DRUG MABIT DEFINED AS A DISEASE

IRST INTERVIEW WITH DR. ERNEST S. BISHOP BY SPECIAL PERMISSION OF DR. KATHERINE DAVIS, COMMISSIONER OF CORRECTIONS

That was the concluding sentence of floor of the House of Representatives fight waged there for the passage of the Harrison bill, an act to curb the threatening the country. The Harrison bill finally was enacted and as a relargest cities.

Since then crusades have been start- let it go at that." ed all over the country and when police their effort to check crime.

the uniformed force in years. Coin- done at the Island. missioner Woods awoke to the peril of "When some years ago I was resi-the situation and the creation of the dent physician of the alcoholic and narcotic squad speedily followed.

that he be sent to the workhouse, on a condition arising from the habitual Randalls Island, where many remarkable cures have been effected.

Determined to visit the Workhouse wards and at the same time have a talk with Dr. Bishop, I went to the office of Miss Katherine Bement Davis, the new Commissioner of Charities, under whose rule the Workhouse comes. I found Dr. Davis just as deeply interested in the drug evil as any official to whom I had talked, and while she preferred that I obtain from Dr. Bishop the information desired on the perplexing problem, she consented cuss conditions as they were and do exist.

"There is in the Workhouse no class of prisoners which is receiving more attention from us just now than the drug addict," said Dr. Davis. "The activity of the police in checking the sale of drugs has increased tenfold the number of these poor unfortunates who come under our care. We are meeting the need, however, and I think we are not without a measure of success. We are trying to apply same and common the result is very gratifying to me. Our physicians and nurses are untiring in their efforts to alleviate the suffering of the poor unfortunates they have under their care, and I am confident Dr. Bishop, who supervises the work, is as well if not better qualified for it than any other man I know. A visit to the wards where these patients are undergoing treatment would soon couvince you of this, I am sure."

It was here that I interrupted Dr. Davis with the request for permission to visit these wards.

"No, I won't give you such a permit," Dr. Davis replied. "Dr. Bishop is in charge of the work and under no reumstances will I override his autherity. I would suggest that you go to see him and anything he might do, or and it is for him to decide."

a card to Dr. Bishop, I lost no time in No. 151 West Eighty-fifth street. Be-I was little prepared for what I later his degrading thralldom. learned from him. Practically all phywere poor unfortunates, who had sunk "Since leaving Bellevne I* have re-

came as a revelation. Straight off he increased my ability to relieve the ad-"The drug habit, you know, is diet of his affliction.

a disease."

fined one at that,"

Bishop continued, "I wish you to narcotic toxins, accompanied by inhibibe termed a drug specialist. I have no displaying deterioration and psychoses titioner, a diagnostician, if you will, anxiety, fear and suffering." and in no circumstances will I discuss This definition was so entirely at the drug habit from the viewpoint of variance with those I had heard speregard the drug habit as a disease you theorist, a dreamer, but hardly one who can draw your own inferences.

two persons afflicted with the same vinced of my error, all of which was malady can be treated in precisely the strengthened a thousandfold before I same way. Circumstances alter cases, concluded my visit to the Workhouse The treatment given drug addicts de- drug wards. And, added to this, I had pends entirely upon the drug by which opportunity to read several papers that

EW YORK, May 22 .- "Unless we at the workhouse, and as much credit are to become a nation of drug is due the intelligent corps of nurses addicts give us Federal legislation who are co-operating with me and the that will put a stop to the illicit sale resident physicians as to the medicine that is prescribed.

"Just what those results are, howan impassioned address made on the ever, you will have to discover for by one of its members in the bitter yourself, for I cannot discuss them with you. Neither can I discuss what others are doing in their efforts to growing menace from drugs that is ourse the habit. I have my own meth-I am on the right track. Results have suit there were bared even more amaz- proved that. But I want it clearly ing revelations of the drug evil than stated that I don't profess to have 'a were dreamed of by the police of the cure.' Find out for yourself and in your own way what has been done and

It did not take me long to realize officials of New York City emphat- that I was confronted by a forceful ically stated that 74 per cent of the and unusual man of medicine. Dr. criminals arrested here are drug ad- Bishop is a strapping, broad shouldered dicts the police of other cities awoke six footer, who, as tackle, had battered to a realization that their comrades in his way through many an opposing line York were on the right track in when he played on Brown's varsity football eleven. After overcoming Lieutenant Scherb, chief of the nar- almost insurmountable obstacles, he cotic squad of the New York Police has not only a splendid private prac-Department, and his men have been tice, but also occupies the chair of making scores of arrests daily of drug professor of medicine at the Polyaddicts and those venders who pander clinic and Medical School and Hospital, yet finding the opportunity to devote a The Boylan law, and more recently steat deal of time to the human the Block act, both enacted in New derelicts who find their way to the city York State, have made it extremely workhouse. His late post as resident hazardous for any venders to peddle physician in charge of the narcotic their poison about the streets. Hun- and alcoholic wards at Bellevue Hosdreds of arrests have been made and pital gave him the opportunity he few have escaped conviction. The good needed to study the drug addict at work done by this squad and the vallant close range, and there he accumulated aid the police generally are lending ideas; conceived through practical obare doing more toward stamping out servation, which made it possible for violence here than any step taken by him to accomplish what is now being

prison wards of Bellevue," Dr. Bishop A day rarely passes now but that continued, "my definition of narcotic some unfortunate appears in one of the drug addiction would have voiced the police courts and asks the Magistrate popular and generally accepted conto commit him to an institution where ception. I should have called it a contreatment may be obtained for the dition based on some inherent weak-"habit." Oftener the victim requests ness of will power and mental stamina;

use of a narcotic drug which caused say, will be all right. He is in charge physical, mental and moral being; an abandonment of the individual to the When I left Dr. Davis' office bearing pleasure derived from sensuous indulgence; a habit, a vice, a morbid appetite calling upon Dr. Bishop at his home, to pander to which the debauche would go to any lengths, and, lost to selffore taking up his story I wish to say respect, did not wish to escape from

"A few months of bedside observasicians and specialists to whom I have tion and effort showed me how far this talked about drug cases referred to conception fell short of clinical fact. the victims as "fiends" or "dopes," To Literature and questioning of existing them the drug habit was a vice, a can-authority failed in explanation of cer that was gnawing at and fast de- obvious manifestations. In the end I stroying the very vitals of society. All put preconceived bias and previous condrug victims were essentially identical ception out of my mind and approached and all were treated in exactly the the plentiful clinical material for my same way. There was a prescribed solution. What I have learned is from course through which the sufferer must the study of the narcotic drug addict go, and his physical condition at the as a clinical problem, viewing him as time of starting in on the cure mat- a sick man, listening to his history tered little. The addict, who had been and his statements of narcotic drug user of drugs for 25 years, was action, watching his clinical manitreated in precisely the same manner festations and interpreting them in the as an addict of as many months. They light of physical action and reaction.

But what Dr. Bishop had to tell me clarified and classified my ideas and

"My present definition of narcotic "A disease!" I echoed, "You mean a drug addiction is this: A definite physical disease condition, presenting "Nothing of the sort," came the constant and definite physical sympvigorous denial. "A disease, I repeat, toms and signs, progressing through and a most pronounced and well-de- clean cut clinical stages of development, explainable by a mechanism of "Now, before we go any further," Dr. body protection against the action of understand that I am not what might tion of function and autotoxemia, often desire to be so classified in my pro- which are not intrinsic to the disease, fession. I am a medical man, a prac- but the result of toxemia, malnutrition,

medicine. Neither will I tell you what cialists outline that for a time I was my treatment is. When I tell you I inclined to regard Dr. Bishop as a was getting actual "cures" from his "You know as well as I do that no efforts. Before I left him I was conthey are enslaved, as well as upon their Dr. Bishop had offered before medical from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of physical condition when they come bodies. These papers treated of drug later learned truths that have since fication of appetite.

"From My patients themselves and all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them, I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and shows no sign of from watching and studying them. I all forms of self-indulgence and grati- morphism as persons of perverted apseven years and s

are often painted as llars, full of de- a non-supply. ceit, absolutely untrustworthy, using a dom. This was my opinion when I first sion. went to the alcoholic ward in Bellevue.

from them despite my carnest desire suffering upon withdrawal of the drug and dependence, loses its power to give were poor unfortunates, who had sinks "Since leaving Bellevue Is have reso low that they were so low that they were the so low that they were so low they were so low that they were so low that they were so low that they were so low to do so.

"We will deal with the morphine, adoption and becomes the they were so low to do so.

"We will deal with the morphine, adoption to do so.

"We will deal with the morphine, and so low they were so low to do so.

"We will deal with the morphine, and so do so.

"We will deal with the sound they were so low to do so.

"We will deal with the sound they were so low to do so.

"We will deal with the sound the so lo a beacon light of hope, and convince lightful sensations to which we attrib- make no effort to control its amount or me that ultimate rescue is possible for uted their continuance of drug use, and method of use, and it, with other condithe majority of the so-called incurable which have formed the background for tions attendant upon their mode of life, I am firmly convinced all pictures of them bitherto painted, relieves society of the menace of their that the majority of users of morphine had in many if not in most of the cases membership. have been terribly wronged in a firmly with which I had come in contact, never rooted and widespread opinion preva- been experienced, or if they had ever flends, largely incurable and hopeless; lent among both medical men and the existed, they had long ago been lost socially, economically and personally laity. This opinion is that chronic and all that remained in morphine of unworthy of salvage. They are not, morphinism is a morbid habit—a per-fect was support to organic processes however, hopeless and worthless beverted appetite, a vice; that only he necessary to the continuance of life cause they happened to have acquired who is morally or mentally defective and activity. To be brutally plain, the morphinism, but because they are fundwould allow it 'to get a hold upon him,' morphine addict has in the majority of amentally what they are-diseased, deand that its main character manifesta- cases never experienced any real enjoy- generate and defective. The morphine tions are those of mental, physical and ment as a result of the drug and has element is an incidental to their fundamoral degeneration. Morphine users endured indescribable agony because of mental condition as are many of the

SHE REGARDS THE DRUG EVILAS THE MOST

SERIOUS PROBLEM IN THE CARE OF THE CRIMI-

NAL. IN ORDER TO COPE WITH THE SITUATION

SHE, AS COMMISSIONER OF CORRECTIONS AP-

POINTED DR. ERNEST S. BISHOP VISITING PHY-

SICIAN TO THE WORKHOUSE ON BLACKWELLS

MANY REMARKABLE CURES AMONG DRUG

ISLAND, WHERE UNDER HIS SUPERVISION

ADDICTS HAVE BEEN EFFECTED

"I do not mean by this that morphine suffer. dream and delight-producing drug for will not produce pleasant sensations or . These are the types who have fallen the first kind, but only the skillful sur- over the heart was not put back into the sensuous enjoyment it gives them that it is never used to the end of ex- into the hands of charity hospital geon, Zeidler, can be depended on to place, that organ being left protected -addicts who do not want to discon- periencing these sensations. There is a alienists and the workhouse and peni- operate successfully on the knife-torn only by skin and muscle. This was tinue its use. They are thought of as class of the inherently, or otherwise tentiary physicians. The observations heart. mental and moral cowards who, after degenerate who indulge in morphine of these physicians made in the past Dr. Zeldler operates a little hospital and to prevent adhesions from emrealizing their deplorable condition, re- from a morbid desire for sensuous upon this class of addicts, have had an at Obuchow. Thirty-one persons barraesing the heart's action. fuse to exert will power in the endurance of discomfort as the price of freeindulge in any other form of pervermorprinism and the stigmatizing of the pierced and slashed by knife wounds rule with Dr. Zeidler's patients and all mentally incapable of self-restraint, in- class uses morphine to secure sensuous paired and have recovered entirely, to as usual. and for a time I worked on that theory. dulging jaded appetite with new stim- gratification is no reason for stigmatiz- all appearances, from their remarkable "From My patients themselves and ulf. They yield themselves to any and ing the mass of those afflicted with experiences. One patient has lived

"As a class these are the true dope

The individuals of this class are morphinist. Because the degenerate have successfully had their organs re- are now going about their daily tasks

many patients under course of prepara- react the strain and readjusted to nortion for treatment for narcotic addic- mal functioning. tion. You also will see a great many "All this can be done, and if I were in the actual course of treatment. If at liberty to do so without harm to you look far enough you will see a them I could summon the testimony of score or more men and women who able physicians, past patients. For its have undergone the treatment now be- accomplishment I have no magic cure. ing built up to follow a normal life, no routine treatment or Mingle with the various groups of method to advance. I know of no drug prisoners, and you will come in con- or combination of drugs which proptact with a great many who have been only can be called a specific, treated and are cured. Talk to them, "Morphinism, fundamentally is a dis-and maybe their experience will furnish case. It shows stages and variations better and more graphic reading than just as do other diseases. It is complianything I can tell you.

recognized as one of the most definite cases of pneumonia or typhoid or carand curable diseases in medicine.

Treatment which is based upon the recognition and removal of fundamental conditions as they appear in the individual case will give surprising results.

Most of the past treatments have aimed at the withdrawal of results and the property of the past treatments have aimed other disease. Patients in the case of morphisms as it would be to do so in any other disease. at the withdrawal of morphine and at other disease. Rational treatment and at the withdrawal of morphine and at prognosis must depend in it, as in the bolstering up by whatever means other diseases, upon its history, its fective mentality and will power.

the use of morphine does not constidrawal of the drug constitute the cure time getting away from the blind felfor morphinism. The desire for mor- towing of routine and the search for phine is in the majority of cases the specifics, and aiming at the dissimply the expression of body need as covery and consideration of, and treatthe desire for water is an expression ment of fundamental cause and underof body need. The fundamental con- lying conditions. When this method of dition is the changed physiology which research is applied widely to morphis makes morphine a necessity for or- ism and other narcoile conditions, and ganic function. If this were not so the facilities of our great charity beasolution of our problem.

accomplished in many ways, and the ial care and psychlatric classification average patient will live through al- will be applied more sparingly and nost any method of so doing. Expe- more intelligently. Many worthy ill ience shows, however, that following persons, instead of being refused adtreatment which depends upon and mission and turned back into the has for its sole aim withdrawal of the streets after inadequate ireatment. drug comes' months of suffering and more hopeless and less efficient, adding endurance of physical inadequacy so to the municipal burden of the care of great and so constant that there are its unit, will be rationally treated and few who do not relapse.

"Withdrawal should be simply one competency, step in the patient's treatment, under- "The primarily normal sufferer, innotaken and executed with due knowl- cent victim of circumstances or of misedge and understanding of the disease guided or unavoidable medication, will and not by routine procedure. The be treated as any other patient, in his important factor is to sufficiently un- home, in the general hospital or in derstand the disease and its symptom- reputable sanitania, according to his atology, so as accurately to estimate wishes and purse and the desire of his the patient's actual body need for mor- physician. With unbiased study and

treating what he so flatly character- der supply it so long as it exists, nor to climinate, without artificial support, the "When you visit the workhouse in- conditions which create this need and firmary," he answered, "you will see to leave the patient well enough to

cated by or complicates other diseases "But while we are on the subject I exactly us do other morbid processes, want to say this: In morphinism we and every case is absolutely individual, have what will before many years be it is just as reasonable to treat all were at command the supposedly de- stage and development, upon its com-"I want to state emphatically that plicated complicating factors, upon the condition of the patient, mental and

"Modern medicine has been for some re would have long ago reached the pitals properly directed to its furtherlution of our problem. ance we shall rearrange our conception "Withdraws of morphine has been of morphinism, Restraint and custodreturned to health and self-supporting

phine, to neither oversupply nor un- education, medical and lay, will come a rearrangement of our attitude toward morphinism and toward the treatment of its victims, and in its place will stand as a part of the ethical rational practice of medicine the treatment of a new disease."

War Trophies in Demand. Indianapolis News

Curio dealers from England and from the Continent are reported to be in the vicinity of buttlefields in Northern France endeavoring to buy trophies of he war which they hope valuable. They find, it is said, some difficulty in driving burgains, Amateurs who have come into possession of trophies hold them for high prices or will not sell on any consideration. recalled that after the American Civil War came to an end a bookseller in the Bermudas when the cargoes of the blockade runners in the harbor at Hamilton were sold at auction bought a number of package cases without the least knowledge of their contents, Among these were several boxes of brass buttons configned to the Confed erate army for use on soldiers' uni-forms. Some 20 years later tourists discovered these old Confederate buttons. A New York dealer made a high bid for the entire supply. This bid was refused and these buttons, for which in the succeeding years a small fraction of a cent was paid, have been selling at 75 cents and \$1 each.

WOMEN IN FIELD OF LABOR

IRLS who are in business differ save themselves! By saving themselves I from business men principally in is not meant saving on their work, but their physical resources. In all other saving on their physical strength directions they can challenge compari- There is no reason why any girl should son with the masculine side of the come home from her office absolutely working world with perfect impunity, exhausted each night, just depending Nowadays when we have women work- on her night's rest to give her enough ing in almost all the fields which for- strength to get through the following merly belonged exclusively to men we day. If this condition exists something may well ask if there is anything done is wrong. by man which cannot be equally well It usually means that she is fritterdone by woman. The answer is no, ing away her strength on unnecessary with a reservation, however, pertaining things, for if she were living as she just as well done by woman if she is physical resources she would never feel physically able.

fact that men are far better able physi- of complete exhaustion, never! cally to combat the difficulties and Learn how to save yourselves, girls! and it is an excellent idea to learn selves.

The work can be ought and knew how to conserve her absolute exhaustion. She might know Now, there is no use discussing the fatigue, but the absolute, dead assitude

hardships of a business career than You must realize that this physical difstrength. Even will power will give your resources to the last gasp. Not at out eventually, however, under the all! The quickest way to overcome this strain of working with an unfit body, difference is to learn how to save your-

how to conserve the physical forces and No point is useless which may bein how to build up and save the strength to conserve your strength. Once a month take a whole Sunday in bed, So few business girls know how to just for complete physical relaxation.

BROKEN HEARTS NOW MENDED

BROKEN hearts are being mended in influence of ether very soon after the Russia now. injury, part of the chest wall was re-

other diseases from which they may tunate romances, but the valvular or- and the stitches quickly introduced begans pierced by knives. Time mends tween pulsations. The bony chest wall

having been affected by the heart Sometimes a man sees so many hor-

Not the hearts shattered by unfor- moved, the heart lifted from its hed. done to give the heart room to expand

Warning Bearens.

Exchange.

rible examples he decides he won't join