

WOMEN'S ACTIVITIES OF INTEREST TO LARGE PART OF READING PUBLIC

Mrs. Barton French Back From Nursing Wounded in France—Adele Blood Has Hair Insured for \$50,000—Consuelo, Duchess of Marlborough, Visits New York—Mrs. Wynne Decorated by French and Belgians.



Mrs. Barton French



Mrs. Wynne



Adele Blood



Consuelo, Duchess of Marlborough



Lillian B. Hyde



Mrs. Wynne



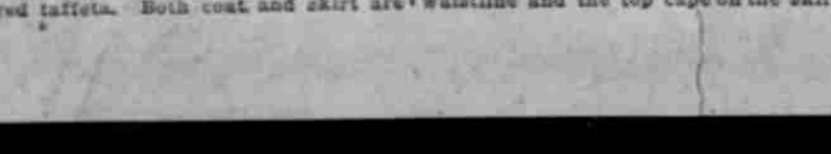
Adele Blood



Mrs. Barton French



Adele Blood



Mrs. Wynne



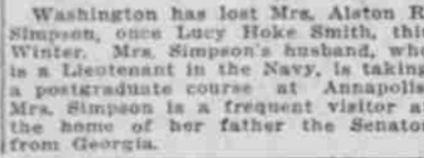
Mrs. Wynne



Adele Blood



Mrs. Barton French



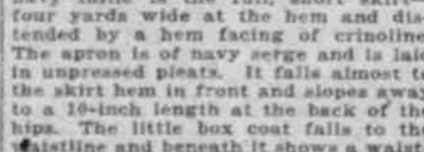
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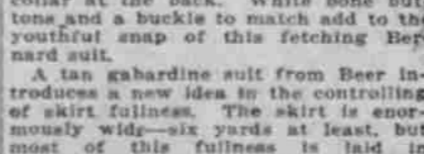
Mrs. Wynne



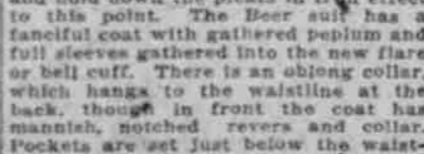
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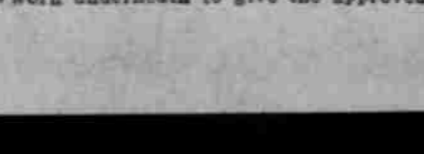
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Mrs. Wynne



Adele Blood

flaring silhouette. This something may be an apron of pleated crinoline just below the neck, or it may be a hooped petticoat. Pleated skirts of pussy-willow taffeta and other featherbone run into castings at the hip and knee, making a light, excellent foundation for the tailored skirt.

Style Interest Now Turns to Separate Skirts.

Double Shoulder Capes Make New Features of Winter Aprons Distinct Tailored Skirts.

SEPARATE skirts have fresh interest now that summer blouse season is drawing nearer. A good model for morning wear with tailored blouse is of dark blue mohair and worsted fabric, light and comfortable for spring and summer wear. Straight panels fall from the waistline at front and back and the side sections are pleated and attached to deep well-fitting hip yokes. This skirt is also seen in striped serge, the pleated sections showing the stripes only when the well pressed pleats fly apart.

Smart new topcoats have double shoulder capes which cover the shoulders and extend all the way around the back of the coat, the fronts buttoning in double-breasted fashion to the throat. Some coats are belted at the normal waistline, others, ultra models from Paris, have narrow strap belts outlining the edge of a deep yoke which reaches well below the armpits, the lower part of the coat rippling out below this high belt line.

Aprons of crinoline are cleverly used to distend the skirts of evening suits. The apron, of stiff crinoline, pleated closely hangs from the inside of the skirtband at either side, giving the silhouette the right lines. Aprons also new founced, petticoats of pussy willow taffeta, run with light featherbone hoops at a point between hip and knee. A petticoat like this holds out even a skirt of soft, thin wool material in the lines it should take and now that wide petticoats have come back most women wonder how they ever endured the colkin affairs of a few seasons ago.

Black spats are not as gay and dainty as fawn or gray ones, but they are certain costumes which demand them. New black spats for wear with patent leather pumps are stitched in white up the seams and around the edge and are particularly smart. The spat, at best, is only a makeshift, and well-dressed women as a rule prefer the smart buttoned boot with light cloth top which may slip away from the pump as even the best fitting spat sometimes does from the pump under it.

Furs in February in Need of Thorough Cleaning.

Shaking Once a Week and Brisk Beating With Light Wand Occasionally Needed to Keep Dust Away.

ABOUT this season of the year one's furs that were so soft and glossy back in November began to take on a matted dingy look which is distressing. If Madame's pet Pomeranian ever took on the rusty, matted appearance of her furs in February he would be dropped into the bath tub without loss of time, but furs may be treated in this simple, practical fashion when they become soiled.

For all that is the matter with furs in February is that they are soiled. No one ever thinks of using a whisk broom to furs, yet obviously the fur coat has acquired as much dust as breadcloth or velvet suit usually brushed every time it is taken off. Dirt and dust do not remain on the surface of fur but work down into the pores of the hair, which become matted because of it.

All furs should be shaken briskly in the open air once a week and it will do no harm to hang them on the line to give the skin a brisk beating with a light wand. A nearsaw coat will keep its smooth texture better if brushed over lightly now and then with a whisk broom dipped in cold water.

Baked Cheese Appetizing With Pork and Beans.

Piping Hot Concoction, Prepared in Casserole With State Bread, Is Just the Thing With Night Supper.

WITH cold sliced chicken or other cold meat, the Sunday night supper one hot dish is always accepted, and in nice cases out of ten this hot dish seems to be the honest but humble baked bean and its brethren—a dish easily prepared these days, when the beans, pork and all, come ready in a can to be heated up or to be made from scratch. An appetizing and easily prepared and will make a delicious side dish, served piping hot. Place three or four slices of stale bread, well buttered, in the bottom of the casserole or earthen baking dish. Beat up two eggs and stir in a cup of milk. Have ready a cup and a half of grated cheese; stir it into the egg and milk pour over the bread and set in a hot oven.

When the cheese has puffed up and browned well on top, the dish is ready to serve. It should not be allowed to stand a moment, but should go directly from oven to table.

Frost Patterns Real Fun.

An interesting winter game for children is the capturing of frost patterns. It is a simple matter to make permanent records of beautiful ice flowers. Make up a small quantity of a 10 percent solution of gelatin and water. Dip a glass tumbler or a small sheet of glass and then the whole thing is put out in the freezing air. Quite soon the solution begins to freeze in the form of permanent flakes the sheet of glass and quickly put it into a dish. Then pour over every part some pure alcohol. Soak for a few moments and then pour the alcohol back into the bottle for use on another occasion. The treatment of all things is the same. Leave behind the tracery of the frost pattern. A coating of clear varnish brings up the pattern with great brilliancy.

These frost patterns make charming window transparencies. Clear glass vases can be decorated with frost flowers in the manner described. Here a brush will be found useful to paint the gelatin solution on to the surface of the vase.

Gored Skirt in Four Pieces.

Every variation of the gored skirt is in vogue these days. One very smart is in four pieces, but the front and back were finished and lapped on the sides to give the effect of panels or box plaits. The skirt may be made of either the raised waist line or at the natural waist line. In the model seen broadcloth was trimmed with braid, but the model wears a dark, heavy material and all reasonable trimmings.

This year will establish a record for the messages sent over Swedish telegraph lines.

SIMPLE EXERCISE IS ADVISED FOR WOMEN

Stately Effect and Shapely Result May Be Obtained by Few Trials at Easily Executed, Short and Strenuous Exertion.



Combination Exercise That Saves Time.

DO YOU go through a series of exercises religiously every morning upon rising? If not, you ought to. The benefits of exercise of this sort—when the day offers little opportunity for other sort of exercise—have been proved many times. Most women take up exercises in their rooms at one time or another, but the effort is abortive for several weeks—and in the meantime the average woman grows bored and tired.

Here is a good exercise that combines several benefits and saves the doing of one or two other exercises. For instance, if rightly practiced, it will make the hips slimmer, the waistline smaller, take fat off the shoulder blades and keep the neck full and youthful. It is a rather strenuous exercise, though that does not mean it is taken rapidly; and four times will be enough to practice it each morning.

To begin the exercise, stand firmly on both feet and hold the arms out at the sides. One arm, say, the right, is held straight with the palm turned down. The other arm, the left, is held with the palm turned upward. Now begin pushing with both hands, one up and one down. Of course, the pushing is only against the air, but you can put as much strength into it, with your muscles and yell, as though you were pushing pounds and pounds with each hand. As the hands push, turn the figure from the waist up, toward the down-pushing arm. This will

bring a tremendous pull on the back and shoulder muscles of the up-pushing arm, and a pull over the hip muscles also. Bend the figure over as far as you can, always pushing down with the one arm and up with the other—and the push of the raised arm becomes a heavy lift as the arm rises level with the shoulder. At the same time twist the head and stretch the neck as though you were trying to look at the floor back of the down-pushing hand.

Do not do this exercise more than four times toward each side on one occasion or the muscles of back and hip will feel sore and lame. Always do the exercise slowly, putting all your mind and will on the effort of pushing up—and down.

How to Remove Creases Told.

Let any wrinkled garment hang for 24 hours, if possible, before pressing it. For many of the wrinkles will hang out. Taffeta is really injured by each pressing and although taffeta does wrinkle easily some of the wrinkles will come out if the garment is smoothed and carefully hung away. After each pressing, too, taffeta is just so much more liable to wrinkle; another reason for pressing it as little as possible. When chiffon is badly wrinkled steam it, then hang it on a padded hanger, stuff it with tissue paper and dry it in front of a fire or radiator. To steam it, fill a big pan full of boiling water and hold the chiffon garment over it until it is damp with steam.

During the last year 79,241,735 short tons of sand and gravel, having a value of \$22,846,069, were dug out in the United States.

Nemo NEWS Devoted to the HEALTH, COMFORT and BEAUTY of WOMEN

BODY-TRAINING MILITARY-BELT

Welcomed like a very dear but long lost friend!

That's the reception given the NEW Nemo Military-Belt Corset by a host of slender women who would wear no corset but the original Military-Belt half-a-dozen years ago.

Supreme comfort and superb style for every woman of slender or medium form who wears the



NEW Nemo Military-Belt

330—For slender to medium figures, short or of medium height. \$3.50

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Fine white corset—Sizes 20 to 30. You'll never "slouch" in these corsets. You will have an alert, erect bearing; you will breathe deeply; there will be no pressure anywhere to harm you; and you will be

COMFORTABLE

whether you are dressed for the street, for the reception or the



theatre; whether you are playing tennis or golf, dancing or skating, you will feel as free as though you had no corset on.

And you will be comfortable in your household



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It's all in the shape, the fit, and the exclusive hygienic features of this wonderful corset.

BE A WISE WOMAN! Wear the RIGHT Nemo!

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Nemo Hygienic-Fashion Institute, New York

QUITE SPRIGHTLY AND YOUTHFUL IS LITTLE TAILLEUR OF SPRING

Box Coats to Waistline Show Gay Waistcoats Beneath—Silks Are Combined With Serge Cloth and Mohair Mixture—Tassels, Cordings, Tucks and Buttons in Profession Lend Gaiety to New Suits.

DO NOT imagine, friend shopper, on the lookout for your new spring suit; do not imagine for a moment that you are going to relieve your mind of all responsibility by the purchase of one single tailor. This Spring you are going to need two suits, one a formal, dressy sort of model for "occasions," and the other a simple, sport kind of model for general knockabout wear.

A shopping trip through the departments where new tailored wear is exhibited will speedily show you that you cannot possibly get along without both of these Spring styles. For the dressy tailor will be too dainty an affair for traveling and general wear and the smart sport suit will not be quite smart enough for a matinee or afternoon tea, or luncheon at a modish restaurant.

Sport Suit Has Pockets.

The sign manual of the sport suit seems to be the pocket. One or two pockets give character and good style to a sport tailor, four to six pockets make it extremely knowing and chic. The skirts of both sport and formal tailors are much alike, cut in circular or circular-gore style with a width of from three to five yards at the hem, and the hem turned up generously so that the buttoned walking boot is well revealed. But whereas the sport tailor leaves the smartly cut skirt to speak for itself, the dressy tailor often embellishes this skirt with apron drapery, tuck of one sort or another, or even flounces. The dressy tailor also adds a contrasting material—usually silk—to the serge or broadcloth or mohair and worsted fabric; and any amount of sprightly trimmings, in the way of buttons, pipings, cordings, tassels and buckles to the coat. Trimly of silk is a pleasing little suit from Georgetown, combining a flounced skirt of striped pussy-willow taffeta with a little coat of "blain-cout" cord taffeta. Both coat and skirt are

trimmed lavishly with narrow side-pleating made of ribbon. The skirt has two flounces of the striped silk, the stripes running around instead of up and down, and each flounce is edged with the ribbon pleating. The coat, belted in at the waistline, falls a few inches over the hip in a gathered papoose which is edged with the ribbon pleating. A deep, circular cape falls from a scalloped yoke to the waistline, covering the back of the coat and part of the sleeves. At the front are revers edged with the ribbon pleating and a collar of the striped silk, also edged with the ribbon.

Capes Feature of Tailored Wear.

Nothing gives quite such a 1916-ab-so-lutely-new expression to a tailored suit as a cape motif of some kind. Capes are any length and all kinds. Some of them are little more than collars cut a bit deeper; others reach to the waistline. The cape may go all around or part way around, or be set in twin effect over each sleeve—a fashion reminiscent of the '70s. The most "caped" Spring suit that has yet appeared is from Bernard, and it is called the multiple cape effect. This effect, however, occurs only at the back and sides. The front of the suit is absolutely "uncaped." It has a straight little jacket, buttoned with two buttons at the throat and dividing a wee bit below the bust to show a waistcoat, or lace blouse. This jacket falls to the waistline only, and below, the skirt has a front panel laid in three box pleats. But, ah! what a difference when the suit turns its back on you—capas from collar to knee! There are two capes overlapping each other from shoulder seam to shoulder seam across the back. These, in turn, overlap three capes set from side seam to side seam across the back of the coat. The lowermost overhangs the waistline and the top cape on the skirt

—or, should one now refer to it as a flounce? Five of these flounces down the back of the skirt continue the succession of overlapping capes from the collar to the knee.

Bernard Overlapping Apron Tunic.

Another little Spring model from Bernard, which has been called the "Darvon" because its abbreviated jacket and apron drapery suggest habiliments of the French waiter, is of navy blue serge and failsie silk—the rather heavy, rich failsie classique which drapes so gracefully. Of this navy failsie is the full, short skirt—four yards wide at the hem and distended by a hem facing of crinoline. The apron is of navy serge and is laid in unpressed pleats. It falls almost to the skirt hem in front and slopes away to the hip-line at the back of the hips. The little box coat falls to the waistline and beneath it shows a waistcoat of red silk, embroidered in black. The shawl revers of the serge coat, faced with failsie, extend into a deep collar at the back. White bone buttons and a buckle to match add to the youthful snap of this fetching Bernard suit.

A tan gabardine suit from Beer introduces a new idea in the controlling of skirt fullness. The skirt is enormously wide—six yards at least, but most of this fullness is laid in loose pleats across the back. The side gores have tabs, about at the hip, which extend across to the center back and hold down the pleats in twin effect to this point. The Beer suit has a fanciful coat with gathered peplum and full sleeves gathered into the new flare or bell cuff. There is an oblong collar, which hangs to the waistline at the back, though in front the coat has mannish, notched revers and collar. Pockets are set just below the waistline. If the new suit has a full, gathered skirt, unfastened, something must be worn underneath to give the approved

MILITARY JEWELRY IS FASCINATING AND NOVEL

Parisian Fad Crosses Ocean and Many Pretty Ornaments Are Offered in Real Gems and Imitations.



JEWELS MILITANT TO FORE NOW.

MILITARY jewelry is not likely to be these days, with real jewels sparkling in the settings. One lace pin is supposed to imitate a sword belt and is of white metal set with many small diamonds and nine garnets. A little rife of gun metal set with tiny brilliants is also a pretty pin. A tiny sword of gold with hilt of red enamel and diamonds is especially attractive. Then there is a drum major's baton of blue enamel, silver and rhinestones with a pearl set in the end. The bugle is of silver and blue enamel with many small diamonds.

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TODAY'S AID TO BEAUTY

An especially fine shampoo for this weather can be easily made at trifling expense by simply dissolving a teaspoonful of cantroxin in a cup of hot water. Pour slowly on scalp and massage briskly. This creates a soothing, cooling lather that dissolves and removes all dandruff, excess oil and dirt. Rinsing leaves the scalp spotlessly clean, soft and pliant, while the hair takes on a glossy richness of natural color, also a fluffiness which makes it seem very much heavier than it is. After a cantroxin shampoo arranging the hair is a pleasure.—Adv.