R. A. Booth Draws Picture of Oregon's Greatness in Near Future for Eugene Club.

VAST WEALTH POINTED OUT

Varied Resources Declared Capable of Sustaining 100,000,000 Popon Pacific Slope, Taking European Basis.

EUGENE, Or., April 18 .- (Special.)-Speaking to the subject, "The Future of the Pacific Coast," before the Round Table Club of this city last Tuesday, R. Table Club of this city last Tuesday, R. A. Booth, Republican candidate for United States Senator, delivered an address notable for the great deal of concrete information it contained. Mr. Booth took advantage of the opportunity to outline the policies which, in his opinion, the people of the Pacific Slope must follow if they are to attain the maximum of development. He said in part: said in part:

said in part:

The newer conditions that will obtain upon completion and use of the Panama Canal will draw more of our Eastern kindred to the Coast, but in a large way we must look to European countries for the great increase. Our laws admit immigrants from all Europeon nations. From them we will receive in great numbers laborers and agriculturists. Our ultimate population must depend upon the number who may be able to supply their needs from soil production, fisheries, manufacturing for domestic and foreign use, and such other additional people as are usual and needful in premoting and maintaining the beat things of highly civilized and cultured people.

needful in promoting and maintaining the best things of highly civilized and cultured people.

Computing population on the basis of the density of Europe would mean 100,000,000 for the Coast, or using Italy, 300,000,000; British Isles, 470,000,000; England, 605,606,000; Belgium, 515,000,000.

We can care best for and be most profited by intelligent, industrious, rural producers. Following them should come the city growth as industrial opportunity warrants. When the best conditions obtain but few acres comparatively will be required for the support of a family.

Along an Oregon river, ordinarily considered insignificant, partly because it lies wholly west of the Coast Range and just coming to be known, are 600 dairy cows of indifferent breeding, feeding on 900 acres of pasture devoted mostly to native grasses and subsisting almost wholly from the produce of the area stated, yet producing annually an average of more than \$75 each from the sale of milk. Along this same stream, according to the statement of an intelligent and reliable resident, there are 14,000 acres susceptible of equal production, when cleared. The receipts from 10 such cows, with the natural allotment of pigs, poultry and garden, would support h comfort a family of say five individuals—a population of more than 5000 without considering the pasture of the neighboring hills.

Timber Stand Cited.

Timber Stand Cited. In the water shed drained by this river there are billions of feet of timber. Five thousand men for 25 years might labor in manufacturing it into lumber and yet the forests would not be depicted. Four million, five hundred thousand dollars would be a reasonable estimate of its annual output and \$7,500 people would be comfortably cared for by the operations in this district during the quarter of a century.

for by the operations in this district during the quarter of a century.

The great valleys of the Pacific Coast, lying between its two mountain systems, are to become famed the world 'round.

This comprehends but a fraction of the whole agricultural possibilities. At the broad fields beyond the Cascades and Sierra Nevadas, we have not yet glanced. The agricultural possibilities of the section lying between the mountains named and the Rockies is so enormous that I hesitate at the computation. In this region there are tens of millions of acres that a few years ago were considered worthless, or of little value.

Reclamation by irrigation has given a new meaning to agriculture on the Pacific Coast. Land without value when arid has been reclaimed at a cost of from \$10 to \$500 an acre and become worth from \$10 to \$500 an acre, based upon the annual revenue from its never-failing yields.

In 1910 Idaho had over 5,000,000 acres under water, over 10,000 miles of irrigation canals constructed at a cost of \$00.

JOHNSON, Wash, April 18.—(Special.)—The schools of Whitman County have been closed all this week for the header. The natives participate usual track and field events, begun.

600,000. Yet the work there is only later, begun.

We have mentioned fruit as an incident only, yet the Coast raises about 25 per cent of the United States' crop. Its value in 1809 was over 183,000,000.

It is castly believable that on the 25,000,000 acres of forest lands in Oregon alone there may be dwelling within a comparatively short time more people than now in the state. Of course this will depend upon the attitude of administrators of both privately and publicly owned land and the policy of the Government in alding settlers.

Manufacturing Future Predicted.

As to occupation, we have looked only to agriculture. Let us pass hastily to to manufacturing. In this line our first and greatest opportunity is in himbering. Before the end of another decade weaith will begin to flow to the Pacific Coast for lumber and its products in such sums annually and continuously for many years as to give a hasts for employment, aggregating many, many millions.

a hasis for employment, aggregating many, many millions.

As a first step, let us cite what lumbering was to Oregon in 1912. It directly employed one-sighth of the population; it brought daily over \$70,000 outside money into the state; it employed over 50 percent of all persons engaged in manufacturing. Eighty per cent of our outgoing freight was lumber, The value of the standing timber is nearly \$700,000,000. Manufactured into lumber it would cost \$7,000,000,000. Manufacture a reasonable part of the lumber into furniture and other articles of common use and the value added by labor will continue almost indefinitely. Our fishing industry must not be overlooked. The West has produced in one year over 30,000,000 pounds of halibut, \$3,000,000 pounds of cod and \$0,000,000 pounds of salmon. We have great possibilities of employment and of providing food through our fisheries. The output of salmon, haltbut and cod has exceeded \$30,000,000 in a rest. This can be greatly extended by satisficial propagation and extending the deep sea fishing, which is being rapidly dione.

In mineral the Coast states produce gold,

In mineral the Coast states produce gold.

silver, precious stones, copper, Iron, lead.

sypsum, mineral oil and other minor products. Its value for 1908 was over \$264.

COO.000. This was the value of the raw material product.

The time then is near at hand when we shall prepare our cereals in our own mills for their best use. Our meats will be cured here for our own use and for expertation. Weel and mehair will not need to be longer sent away for manufacture and returned as inshed product. Hides, whether domestic imported, may be worked up as well on coast as elsewhere in the United States.

its and vegetables will be canned, evaporated and preserved extensively in many forms. Dairy products will be one of our great assets.

The United States has becomed

great assets.
The United States has borrowed money The United States has borrowed money at 2 and 3 per cent for caual construction. It can afford to borrow money and lend it to producers from the soil at the gross cost. If an American farmer has 40 acres of good land, with 20 cleared and 20 uncleared, and is hampered by lack of credit and high interest rates, the Government should furnish him long-time, low rate money for the improvements. Production would thus be doubted, taxes would be lightened and business stimulated. Such a transaction would in every way be sound. It would give new meaning to development in the West and should be furnished for land buying and land improvement and can be so lent safely. The Government would be the guaranter without loss and the homebuilder would be paying 3 to 2½ per cent instead of 6, 8 or 10 per cent with a commission added.

of smeit in the Sandy, opposite here, has slacked up. The opening of the season last year was the best part of the year, and since the season is much earlier this year and the open season for fishing is so much later the fishermen realize that the early days must en realize that the early days must

PRUNE CROP IS IRREGULAR Washington Fruit Expert Finds Some Places Good, Some Bad

VANCOUVER Wash., April 18.—
(Special.)—The prune crop in Clarke
County will be rather spotted, in the
opinion of A. A. Quarnberg, fruit experr and Government weather observer. He has been making an investigation, and he has found that in some spots, the crop will be very good, while in other places it will be almost a total failure.

This is accounted for by the various times that the prime trees were in

times that the prune trees were in blossom. There were three or four days of very favorable weather, so that

PIONEER WOMAN OF OREGON IS BURIED.



M'MINNVILLE, Or., April 18.—
(Special.)—Mrs. Nancy J. Hembree, a resident here since 1892, wife of Wayman C. Hembree, died at her home in this city from pneumonia, Thursday, April 16, aged about 79 years. Mrs. Hembree, whose maiden name was Beagle, was born in Frankfort, Ky., September 5, 1835. She came to Oretember 5, 1835. She came to Oregon with her parents, in 1843, crossing the plains by oxteam and crossing the plains by exteam and wagon. They located at Rickreall, Polk County, later moving to Washington County, on Gales Creek. Her father built the first schoolhouse in Forest Grove. But four members of the party survive, har husband, his brother, J. J. Hembree, the latter's wife and Mrs. Matheney Kirkwood, all of this county. Three children by a former husband, Mansiel R. Crisp, survive—B. H. Crisp, Eastern Washington; Mrs. W. C. Tilton and Mrs. E. R. Wheeler, of Seattle.

Mrs. Hembree was a member of the Eastern Star and of the Chris-tian Church, where funeral serv-ices were held today, conducted by Pastor E. V. Stivers.

teachers to attend the annual session of the teachers' institute at Colfax.

Palouse won highest honors in the grade contest, and Oakesdale won out in the high school contest. Gold and silver medals were awarded to the ones receiving first and second places.

425 teachers in attendance adopted a resolution favoring state-wide prohibition for Washington in the approaching Fall elections this year

COURTESY.

Nothing is more discourteous than an the breath, preserves the teeth, of spe-cial value in pyorrhoea, tender, spongy and bleeding gums. Formazin is guarsale by Portland Hote Pharmacy and all druggists.-Adv.

PACIFIC UNIVERSITY WILL COURSE HERE. CONDUCT



Professor William G. Harrington Arrangements have been made the Portland Young Men's Association for William G. Harrington, professor of English and public speaking at Pacific University, to conduct an extension course at the Y. M. C. A. The course will begin Tues-day night, meetings being held weekly, and will be open to all men interested in public speak-

Professor Harrington is a graduate of Boston University and of the Emerson College of Orstory. He is an experienced public experienced speaker and coach, having pre-

Filipinos Far From Ripe for Self-Government, Declared.

SCHOOLS AIDING IN WORK

L. Z. Burgess, Dagupan Merchant ernment Action Will Lead Eventually to Trouble.

ALBANY, Or., April 18 .- (Special.)-That the present Government policy in the Philippine Islands is wrong and eventually will lead to trouble there is the opinion of L. Z. Burgess, manager of a general merchandise store at Dagupan, a city on the island of Luzon, about 120 miles north of Manila, who has been a resident of the Philippines continuously for almost 13 years. He thinks the American schools established on the island will fit the Filipinos for self-government, but that the Filipinos are far from ripe for it now. Mr. Burgess arrived in Albany Tues-

day, bringing with him the 8-year-old and 10-year-old daughters of C. H. Mc-Clure, of Dagupan. The little girls will live with their uncle, D. C. Mc-Clure, for the next five years, and attend school in this city. Mr. Burgess will go to his former home in Crocker, Mo. for a will and will then return

Mo, for a visit, and will then return to the Islands.

"The Government should maintain a stronger policy toward the Philip-pines," said Mr. Burgess. "It is all right to place Filipinos in some posiright to place Filipinos in some posi-tions, but Americans should hold the reins and retain the balance of power always. That is the only safe way. Under the new policy of the Govern-ment the Americans in the civil ser-vice in the islands are being displaced rapidly by Filipinos. Men who have been in the service as long as 15 years and passed a civil service examination, mind you, are being asked to resign, so that their places may be filled by so that their places may be filled by natives. Many men who have worked hard and faithfully, and have been promoted through various branches in the civil service, have been displaced by Filipinos recently.

Filipinos recently.

"It would be a great mistake to give the Filipinos independence at this time," Mr. Burgess continued. "There are a few Filipinos who are fitted for self-government. Some of them are as able as could be found anywhere. But the number of these men is so small in proportion to the total population that independence at this time would be a great mistake. It is generally regarded in the islands that if the Filipinos were granted independence, trouble with Japan or China would ehsue in a few months, and this country would be embroiled as a result.

embroiled as a result.

"The mass of the people is very ignorant, and not capable in any sense for self-government. The American schools established in the islands are making wonderful, simply wonderful improvement, among the natives, and in the course of 10 or 20 years it is probable that many of the younger Filipinos will be able to vote intelligently. Most of the children are taking a keen interest in the schools, and are being educated rapidly."

That the Filipino children take to American sports as readily as to American sports as the sports as the sports as the sports as the sports are sports as the sports as the sports as the sports are sports as the sports as the sports are sports as the sports as the sports are sports as the s

That the Filipino children take to American sports as readily as to American teaching in the schools is another statement of the Dagupan merchant. He says baseball has practically displaced native sports, and the cockfighting pits are almost a thing of the past. He says the boys play baseball spiendidly, and almost every village has a baseball field with games in progress most of the time. So far have the Filipinos progressed in learning the game, he says, that a Filipino team in Manila plays on a par with the best Army teams there.

Filipinos Take Up Sports "Not only have the Filipinos taken up baseball and made it the leading sport of the islands already," said Mr. Burgess, "but the schools have regular

field meets just like those of this try. The natives participate in all the usual track and field events, and have cournaments continuing sometimes for

four days, when they have their inter-scholastic meets."

Mr. Burgess went to the Philippines in 1899, with the Thirty-second United States Volunteer Infantry, and has been there ever since. He was honorably discharged from his regiment. discharged from his regiment in 1991, but continued in the service for 12 months longer as a civilian scout. He then entered the Government servi RTESY.

discourteous than an Formazin sweetens yes the teeth, of specific s at Dagupan.

Dagupan is a city of 21,000 people, only eight of whom are Americans. The store of which Mr. Burgess is manager is the only American store in the city. There are only three natives in busi-ness there. Practically all of the busi-ness of the city is conducted by Chi-nese, there being more than 100 Chinese merchants.

merchants.

Mr. Burgess had not left the islands since he went there as a soldier until this trip. He wanted to return for a visit, so Mr. McClure, who is one of his employers, sent his two little daughters under his care on the long journey, destring the little girls to attend school desiring the little girls to attend school

CRANES DO GREAT DAMAGE

Farmers at La Grande Want Law So Amended to Protect Fields.

LA GRANDE, Or., April 16 .- Petitions to Congress are being circulated among the farmers of the Grand Ronde Valley asking that the law pro-tecting the Sandhill crane be set aside, and are being liberally signed. The bird is protected by the Federal game laws. They have become quite ven-turesome and thousands light upon one wheat field at a time only to fly to an adjoining field when scared away. Their damage is serious, as each bite spells a wheat plant. State Game Warden Evans was in La

Grande last evening conferring with Deputy Warden Leffel regarding the crane question and advice that the farmers scare the cranes away without killing any of them was given out after the interview. This is especially hard for the injured farmer to do, for coupled with the damage which the bird does him, it is especially fine meat

GRAVES MUSIC CO. New Store.

New Player Pianos, \$385, \$465, \$535, \$695 to \$1000 cash; terms, \$15 or more eash, \$10 monthly and upwards, with simple banking interest. Electric Player Pianos, \$495 to \$1200, for use in Big Salmon Run Expected.

WASHOUGAL, Wash., April 18.—
(Special.)—Fishermen hereabouts are all at work getting ready for a big run of salmon. Already there are said to be many fish in the river. The run

A Suit Sale---a Revelation

-in combining the acme of quality with moderation of price. Costumes which take advantage of every newest cut and combination of materials, into which have crept that touch of old-fashioned quaintness that makes them ultra-smart. The Season's newest, most favored models at drastic reductions-

> Women's \$19.50 Suits.....\$14.85 Women's \$24.50 Suits......\$18.85 Women's \$29.50 Suits.....\$22.85 Women's \$34.50 Suits......\$26.85 Women's \$39.50 Suits......\$29.85

All other Suits from \$44.50 to \$84.50 at still greater reductions.

WE SPECIALIZE on Suits that are smart in style, VV yet refined in taste. You'll agree they are the most charming effects you've seen this season, which makes the deep reduction in price all the more extraordinary. See them tomorrow!

\$15 to \$24.50 Late-Winter Suits at \$10

Entire Third Ben Selling

Morrison Street at Fourth



The Womens' Smart Clothes Shop

Farmers Flock to Extension Department Lectures.

CHILDRENS' CLUBS FORMED

Dr. Fitts Reports on Work in Lane County for School Rallies to Get Parents and Pupils Together

on Common Ground.

OREGON AGRICULTURAL COL LEGE, Corvallis, Or., April 18 .- (Spe cial.)-Two workers in the extension iepartment of the Oregon Agricultura College, returning to Corvallis today from trips to different parts of the state, where they have been carrying out the slogan of "bringing the college to the people," report a large amount of interest among the farmers of the state and large suddeness at all the meetings held. Mr. Larsen, extension agronomist, passed the week in Eastern Oregon, while Dr. E. B. Fitts, veterinary surgeon, and a member of the faculty of the animal husbandry department, was busy in Northern Lane

Larsen, in his trip through Wheeler County, was associated with Professor Steward. Superintendent of Schools in that county, in the organiza-tion of industrial clubs and the fur-thering of the school fair movement.

Establishing Clubs Is Feature. The establishment of clubs, composed nostly of boys and girls in the grammar schools, to foster interest in agri-culture, is an interesting phase of the work of the extension department. Prizes are offered for the winners of competitive contests in the growing of many agricultural crops and the ralsng of livestock. For the girls, the de artment holds contests sewing and other phases of household

Dr. Fitts has been devoting much of his attention during the time which he has been in Lane County to school standardization rallies, to bring par ents and children together upon

NATIVE SON DIES IN POLK COUNTY.



John W. Hiltebrand. John W. Hiltebrand died at his home in Suver March 20, 1914. He was born July 10, 1952, on the farm where he passed his

whole life. He was the son of Paul and Eveline Hiltebrand, who came to Oregon by exteam overland in 1845. He is survived by his aged mother, wife and two sons, Frank and Paul, one brother, James Hiltebrand, of Suver, and two sisters, Mrs. C. W. Cottel, of Portland, and Mrs. Marshall Scrafford, of Suver. He had been in poor health for some years. The immediate cause of death was an acute attack of

of death was an acute attack of peritonitis.

He was well known in Polk County and was one of its sub-stantial and public-spirited citi-

ommon ground, to stimulate interest among parents regarding school con-ditions, and to aid in making the public school system more efficient.

Work Is Explained. The industrial club work carried on y the extension department consists n the giving of lectures, usually in the schoolhouse, and demonstrations on the school grounds. In dairying communities, for example, the method would be to give a lecture upon some one or more of the principal factors in one or more of the principal factors in dairying, and after adjournment to make "cow demonstrations," using animals owned by dairymen in the neighborhood. The relation of the conformation of the animal to profitable milk production is pointed out, and the relative value of each important point indicated. Following this, each of those present is given a score card, and the animals are scored. The scores of the students are then corrected by the demonstrator. These demonstrations are popular and draw crowds everywhere, both because the farmers get the benefit of the instruction, and because the opinion of the demonstrator on the quality of the stock in the community is valued by the progressive

WOMAN IN CONGRESS URGED

munity is valued by the progressive farmers of the district.

Suggestion That Mrs. May Hutton Run Applauded at Meeting.

SPOKANE, Wash., April 18 .- (Speluncheon at the Inland Ad Club today, Mrs. F. W. Girand, president of the Women's Democratic Club, coupled the name of Mrs. May Arkwright Hutton with the suggestion that some woman should be persuaded to run for Con-gress in the Fifth district on the Democratic ticket.

The mention of Mrs. Hutton's name was applauded and Mrs. Girand eulo-gized her for Democratic party work. Later Mrs. Girand said that a committee of the women's club intended to call upon Mrs. Hutton. She did not deny a suggestion that Mrs. Hutton would be urged to enter the race. George Canfield presided at the meeting. Other talks were made by Dr. D. C. Newman on "The Philippine Islands" and by M. E. Joseph on "The Mexican Situation."

RAILROAD MAY LIE IDLE

Cove Commercial Club to Discuss Reported Cessation of Service.

LA GRANDE, Or., April 18 .- (Special.) -The Oregon Central Railroad, runs from Union Junction to

is again in the limelight. A call for a special meeting of the Cove Com-mercial Club has been made, when the matter of the discontinuance of rail-road service into Cove over the Oregon Central will be discussed. It is said that the auto truck service

is taking so much business from the railroad that officials have threatened to discontinue service unless the mer chants of the town patronize it instead faster and considerably cheaper

Faculty and Corvallis Commercial of the sick, with his system of medi-Club to Greet Members May 1.

entertainment of the members of the Portland Ad Club, when they are guests of the college and of the Commercial Club May 1. Two hundred visitors are

The entire time will be spent in the inspection of the college and the city. The vistors will be shown about the campus by cadet officers. At noon an informal luncheon will be served in the gymnasium by the members of the Col-lege Folk Club and the Commercial Club, and in the evening there will be Specialist Believes Cure Has Been

WAR ON WEEDS DECLARED

purpose of the union to exterminate the weed at its inception and with this in view all citizens are urged to pull the weeds wherever seen

LEBANON EDUCATORS STAY

tendent and Principal.

LEBANON, Or., April 18.—(Special.)
—At a meeting of the district school board last night, Superintendent Thardarson was re-elected for a term of two

Prof. Otto Kirschner was re-elected principal of the high school. Miss Pearl Bradley was made assistant

Railway Order Elects Officers.

VANCOUVER, Wash, April 18.—(Special)—Officers for the Order of Railway Employes for the year were elected as follows: James A. Cooper, conductor; James L. Gibney, engineer; J. Ward Blossar, fireman; Ernest L. Jones, motorman; W. I. Heinrichs, secretary and treasurer; J. W. Adams, brakeman; Perry Russell, flagman, and Robert Brady, yardmaster. These officers will be inducted at an open meeting Sunday, April 26.

stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous wastr gat about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then

Jail Empty; Last Prisoner Insane.

OREGON City, Or., April 18.—(Special.)—For one full week, the longest period in the memory of any connected with the Sheriff's office here, the Clackamas County fall has been without a prisoner. The last person confined was taken to the St. When the St fined was taken to the State Hospital for the Insane at Salem last Friday. and since then no one has arrested.

Crops Near Lebanon Look Good. LEBANON, Or., April 18 .- (Special.) The farmers are working overtime on account of favorable weather and all sown grain is looking fine, and the fruit crop promises to be the best

in many years. vance, and prunes are past the period when frost can damage them. Peaches are a full month in ad-

FOR COLDS, INFLUENZA, COUGHS, SORE THROAT

the curative value of Humphreys' "Seventy-seven" for Grip, Coughs, Colds, Influenza, Catarrh and Sore AD CLUB TO SEE COLLEGE Dr. Humphreys' Manual of all diseases, giving the treatment and care

OREGON AGRICULTURAL COLLEGE.

Corvallis, April 18.—(Special.)—Plans are being made at the college for the entertainment of the members of the

Humphreys' Homeo. Medicine Co., 158 William Street, New York .- Advertisement.

DIABETES LOSES ITS TERRORS

Found for This Dread Disease.

Diabetes no longer need he a terror to ose who have become victims to this dread Latah County Farmers' Union Asks

Official Co-operation.

MOSCOW, Idaho, April 18.—(Special)

The Moscow local farmers' union has taken the initiative sin a crusade to stamp out Jim Hill mustard, Russian thistle and other noxious weeds. At a recent meeting of the union a committee composed of James J. Keane and John Peasley was appointed to take the matter up with the county board and appeared before the board today.

Mr. Keane explained that neither the Hill mustard nor the Russian thistle had gained a foothold in Latah County, had been and loc today for a full-sized 50c package. Ames Chemical Co., box 26, Whitney Point, N. L.

District Board Re-elects Superin- Eat less meat if you feel Back achy or have Bladder

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels: re-Miss Lucille Davis and Miss Ruth moving all the acids, waste and poi-Peter complete the high school facson, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and

> few days and your kidneys will then act fine and bladder disorders disap pear. This famous salts is made from harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

****************** The Boon of Health Makes Manly Men.

(From Statistic Student.) Private statistics of a physician with a national practice, indicate that fully fifty per cent of middle-aged men are partly or wholly deficient in ability, maniliness and health. If men could only know the meaning of the usual symptoms which presage the oncoming of premature age many could be saved from misery, despondency and an early grave. Symptoms should not be confounded with disease, but should be accepted as warnings of the be accepted as warnings of the approach of disease.

That many may know what to do when such symptoms exist the following symptoms and prescription is published:

do when such symptoms exist the following symptoms and prescription is published:

A premature break-down of the vitality is indicated by dull, sunken eyes, cold extremities, back-ache, headache, failgue, pains in small of back, pains in back of head, spots before the eyes, weakness in spine, twitching and trembling, impaired memory, loss of appetite, wasting, thinness (or abnormal fat), shrunken, flabby flesh, wrinkles, duliness, isnguor, constipation, kidney disorders, irritability, lack of am bition, timidity, weak-spirited, dragging walk and unmanly carriage.

If the reader decides to try it, get three ounces of ordinary syrup of sarsaparilla compound, and one ounce compound fluid balmwort; mix and let stand two hours; then get one ounce compound essence cardiol and one ounce tincture cadomene compound (not cardomom), mix all together, stake well and take a teaspoonful after each meal and one at night.

This contains no opiates whatever and may also be used by women who suffer with their nerves with absolute certainty of prompt and lasting benefits.

By preparing the treatment at home secretly ne one need know of another's trouble, while the ingredients are much used in filling various prescriptions, so that even the purchase of them separately need occasion no timidity,—Adv.



OFFICE TREATMENTS

Address OCEAN PARK SANATORIUM CO.