past grand president; David N. Monsehn and Mr. Bernstein also spoke.

An active campaign for funds has been launched by the Waldensian Aid Society for Italian Relief for the continuance of work among refugees and war orphans. Through general and sustaining memberships the society has been able to care for a large number of war orphans. Forty dollars a year will support a half-orphan and home and \$100 a year will support an orphan in an orphanage and secure education.

Mrs. A. A. Morrison, president of the Portland society, has charge of the new campaign and working with her are other officers, Mrs. E. H. Pence and Mrs. W. A. Waldo, vice-presidents; Mrs. Fletcher Linn, secretary; Mrs. Charles E. Curry, extension secretary; and Mrs. William M. Ladd, treasurer. Details of the campaign have been worked out by Mrs. Samuels, chairman of the membership committee, and Mrs. Sherman R. Hall, Mrs. Warren E. Keeler, Mrs. J. C. Elliott King and Mrs. Charles D. Marshall.

Mrs. James F. Ewing, chairman of the box committee, has a large shipment of garments ready for shipment to the destitute women and children of Italy. Mrs. King acts as assistant to Mrs. Ewing in this work. Miss Genevieve Shandling, chairman of the sewing and knitting committee, has accomplished a great deal in a short time with the assistance of her committee.

Mrs. Curry has charge of the collection of money in the glass jars placed throughout the business district. This money will be turned over to the fund for the orphanage to be built at Torre Pellice in Northern Italy as a memorial to the Italian men who have fallen in battle.

Women Asked to Report on Bond Purchases.

Record to Be Made and Forwarded to Secretary Meadon.

THE Women's Liberty Loan committee asks the presidents of all women's clubs who have not reported to committee headquarters to send the names of their members who hold bonds of the fourth Liberty loan in their own names of giving names, addresses and amounts, to Mrs. Colista M. Dowling, 213 Northwestern Bank building.

The committee desires to compile an accurate record of bonds bought by Portland women before October 19, at which time a report must be made to Secretary Meadon.

The government has asked the women of the country to shoulder one-third of the burden of the war loan, and it is essential that every bond in the district be accounted for. All organizations that have bought bonds that have not been previously reported with the committee also are asked to report to the committee.

At a meeting of Company B, 116th Infantry, held Tuesday evening in the Central Library, it was voted to buy one dozen new sheets for the Red Cross linen drive.

The Progressive Woman's League donated 42 pieces of linen to the Red Cross at a meeting held Tuesday, October 7.

Portland Responds to Call in Linen Campaign.

Thousands of Articles Received for Wounded Men in France.

A widow's mite of 50 cents, receipt of a dozen and a half new sheets from a shipyard worker, a box of 1200 articles from the Concordia Club, in addition to a steady stream of towels, napkins, handkerchiefs and sheets from schools, clubs, Red Cross units and unaffiliated individuals has betrayed such enthusiasm for the Red Cross linen drive, of which Mrs. Ferdinand E. Reed is chairman, that it has been decided to continue the drive until Tuesday.

The schools promised to be a reliable source of income, which would insure Portland's quota of 37,000 articles, and when Mayor Baker's edict on Thursday cut off this possibility, the committee felt that all hope of reaching the quota was gone. However, all day Friday donations streamed in, in such quantities that it was decided that by extending the drive a few days the quota could easily be reached.

Supplies may be brought to room 400, Oregonian building, or Robert Brose, Meier & Frank's, Lipman & Wolfe's or Olds, Worman & King's, who will pick up donations on request and deliver them to headquarters.

Visiting Nurse Association to Provide Service.

Attention to Be Given Will Be in Addition to Regular Work.

ON account of the shortage of graduate nurses following the call to the Army, an order has been issued by Surgeon-General Gorgas asking that all public health organizations assist in relieving the private duty nurses. One visiting nurse should take the place of five or six private duty nurses.

The Visiting Nurse Association of Portland, in answer to the call, has agreed to provide nursing service on an hourly basis. Arrangements can be made by calling up the office of the Visiting Nurse Association, 1004 Spaulding building, Main 4057, A-1424.

The association wishes it to be thoroughly understood that the above work will be in addition to the regular visiting nurse work, and will not in any way interfere with the usual work done by the association.

The Sunnyvale Service Club, composed of pupils of the Sunnyvale School, contributed 342 pieces of linen to the Red Cross last week. During the last month the club collected and delivered to the Red Cross salvage bureau 12 apple boxes of peach pits, two barrels of rubber and 26 pounds of tin foil. The 3000 magazines are sent to the library and 50 books, 50 records and 60 pennants were turned over to the Grade Teachers' Association for distribution. Helen Miller is president of the club, Margaret Hannaford is secretary, and there are 12 vice-presidents.

Miss Martha Mary Sheridan, Mrs. Mary Helen Bohn and Miss Charlotte M. Beckett, three graduates of St. Vincent's Training School, left Monday to enter the base hospital at Camp Lewis.

The War Ammunition Central committee will meet Monday afternoon, from 1 to 4, in room 416 of the Spaulding building, to roll bandages.

As result of the sale of the quilt made by members of Oregon's First Five, No. 351, Ladies of Macabees, \$100 was turned over to the Portland Red Cross chapter. The quilt went to Mrs. Fay Campbell.

Women of the White Temple meet for Red Cross work at Lipman & Wolfe's store Mondays and Fridays of each week. On Wednesdays the women sew at the church.

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SURGEON-GENERAL TELLS HOW TO FIGHT SPANISH INFLUENZA

Disease and Its Origin, How Recognized, Its Causes and Course and Preventive Measures Discussed by Army Authority.

Spanish influenza, the disease that swept through this country from Europe and has resulted in the closing of public places in many cities, including Portland, Seattle, Tacoma and others in the West, is discussed in an article by Rupert Blue, Surgeon-General of the United States Army, General Blue's article, just released through the Northwestern division of the Red Cross, follows.

What is Spanish Influenza? Is it something new? Does it come from Spain? The disease now occurring in this country and called "Spanish influenza" resembles a very contagious kind of "cold," accompanied by fever, pains in the head, eyes, ears, back or other parts of the body, and a feeling of severe sickness. In most cases the symptoms disappear after three or four days, the patient then rapidly recovering; some of the patients, however, develop pneumonia, or inflammation of the ear, or meningitis, and many of these complicated cases die. Whether this so-called "Spanish" influenza is identical with the epidemic of influenza of earlier years is not known.

Epidemics of influenza have visited this country since 1647. It is interesting to know that this first epidemic here broke out in Valencia, Spain. Since that time there have been numerous epidemics of the disease. In 1889 and 1890 an epidemic of influenza, of somewhat the same character, spread first to Russia, and thence over practically the entire civilized world. A year or two later there was another flare-up of the disease. Both times the epidemic spread widely over the United States.

Although the present epidemic is called "Spanish Influenza," there is no reason to believe that it originated in Spain. Some writers believe that the epidemic came from the Orient and they call attention to the fact that the German epidemic of the disease as occurring along the eastern front in the Summer and Fall of 1917.

How can "Spanish Influenza" be recognized? There is as yet no certain way in which a single case of "Spanish influenza" can be recognized; on the other hand, the disease is easy to recognize if it is a group of cases. In contrast to the outbreaks of ordinary coughs and colds, which usually occur in the cold months of the year, influenza may occur at any season of the year, thus the present epidemic raged most intensely in Europe in May, June and July. Moreover, in the case of ordinary colds the general symptoms (fever, pain, depression) are by no means as severe or as sudden in their onset as they are in influenza. Finally, ordinary colds do not spread through the community so rapidly or so extensively as does influenza.

In most cases a person taken sick with influenza feels sick rather suddenly. He feels weak, has pains in the eyes, ears, head or back and may be sore all over. Many patients feel dizzy, some vomit, most of the patients complain of feeling chilly, and with this comes a fever in which the temperature rises to 100 to 104. In most cases the patient remains relatively comfortable in appearance one is struck by the fact that the patient looks sick. His eyes and the inner side of his eyelids are slightly "blood-shot," or "congested," as the doctors say. There may be some cough. These signs, cold may not be marked; nevertheless the patient looks and feels very sick.

In addition to the appearance and the symptoms already described, examination of the patient's blood may aid the physician in recognizing "Spanish influenza," for it has been found that in this disease the number of white corpuscles shows little or no increase above the normal. It is possible that the laboratory investigations now being made through the National Research Council and the United States Hygienic Laboratory will furnish a more certain way in which individuals cases of this disease can be recognized.

What is the course of the disease? Do people die of it?

Ordinarily, the fever lasts from three to four days and the patient recovers. But while the proportion of deaths is

measles or scarlet fever or smallpox usually protect a person against another attack of the same disease. This appears not to be true of "Spanish influenza." According to newspaper reports the King of Spain suffered an attack of influenza during the epidemic 18 years ago, and was again stricken during the recent outbreak in Spain.

How can one guard against influenza? In guarding against disease of all kinds, it is important that the body be kept strong and able to fight off disease germs. This can be done by having a proper proportion of work, play and rest, by keeping the body well clothed, and by eating sufficient, wholesome and properly selected food. In connection with diet it is well to remember that milk is one of the best all-around foods obtainable for adults as well as children. So far as a disease like influenza is concerned health authorities everywhere recognize the very close relation between its spread and overcrowded homes. While it is not always possible, especially in times like the present, to avoid such overcrowding, people should consider the health danger and make every effort to reduce the home overcrowding to a minimum. The value of fresh air throughout open windows cannot be overemphasized.

Where crowding is unavoidable, as in streets, care should be taken to keep the face so turned as not to inhale directly the air breathed out by another person.

It is especially important to beware of the person who coughs or sneezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy places as much as possible, keep homes, offices and workshops well aired, spend some time out of doors each day, walk to work, if at all practicable—in short, make every possible effort to breathe as much pure air as possible.

"Cover your mouth and nose, and if you don't you'll spread disease."

Prune Crop Sets Record.

FOREST GROVE, Or., Oct. 12.—(Special.)—Prune growers of this locality have practically finished picking the crop. The season has been unusually favorable for work and the crop exceeds former records. The prices are fixed by the government and the growers will realize large returns for their work.

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