THE SUNDAY OREGONIAN, PORTLAND, MARCH 29, 1914.



Pamphlet Prepared by Superintendent Churchill to Go Into All Oregon Schools.

TEACHERS ARE TO RELEARN

Tendency Is to Revive Picturesqu Customs of Yore and to Prevent Children Moping During Recreation Periods.

SALEM, Or., March 28 .- (Special.)-Play and education, equipment, types of school buildings, games of various kinds, festivals and special days, ath latic meets and athlatic badge tests field meets and other forms of exercise are topics discussed in a pamphlet which Superintendent of Public Instruction Churchill is distributing among the schools of the state. Mr. Churchilli's dea is to teach the children how to play wholesome games and have recesses devoted to such instead of leay-ing the children standing about base-ments and schoolgrounds, when they should be getting needed exercise.

Mr. Churchill was assisted in the preparation of the booklet by L. H. Weir and Mrs. Stella W. Durham, Portland secretaries of the National Play-ground Association. The pamphlet is entitled "Practical Recreation Manual for Schools.

The booklet is beautifully illustrated with photographs of playgrounds from avery section of Oregon. These show that in each section there are a few schools which are keeping the play-grounds abreast of modern thought on the playground movement. The pose of the bulletin is to show The pur may be done in all schools with little expense. A photograph from District No. 5, Benton County, shows a play ground well equipped with simple apparatus, and dozens of children with happy, smiling faces.

Piny Knowledge Lacking.

It has been found that in many schools the children do not know how to play wholesome games that were played years ago and that many of the teachers do not remember them well enough to teach them. This bulletin gives a large list of games suitable for the various grades, carefully classified, with full directions how to play each same. Among the games for the pri-mary division are: Cat and mouse, rab-bit's nest, blind man's buff, simple tag sames and a number of singing games, such as mulberry husb. London bridge such as mulberry bush, London bridge and farmer in the dell. For the inter-mediate division are found shinney, Ruth and Jacob, rabbit's nest, prison-er's base, blackman and many others. For the advanced grades, volley ball, basehell, bandhall tannis soccer for baseball, handball, tennis, soccer, fox and geese, blackman, follow the leader. One chapter is given to the equip-ment and the preparation of the school grounds. At the beginning teachers are reminded that "A great deal of trouble and neor results come from the trouble and poor results come from the fact that too much attention is paid to apparatus and not enough to the vital points of the playground, such as space, surfacing, beauty and especially the play loader or teaders." All over Oregon new schoolhouses are being

built and the Directors are anxious to set information as to how much ground they should buy for the school site and how it should be arranged. The hulletin gives them suggestions as to the extent of the grounds, grading,

g and draina Festa Occasions Provided For. country, in Minnesota particularly and One chapter is devoted to festivals the chapter is devoted to restivals and special days, including the patriot-ic holidays, Arbor day, May day, Hal-loween, Thanksgiving day and even Valentine's day is not overlooked. Little children are always anxious to Little children are always anxious to observe valentine's day and suggestions is vice-president of the National Gerare given to the teachers as to how some literary and historic value may be given to the day's exercises. Everywhere there is a tendency to pevive the pictures us a tendency to revive the pictures us constant of May day. Last year 6000 little giris danced the May pole dance in Central Park, New York City. How to carry out the day's exercises are told in this bulletic with libration of the second nost handsome homes on Summit ave-ue, the aristocratic street of the Saintue, the aristocratic street of the ly City, and James J. Hill. The Weyerhaeuser family, recognized the past few years as probably one of bulletin, with illustrations from the the richest in America, is noted for eschewing society and society's de-mands in the general meaning of the word. They have been content to dwell May day exercises held last year at Baker, Superintendent Churchill's home. All the schools in the vicinity of Baker were closed and 1200 children from the in richness yet not foolish luxury, and in richness yet not foolish luxury, and the fact that Mr. Weyerhaeuser is seri-ously ill has led to the receipt here of thousands of telegrams on the part of thinde and solution: Baker schools attended the exercises and 6000 people watched the children as they gave the May pole dance. Under the chapter for field meets ontests are given for both boys and friends and relatives. The athletic badge girls. 168 given. The badges stand for physical efficiency and are worn by boys and girls in all parts of the United States. TOLLS FILIBUSTER LIKELY



OREGON SCHOOL CHILDREN AT ORGANIZED PLAY

exemption on American ships, but pro two deputies quit IS RECUVERY viding further that foreign vessels might enter into coastwise trade. He sought, he said, to break up any existing American monopoly in coastwise shipping. Bill Admits Foreign Vessels. The bill provides that foreign owned Frederick Weyerhaeuser Revessels may enter the ports of the Unit-ed States to the same extent and under the restrictions imposed upon vessels of the United States, the President to pre-scribe and from time to time to change ported Improving. the tolls charged for the use of the Pan-ama Canal by coastwise traffic. It is stipulated, however, that charges should as nearly as possible equal the expense of transporting such vessels through BUSINESS INTEREST LARGE CENSURE IS the canal, without seeking to cover any interest upon the investment of the United States in constructing the canal. Senator Lewis also introduced a bill to give the President authority to sus-pend tolls "whenever consistent with the interests of the United States." Representative Chandler, Progressive, Known Over Country as "Lumber King," St. Paul Man, Ill at Pasadena Home, Is Also Railroad Finance Minister-Cabiof New York, who opposed the repeat President and Banker. net Council Called. declaring that the people in the 1912 election had indorsed the free tolls plank of the various platforms and that "for one man, no matter how high PASADENA, Cal., March 28 .- Fredhis station or how great his gifts, to erick Weyerhaeuser, the aged million-aire lumberman, who is ill of a severe now reverse that indorsement without an appeal to the people is not the way of our fathers who founded this Recold at his Oak Knoll home, was republic, but the way of a monarchy, a benevolent despotism." ported improved today. He was resting comfortably, but his physician said his advanced age made recovery a slow

Mr. Hawley Opposes Repeal. Representative Hawley, of Oregon, and Representative Curry, of CalMor-nia, opposed repeal. Mr. Curry at-tacked the Administration's foreign olicy. "The policies and achievements of the

process. Mr. Weyerhaouser was bern in Ger-many in 1834, and came to America in 1852. He settled first in Pennsylvania, removing later to Illinois, and in 1891 St. Paul, Minn., got the then future "lumber king." Besides being probably the richest timberman in the United States, Mr. Weyerhaeuser is interested in many President certainly cannot be viewed with satisfaction and commendation by his political adherents," he said. "His Imental diplomacy proved 10 be a fallure enterprises throughout the "The President is an exceedingly erubeing a stockholder and director in St. gentleman, more highly educated and Paul and other Minnesota banks, he possessing more knowledge, if not more the president of two railreads in wisdom, than any of his predecessors, upper Minnesota running into the rich coal country near the border line. He the Presidential chair it has been dems vice-president of the National Ger-nan-American Bank of St. Paul. Other than his beautiful Winter home of the most easy of intellectual feats for a scholastic idealist to dream here Mr. Weyerhaeuser has one of the dreams, evolve theories and, in imag-most handsome homes on Summit ave-ination to govern the world from a philosopher's chair; but when it comes and is a close neighbor to to dealing with flesh and blood, human Hill, nature, economic conditions and National and international problems as they are, it is an entirely different propo-

French Committee Declared Tool of Politicians.

Sharp Division Exists Over Proposal

to Condemn ex-Premier and ex-

PARIS, March 28 .- Two members of he Chamber of Deputies which is inestigating the Rochette affair resigned today. They were Jules Delahave and Georges Berry, who took the ground that a majority of the members of the committee were influenced to too great an extent by politicians. The reeignations of the two deputies were presented at the end of a stormy ses-sion of the committee.

sation he had with Mme. Calliaux over the telephone prior to the shooting.

She expressed indignation at the pub

lication of the "Thy Joe" letter and said it would end in the death of Cal-

ARTICLES ON INCREASE.

Per Cent in 1880-Reduced to

46 Per Cent in 1913.

mette.

The committeemen were divided sharply in their views as to whether Ernest Monis, ex-Premier, and Joseph Caillaux, ex-Minister of Finance, should be consulted A Cabinet council was held today to discuss the delicate political situation brought about by the Henri Rochette scandal and the shooting of Gaston Calmatte, editor of the Figaro. Mme. Caillaux, the assassin of M. Calmette, sport inson. In Saint Lazare prison. At the inquiry before Magistrate and can identify the ships they know with certainty as far away as any sailor could with similiar glasses. There Bouchart into the killing of M Cal-mette ssveral witnesses were heard, among them Pierre Mortier, editor of Gil Blas. M. Mortier told of a converis therefore no doubt this vessel was the Karluk,



"Agnes X" writes: "I'm so dull and lifeless most of the time that I can scarcely accomplish my duties. I am colorless and have little appetite, suf-fer with headache and am far below normal weight. At one time I was quite plump and then I felt good all the time, so if you can prescribe some-thing to increase my weight I think I shall soon be myself again."

Answer: For anyone in your condi-tion there is nothing I can give that would be so effective as a thorough course of three-grain Hypo-Nuclane tablets. This little tablet supplies ele-ments which increase the red blood supply and aid to extract the nutrition from food, improve the appetite, over-come nervousness and plumpness with healthy color and strength return. They are packed in sealed boxes, with full directions.

again, they consider wicked. There are probably today few peo-ple on earth to whose mind's eye the rewards and punishments of the future world are so vividly real as they are "Farmhand" writes: "Please give me a prescription for my rheumatism. I suffer greatly. A friend tried your prescription, was cured, but can't re-member it."

to the Eskimo, and no one can be more firmly convinced than they are that it does not profit a man, though he gain the whole world, if he lose his member it." Answer: Here is my favorite pre-scription for rheumatism: Iodide of potassium, 2 drams; sodium salloylate, 4 drams; wine of colchicum, ½ ounce; comp. essence cardiol, 1 oz; comp. fluid balmwort, 1 oz, and syrup of sarsaparilla comp. 5 oz. Take a tea-spoonful at meal time and at bedtime. "W. Z." writes: "I have such a very severe cough and cold and have not been able to get anything to help me. It is weakening my system." Answer: Use the following and your gain the whole world, it he lose his soul. It is therefore only from a few of my oldest and most especial friends I can this year get any information at all, and they tell me things with the intention (sometimes expressed and always—I am sure—at the backs of their minds) of rementing of what

of their minds) of repenting of what they have done as soon as convenient after I am gone, and securing through prayer forgiveness of the sin.

Eskimos Profess Ignorance.

(Continued From First Page.)

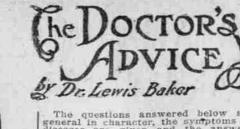
Answer: Use the following and your cold and cough will vanish and you will soon be strong again. Get a 212-or, bottle of concentrated essence men-tholaxene and take every hour or two. This can be taken pure or made into a full pint of home-made syrup. Full directions as to use will be found on bottle. This is a mild laxative and will drive the cold from the system. "Helen J." writes: "What would you As it will probably become more difficult each passing year to get information regarding the things and the times of old, I am this year letting few opportunities slip. In the

testations of absolute ignorance of certain things from the very men who told me them three years ago; others will admit they told these things then. but say that no consideration would induce them to remeit them the system. What would you gestion, constipation, gas on my stom-ach and my breath is bad. I am afraid of appendicitis."

DISCUSSED induce them to repeat them again and that they told them before in ignor-ance of the serious offense they were committing.

of appendicitis." Answer: Many cases of appendicitus are caused by neglecting just such troubles as you describe. You should start at once and take regularly for several weeks at least tablets triopep-tine, which are sold at all drugstores and are packed in sealed cartons, with full directions for taking. The tablets are pink, white and blue. The pink tablets should be taken after break-fast, the white after dinner and the blue after supper. "Lost Health" write: "Sadly I con-When we get to Cape Halkett, late in November, we found there en-camped and trapping foxes a family

camped and trapping foxes a family which had been near Point Tangent the first week of October last. The head of this family, Angukanna-known to the whalors as "The Stam-mercr"--told me that during the first week of October he saw one day a ship offshore in the ice. With his deer-stalking telescope he could make the ship out plainly, even to her ropes. Har bridge was visible, but the decks were obscured by high ice. Had this high ice not been in the way he could have seen men on the deck, but no one mounted the bridge through a period of three or four hours, at the end of which a fog closed down that did not let up for three days. "Lost Health" write: "Sadly I con-fess that I am in need of a doctor's ad-vice, and, believing you can help one in my condition. I give herewith my symptoms: A general breaking down of my nervous system has left me weak, nervous, despondent, trembling, dizzy spells, bad headache and a stiff-ening of the muscles and ligaments, causing an infirmity which is not due at my age."



The questions answered below are general in character, the symptoms or diseases are given and the answers should apply to any case of similar nature. Those wishing further advice free may address Dr. Lewis Baker, College building, College-Elwood streets, Day-ton, O., Inclosing self-addressed stamped envelope for reply. Full name and address must be given, but only initials or fictitious name will be used in my answers. The prescriptions can be filled at any well-stocked drugstore. Any druggist can order of wholesaler.

for a month or two. Get the tablets in original sealed tube, with directions inclosed. . . .

Miss Belva asks: "I am sorely af-flicted and want your best advice. I am troubled with golter and too much flesh and fat. How can I overcome the one and reduce the other?"

Answer: Many cases of goiter com-ing under my attention have yielded to treatment and disappeared almost to-trainy. The ingredients in 5-grain ar-bolone tablets are used both to reduce goiter and to remove superfluous fat on the human body. I advise you to obtain a sealed tube, with directions accompanying.

"Valeria" writes: "I am suffering with billousness, stomach and kidney troubles. I am getting worse all the time. What shall I take?"

time. What shall I take?" Answer: For the troubles you man-tion, the best remedy to purify the blood and act on the liver and kidneys is: Three-grain supherb tablets (not sulphur tablets). Get these from your druggist in scaled tube, with full di-rections. These act pleasantly, and if taken regularly they will gradually effect relief. By purifying the blood your biliousness will disappear. If you are dyspeptic you should take tablets. "Children"-Your children should be

"Children"-Your children should be given the following to correct them of bed-wetting: Tincture cubebs, 1 dram; uncture rhus aromatic. 2 drams; comp. fluid baimwort, 1 oz. Give 10 to 15 drops in water one hour before meals. This is good for young and old.

Doctor: "I should be very grateful for a remedy for catarrh. I have suf-fered a great deal for the past year with bad breath, pain in my head and throat. Please tell me what to do."

throat. Please tell me what to do." Answer: I have found antiseptic Vilane powder to be the best remady for catarrh of the head and throat. Many letters are received from people who are thankful to be cured of this dreadful disease. Go to any well-stocked drugstore and purchase a two-ounce original package of antiseptic Vilane powder. Cleanse the nostrilis thoroughly by snuffing from the palm of the hand a wash made by mixing one-half teaspoonful of the powder to a pint of water. Use this two or three times a day. In addition to this use the following balm in the nostrilis daily: One teaspoonful of Vilane pow-der and one ounce of lard or vaseline. Use this treatment at intervals to pre-vent a return.

"Anxious Mabel" writes: "My hair is falling out so rapidly that I am very much afraid that I shall soon be baid. I have also a great deal of dandruff, which causes my scalp to itch."

Answer: You can stop your hair from failing, stop dandruff and make your hair soft and fluffy if you will purchase a 4-oz, jar of plain yellow minyol and use according to directions. It will promote a healthy head of hair and brings back the intense natural color.

ening of the muscles and ligaments, causing an infirmity which is not due at my age." Answer: Eat the most nourishing foods, omit alcoholic drinks and take three-grain cadomene tablets regularly

closed down that did not let up for three days. Though he saw no men, he knew men were on board, for all the parts of the ship that were visible to him were covered with hoarfrost except the smokestack, which showed that it must have been kept warm by banking fires below, although no smoke was seen. The vessel was the Karluk, which, as is known, Angupkanna had a dozen times identified with his glasses which, as is known, Angupkanna had a dozen times identified with his glasses when she was a member of the whal-ing fleet that came to Barrow every year since 1889 until three years ago, when the whaling industry in these waters practically censed. The Bar-row Eskimos all have good telescopes and can identify the ships they know with certainty as far away as any take it to Macpherson to meet the Dawson patrol. I was anxious to see Dr. Anderson as soon as possible, for, although I learned from Mr. Chipman and the Anderson to Collinson Peint. others of our party that everything On arrival at the Winter quarters was in good condition, and all the men in the best of spirits, and, al-Humphrey Foint, some 10 miles west but there were in the camp at the time only himself and six or eight descripti persons and children, who had been left in his charge while the rest of the party hauled provisions forward to the themselves before my coming, it was the description of the selvedere. Tranclug grounds near Halkett party hauled provisions forward to the trapping grounds near Halkett. When after three days, the fog lift-ed, the Karluk had disappeared; a northeast breeze had been blowing doubt carried the vessel beyond Bar-doubt carried the vessel beyond Bar-

Importance Is Emphasized.

"For the beterment of childhood both as to morals and as to health there is no other work being under taken so important as the playground movement," said Mr. Churchili, "in useful purpose.

many of our towns and villages the good effect of lessons of industry and asset instead of a party liability. I into hiding or out of the state morality, which are being taught in the public schools, is destroyed by allow-ing the boys and girls to be idle durthink the result of the vote in the House yesterday will have some effect, inasmuch as it shows where the big ing the receas periods and after school closes for the day. Teachers all over the state have been asking for helps as majority of the party stands."

The debate today in the House was to how to organize their playgrounds and directions for teaching the chil-dren new games. The great importance spirited on both sides, party lines being disregarded. Representative Fitzgerald. of this builetin is expressed in one par chairman of the appropriations comagraph of the introduction: While there is much to be suid of the value of play in the development of mental mittee, who joined with Speaker Clark and Mr. Underwood in the revolt against the President, was loudly power, there is still more to be said for the moral value of it. Where cheered when he advanced to the well there is melfishness and dishonesty play cannot continue. The child who cheats Fitzgerald asserted he had no sympathy becomes an outcast. The rules for those who condemned the Presilean sport are the precepts of right dent for his views, but declared his living

firm conviction that toll exemption for "To give dares and to take risks, to strive with all his might to win a goal, develop a boy's will power, while at American ships was essential "to provide effective competition with the the same time the restraint that he must transcontinental railroads, to increase exert not to play out of his turn, not to start before the signal and not to take an unfair advantage of his oppothe efficiency of our naval forces and to prevent the control of an isthmian pent, must needs develop self-control." canal by a European power." Minority Leaders Conferring.

Leaders of the present minority on ROWE PIONEER IS HONORED

the repeal issue, Democrats, Republic-ans and Progressives, already have bebun consideration of what course should Many Guests Attend Birthday Fesbe followed in the motion to recom-mit the repeal bill. Such a motion will tivities for Two.

afford the minority their only chance to get an amendment before the House Several compromise proposals are under ROWE, Or., March 28 .- (Special.) -A hirthday party was given at La Casa Monte last Saturday in honor of Milconsideration, but not yet agreed on. The notion to recommit will be made just dred Faubion and Steve Mitchell, Music rior to the final vote on the repeal and games were the diversion of the

carly evening, and a dance followed the serving of refreshments. Purple and white was the color scheme used in decorating. Democratic leaders who met defeat resterday were not at all cast down. They determined today to carry the fight to the end, and Speaker Clark is reparing to close the debate, probably

The guests included Mr. and Mrs. Warren M. Cooper, of Hood River: Al-len Emily, ef Sandy: Mrs. J. Ges. of California; Miss Hazel Mitchell, of ext Tuesday, in opposition to the resident's plea for repeal. Represen-Sandy; C. M. Miller, Charles Leady atives Adamson and Covington will Arlie and Roy Mitchell, of Rowe, and lose the discussion for the Administraion forces Senator Read, of Missouri, injected a

Georga Shepherd, of Portland. Steve Mitchell is one of Oregon's oldest ploneers. He celebrated his 76th new phase into the situation late today birthday. by intrroducing a bill to repeal the toll



PIKEVILLE, Ky., March 28 .- Randall McCoy, nonogenarian and leader in the famous McCoy-Hatfield feud, died to-(Continued From First Page.) I introduced two weeks ago. If he does not take it up promptly I can say this much—that delay will serve no

useful purpose. "Senator O'Gorman seems to take the view that this controversy is a party that he eventually forced his enemies

SALVATION ARMY WOMAN TO SPEAK HERE.



her interesting lecture, "Love in Action." at the Pilgrim Congre-Action gational Church, Missouri avenue and Shaver street, today at 11 A. M. also at the East Side Baptist Church, East Twentieth and East Ankeny streets, today at 7:30 P. M. Mrs. McAbee has been in active army service for the past 25 years, and is considered one of the army's most able speakers.

Karluk Again Disappears,

Angupanna said he could have boarded her easily had he had three men more to help him with his skin boat, but there were in the camp at the time only himself and six or eight descripit

EXPORTS ARE CHANGING

PROPORTION OF MANUFACTURED these three days and the wind had no doubt carried the vessel beyond Barrow to the west. I had previously earned that a vessel. without smoke-

gricultural Products, Forming St stacks, yards, or bowsprit had been seen by several Eskimos about 10 miles East of Barrow the first week in October. We are at a loss to guess

what vessel this may have been, for

WASHINGTON, March 28.—The changing character of the commerce of the United States and the occupations that has happened to be set*fast in a the United States and the occupations of American people is indicated in a statement today by the Department of Commerce on the notable features of the import and export trade during the fiscal year 1913, compared with the fiscal year 1913, compared with the fiscal year 1913, compared with the that agricultural products in 1850 formed \$4.3 per cent of the total. Exports of mestic exports, while in 1913 these were t6.1 per cent of the total. Exports of the total, were in 1913, 48.5 per cent. According to the Department the transition of the United States from an exporter of natural products to an ex-

According to the Department the According to the Department the transition of the United States from an exporter of natural products to an ex-porter of manufactures has been a steady movement during the last third of a century. Crude foodstuffs which formed in 1880 32.3 per cent of the ex-ports, gradually diminished and were ports, gradually diminished and were

In 1913, however, their percentage was slightly larger, 7.46 per cent, due to large wheat crop and unusually heavy exports of that commodity.

Ferry Employes Exempt in Ruling.

SALEM, Or., March 28 .- (Special.)-Attorney-General Crawford, in an opinion today, informed Labor Commis-sioner Hoff that men employed on the ferry operating between Marshfield and the East Side were not subject to

the eight-hour law. He said that the probably were on duty mose than t hours, but did not work longer than eight hours. The opinion is in line with the recent decision of the Suprame Court in the case of the Portland policemen and firemen. The ferry is owned by the county.

Teachers' School Arranged For.

OREGON CITY, Or., March 28 .- (Special.)-Preliminary arrangements were made today by County School Superintendent Calavan for the annual teachers' training school, which will be held during the last three weeks of August. It is expected that about 150 teachers will be present to receive instruction. Five teachers probably will be engaged to carry on the work,

if our party with its 18 dogs and three have gone aground off shore from and protect her from ice pressure and protect her from ice pressure erated by any ordinary Wintar Winter gale. ethnologists, behind near Cape Hal-kett, with some Eskimos for the pur- will be in some danger when the poses of study, but my other compan- begins moving, as there is no shelter-tons. McConnell and Wilkins, and my- ing land.



forced to give up work and seek re-lief at the springs because of a severe attack of rheumatism, Joseph Murphy Mackenzie

As we ashore were in no position to do anything beyond what had already many remedies, which failed to relieve been done that could affect in any way the fortunes of the Karluk, we case. "My physicians ordered me to moved on eastward slowly as before

way the fortunes of the Karluk, we moved on eastward slowly as before, and reached Elaxman Island the sec-ond week of December. Here we found E. de K. Leffingwell wintering alone, except that he had for neighbors one family of Eskimos who had a house 100 yards away. Mr. Leffingwell had come north with our schooner Mary Sachs, intending to finish near. Elawards and the sec-me. Mr. Leffingwell had come north with

one family of Eskimos who had a house 100 yards away. Mr. Leffingweil had come north with our schooner Mary Sachs, intending to finish near Flaxman Island some a year before, and to go, after he intimed the work, to Barrow by a small boat, and by a whaler thence to Nome or San Francisco. The early freeze-up had not only prevented his return, but also the doing of the task for which he came. He was therefore wintering, expecting to do the work is more than a year since I used Akoz

for which he came. He was therefore wintering, expecting to do the work next Spring, otherwise he could have left the country by dog sled. We left Mr. Leftingwell's camp the morning of December 14, and that even-ing we reached the Winter headquar-ters of our party at Collinson Point, 30 miles to the eastward. The establishment at our arrival was in the charge of Mr. Chipman, our chief topographer, in the absence



Staff Captain McAbee, of Seattle. Mrs. Staff Captain McAbee, of Seattle, Wash., is visiting Port-land under the auspices of the Salvation Army. She will deliver

sition. fields Into Hiding, Succumbs