# ALL ILL ARE AIDED BY VISITING NURSES

Relief Carries Workers From Most Comfortable to Most Needy Abodes.

ADVICE OFT ONLY TONIC

Dispenser of Cheer Declares That Discouragements Are Many and That Efforts Scarcely Noticed in Removing Misery.

> BY MISS N. J. LACKLAND, Visiting Nurse.

Our work for the day begins at \$:30 our work for the day begins at \$:30, and the number of visits paid depends upon the amount necessary to be done for each patient, as well as upon the distance one has to cover in getting to and from them. Here is a sample day:

Our first visit is to a new patient, where much preliminary work must be done in getting things together in rather a careless household at the best, but now theroughly demoralized on but now thoroughly demoralized on account of an ill mother. They are not real poor people, these, as the fath-er is working steadily and there are only two children to clothe, feed and After much searching on the part of

After much scarching on the part of the older girl, who is staying home from high school to do the housekeep-ing and attend to her mother, some clean linen is found for the patient and her bed. The nurse, in the meantime, takes temperature, sizes up the situa-tion and, incidentally fixes up the fire and puts on water to heat Alling Babe Is Next Charge.

A first visit of this sort, when so much instruction, as well as nursing has to be given, will take at least an

Our next visit is to an ailing baby, getting better now, after several weeks illness, from which the doctor and all of us hardly expected her to recover. The brain has been affected seriously and the child, 2 years of age, is just beginning to notice people and things around her, but acts as a baby of five soil with his eight famous woodatious teady work and there are two other little girls, just a few years older. We walk a few blocks to see a small boy of 4, who lives on the third floor with his widowed mother and a big sister of 16, who is at present the only initiated in its suble grace and yields a present the only in the family. She receives only \$7\$ a week.

Our boy has been left in the care of the facting but the content of the first time May of the first time May of the music, for there is a hidden but a few mars the spell made by the beauty of the music, for there is a hidden but incorrigible element of grotesque humans the she with a seen given a delightful oriental mor in the bassoon that calls to mind the mingling of serious philosophy and the with delightful effect in the Pastoral Symphony, and Gounod in the "Funeral March of a Marionetic," as did also Mendelssohn of the highly effective was a stand most delightful heritage that Gallic genius has given the world.

Our boy has been left in the care of Our next visit is to an ailing baby,

went out to work) He became suddenly worse and the doctor who was hardenly worse and the doctor who was not mounted it an attack of appendicitis. Here we have a nervous, anxious mother, who will not hear of the hospital much better care of him at home. We have an any proper of the angular of being care of for her accidence by surprise. After the pure contents of being care of or a flaming outburst from Beethovan mow to a few minutes visit to an interesting old couple, No actual nursing the time and prefers his wife to wait on him. These are Russians, in America only two years. The husband had come to a comparable living. They had come to America and were having a fixed time and prefers his wife to wait on him. These are Russians, in America only two years. The husband had coupling, where have a doctor with the still edge.

New Ord of advice and cheer (given with the still of plant, where having a fixed time good only a great the words of advice and bessoon, in particular, plays in the scene of Saul and the Witch of Endor. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the most up-to-date manner. The work has also been carried on the work of the work has also been carried on the work of the beat of the work has also been carried on the work of the work has also been carried on the work of the work has also been carried on the work of the beat of the beat of the below ground until every department. The work has also been carried on the most up-to-date manner. The work has also been carried on the below ground until every department. The work has also been carried on the below ground until every department. The work has also been carried on the best of the obse. with the aid of an interpreter) is all be done here. Lunch over, and a short rest-we

start out again.

This time we take a car to the end of the Fulton line, to find a family—father. mother and nine children—camping in a field, living in a covered wagon and a vacant shack (the latter they had found near a stream, so decided to stop there). They had started out from a small town in Idaho, across country in a covered wagon, planning to take up a small tract of land in the Coos Bay country. Coos Bay country.
One baby, a twin, had died just be-

One baby, a twin, had died just before they started and the other enroute. The family was stranded here.
The man had no work and they were
really starving, with the mother ill.
There is nothing to do in the way of
nursing care here, so the patient was
sent to a sanatorium. The situation
was reported and, by the aid of the
Salvation Army and Associated Charities, the family was moved to a home
in Fulton and cared for until the father
and older children could get work. Boy Is Treated for Ring Worm.

A faw blocks from this patient stop in and dress a tuberculous hip. Russian boy is home from the hospital a few weeks. The Jewish Women's Benevolent Society has paid for hospital Benevolent Society has paid for hospital care, plaster cast and ray plates, while the doctor has given his services. An abscess is showing much improvement and the boy is getting around by the aid of crutches and a high shoe, with a plaster cast from the waist down the whole length of one leg. Before having the cast he had been suffering much pain, having some fever and very little appetite. Now his mother is telling with pride about the quantity of milk he drinks and about the eggs and everything else he eats.

thing else he eats.

Another car ride—this time to North Portland to see a stolld German boy of two and a half years. We stand him on a chair and proceed to cut off his hair, which is done with difficulty, as the head is covered with zores. Then we scrub and clean with green soap and water and finally apply the doctor's

and water and finally apply the doctor's treatment for ringworm. Now, if there is a little time left we stop by to see some of the physicians whose patients we are caring for. If, too late for this we must phone and ask advice.

Any one, looking over the daily rec-

Any one, looking over the carly rec-ords of a Visiting Nurse can read be-tween the lines and picture the many scenes of poverty, distress of mind and body, and often the seeming unfitness of those we come in contact with, to contend with the problems of living. There are many discouragements; for after all, though we try and often do help many to recover their hold on life, we realize we can do comparatively nothing to remove the cause for all this

FIRE LAID TO HOTELMAN Frank Ketchum, of Camas, Accused of Arson, Following Blaze.

VANCOUVER, Wash., April 24.—(Special.)—Frank Ketchum has been arrested charged with arson. He had recently leased the old Camas Hotel,

## **HUMOR BLENDED WITH** MUSIC BY MR. BARRERE

Changes From Serious to Merry Tunes So Sudden That Audience Sometimes Catches Is Breath With Amazement, but Effect Is Enjoyed.



GEORGE BARRERE, WHO WILL BE IN PORTLAND WOOD-WIND ORCHESTRA MAY 5.

William L. Finley and Irene Finley Spend Several Summers Tramping in Mountains, Making Friends of Feathered Folk and Getting Data



Mr. And Mrs. William L. Finley

Finley has been announced by Houghn Mifflin Company, the Boston publishers. The new book is entitled "Little Bird Blue," and is a charming

N interesting child's book on bird mountains, making friends of birds A life by William L. and Irene and animals and collecting interesting stories of outdoor life.

Lebanon Veteran Hurt Again. LEBANON, Or., April 24 .- (Special.) "Little Bird Biue," and is a charming biography of a bluebird which was adopted by the children. The book is weil illustrated with both drawings and photographs.

This new book has been written by Mr. and Mrs. Finley on account of fre-

The Portland Is Remodeled for Summer Visitors.

ARTISTIC EFFECT PLEASING

Harmony of Color and Greatest Utility to Be Gained Guides in Alteration Plans to Add to Attractiveness of House.

The Portland Hotel, one of the oldest and most famous hosteleles on the Pacific Coast, has, in addition, been made thoroughly modern by the remodeling and refurnishing work which is just being completed at an expenditure of \$31,000.

The great caravansary, which was designed by the late Stanford White and is under the management of George C. Ober, has been overhauled from cellar to garret by an army of carpenters, painters, paper-hangers, carpet-layers and other workmen, who have left it in holiday attire, ready to welcome the crowds of Eastern visitors which it is expected will pass through Portland on the way to and from the fair at San Francisco this Summer.

Improvements Please Exacting. Practically all the rooms of the hotel have been fitted up with new carpets of rich and artistic hues and have been or rich and artiste hues and have been hung with beautifully tinted paper to match. The woodwork of the rooms also has been restained and varnished, everything being done to delight the eye of the artist and please the most exacting taste in harmony and color

effect.

The private dining-room, with its golden draperies and portiers, gilded furniture and new and indirect lighting system, is one of the rooms where the remodeling and alterations have been worked out in the most delightful manner. The sum of \$800 was spent in refitting this room alone and, to the observer with an eye for the artistic, the money appears to have been exceedingly well spent.

An illuminating analysis of the present situation in the lumber industry was made recently by Julius Krutt-schnitt, chairman of the Southern Paciflo board, upon his return to Nev York from a trip through Oregon, Cal-ifornia and other parts of the West. His observations on the business sit-ation generally were encouraging, with the single exception of the lumber trade. He is quoted as speaking of the "practical paralysis of the lumher business," of which subject he is held to be a competent judge, inas-much as the transportation of lumber, especially in the Northwest and upon the Pacific Coast, has in the past furished an important part of the traffic of his systems.

"Mr. Kruttschnitt's explanation of the great demoralization of this busi-ness was based exclusively upon gen-eral business depression," is the com-ment made by his interviewers. "The falling off in building operations failing off in building operations throughout the country had greatly decreased the demand for lumber. But it is said that if that is the only explanation, then the lumbermen may look forward with confidence to the return of prosperity, since building, and that upon large lines, is certain to follow revival of prosperity."

In connection with Mr. Kruttschnitt's discussion of the lumber trade, New York experts are pointing out that the York experts are pointing out that the depression in Oregon and Washington is due to other causes than general lack of trade activity. Principal among these other causes is enumerated the

It is pointed out that the Canadian It is pointed out that the Canadian lumber interests are able to maintain successful competition with the Oregen and Washington producers by reason of the recent tariff reductions and the opening of the Panama Canal. Canadian lumbermen are said to be confident that, with the change in the lumber tariff, they will be able to ship lumber from the Canadian ports on the Pacific Coast by way of the Panama Canal to New York and other Atlantic seaboard cities and market it at a lower figure than the Oregon and lower figure than the Oregon and Washington lumbermen could sell like products.

Well-informed business men," says the New York report supplementing Mr. Kruttschnitt's statements, "are Mr. Krutischnitt's statements, "are confident that the country cannot have its full measure of prosperity unless the great lumber industry of the United States aids in stimulating that prosperity and has its due share of it."

The fact that the transcontinental railroads require lumber shipments to fill their eastbound freight cars is emphasized. American trade with the Orient depends largely upon maintaining this equilibrium, it is maintained. ing this equilibrium, it is maintained.

FUGITIVE IS HELD IN OHIO F. H. LeMonn to Waive Extradition to Face \$90,000 Fraud Charge.

fugitive from justice a reward recently was offered by United States Marshal Montag, was arrested in Toledo, O., Frirested charged with arson. He had recently leased the old Camas Hotel, at Camas, which was burned Wednesday. The hotel was the oldest larged building in Camas and for years was the best hotel there.

It was leased by the owner, Loren Wright, to Ketchum, who was to open it as a rooming-house. It is as a rooming-house. It is as a rooming-house. It is as a rooming-house and fire was started. It was started. It was started. It was started it as a rooming-house and fire was started. It was started. It was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it as a rooming-house and fire was started. It was started it was started it as a rooming-house and fire was started. It was started it was started it with another accident yesterday at his home in the suburbs, of Lebanon, when an oil stove he was offered by United States Marshal Wontag, was arrested in Toledo, O., Friday at his home in the suburbs, of Lebanon, when an oil stove he was offered by United States Marshal Wontag, was arrested in Toledo, O., Friday at his home in the suburbs, of Lebanon, when an oil stove he was offered by United States Marshal Wontag, was arrested in Toledo, O., Friday at his home in the suburbs, of Lebanon, when an oil stove he was offered by United States Marshal Wontag, was arrested in Toledo, O., Friday at his home in the suburbs, of Lebanon, when an oil stove he was started in Toledo, O., Friday at his home in the suburbs, of Lebanon, when an oil stove he was taken and wing the feet, wais a rooming to a coording to advice received and h



company and is said to have made \$90,000 in commissions during his operations here.

FARM TALKS TO BE GIVEN

Dr. Shaw and G. L. Wilson to Visit
Central Oregon in June.

Dr. Thomas Shaw, agriculturist of
the Great Northern and Northern Pacific Railways, will make a tour of Central Oregon the first week in June and
will give a series of lectures in that
district on diversified farming and livestock growing. C. E. Arney, Western
industrial immigration agent of the
Northern Pacific, with headquarters in
Spokane, was in Portland yesterday and
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development of the district has just
charter. The reat
development of the district has just
central Oregon in every way possible.
"As a practical agriculturist, Dr.
Shaw has a National regulation and the
measure will have for the farmers
of Central Oregon will be something of
great value to them. We have visited
that section before and knows what the
possibilities are. It is probable that
he will pass a week or 10 days in the
district."

G. L. Wilson, alfalfa expert of the
Northern Pacific, will accompany Dr.
Shaw.

Sick, Headachy and
Constipated.

Enjoy Life! Don't Stay Bilious,
Sick, Headachy and
Constipated.

E. Eugene Renfro, baritone, will be
presented in recital by Maude Springer company and is said to have made \$96,- "Since our line has been built and irrivate in commissions during his opera- gation projects constructed rapid

131-133 First St.

Spokane, was in Portland yesterday and conferred with Spokane, Portland & Seattle Railway officials regarding the itinerary to be made by Dr. Shaw. It is expected that plans for the tour will be completed this week.

"Central Oregon has tremendous possibilities for livestock raising and diversified farming," said Mr. Arney.

NEW POLICEMAN WHO CLAIMS DISTINCTION OF BEING

T. J. (BIG TIM) HEALY BEING SWORN IN AT CITY HALL BY DEPUTY AUDITOR E. W. JONES.

Although no record has been made recently of measurements

Although no record has been made recently of measurements of Portland policemen. Timothy J. Healy, who was sworn in at the City Hall recently, expects to carry away the title of the "biggest cop." He will join the force tomorrow, having been appointed by Mayor Albee and having furnished his bond, taken his oath and donned a star.

Healy, who is known in police circles as "Big Tim," stands 6 feet 4½ inches in his stocking feet, weighs 275 pounds stripped and and has a chest measurement of 49 inches. He is 30 years of age and has been in the police business a number of years. After being shot by a highwayman on January 27, 1914, he was taken to the hospital, where he was confined for two months. He had planned to take a civil service examination for the police force, but the test was held while he was in the hospital. In recognition of his services the Municipal Civil Service Board held a special examination for him and he passed high in the list.

"BIGGEST COP" ON FORCE



take Cascarats to liven your liver and clean your bowels. Stop the headaches, billous spells, sourness, gases, coated tongue, bad breath, sallowness and constipation—Take Cascarets and enjoy the nicest, gentlest "inside cleansing" you ever experienced. Wake up feeling fine. Cascarets is best cathartic for

### Standard Remedy For Many Homes

Indigestion and constipution are two conditions closely related and the cause of much physical

refering.

The tendency to indulge one's appetite is general, so that most people suffer at some time or another from rebellion of the overtaxed organs of digestion and elimination. A simple pleasantly effective remedy that will quickly relieve the congestion of poisonous waste and restore regularity, is the combination of simple laxative herbs with pepsin, sold in drug stores under the name of Dr. Caldwell's Hyrup Pepsis. This is a mild, pieasant laxative-tonic and disestant, absolutely free from opiates or narcotic drugs, and has been the standard household remedy in countless homes for many years. A free trial bottle can be obtained by writing to Dr. W. B. Caldwell, 452 Washington St., Monticelle,

> MOMEOPATRIC PRESCRIPTIONS,"
> SPECIFICS,
> TRITURATES, PELLETS.

HOMEOPATHIC PHARMACT CHARGE OF A TRAINED HOMEO PHARMACIST. SEND FOR CATALOGUE,

WOODARD, CLARKE & CO. Wood-Lark Bldg., Alder Street at West Park, Portland, Or.