## THE SUNDAY OREGONIAN, PORTLAND, MAY 23, 1915.





Through Central Africa, by James Barnes. Illustrated. \$4. D. Appleton & Co., Philadelphia.

We are very glad we went. But there are certain portions of the jour-ney that we would not care to do again."

This frank explanation of our author This frank explanation of our author is interesting in describing an African trip which he and his companion. Cher-ry Kearton, had—a trip starting from Mombassa, in British East Africa, and emerging at the mouth of the Congo River on the Atlantic coast, hearly 4000 miles in a year, nine months of which were spant on the equator. The book is one of surpassing inter-est, humor and general information.

est, humor and general information. The style of writing is natural and graphic, and shows the skill of one used to describe incidents of travel. The trip in question was neither a hunting nor a scientific expedition in the ordinary sense of those terms. The the ordinary sense of those terms. "The results of our hunting," explains Mr. Barnes, "are shown in the photograph-ic illustrations to our book. Our ad-ventures, such as they were, were rela-tive almost entirely to that quest for materials for camera operation. It was tive almost entirely to that quest for materials for camera operation. It was resolved that there would be no wound-ed, trapped or harassed antmals tak-en; that slaughter would be conspicu-ous by its absence, and that, so far as possible, animals would be seen moving undisturbed in their natural habitat, and that the native life would be represented unstaged, and truthbe represented unitaged, and truth-fully. So, if the reader expects de-talled accounts of big gamebags, meas-urements of supposedly record heads and accounts of terrific wounds by soft-nosed or solid builtets, he had bet-ter nut this volume down on the bookter put this volume down on the book-sciler's counter, or if he has had the good fortune to buy it, place it back on his shelves, unread."

good fortune to buy it, place it back on his shelves, unread." In other words, our author and Mr. Kearton-who was taken along as an expert photographer and camera art-ist-detail their actual adventures in the wild African jungles and on rivers, and show pictures that have the accu-racy of a "movie" film. Part of the trip was westward through Uganda and down to the Congo, following Stan-ley's trail on the Emin Pasha relief expedition. There are more than 100 illustrations from photographs, and they are of notable interest. Here is a record-route of the re-markable Barnes-Kearton Central African trip of 1913-14: April-Start-ing From London, May-Off North-ward From Nalrobl; Marching Into a Painting. Juns-Along the Rhino Paths on the Banks of the Uashu Neru; Into the Banks of the Lions; Rumuruti; Into the Waterless Country; Picture

Into the Waterless Country; Picture Land and Noah's Ark. August-Past the Kenia Glacier; The Tragedy of 70 Feet of Falling Rock; Circumventing British Red Tape in the Weil-Knewn Hunting Grounds. October-Birthday Hittin Ked Tase in the Weil-Known Sports la Bury Uganda, the Kabaka Sports la Bury Lephants la the Sports Sports La Bury Theorem Sports Law Parling Down the Har Sports Sports Law Sports La



It are committed to memory. The other reason is, that its distinguished au-thor is now the President of the United States. The book is worth a good deal, and its message speaks like that of a true friend. It will make a valued present to any young man in need of sound advice, but there are many such.

The Sun Bath, by John Lovranich, Portland

The sun Bath, by John Lovranich, Portland, Or. No longer are physicians persuaded that the only way to get their patients to enjoy good health is to keep these patients locked up in rooms, without unlight or exposure to air. Homes for hothouse plants-real homes-can only be found in hothouses, and these ex-pensive treasures soon fade outdoors. How blessed it is that man's natural home seems to be out of doors! Don Lovranich is a former resident of Vienna, Austria, where he was con-nected with the Classical Sun and Hy-dropathic Institute, and his home is a now in this city. He holds diplomas from the Berlin Society for Hygienic and Physical Dietetics. He is an enthusiast along the lines of sun baths as reme-dial agents, and sends this pamphlet to explain his life-work. The treatise is a short one, of 28 pages, and tells of sunlight in its rela-tion to the Maintenance of physical health and the alleviation of bodily ills. The central thought in the little book is that the sun is the source of all forces which act upon the earth, and the but is the source of all forces which act upon the earth, and that by nature the human being is a creature of darkness. In Europe there where people enjoy freedom from con-ventional clothes and the benefit of air and sun bath. "I have found many people here in

where people clobes and the benefit of air and sun bath. "I have found many people here in Oregon and especially in Portland who think, for some unknown reason, that there is not enough sun here nor is the right kind for sum bath," writes our author, "but, fortunately, this is not the case. In the four years that I have been established here I have made use of the sun bath and find it just as sat-isfactory as in Europe. Beginners often try to take a sun bath behind window glass. Such a bath is of considerable less value, for it is a scientific fact that the glass absorbs the greater por-tion of the chemical rays that are of such vital importance to the upbuilding of the body." The sun season is men-tioned as being from early in May until of the body." The sun season is men-tioned as being from early in May until the end of September. Other appliances are used as remedial agents in the pe-riod between September and May.

## The House That Junk Built, by John A. McMabon, \$1.25. Illustrated, Duffield & Co., New York City.

Co., New York Chy. Once a man whom I know started to tint the walls of his home and 90 per cent of the time his wife told him he couldn't do the work. The man per-severed and, in spite of noisy objec-tives, his "tinting" work was com-pleted and pronounced by a profes-sional painter to be a first-class suc-cess.

Eight Rose-Time Picture Cards, poetry and designs by Eleanor Taylor MacMillan Gresham, Or.

MEN WHO HAVE LEADING PARTS IN WORLD NEWS CAUGHT BY CAMERA

J. J. Carter, Canadian Freight Brakeman, Gets Medal for Bravery-Editor Frank Knox Thinks Colonel Roosevelt Will Return to Republican Party-Herr Schroeder, Kaiser's Chauffeur, Gets Iron Cross.



John A. Wilson

Lord Lionel Rothschild



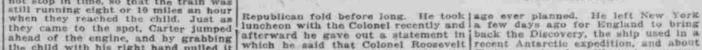




J. Alden Weit

sional painter to be a first-class success. Now here we have the uplifting story of an American who really, with his own hands, built his own house of the suburbs of an American who really, with his own hands, built his own house of the suburbs of New York, assisted by his wife. The couple, before they began building their home, had savings of \$2200. They borrowed \$1000 for a long term of years at 4 per cent. An interview with Thomas Edison gave our amateur housebuilder the necessary encouragement and inspiration. The housebuilder didn't ever know properly how to handle tools. He bought 3.56 acres at \$335 per acre and went aliead, and won. With a private road and general improvements the property came to \$3000. Really the optimism and lend-a-hand spirit of this book are astonishing but the title is to modest. It ought to read "The House That Jack Built."

The gallant act which earned this highly prized medal occurred at Tweed, Ontario, in May of last year. Carter was on the fireman's side of the loco-motive of a train running 18 miles an hour. The semaphores were set in clear position but a little cirl had con Here we have eight beautifully deco-rated picture cards, evidently designed for the Portiand Rose Festival, and worthy in every way of this auspicious event. Each of these cards has a verse of original poetry, of which the follow-ing is a sample:



Herr Schroeder

ing is a sample: The Babylonian gardens fill the tourist's mind with awe. And the pyramids hold secrets no one knows:

J.J. Carter



Frank Knox Metos. By 6,6. Beine

Commander J Faster Stackhouse



These paragraphs will be found of interest. It is that also for the same the stranger both the constrary. France ever living on hat is may them in the stranger both the same the same

ness, their children are at home in her

"We sometimes think that the distinguishing characteristic of war is the ting inshing characteristic of war is the killing and maining of men; but it is evident that this is not the real dis-tinction, for men are killed and mained in time of peace. The essential and the one marked difference is this, that during war a nation is a society, and German whereas in peace it is an aggregate of individuals. So true is this, indeed, that liberty is for the society of f a denizen from some other world, acquainted with our normal activities during peace, should visit us now when at war, he would have difficulty in recognizing in this smoothly moving, harmonious unit the disor-ganized welter of yesterday. Compared at war, the disintegration that inevitably ensues when the sword is the aside is in all practical aspects like the aside is in all practical aspects like the body is a set of the body is a set o dissolution which sets in in the body 27, he of a man when the spirit has taken its violent, flight."

The Brocklebask Riddle, by Hubert Wates, St. 30. The Century Company, New York City. Quite a puzzle as a story, but also an entertained. Thagine this plot: Brocklebank, a prosperous London broker, his wife, and his partner, wind up their holiday trip to Switzerland with an ascent of Mont Blanc. Brocklebank collapses under the strain of the climb and dies on the mountainside, and his partner actually sees his body cremated. Then things begin to happen. Among other

ready to admit that to get along the is a tragic novel of strong powith people is an essential part of educa-people is an essential part of educa-grandly fashioned and filled also with dashing romance, delicate sentiment, and splondid descriptions of the beauty point, pictures the beginning of the present war between Britain and Ger-

duite as important as to know what is true."
Such is one conclusion arrived at in this remarkable book of speculation and philosophy, in interpreting the present war in its historical perspective, in its bearing upon the main relations of society, and the great social movements of the present time. The opinion is also expressed that the present time in these pages:
What is it that has made Russia the great enigma, the stranger both in these pages:
What is it that has made Russia the great enigma, the stranger both in these pages:
What is it that has made Russia the present both in these pages:
What is it that has made Russia the great enigma, the stranger both in these pages:
What is it that has made Russia the present both in these pages:
What

Alsace-that province which Germany won from France in the War of 1870. He had gone through the whole of that

the mag gone through the whole of that war wearing a silver helmet, from the crest of which hung, instead of horse-hair, the hair of a woman. M. Ubrich's nephew, Jean Oberle, is newly home after three years, it is the advance and occupation of Beigium, of France, and the crushing

newly home after three years' educa-tion and travel in Germany and other War War breaks out and we see Belgium in red ruin. Edmond Valentin is in charge of a maxim gun and his part in

countries. Jean, about to join a Ger-man regiment, does not like Germany and German ways-after having lived among them, and complains that under

and the short of the second states in the impression of being the its to one of the second states in the impression of being the its formans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states that Germans are born to conquer the second states the officer before he second the second states the officer before and the second states the second state states the officer before the second states are born to conquer the second states the second s

of vlew.

The God of Battles and Other Verses, by Ambross Leo McGreevy. \$1. Sherman, French & Co., Boston.

inge.

is printed.

The engineer had himself climbed along the pilot by the other footboard and thus witnessed the rescue, while the representation of a rose, the postry the fireman had jumped off between the engine and tender, trying to run ahead, but too late to do anything. Brakeman Carter has always had an

The Education of the Negro Frior to by Carter Godwin Woodson, Ph. D., vard, \$2, 454 pages, G. P. Putnam's New York City.

excellent record, so that the awarding of the Albert medal to him caused much gratification to the company's officers and to his fellow trainmen. Those present at the ceremony in-cluded W. R. Baker, assistant to the president; A. D. MacTier, general man-ager, E. L. J. G. Rogers, assistant superintendent of district No. 1, On-

\$2. Funk & Wagnalle Co., New York City. With 48 full-page illustrations from Western spirit.

With admirable illustrations by Ethel Franklin Betts, here are 53 Riley poems, selected with care. A valuable little book, one that fills a vacancy that bitbarto existed that hitherto existed.

Irradiations: Sand and Spray, by John Gould Fletcher, 73 conts, first-class postry: and Japanese Lyrics, translated by Lafcadio Hearn, 75 conts, a reprint of a book con-taining gems of poetry (Houghton-Mifflin Co., Boston).

Co., Boston).
 The Game of Empires, by E. S. Van Zile, \$1.25, well-written papers containing argu-ments that the United States should bave an army and navy sufficient to protect it (Moffat, Yard, N. Y.).
 The German Army in War, by A. Hil-liard Atteridge, 50 cents, a comprehensive and striking account of the German army, written by one who has studied its opera-tions and ambitions (McBride, Nast & Co., N. Y.).
 The Yellowstone National Body

N. Y.). The Yellowstone National Park, by Hiram Martin Chittenden, Brigadier-General, U. S. Army, Illustrated, \$1.75, an attractive, well-written book (Stewart & Kidd Co., Cin-chmail, O.). Billion Nother by Martine Statement of the Statement Statement of the Statement of

The Kiss of Apollo, by Mrs. M. G. D. Bianchi, \$1.55. Duffield & Co., New York City.

written book (Stewart & Ridd Co., Ch., Ginnati. O.).
Billie's Mother, by Mary J. H. Skrine, \$1.35, a story of healthfal influences and European Police Systems, by Raymond E. Posdick, formerly commissioner of accounts, City of New York – a valuable book the plan of which is based on intimate personal study extending to more than a year and a half of the police departments of 22 European cities (Century Co., N. Y.). The Good Soldier, by Ford Madox Heuf-fer, \$1.25, a movel, with a "dry" plot (John Lane Co., N. T.). The Rat Fik, by Patrick Maccill, \$1.25, The story of a self-possessed young woman, her humor, courtship and mar-

knows: But the marvel of the ages is the bloom without a flaw— The eighth wonder of the world, the Port-land rose. These cards are suitable for mailing, and can be sent anywhere with credit to the city from whence they came and to the sender. The author says that copyright has been applied for. No views of scenery are furnished. On the representation of a rose, the goetry

New York.

The Naional Academy of Design at its meeting in New York has just elected J. Alden Weir its president to succeed J. W. Alexander. Mr. Weir is one of the foremost of American art-the forem the position of superintendent of the coast and Geodetic Survey, after by president in accepting Mr. Tiltman's one of the foremost of American art-ists. He studied under his father and under Gerome. His specialty is por-traits and genre pieces. He received honorary mention at the Paris Salon in 1831. He is 62 years old. He lives in New York. Those present at the ceremony in-cluded W. R. Baker, assistant to the president; A. D. MacTier, general man-ager, E. L.; L. G. Rogers, assistant superintendent of district No. 1, On-tario Division; S. O'Hara, engineer; W. Martin, fireman; J. S. McWherter, con-tario Division; S. O'Hara, engineer; W.

superintendent in 1900.

The fron cross man Emperor. One A companion volume to "Japan to imerica." This book contains, in 318 pages, a ymposium of papers by representative itzens of the United States on the mony relations between Japan and the The iron cross has been distributed

ginning of the war. Frank Knox, the editor of the Man-chester, N. H. Union, believes that Colonel Roosevelt may be back in the started on the longest scientific voy-we did not join it in the conflict.

> a novel of sordid life, with a heroine that is auditorium with some money recently a novel of sordid life, with a herome that is true gold; and the Eagle of the Empire. By Made at an afternoon entertainment. Thanks are due Mrz. J. C. Elliott King, Thanks are due Mrz. J. C. Elliott King, of the school beautiful committee, for assistance rendered in making the sec-

> > Interesting debates along historical lines have been held in Misses Peterson's and Porter's classes this month. These have necessitated much intelli-gent research on the part of the students taking part.

Dr. W. G. Eliot addressed the gram-Mrs. Eunice Garfield Page, who has charge of second and third-term sew-ing classes, is teaching home economics in the fullest sense of the word. The etric way, but the sense of the second the gram-mar grades of the school on Peaces day, May 18. His address was replete with good advice. Hoffman School Nates.

in the furner sense of the word. The girls, upon finishing a garment, al-ways purchased new buttons. Mrs. Page explained that this habit could never spell economy and offered, two extra marks to each girl who could retary. Miss MacLeod, succeeding Miss Woods, Miss Smith and Miss Hart.

The Parent-Teacher Association will hold its monthly meeting Friday after-noon. Mr. Roth, memory expert, will be present and deliver an address on Mrs. gramme the annual election of officers will be held.

"Be Kind to Animals" week is being observed by the upper grades in spe-cial programmes and study.

Teachers and pupils extend tried out on the classes who helped in its arrangement. The list was origthanks and appreciation to the Board for the newly completed tennis court, inally intended for the freshmen, and the fourth-term girls are deeply re-gretting the valor with "which they hunted "shop" words for the unoffendwhich is proving a great source of re- pleasure.

Politicians Who Fail.

Howe's Monthly. Mexico has one system that is sups-rier to ours: When a polltician fails, he is usually shot. But in our country, a pollician who falls is only laughed at; and, in his retirement, he works up another revolution, which is

requently successful at the next elec-

PORTLAND SCHOOL NEWS (Continued From Page 10.) the auditorium and listened to a short speech by Mrs. Alexander. The theme "Peace on Earth, Good Will to Men." 

New Books Becelved. Alfred. the Great, by Beatrice E. Less, Status of England," of the years 848-899 The World Crisis and the Way to Peace, by E. Elleworth Shumaker, Ph. D., 75 cents a string, trumpet-call that the United world-progress to intervene the European average ought in the name of humanity and by Germany," by Dr. C. Snouck Hurgronie, for cents, a book that deals with an inter-reting phase of the present European war, the store of the middle ages in Europe-not so good a story as "The Peacock Peather", Vanishing Roads, by Richard Lo gestienne, \$1.50, a collection of admirable seater by the of the under and the store peather", Vanishing Roads, by Richard Lo gestienne, \$1.50, a collection of admirable provet Colonel 15th Connecticut Volunteers, primerkable experiences of a prisoner of the functions. Sand and Spray, by John

New Books Becelved.

Martin, fireman; J. S. McWherter, con-ductor, who, along with Brakeman Carter, were running the train; also

source as a moulder of characters. Her story is a healthy, bright one for women, and depicts the evolution of Victoria, malden and wife.

Pistol and Revolver Shooting, by A. L. A. Himmelwright, 70 cents, Outing Publishing Co., New York City. A reprint of a valuable book on shooting written from an expert point

Twenty-nine high-class poems, sev-

in Diantha, by Juliet Wilbor Tompkins, \$1.25, A charming story that is as welcome as sunshine. It is mingled with cheer and storm—a kind of Cinderella story brought up to date, the good fairy be-

ing a substantial surgeon.

Victoria, by Martha Grace Pope. \$1.35. Sherman, French & Co., Boston, Mass. Our author shows cleverness and re-