OREGON REAL LURE EVEN IN CALIFORNIA

Pedestrian Ricker's Thoughts Fly Back to Southern Part of State.

No Place in Southland Is Able to Destroy Memory of Willamette and Umpqua, Declares Newspaper Man on Jaunt Afoot.

BY DAVID SWING BICKER.
MARYSVILLE, Cal., March 28.—(Special.)—The Germans have used as many as eight printings to reproduce some of the paintings of Velasquez, the master colorist who dwelt in Spain, where there are many colors everywhere—as many in the garments worn by the peo-ple as in nature around the people. And ple as in nature around the people. And in passing the plates through the several printings we see first a few masses of flat browns, lifeless grays, unshaded blues and empty spaces, making room for the colors that will be laid within them at the next printing. The process is slow. The progression from one stage to another is quick, but we grow impatient as we await the final strippling in of the brilliant spots and the details of outline that raise the picture into a colorful relief and destroy the into a colorful relief and destroy the sense of flatness and monotone. Like the development of a German

reproduction has been our journey southward through California. Around Hornibrook and Yreka there were gray mountains and brown fields and greens, untouched by Spring, still bearing the marks of an unequal struggle with wind and Winter. Toward the lower wind and Winter. Toward the lower end of Siskiyou County we came upon white-topped mountains and waterfalls and roaring rivers and the deep, cold, inhospitable greens that belong to mountains and the trees that we have come to associate with Christmas time. But, as the second printing adds strength to the German print, so did Siskiyou add a splendid printing to our picture of California. We passed into Shasta County and into the opening valley of the Sacramento. Another ing valley of the Sacramento. Another printing! White cliffs of lime flashing in the sun; palms, roses, budding trees!

Writer Prints Picture of Charm. From Redding to Marysville has been a long journey, but not a wearying one. It takes the ache out of the sorest muscles to pass along roads lined with roses and lilles and brilliant popples with their faces uplifted to the sun, while other shrubs dangle a smiling throng of blossoms before us, almost

throng of blossoms before us, almost audibly singing like clustered cherubim. The meree dapple of shadow and gunsplash was happiness.

And still our picture of California is not complete. We have not yet passed it through all the eight printings. Here we have cherry trees white as the mountain tops with their myriads of blossoms. Here we have orange trees upholding their golden fruit. Here we have palms mingled with the trees we have learned to meet as friends during have learned to meet as friends during our long jaunt through country lanes. Here we have an horizon out of which Here we have an horizon out of which rise the purple, white-hooded moun-tains; here we have golden fields and green meadows, tinted by blooming wild flowers; here we have a river moving slowly to the sea. It would seem that our picture is complete, But they tell me it is not. It is only in the fourth stage. Four more printings must be made before we shall have the pic-ture of California! Not until we stip-ple in the great clusters of blue and ellow grapes will our picture be com-

Since I wrote my last letter at Redding we have passed through three counties—Tehama. Butte and Yuba—and are at the threshold of another, Sutter, which joins Yuba at Marysville, known as the "Biggest Little City" in California. And it is!

Count of Miles Lost.

I have lost count of the miles we have traversed since we left Portland. Each one of them held so many beauties that belonged to it alone that all of them have become an infinitesimal part of an unwinding picture film in which a big story slowly has been told in a big way—a story of amazing prog-

in Washington is wiped from our memories. In the racing of the film across the screen most of Washington has fallen into that dimness under which miles from San Francisco, in the cen-ter of the widely-advertised Sacra-mento Valley, we have found nothing yet that is able to blot out of our mem-ory the valleys of the Willamette and the Umpqua with their intervales and their hills, caught, as they were, roll-ing back to the mountains like waves of the sea frozen luto stillness. We of the sea frozen into stillness. We have found in California no such valleys as those. We have found no such a meeting place of opportunities as Coos Bay. We have found no such a city of 10,000 people as Medford, with its 20 miles of asphalted streets; we have found no such a compulsory arbitration act that would enforce the peace demanded. have found no such a home of beauty as Roseburg; we have found no such cultured communities as Eugene and Ashland. We have not yet reached any city which we may compare with Port-land or Seattle, but we have not yet reached any cities of their magnitude. Kelley's Army Feared.

Here in Marysville are 10,000 people. Here is hospitality. Here is every sign of progressiveness. Here, I suppose, I should outreach my hands toward heaven, like David Grayson did, and say, "I have opened a door somewhere within my consciousness. I have been in the dark: I seemed to emerge. I had been bound down: I seemed to leap up—and with a marvelous, sudden sense of freedom and joy. I stopped there in my field and looked up. And it was as if I had never looked up before. I dis-covered another world. It had been there before, but I had never seen nor felt it. All discoveries are made in

that way: a man finds the new thing, not in nature but in himself."

I have no field of my own in which to stop, but if I had one it would not be here. It would be in Oregon—a state which yet is unknown to the moved. It was there that the door to

Oregon as I found it at the worst time of the year. And I am here at the best season of the year. It was a hard journey to get here. Marysyille is about 126 miles from Redding. I might have stopped long enough at Red Bluff or Chico to write this story. But in neither of these places was I able to rent a typewriter; nor was anybody good enough to offer me theirs. So we walked on. And here we are, in the most delightful little city we have yet encountered in Cali-

fornia.

And we are glad we are here. My wife is particularly glad, not because of an overwhelming love for Marysville, although the city has a charm which cannot be denied, but because none of Kelley's army stops at the Western Hotel. And Kelley's army has been my wife's Nemesis ever since we left Pedding. She has seen it coming BEAUTY OF TRIP PAINTED out of the trees in every lonely spot. She has watched it ford the Sacramento PROGRESSIVES CAST HATS

MARSHFIELD LODGE OF ELKS



D. V. Stafford, Exulted Ruler. MARSHFIELD, Or., March 26. (Special.) — The Marshfield Lodge of Elks will be five years old in June, 1914, and they have 189 members in good standing. The rule of 5000 inhabitants required before a city can obtain a lodge caused some great scrambling in 1909. Census takers who searched the outlying precincts and byways for the requisite number, edged over into the southern extremity of North Bend, included all the near-by suburbs and counted all the sailors who visited the port. The figures seemed suitable to headquarters, for the dispensation was granted and the lodge has made good with a vengeance, being one of the most prosperous in the state. The lodge is planning to build a home this year and the preliminaries have been under way for several months. D. Y. Stafford is the newly elected exalted ruler and he is a progressive in all things, which pertain to the upbuilding of the lodge

LABOR DISTURBANCE MAY CAUSE REQUEST FOR SPECIAL SESSION.

Scattle Mayor Says if Own Efforts Fail in Teamster Strike Arbitration He Will Appeal to Lister.

SEATTLE, Wash., March 28 .- (Special.)-That he will favor an appeal to Governor Lister to call an extra session of the Legislature to pass a com-pulsory arbitration law in case his own efforts to settle the Seattle teamsters strike fails, is the emphatic position taken by Mayor Gill. He made this declaration to the committee of conciliation and arbitration he has appointed to make a final attempt to bring the strikers and their former employers

to a mutually satisfactory agreement.

In placing the entire controversy in the hands of the 11 representative citwaiting, of years of ennui piled on years of unrest, but always with the mountains to overshadow disappointments, the brooks to laugh at anxiety and the rich-soiled valleys to hold out each year new promises.

He declared that the issue had ceased to be merely local and had become state-wide. Seattle, he said, had evieach year new promises.

Here, in Marysville, we are 142 miles from San Francisco and 52 miles from Sacramento, and the fourth printing has been made on bur mental picture of California. Yet everything back of a minor feature.

us is not a blur. We can call back to Not the adjustment of a comparative-us the valleys of the Pitt and the ly trivial dispute between a handful of Fraser rivers in British Columbia and of the fertile valley of the Okanogan; we picture indistinctly the valley of the Skagit in Washington. But all else to Washington is wined from our mem. Mayor Gill, was his purpose in calling stockman, Baker, Rep. upon a citizens' committee to act as a board of arbitration.

Seattle, he said, could not afford, and lie most of the things wo do not hold in our memories because they are overshadowed by other things. But 142 must avert at any cost, a conflict such as it seems the determination of outside interests to make it the seens, and for that reason the struggle must be for that reason the struggle must be

stopped in its inception.

It might be, he said, that the committee did not realize the importance of speedy settlement of the controversy. He wished to assure them that it meant the very industrial life of the city. For that reason he had deter-mined, if other means should fail, to call upon the Governor to convene the

POLK FEED IS ABUNDANT !

Many Farmers Now Have Oversupply, Offering at Small Cost.

BUENA VISTA, Or., March 28.—(Special.)—Feed in various forms for the dairy herd is abundant in Polk County this year. Much kale was planted and many farmers now have an oversupply, which they are offering at little or no

cost. Last season a movement was begun in the districts where dairy cows are kept to store away a large supply of hay and corn for Winter feeding, and have kale and beets for later use. Re-sults were notable. Outside buyers were forced to pay a high price for bay, the number of cows was increased, cream checks grew in amount, and a surplus of kale is on hand to be obtained in many cases by the asking

Woodmen to Meet at Centralia.

CENTRALIA, Wash., March 28 .world. It was there that the door to my consciousness opened. I had been in the dark. I seemed to emerge. I had not been bound down, like Grayson, but, notwithstanding, I had found Oregon; and I seemed to leap up—"and with a marvelous, sudden sense of freedom and joy." And I have not yet found any place in California that is able to destroy my memory of Southern CENTRALIA. Wash. March 28.—

(Special.)—According to an announcement made yesterday by District Manager C. O. Smith, the district meeting of the Woodmen of the World in May probably will be held in Centralia. Twenty camps will assemble. Next week the local lodge will institute a campaign to procure 100 new members before the meeting.

FILINGS FOR STATE OFFICES INCREASE

Aside From Governorship Contest Supreme Court Race Draws Most Interest.

Political Situation Enlivened by En trance of Aspirants for Seats in Legislature-Declarations to Date Announced

SALEM, Or., March 28 .- (Special.)-The political situation was enlivened this week by the announcements of numerous aspirants for representatives in the Legislature and State Senate, the number of candidates for Progressive party honors showing a slight increase over the previous weeks.

Outside of the race for Governor the Outside of the race for Governor the contests for Supreme Court justiceships are attracting the most attention because of the number of places to be filled and the number of candidates. William Galloway, Circuit Judge in this district, is the latest to "throw his hat into the ring" for the high judicial honor; he and William M. Ramsey, of McMinnville, present Justice, being the only aspirants for Democratic nominations.

With the announcement of William P. Lord, of Portland, son of ex-Gov-

P. Lord, of Portland, son of ex-Gov-ernor Lord, for the Attorney-General-ship there are five aspirants for the Republican nomination for that office, and an exciting race is predicted. A. H. Burton, of Portland, a Progressive, is the only opponent J. A. Churchill. Superintendent of Public Instruction, has to date, and friends of the superintendent believe that he will have no opposition for the Republican population for the Populities. position for the Republican nomination. Frank J. Miller, chairman of the State Railroad Commission, and Hal D. Patton, State Senator from this district, are making active canvasses for the Republican nomination for Railroad Commissioner with both confident of uccess.
The aspirants for office who have

filed their declarations are as fololws: Members of National Committee. R. E. Williams, Portland, Rep.; W. L. Robb, Portland, Rep.; Charley W. Ackerson, Portland, Rep.; W. H. Canon, Medford, Dem.; Henry Waldo Coe,

Portland, Prog. United States Senator. R. A. Booth, Eugene, Rep.; George E. Chamberlain, Portland, Dem. Representative in Congress-First Dis-

B. F. Jones, Roseburg, Rep.; W. C. Hawley, Salem, Rep.; John Osterman, Taft, Dem.; Frederick Holister, North Bend, Dem.; W. H. Meredith, Wedderburn, Dem.; Fred W. Mears, Medford, Prog.

Representatives in Congress-Second District.
N. J. Sinnott, The Dalles, Rep.

Representative in Congress—Third District. George S. Shepherd, Portland, Rep. A. W. Lafferty, Portland, Rep.; C. N. McArthur, Portland, Rep.; Elof T. Hed-lund, Portland, Dem.; Arthur I. Moulton, Portland, Prog.; David Gross, Port-

Governor. Governor.

Grant B. Dimick, Oregon City, Rep.;
A. M. Crawford, Roseburg, Rep.; William A. Carter, Portland, Rep.; T. T.
Geer, Portland, Rep.; James Withycombe, Corvallis, Rep.; Charles A.
Johns, Portland, Rep.; Gus C. Moser,
Portland, Rep.; George C. Brownell,
Oregon City, Rep.; John Manning, Portland, Dem.; C. J. Smith, Portland, Dem.; land, Dem.; C. J. Smith, Portland, Dem.; A. S. Bennett, The Dalles, Dem.; Rob-ert A. Miller, Portland, Dem.; F. M. Gill, Dufur, Prog.

State Treasurer. Thomas B. Kay, Salem, Rep.; Tom Kay, Portland, Rep.

Justices of the Supreme Court. Henry L. Benson, Klamath Falls, Rep.; Charles L. McNary, Salem, Rep.; Thomas A. McBride, Deer Island, Rep.; Henry J. Bean, Pendleton, Rep.; Law the hands of the 11 representative citizens whom he has called upon to hear both sides of the dispute and advise a settlement in accordance with the facts submitted, Mayor Gill spoke plainly.

Henry J. Bean, Fenderon, Rep.; Daw trence T. Harris, Eugene, Rep.; Samuel T. Richardson, Salem, Rep.; T. J. Cleeton, Portland, Rep.; P. H. D'Arcey, Sastement in accordance with the facts submitted, Mayor Gill spoke plainly.

Frank S. Grant, Portland, Rep.; George N. Farrin, Portland, Rep.; J. J. Johnson, Portland, Rep.; George M. Brown, Roseburg, Rep.; John A. Jeffrey, Portland, Dem.; William P. Lord, Portland, Rep.

Superintendent of Public Institutions. J. A. Churchill, Baker, Rep.; A. H. Burton, Portland, Prog.

State Engineer. John H. Lewis, Salem, Rep.; L. R Superintendent of Water Division No. 2

George T Cochran, La Grande, Rep. field, Judges of the Circuit Court, Fourth Judicial District, Dept. No. 6 Fred L. Olson, Portland, Rep.; C. U.

WELL-KNOWN CITIZEN OF RIDGEFIELD DIES.

Gilbert Archer Gerow.

RIDGEFIELD, Wash., March 28.—(Special.)—Gilbert Archer Gerow, a well-known citizen of Clarke County, died March 18 at his home about five miles from this place. Mr. Gerow was 48 years of age. He was born at St. Johns, Or., and moved with his parents to this place when he was 3 years old and resided here until his death. Mr. Gerow mar-ried Miss Flora Buchanan Janu-ary 10, 1894, who, with three children, survives him.

1.......

Gantenbein, Portland, Rep.; Adolph M. Brunswick, Portland, Rep. Commissioner of Labor Statistics and

Inspector of Factories and

Workshops. O. P. Hoff, Portland, Rep.; J. A. Madsen, Portland, Rep. Commissioner of the Railroad Com-

Frank J. Miller, Albany, Rep.; Hal D. Patton, Salem, Rep. Superintendent of Water Division No. 1.

Representative, Sixth District. E. J. Loney, Port Orford, Republican Judges of the Circuit Court, Tenth Judicial District.

-John W. Knowles, La Grande, Rep.;
James D. Slater, La Grande, Dem.

Judges of the Circuit Court, Eleventh Judicial District. D. R. Parker, Condon, Rep.; M. D. Shanks, Condon, Rep.

Judges of the Circuit Court, Twelfth Judicial District. Glen O. Holman, Dallas, Rep.; Harry

VETERAN RALLROAD BUILD-ER DIES IN DILLEY.



George W. DeBord.

HILLSBORO, Or., March 28.— (Special.)—George W. DeBord, ploneer of 1853, who died at his home in Dilley, March 19, was born in Johnston County, Ind. May 14, 1831, and crossed the plains in 1852. He settled at Forest Grove and in 1855 married Eliza Brown, daughter of Oris Brown, ploneer of the '40s. The widow and three children sur-vive. They are: Mrs. T. E. Baidra, Portland; Mrs. O. E. Me-Carthy, Hillsboro, and Harry De-Bord, Dilley.

DeBord was one of the plo-neer railway construction men in the state and laid the steel on Fourth street, Portland, when Ben Holladay built the West Side *******************

James G. Holtzel, Salem, Rep.; Frank T. Wrightman, Salem, Rep.; S. A. Hughes, Salem, Rep.; C. P. Bishop, Salem, Rep.; J. R. Linn, Salem, Rep.; J. R. Linn, Salem A. M. La Follett, Gervals, Rep. B. J. Miles, Salem, Rep.

State Senator, Second District. F. H. Porter, Halsey, Rep.

State Senator, Third District, M. Vernon Parsons, Eugene, Rep. Isaac H. Bingham, Eugene, Rep. State Senator, Fourth District.

E. D. Cusick, Albany, Rep. State Senator, Ninth District. C. L. Hawley, McCoy, Rep.

State Senator, Tenth District. T. Sam Laughlin, Yamhill, Rep.; Roy hy-Graves, Sheridan, Rep.; W. T. Vinton, McMinnville, Rep.

State Senator, Twelfth District. Walter A. Dimick, Oregon City, Rep. State Senator, Thirteenth District. Arthur Langguth, Portland, Rep. State Senator, Fourteenth District. W. J. Clemens, Portland, Rep.; George

M. McBride, Portland, Rep. State Senator, Fifteenth District. A. Leinenweber, Astoria, Rep.; Edd C. Judd, Astoria, Rep.; William Kelly, Astoria, Dem.

State Senator, Mineteenth District. Charles A. Barrett, Athena, Rep. State Senator, Twentieth District. J. N. Burgess, Pendleton, Rep. State Senator, Twenty-Third District. O. B. Mount, Baker, Rep.; W. H.

Strayer, Baker, Dem. Representative, First District. Dana H. Allen, Salem, Rep.; Samuel H. Brown, Gervais, Rep.; Walter A. Denton, Salem, Rep.; D. C. Thoms, Jefferson, Rep.; George W. Weeks, Salem, Rep.; G. W. Farris, Turner, Rep.

Representative, Second District.
Homer Speer, Tangent, Rep.; Charles Childs, Brownsville, Rep.; Fred E. Harrison, Brownsville, Dem.

Representative, Third District.
Halvor C. Wheeler, Pleasant Hill, Republican; Elmer E. Kepner, Springfield, Republican; Melvin Fenwick, Springfield, Republican; Frank N. O'Connor, Junction City, Republican; Edwin C. Statzer, Pleasant Hill, Republican; Elbert Bede, Cottage Grove, Republican; Alta King, Cottage Grove, Democratic.

Representative, Fourth District. Ora H. Porter, Roseburg, Republican; Albert Abraham, Roseburg, Republican; J. G. Day, Olalla, Republican,

Representative, Eleventh District. Thomas N. Brunk, Salem, Democratic Representative, Twelfth District. S. G. Irvin, Newport, Republican Wayne D. Henry, Salem, Democratic. Representative, Thirteenth District. Francis L. Michelbook, McMinnville Republican: Arthur McPhillips, Mc

Minnville, Democrat. Representative Fifteenth District. Charles H. Fry, Beaverton, Republican; Harvey E. Inlow, Forest Grove, Republican; S. Paisley, Banks, Repub-

C. Schuebel, Oregon City, Republican; E. D. Olds, Oak Grove, Republican; Guy T. Hunt, Estacada, Republican; Franz Kraxberger, Aurora, Republican; W. Grisenthwaite, Oregon City, Rapub-Grisenthwaite, Oregon City, Repub-ican; H. S. Clyde, Gladstone, Progres-

Representative, Seventeenth District. David E. Lofgren, Portland, Repub

Representative, Eighteenth District. Conrad P. Olson, Portland, Repub-lican; George A. Hall, Portland, Republican; Robert C. Wright, Portland, Republican; Wilson T. Hume, Portland, Republican; Lloyd Bates, Portlane, Re-Republican; Lloyd Bates, Portlane, Republican; L. B. Barde, Portland, Republican; L. B. Barde, Portland, Republican; Alfred L. Parkhurst, Portland, Republican; R. M. Burley, Portland, Republican; Harry L. Darnall, Lents, Republican; Joseph G. Richardson, Portland, Republican; E. H. Deery, Portland, Republican; A. W. Orton, Portland, Republican; Frank H. Greenman, Portland, Republican; Joseph W. Bev-Portland, Republican; Joseph W. Bev-eridge, Portland, Republican; R. W. eridge, Portland, Republican; R. W. Gill, Portland, Republican; James E.

Be on Dress Parade Easter Sunday

Hart Schaffner & Marx

Clothes are such as you'll look the best in. They're made especially for your particular taste. You'll find the greatest selection of American and foreign fabrics to select from. Smart new models, with a perfect fit that will stay fit, is what you can expect to find in these garments. Make your selection as early as possible.

YOU'LL WANT OTHER THINGS, TOO A new Hat, new Shirt, new Neckwear or maybe some other accessory-you'll find it here.

Sam'l Rosenblatt & Co.

The Men's Shop for Quality and Service

Northwest Corner Third and Morrison



warrants \$1,100,000, which will be liquidated as rapidly as state money is received from the various counties. is received from the various counties.

LAXATIVE BROMO QUININE removes the cause. There is only one "BROMO QUININE."

The large arrearage is due to a low Look for signature of E. W. Grove. 25c.

A. A. Anderson, Astoria, Republican; F. S. Godfrey, Seaside, Republican; R. C. E. Basel, Astoria, Republican; James T. Jeffries, Astoria, Republican, Representative, Twenty-first District. Vernon A. Forbes, Bend, Republican; Wesley O. Smith, Klamath Falls, Re-

publican; P. H. Dencer, Bend, Demo-Representative, Twenty-second District.

Kuehn, Portland, Republican; B. F.,
Horne, Portland, Republican; C. M.,
Menzies, Portland, Republican; Alva L.,
McDonald, Portland, Democratic; T. O.,
Hague, Portland, Democratic; Cora C.
Talbot, Portland, Democratic; Marie L.
T. Hidden, Portland, Progressive; Lora
Cornella, Little, Portland, Progressive;

Cornelia Little, Portland, Progressive

B. E. Youmans, Portland, Republican. Representative Nineteenth District.

Robert N. Stanfield, Stanfield, Repub-Representative, Twenty-third District. Roy W. Ritner, Pendleton, Repub-

Representative, Twenty-fourth District. W. Al Jones, Joseph, Republican; Charles A. Maher, Wallowa, Repub-lican; H. B. Davidhizer, Joseph, Repub-lican; W. G. Trill, Wallowa, Progres-

Representative, Twenty-sixth District. Robert Service, Baker, Republican. Representative, Twenty-seventh Dis-

Frank Davey, Burns, Republican; Charles M. Crandall, Vale, Republican. Representative, Twenty-eighth District, J. W. Donnelly, Condon, Republican; Clay C. Clark, Arlington, Republican.

Representative, Twenty-ninth District. J. E. Anderson, The Dalles, Republican; C. H. Stranahan, Hood River, Republican; J. L. Kelly, The Dalles, Republican; A. I. Mason, Hood River, Nepublican.

Warrants to Be Cashed. SALEM, Or., March 28 .- (Special.) -State Treasurer Kay said today that

ACID STOMACHS ARE DANGEROUS

Nine-tenths of All Stomach Trouble

to Be Due to Acidity.

A Physician's Advice on Cause and Cure A famous physician whose successful researches into the cause and cure of stomac. and intestinal diseases have earned for him an international reputation, said in the course of a recent lecture that nearly al-intestinal troubles, as well as many diseases of the vital organs, were directly traceable te a deranged condition of the stomach, which in turn was due nine times out of ten to excessive acidity, commonly termed sour stomach or heartburn, which not only irritated and inflamed the delicate lining of th stomach, but also set up gastritis and stom-ach ulcers. It is interesting to note that he condemns the use of patent medicines as ach, stating that he and his colleagues have secured remarkable results by the use of ordinary bisurated magnesia, which, by neu-tralizing the acidity of the food, removes the source of the trouble. He contends that



Wiss has a world-wide reputation for quality. Don't chance unknown scissors—brittle iron or soft steel with wire rivets. Insist on the Wiss—the merchant will know you want the Best. 50c and up. Prove your scissors by the Wiss Test.

STANDARD WISS TEST

A clean true cut from heel to point through 32 thicknesses of cheese cloth.

If you don't see this

If you don't see this WISS



There are 1000 men wearing "Toupees,"
It prevents them taking "Cold." Why not wear a "Wearwell?" Then your friends would not recognize the fact.
We demonstrate and fill Mail Orders Manufactured only at EUROPEAN HAIR EMPORIUM \$48 Morrison St., near Broadway

FITNESS

The ability to always take the action that suits the conditions is fitness. Fitness means a clear brain, vigorous

body and a warm heart. Only in right living is fitness found

That's why the selection of a beverage is so important to the man or woman

who seeks to be fit. Mild, pure, exhilarating, wholesome beer is an unquestionably good choice for

such a person. Beer of this kind—of the best up-todate American type—is a positive help to efficiency, because its sensible use is a real relaxation.

Among beers of this type Olympia has never had a superior.



BREWING COMPANY Olympia, Wash.

Olympia Beer on draught or in bottles can be bought from well-conducted retail establishments everywhere in the Facific Northwest, Alaska and Hawail. A case for your home can also be obtained from our branch in Portland (Phone A 2467 or Main 671). Seattle, Tacoma, Spokane, Aberdeen, Pasco or Wallace.





TRY A LITTLE SALTS IF KIDNEYS AND BLADDER ARE TROUBLING YOU

jury; Also Neutralizes Uric Acid. Ending Bladder Irritation.

Kidney and bladder weakness result om uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and act normally again. where it often remains to irritate and act normally again.

Jad Salts is inexpensive, harmless, sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during and is made from the acid of grapes and lemon juice, combined with lithia, to seek relief two or three times during and is used by thousands of folks who the night. The sufferer is in constant dread, the water passes sometimes with by uric acid irritation. Jad Salts is scalding sensation and is very profuse; again, there is difficulty in avoid-

Bladder weakness, most folks call it. because they can't control urination, relieves bladder trouble,-Adv.

Salts Flushes Kidneys Without In-jury; Also Neutralizes Uric Acid, one of the most simple ailments to one of the most simple allments to evercome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then

> splendid for kidneys and causes no bad Here you have a pleasant, efferves-