

WOMEN, BY MEANS, CAN HELP WIN WAR

Government Instructions to Be Posted in Million American Kitchens.

WASTE OF FOOD TO STOP

Sensible Suggestions Issued to Those Who Have Signed Pledges to Practice Food Conservation Systematically.

WASHINGTON, July 7.—A million American women, it was announced today, have signed pledges to follow the food conservation directions of the food administration. All will be enrolled as actual members of the food administration and from time to time will be sent instructions on household economics. Within the next three weeks the administration hopes to enroll virtually every woman in the United States.

The first list of directions were sent out today to be posted in the kitchens of women who have joined the administration:

One Meal to Be Wheatless. Use corn, oatmeal, rye or barley bread and non-wheat breakfast foods. Order bread 24 hours in advance, so your baker will not be overworked. Cut the loaf on the table and only as required. Use stale bread for cooking, toast, etc. Eat less cake and pastry. "Beef, mutton or pork" is the rule once daily. Use freely vegetables and fish. At the meat meal, serve smaller portions and stew instead of steaks.

Children Must Have Milk. "Save the milk. Children must have milk. Use buttermilk and sour milk for cooking and making cottage cheese. Use less cream and save the fat. We are the world's greatest fat wasteful. Fat is food. Butter is essential for the growth and health of children. Use butter on all bread, rolls, waffles, cooking. Other fats are as good. Reduce use of fried foods. Soap contains fats. Do not waste it. Make your own washing soap at home out of the saved fats.

Sugar and Fruit Will Save Butter. "Save the sugar. Sugar is scarce. We use today three times as much per person as our forefathers. There is enough for all at reasonable prices, use less candy and sweet drinks. Do not stint sugar in fruit and jams. They will save butter. "Save the fuel. Coal comes from a distance and our railroads are overburdened hauling war materials. Help relieve them by burning fewer fires. Use wood when you can get it.

More Green Foods to Be Used. "Fruits and vegetables we have in abundance. As a Nation we eat too little green stuff. Double their use and improve your health. Store the potatoes and other roots properly and they will keep. Begin now to can or dry all surplus garden produce. Distance means money. Buy perishable food from the neighborhood nearest you and thus save transportation.

Gospel of Clean Plate Preached. "General rules: Buy less and serve smaller portions; preach the gospel of the clean plate; don't eat a fourth meal; don't limit the plain food of growing children; watch out for the wastes in the community; full garbage pails in America mean empty diners pails in America and Europe; if the more fortunate of our people will avoid waste and eat no more than they need, the high cost of living problem of the less fortunate will be solved."

AIRPLANES RAID LONDON

(Continued From First Page.)
or four minutes when the heavy explosion of bombs and the shattering of glass was the dominant sound; then a few minutes when the artillery fire receded into the distance.
The Germans steered a course across London from northwest to southeast. They dropped the last of their supply of bombs on a section of workmen's dwellings and crosses in the names. Some observers say that a giant airplane piloted the squadron and that the bomb carriers were in the center, flanked by scouts for fighting off the British airmen.

Face Unusually Slow. The low altitude and slow pace at which the Germans crossed London and the daredevil way they circled over their objectives caused great surprise. When first seen they were steering a steady course from the northwest, evidently in the act of making a long sweeping curve which would ultimately bring their heads in the direction of home. They completed the maneuver over the Thames and as the British machines came into the picture the raiders quickened their pace.
A fierce running fight ensued between a strong force of British machines and the raiders toward the mouth of the river. The machines flew fairly low and the British fighters were distinctly audible from the ground. None of the Germans had been brought down when the combatants disappeared from view, but the British squadron continued the pursuit and engaged them heavily.

Attack is Against Civilians. Today's attack was plainly directed against the civilian population and business and financial buildings. There is no question that the Germans knew where they were and it was no matter of scattering explosives blindly from a great height. Why more persons were not killed is hard to explain. Thousands were in the streets in the area bombed, but probably a much larger proportion took shelter in the solid buildings, taught by the lesson of June 13.
The upper story of one building, where several hundred men and girls were employed, was partly destroyed. Reports were that great loss of life had occurred in this building, but it later developed no one was even injured, as all the workers had been quietly marshaled into the basement when the gunfire began.

Among the places attacked was one of the most extensive metropolitan hospitals, on which the Red Cross flag was flying conspicuously. Early rumors were abroad that the hospital had been badly damaged, but investigation showed it had escaped entirely, although several bombs fell close to it.

Solid Buildings Safe. The day's experience showed that persons in solidly constructed buildings are comparatively safe, but the windows of the buildings were today crowded with young clerks, determined not to miss the spectacle at whatever cost. The fate of the humble dwellers in workmen's houses was different. They had no chance for their lives. The sight, now familiar to Londoners, of distracted, sobbing mothers rushing about the ruins of tenements, fearing

to find, and sometimes finding, the mangled bodies of their children was the most moving incident of the raid. A thorough investigation of the results of the battle by staff correspondents of the Associated Press showed that no munitions or supply establishments were touched.
Apparently none was sought, since the Germans undoubtedly well knew their locations.
Five minutes after the explosion ceased the streets of the district attacked were crammed with masses of burning German engines, ambulances, patrol wagons, motors with nurses and doctors seemed to spring from the earth. Almost immediately waves of sightseers from the West End swept down and seemed to come in droves throughout the day.

Reprisal Will Be Demanded. Anxiety to determine seemed to be the dominating sentiment of the populace. One certain result of the raid will be an increased demand for reprisal on German cities. Several members of Parliament have already announced their purpose to raise the question as soon as the House of Commons meets.

The sentiment recently voiced most strongly by the Archbishop of Canterbury, and seconded by perhaps the majority of the substantial leaders of public opinion, that the British should not descend to the level of the Germans, is not popular with the masses, and the suggestion that the slaughter of English civilians would cease if a similar stroke against some German city commands strong support among those who have looked on the bodies of their slain and mangled countrymen.

SCOPE OF PLOTS WIDE

ACTIVITIES OF GERMAN AGENTS REVEALED IN ARGUMENTS.

Indictments Charging Conspiracy to Violate Neutrality Are Attacked in Judge Landis' Court.

CHICAGO, July 7.—Indictments charging them and 10 others with conspiracy to violate neutrality of the United States were attacked by Gustave H. Jacobsen and Albert Wehde in demurrers argued in United States District Court here today. Judge K. M. Landis probably will render a decision next week.

Arguments in the case revealed the wide ramifications of a German plot in the United States and caused announcement by Charles F. Clynne, United States District Attorney, that he would go to New York soon in an endeavor to have Chandra Chakrabarty returned here for trial at the same time as other named in the conspiracy indictment. It was brought out during the hearing that both Jacobsen and Wehde are wanted in Detroit, Mich. It is said they are being indicted with Carl Schmidt and Ida Neff for attempting to put on foot an enterprise to destroy a factory in Walkerville, Canada, which was furnishing clothing to the Canadian army.

Baron Kurt von Ralswitz, former German Consul in Chicago, is another of the men named in the conspiracy indictment. He now is in Germany.

BODY NOT YET FOUND

WOMEN REPUDIATE CONFESSION OF CRIPPLE'S MURDER.

Corpse Not Located at Point Indicated in Alleged Admission to St. Johnsbury Police.

ST. JOHNSBURY, Vt., July 7.—A day's search of the hills on the outskirts of the city for the body of little Olive Bradshaw, who is believed to have been murdered, was without result today and at sunset further efforts were suspended until tomorrow.
Meanwhile Etta May Hicks, the child's caretaker, and Mrs. A. W. Keniston, who are alleged to have confessed they killed the girl by beating and choking her because she was a cripple and troublesome, continuing to deny to what was done with the body.

On behalf of Miss Hicks and Mrs. Keniston, it was announced they had repudiated their alleged admissions, asserting the statements they had made last night were due to terror and confusion resulting from questioning by the authorities.
According to State's Attorney Campbell, both women insisted without undue insistence told of the alleged manner of the child's death, but later when the story of one of them that the body was placed under a rock pile had been found to be incorrect, they are said to have refused to talk further.

YOUNG OFFICERS ASKED

MEN FROM 25 TO 31 DESIRED FOR NEXT TRAINING CAMP.

Candidates Receiving Commissions to Have Charge of Troops From Home States.

WASHINGTON, July 7.—Men chosen from the officers' training camps for commissions in the new National Army, the Adjutant-General's office announced today, will be assigned to command troops from their own states.
This is in accordance with the policy aimed to obtain the greatest possible team work among the half million men soon to be put in the field. The officers graduated from the training camps will serve under the leadership of regular Army officers in superior command.

A vigorous campaign is being made for young blood to fill the ranks of the new series of training camps to open August 27. The Department has put out a definite call for more men between the ages of 25 and 31 or even younger.

AVIATORS' CAMP STARTED

American Troops Prepare for Several Thousand Pilots.

PARIS, July 7.—American troops are beginning work on the first section of the vast aviation training camp. Eventually this camp will be able to accommodate several thousand pilots.

Honor Guard Dance Postponed.

The benefit dance that was to have been given on Council Crest by the Girls' National Honor Guard next Thursday has been postponed for a week because of the outbreak of the numerous activities incident to National Education Association week. Miss Mamie Helen Film, chairman of the entertainment committee, last night announced that the dance would be postponed. The proceeds, when it is given, will be turned into the Red Cross fund.

Read The Oregonian classified ads.

REGULATIONS DRAFT ARE PROMULGATED

Copies of War Department Regulations Are Received by Adjutant-General White.

EXEMPTIONS ARE NOT EASY

Unless Some One Is Mainly Dependent Upon Registered Man's Labor He May Not Escape From Military Service.

Copies of the official War Department regulations which are to govern the action of local exemption boards in calling up men for military service whose numbers are drawn at Washington, and the granting of exemptions and discharges from military service, were received by Adjutant-General George A. White yesterday.

The regulations fill a booklet of 84 pages. They are exhaustively prepared and cover almost every conceivable detail and question that might arise in connection with the draft.
In view of the great number of indicated exemptions from military service, greatest interest probably attaches to those portions of the regulations relating to exemptions.
Obtaining an exemption on any ground other than that of proved physical disability will not be easy. The regulations show that the authorities will require conclusive proof in all cases that exemptions are merited. This is particularly true in connection with claims for exemption on the ground of having dependent relatives to support.

Affidavits Are Required.
The mere fact that the wife and child of a man are dependent upon him for support, for example, will not exempt him, unless he can prove that he is dependent for support on his "mental or physical labor."
To prove this the husband applying for exemption on this ground must make affidavit to the effect that his income from which his wife and child or children receive support "is mainly the fruit of his mental or physical labor, and not mainly dependent upon property or other sources, independent of his mental or physical labor."
Furthermore, his affidavit to this effect must be supported by an affidavit from his wife, stating herself and children to be dependent for support on the husband's mental or physical labor, and stating the approximate amount of her separate income during the last preceding year and the independent income of each of his children, exclusive of any sums received from her husband, and exclusive of any gifts to her or the children.

Outsider Must Testify.
Nor is that all the proof required. Before the exemption board may grant a certificate of exemption it must have still another affidavit relating to the case from the holder of a family number within the area in which the local board has jurisdiction. The person making this affidavit must know personally the husband, wife, child or children; he must state on information and belief that the man is the husband of the wife and the father of the child or children; the approximate amount of the separate or independent income of the wife, child or children during the last preceding year, exclusive of sums received from the husband or exclusive of gifts, and must swear that the wife and child or children are dependent upon the husband's labor for support.

The affiant must further give under oath the sources of his information and the grounds for belief concerning the income and dependency of the wife, child or children.
Wife May Herself Apply.
If the husband himself does not apply for exemption on the ground that his wife and child or children are dependent upon him, the wife herself may initiate such action. Her affidavit in such case must be supported by affidavits of two heads of families, swearing to the same facts as outlined heretofore.

Virtually the same procedure as to affidavits and supporting affidavits required in connection with claims for exemption under the following headings:

Any son of a widow dependent upon his labor for support;
Son of aged or infirm parent or parents, dependent upon his labor for support, in this case it being necessary for all the affidavits and supporting affidavits to state the nature of the infirmity and the amount of independent income of the parent or parents in the last preceding year;
Father of a motherless child or children under 16 years of age, dependent upon his labor for support, it being required that his affidavit be supported by two affidavits from heads of families;

And brother of a child or children under 16 years of age, who has or have neither father nor mother, and are dependent upon his labor for support, this also requiring two supporting affidavits by heads of families.

Word "Labor" Defined.
The regulations explain the word "labor" as follows:

"For the purpose of these rules and regulations, 'labor' shall be construed to mean bodily or mental exertion. It may be either physical or intellectual; it may be professional, mechanical, commercial, clerical or agricultural; and each of these forms of labor may exist under modifications or in combination with each other."

The means for the support of the dependent person or persons must be produced by this labor, whatever be its character. It need not be wholly produced from it, but it must be mainly so. A dependent receiving support from a person whose income is derived from dividends or rents cannot be said to be dependent upon his labor, but if that income were entirely the fruit of his mental or physical toil, then such person or persons would be dependent upon his labor."

Moreover, all persons filing affidavits for exemption or discharge must file supporting affidavits binding themselves to report at once in person to the local board and to notify it whenever the conditions entitling them to exemption or discharge cease to exist.

Religious Exemptions Allowed.
In regard to exemptions to regular or duly ordained ministers of religion, students of divinity who were preparing for the ministry on May 15, 1917, and members of well-recognized religious sects or organizations whose tenets are against the participation in war, the facts must be established by affidavits and supporting affidavits.

The exemption for ministers is specifically declared not to include "a person who may have been duly ordained a minister in accordance with the ceremonial rite or discipline of a church... but who does not regularly, as a vocation, preach and teach the prin-

ciples of religion and administer the ordinances of public worship as embodied in the creed or principles of his church, sect or organization."
The regulations also clear up the moot point, about which so many questions have been asked, whether men of foreign birth who have taken out their first citizenship papers, but not final papers, are exempt.
Such persons are not exempt. They are subject to draft, unless they come from Germany, Austria, Bulgaria or Turkey, with which the United States is at war.
Many other points about claims for exemptions and procedure of the boards in calling up men for the draft and in passing on exemptions are contained in the regulations.

DRAWINGS TO BE BY NUMBER

New Serials of Each County to Be Used in Draft Lottery.

The lottery drawings soon to be made at Washington to determine what men will be called upon for military service under the draft will be conducted entirely by number.
Adjutant-General George A. White made it clear yesterday, however, that these numbers will not correspond in any particular to the numbers as written on the registration certificates given each man who registered in the war census.

The number of the certificate, it is true, is the same as the number written on the registration card at the time of registration. During the past two weeks, however, all over the United States exemption boards have been renumbering all registration cards with serial numbers in red ink under directions from the War Department.
The new serial numbers will be the ones in the draft lottery. The old numbers applied to precincts only. The new serial numbers apply to entire counties.

For example, if there are 2732 men of military age registered in a certain county, the registration cards of that county will be serially numbered from 1 to 2732 continuously, without regard to alphabetical order. The cards of the various precincts in the county will be numbered where the cards of preceding precincts left off.
So far, therefore, as the old numbers registered on the registration certificates are concerned, the holders of the certificates might as well forget these old numbers, for they will have no bearing on the draft numbers.

General White strongly emphasized, however, the importance of having each man registered know his new number, so that he will know at once when the lottery drawings are announced whether he has been drafted.
The work of renumbering the cards in red ink has been completed throughout Oregon. Duplicates of each, with the same serial numbers, have been sent to the Adjutant-General's office and are on file there.

The various county boards, under orders from the War Department, are posted at their headquarters lists of the new numbers in their districts and the name of the man having each new number. Oregon and Oregon has been every man who is registered make a point, for his own protection, looking



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Varsity Fifty Five

Looks Good to Her and It Will Feel Good to You

HART, SCHAFFNER & MARX have made up these popular suits in the famous Dixie Weaves. They're cool, stylish; they hold their shape—and they look good to everybody.

If you like the sport suits, we have any number of them here in Summer weights.

Conservative models for business men—sizes and models to fit every figure, and values unequaled.

They're Priced \$20 and Up

The straw hat store This is it—men's Panamas and all the other good ones. \$2.00 and up.

Also the shirt store Summer weight shirts in Summer patterns—silk if you like. \$1.50 and up.

Sam'l Rosenblatt & Co.

The Men's Store for Quality and Service. Southeast Corner Fifth and Alder.

If It's a GIANT Truck Tire

It's a Firestone

Identify it by the grooves

Watch For The Big Grooved Truck Tires They Are Firestone Tires

WHERE you see Firestone Giant Tires you see heavy trucks in exacting service. Those powerful, grooved tires, broad and deep have shouldered the burdens of difficult trucking. For nearly three years they have been demonstrating mileage, traction and truck protection that previously had been considered impossible of attainment. The thick, wide, resilient tread has set up remarkable mileage records and lengthened the life of the truck. The flutes or grooves have afforded traction that held unflinchingly on wet and icy pavements and in mud and sand. They also insure uniform wear.

Used first for heavy duty trucking, Firestone Giant Tires are now built in widths of 7, 8, 10, 12 and 14 inches. This supplies a Firestone Grooved Giant for the most trying work of medium weight trucks as well as for the extreme loads.

Notice today in the streets what the Firestone Giant Tires are doing. Then call up the Firestone Man and let him explain how they make your trucking more dependable, more economical. He has a Firestone Tire for every road, load and condition of service.

Firestone Tire and Rubber Company
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Home Office and Factory: Akron, Ohio.
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Hood Canneries Need Workers.

Hood River canneries are reported to be losing strawberries through their inability to obtain workers. Mrs. T. J. Kinnard, of the Hood River Canning Company, so informed R. P. Bonham, United States Immigration Inspector, yesterday in asking for all the assistance that could be given in obtaining women or girls, of which 25 would be employed at that plant. Quarters are furnished and it is said women stemming berries can earn \$2 a day while when that is ended the cherry season will be in full swing.