

ITALIAN SOCIETY FROWNS ON DANCES OF AMERICAN PRINCESS—THEN COPIES

Recent Photographs of Dowager Queen of England Show Her Wearing Her 69 Years Well. Katherine Grey to Create Leading Part in "Rule of Three." Marie Pavlovna Denied Right to Live in Russia.



NEW YORK, Jan. 17.—(Special).—Katherine Grey, who has the distinction of having been leading woman for more than a half century, is to create the leading part in "The Rule of Three," a farcical comedy which Joseph Hickerton, Jr., will put on in New York about the middle of January. The play tells the story of a woman twice divorced who married a third husband and the complications arising from the devotion of her two former husbands. It is said the play is based on the actual experiences of a New York society woman and it is believed that her friends will recognize her easily in the role Miss Grey will assume.

Princess Radziwill, once the beautiful Dorothy Deacon, of New York, is now a lively and popular member of aristocratic Rome, because of the cause of much lifting of eyebrows when she first came to the ancient city, whose "upper ten" took its pleasures in a most dignified and dainty manner. Following the example of the Princess, however, who gave a series of brilliant and rather daring dances, the Roman society has become quite alive.

Recent photographs of ex-Queen Alexandra of Great Britain show the Queen little changed in appearance, despite her 69 years. She was born December 1, 1844, and is the eldest daughter of King Christian IX of Denmark.

The Consumers' League held a soiree dansante at the Plaza in New York last week. There was an exhibition of National dances and all society comment. Mrs. Elmer Black, who was one of the distinguished delegates to the recent international congress on peace recently held in Europe, was chairman of the entertainment. Mrs. Black, who is a social leader in New York, has especially in philanthropic movements in recent years.

It is reported that the Czarina of

Russia has refused permission for the Grand Duchess Marie Pavlovna to reside in Russia. The Grand Duchess is the daughter of the Czar's youngest uncle and she will live for the present with her father in Paris. She has separated from her husband, Prince William of Sweden, largely because the court life at Stockholm was too quiet for her. Before her marriage to the prince she was known in St. Petersburg as "the merry Grand Duchess" because she was so gay and unconventional.

Chili con carne is a general term for various rich stews of beef, mutton, chicken or pork or a mixture of the same, cooked long and slowly in a brown sauce, more or less strongly flavored with Spanish peppers, with or without tomatoes. Also variations are possible in seasoning, flavoring and additions, such as olives, raisins, onions, different kinds of spice and peppers.

A good many different chili con carne recipes have appeared in this column. Slow cooking and "soaking" are personal taste are the most important points.

Put up round steak or other lean meat in a tin, packed in a mixture of a very little oil or pork fat and proceed exactly as described above for the braised beef. You will have a good chili con carne. Try it with and without tomatoes, (2) with more and without garlic, (3) with different kinds of different sorts of chili powder, (4) with and without raisins, until you get the variety that pleases you best.

A "quick" chili sauce in which to re-heat tender old meat can be made from canned tomato soup flavored with chili powder and garlic to taste. Put the meat which is to be reheated in a double boiler until heated thoroughly and saturated with sauce. Add peas, chopped green peppers, olives, etc., at discretion. Serve in a potato border or with any of the accompaniments suggested above.

Portland, Or., Jan. 8.—Will you kindly give a diet list or a few menus for the Oregonian for children of school age? My boy, 10 years old, and I would like to have a list of what to eat and how to prepare. He does not eat for the sake of eating, but he likes to eat. Tell me, please, what to use in gravy to brown it. If you can help me solve my problem, I shall be most grateful. E. E. M.

It is almost impossible to offer very practical suggestions without knowing more of the present diet, general constitution, likes, dislikes, etc., of your boy. Probably, for instance, he does not like green vegetables, but he can probably be trained to do so if tact is combined with good cooking.

Good meat need a day's plenty of whole wheat bread, fresh vegetables, fresh fruit and stewed fruits, skim milk and simple puddings. White fish occasionally, puddings of beans and lentils, plain cookies and simple coffee cakes without eggs would probably be good. Do not give him tea or coffee. It is likely to cause biliousness than to help and would help to "balance" a breakfast without eggs or meat. Hot milk, quickly broiled chopped meat (brown sugar, of which I'll speak later) makes a fairly good "junior coffee" for cold mornings.

An orange or a glass of hot or cold water with a little lemon juice in it, taken as early as possible before breakfast might prove advantageous.

Do not depend upon a "hurry lunch" at school he will need a "man's breakfast," and if he cannot take eggs a small quantity of meat or fish is probably advisable. Instead of baked apples, broiled or baked fresh herring, quickly baked (curled) filets of halibut, crisp broiled bacon, codfish hash, quickly broiled chopped meat balls or Scotch omelets on toast might be tried as being simple, wholesome, easily prepared and inexpensive.

The vegetables themselves can be made into a puree (soup or meat accompaniment) or used with French dressing in a salad. Lettuce and spinach will probably be good for him. Really, however, it is not possible to give you much detailed advice as to menus without knowing more of the details of your difficulties. I think you could get suggestions for a variety in planning a simple diet by borrowing some of the standard cook books (not the "break" cook books) from the public library; if you wish, I can give you the names of books which might help you, but your problem is one in which only general advice can be given, with the exception of a diet which you write again if you need any help in preparing such food as is suggested above, or if I can be of further help to you.

The best way to brown gravy that is too pale is to concentrate the meat and fat juices (by using a high temperature) for a short time, and then dissolving the "glaze" so made in hot water. A little pinch of sugar and salt helps the glaze to color. Care is needed, however, in this development, process is not possible, or if the "glaze" is still too pale, a few drops of "kitchen bouquet" (to be obtained at almost any large grocery) may be used. Careful solution, however, is just about as satisfactory and very much cheaper. Discretion in its use is of course necessary to avoid a bitter or sweetish taste.

Caramel—Dissolve one-half cup sugar in three or four tablespoons water and boil in a small fryingpan until the edges begin to turn brown; then very carefully stir and continue the browning until the whole is a light brown mass. Remember that the change takes place very, very rapidly at the last; therefore, take the pan from the fire before the proper color is reached, or you will probably burn it. Pour the caramel into a shallow dish to cool. Add a little water as will dissolve the brown mass. Bottle for use as coloring or flavoring not only for soups and gravies but also for junket custards, cake frosting or fillings. Ice cream, bread pudding, dark cakes, etc., are all improved by the use of a hot drink has been already suggested.

INTRODUCTORY SALE

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smelt "crispy" without any sort of grease at all, unless the fish is dried up and flavorless. You might, however, egg and crumb them in the usual way, using sifted, slightly browned bread crumbs, and then instead of frying, bake them in a very hot oven, just long enough to harden the egg and crumb coating and cook the fish until the bone is loose without drying it out. Season both egg and crumbs well. For economy, the egg may be diluted with an equal quantity of water.

Perhaps the quickest way of preparing a quantity of smelt for keeping a few days is to clean them (using scissors, or speed) and cut off the heads. Then lay them head to tail like sardines with a slice of onion or a bit of lemon or orange rind, a clove or two, a bit of bay leaf if available and a few peppercorns. Sprinkle with salt and add just enough weak vinegar or diluted strong vinegar to barely cover. Bake about 20 minutes or until the bones slip easily. Use only earthenware baking dishes for this purpose.

Try a new can of baking powder. The flour might possibly be to blame, but I doubt it very much. I know my students never have any trouble with good brands of local flour, and I (coming here from the East, after using very strong flour for years) had no difficulty at all in adapting myself to the local flour. Are you sure the water boils? Steamed dumplings, however, are better, both in texture and in digestibility, than boiled ones. Cook your next batch in a perforated pie plate (cost 6 cents) exactly fitting your kettle. Be sure the lid fits closely. Don't lift the lid for 20 minutes for small, or 30 minutes for large dumplings. Let me know if you have any further difficulty.

"HEIGHT" IS INSISTENT DEMAND IN DASHING SPRING MILLINERY

Coffeours, Hats, Collars, Heels, Hips and High Colorings Is Decree From Paris, Where High Bust Corsets Are Being Urged—Foreheads Will Show a Little—Less Pretty the Face More Daring the Hat.

NEW YORK, Jan. 13.—(Special).—Height is the thing insisted upon in new Paris fashion for Spring—high collars, high hats, high heels, and likewise high heels, high collars, high hips, high colorings and—it is whispered—high-busted corsets. All these interesting hints anent height come authoritatively from the pen of a woman living in Paris with the very object of finding out among the very first the trend of Parisian fashions.

At any rate the new hats are high—very high, and the slightly smaller heads indicate that they are to be worn slightly higher on the head than heretofore; which points in higher hairdressing. More of the hair is to show at the sides of the head, or at one side, at least—most hats being more or less tipped to give an audacious rakish effect, and for the first time in ages a wee mite of the forehead will be allowed to show itself, untrampled by the mode.

All the new tailored hats for earliest wear with street costumes are saucy and daring in type, and the prettier the face, of course, the more audacious may be the style of the hat. And by the same token, the less beautiful the face the more daring may be the hat. This does not mean that a plain woman may blithely don the hat designed for a beauty. There is a decided difference between the plain woman and the woman who is—as Arnold Bennett ingeniously put it—"ugly but provocative."

The uncompromisingly ugly woman may be vivid of type and may know just how to dress to make herself individual, interesting—and provocative. But there is nothing "plain" about her. She wears fetching hats, fascinating veils and the beauty spot just to the right place, irreproachable tallness, becoming furs, exquisite little buttoned boots that bring out the prettiness of her feet—and how many ugly women possess pretty feet!—and perhaps has even the genius to affect earrings that add a fascination to her ugliness, and orange flowers of some shimmering shade that give a striking color note which makes one forget her nondescript complexion.

For this clever, ugly woman there are as many fetching hats in the new Spring collection as there are hats for the obviously pretty woman. As for the unfortunate plain woman who is not individual enough to cultivate a type, or clever enough to make herself chic, she must just do the best she can.

Jet Is Spring Note.

Fifty of sparkling black jet is promised by Paris. There are whole hat crowns of it. There are large, cabuchon ornaments of it, combined with cut steel, amber or tortoise-shell, and there are sparkling jet bandeaux

Baby Bunting Blanket Is Bar to Jack Frost.

New Ideal Caringe Cozy Makes Perambulator Rider as Snug as Proverbial "Bug-in-a-Rug."

aggregated tricorn shape. The broad, three-cornered brim is caught in against the crown with a flat bow of velvet and an oval ornament of cut jet. From this ornament hangs an enormously tall "feather fancy" or skeleton ostrich, which spreads apart at the apex to form a sort of "T." This "T" does not stand erect on the hat, but is attached to the crown by a cord, which is fastened to the top of the head. The hat is finished with a wide band of black velvet or silk. This makes it possible to change the trimming of one's Spring hat occasionally, as a milliner pointed out the other day. She presented for consideration a smart turban of green straw braid trimmed around the crown with black moire ribbon. At either side were daintily poised, Masaryk wings in iridescent greens and black. A twist of her fingers, and off came the green and black wings; and another deft touch added two smart ribbon bows to the hat—a tiny flat one at the right side and a huge, wired one tapering to a point, at the left side. This lightning change was effected by means of invisible snaps of silk trimming band, "I have a model, I have a model," she said, "that admit of three changes of trimming—arranged by the same means.

Flowers will be using Spring hats—with reserve. That means small, conventional clusters of violets, geraniums or other posies will be placed eccentrically or softly to give the last note of individuality to the Rebour model of bronze hemp by which whole hat shows a cluster of yellow wallflowers sprouting from an amber ornament at the extreme edge of a roll-over brim.

The garment is part cape, part blanket. After the warm, silk lined hood has been tied under baby's chin, the tab at the opposite end is folded over baby's feet. Then the laps at the sides are crossed, one over the other, and fastened securely by metal snap-buttons. Thus enclosed, and a pretty carriage rug or knitted Afghan spread over all, baby will travel as comfortably warm and cozy as in the crib at home, even in below-zero weather. The carriage cozy is of white alderdown, bound with pink satin, and the hood is faced and lined with soft pink silk.

WOMAN PRISON HEAD OUT

Indiana Governor Asks Resignation After Investigating Affairs.

INDIANAPOLIS, Ind., Jan. 13.—Upon the demand of Governor Raines, Miss Emily E. Rhoades has resigned as superintendent of the Indiana Women's Prison, and Miss Addie Bond, who has been connected with the institution for several years, has been placed in charge temporarily until the board of trustees makes a permanent appointment.

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Address Mrs. Potter's Hygienic Supply Co., 2641 Groton bldg., Cincinnati, Ohio.

Answers to Correspondents

BY LILLIAN TINGLE.

PORTLAND, Or., Jan. 8.—I want to thank you for the help I have received through your column in The Oregonian. Please give me a recipe for "braised beef," Spanish. What kind of beef is best for it? Also for chili con carne. Thanking you and wishing you success this new year.

Any good pot roast is suitable. It should be compact and "chunky," round shoulder, "cross-rib," "heel-

Woman's Danger Signals

Hot flashes—dizziness, fainting spells, headache, bearing-down feeling and ills of a kindred nature—are nature's danger signals. The female disturbance or irregularity back of these calls for help, should have immediate care and attention. Otherwise the delicate female constitution soon breaks down.

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