# GOOD AIR, FIT FOOD MAKE PRIZE BABY

Mother of Prize Winner Uses Common Sense in Care of Her Young Son.

EUGENIC EXPERT TALKS

New-Born Infant Should Be Weighed Each Week for First Month. Chest Development Should Be Carefully Watched.

baby girl, Jane Kanzier, that it seems but fair to give mention to the sweepbut fair to give mention to the sweepstakes boy, Wayne Porter Buchanan,
son of Professor and Mrs. F. H. Buchanan, of McMinnville. Wayne's
mother has brought up her little son
on practically the same plan that Mrs.
Kanzler used for Jane. He has had
careful feeding, lots of fresh air, sunshine and a general treatment inspired
by good sound common sense. He is
the proud possessor of two silver cups,
a medal and a prize of \$100 in gold. He
weighs 35 pounds and is well proportioned. At the State Fair tests he was
adjudged the finest hoy in Oregon.
In talking recently of the eugenics
tests which she conducted and which
are of such wide interest at present, Dr.
Mary V. Madigan gave many interesting points. She said:
"The eugenics contest, now so popular all over the state, in fact all over

The eugenics contest, now so popular all over the state, in fact all over the United States, is a subject of great discussion at the present time and has done much to educate parents in eugenics. Nurture and environment hold an important place in bettering the race and in increasing the usefulness of the present generation.

Height Increases With Weight. "The score card used in these con-tests is worthy of careful study. It gives the average normal standard of weights and measurements for children from 6 months to 3 years of age. The new-born babe should be weighed every week during the first month, twice every month during the first year, and every three months thereafter, as weight is one of the chief indications of normal development. His other measurements, such as height, circumference of head, chest and abdomen should increase proportionately with his By Edith Knight holms, and the grouper assimilation of food. The head, chest and abdomen should indicease proportionately with his weight. To maintain the proper ratio is all important. A record of his advancement should be kept and comparisons made with the average normal standard. If he weighs more than this his height and other measurements should correspond, otherwise the increased weight may be due to fat caused by improper assimilation of food. The head, chest and abdomen should measure alike up to 16 months, and after that the chest takes the lead.

"If the head is unduly large, the cause may be abnormal bone development. Lack of symmetry is an indication that the bones are soft. When this condition is present the side on which the baby lies most constantly becomes flattened more than the opposite side, or if he lies on his back a great deal fiattening of the occiput occurs. The fontanels or openings in the skull at birth should close by the second year. An extremely large head with open fontanels or openings in the skull abirth should indicate hydrocephalus, but these cases are rare. By far the most common cause of failure of closure of the fontanels, as well as other conditions due to abnormal bone development, is rickets, although mainutrition in any form causes delay.

Free Lungs Essential.

"If the chest measurements are less in the line of the standard and the proper ratio is all lowers for the bread and jelly and tried the marshmallew ghost who proudly stood with his stick-candy support planed in a little sponge cake at each place. There was a cup of cocoa for every one and a nice ripe red apple for all except the tiny tots. The younger was all except the tiny tots. The younger all except the tiny tots. The younger all except the tiny tots. the manuscreament of the chart kakes the lead has a shored how of the chart kakes the lead has a shored how of the chart kakes the lead has a shored how of the chart kakes the lead has a shored how of the chart kakes the lead has a shored how of the chart kakes the lead has a shored how of the chart kakes the lead has a country the properties and the shored has a set a set. When the house at a set, when the mean glanned by Mr. Ocean Ritten-part has a bone at a set, when the mean glanned by Mr. Ocean Ritten-part has a bone at a set, when the mean glanned by Mr. Ocean Ritten-part has a bone at a set, but the house at a set, but the part of the house at a set, but the has a set a set, but the has a set, but the has a set a set, but the has a s

The most vital questions of all are those relating to feeding, whether breast fed or bottle fed. The keynote of the baby's development is struck here. The bottle fed baby is working under a terrific handicap. No food or mother's milk, and in 90 out of 100 bottle-fed babies malnutrition with its long list of manifestations ensues.

"It is important that the child sleep of the coation, East Third and Morrison, East Third and Morrison, Son, three blocks east of the Morrison. The fish and game of the State of Oregon will have a big exhibit at the good here.—Adv.

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"It is important that the child sleep of the coation, East Third and Morrison. The flocks east of the Morrison. The flocks east of the Morrison. The fish and game of the State of Oregon will have a big exhibit at the good here.—Adv.

Prices on Knight coal will not advance on the 1st. Order when you want it. Phone East 182. Albina Fuel Co., sole agents.—Adv.

Several troughs of live fish of vari-"It is important that the child sleep alone and that the windows be kept open. In this way he has freedom of movement, even temperature, proper covering and plenty of oxygen."

### MUSIC ADVERTISES CURRY

Orchestra Tours Southern Oregon in Behalf of County.

The Agness orchestra has been makthe Agness orchestra has been making a seven-weeks' tour of Josephine, Douglas, Coos and Curry Counties, Oregon, and Del Norte County, California, advertising Carry County. The orchestra is under the direction of R. Converse Norton, who is a graduate of the New England and Columbia conservatories of music. He settled in Curry County County a year ago to engage in min-ing. He organized the orchestra of 14 pieces about eight months ago. Agness is about 30 miles above Gold Beach. is about 30 miles above Gold Beach, a little backwoods town on the Rogue River, reached by river and trail. Beside Mr. Norton the personnel of the orchestra is: A. J. Berg and O. Powell, of Crescent City: Mrs. Lucas and her sons, Lawrence, Clifford and Donald: Charles and Francis Scanlon; Martha, Frank and Teller Price, Ola Jones and Robert Edgren.

The orchestra has played to packed

The orchestra has played to packed houses in all the towns in Southern Oregon, the boy soloists, Francis Scan-lon and Lawrence Lucas making a big

hit with flute and clarinet.

Mr. Norton wants to show the people of Oregon that Curry is on the map, and conceived the idea of the orchestra as the best way to do it. He considers that Curry County is one of the richest undereloped districts on the Coast. The population is still small, but Mr. Norton believes that the time is not far distant when it will provide homes for many seekers of its coal, gold and other minerals, its dairy and fruit lands and its wealth of timber.

Edlefsens' sall Hiawatha hard coal

OREGON'S FINEST BOY HAS SCIENTIFIC TRAINING.



Pumpkin and Candy Ghosts

such as the need of fresh air and exersuch as the need of fresh air as the need of so so home with their mothers.

Before the feast the kiddies had a wonderful time playing in the nursery. At Calef Bros. means more than an ordinary sale. Their regular low-rent in the field.

At the games they ail crowded round are redinary sale. Their regular low-rent in the field.

The state fish and Game Commission is starting out to take several miles of time of the state fish hatchers, the high-rent prices are so much lower than the work.

The most vital questions of all are those relating to feeding, whether "The most vital questions of all are those relating to feeding, whether "The most vital questions of all are they work.

The most vital questions of all are they are the same of the state fish and Game Commission is starting out to take several miles of time of the state fish and Game Commission is starting out to take several miles of time of the state fish and Game Commission is starting out to take several miles of time of the state fish and Game Commission is starting out to take several miles of time of the state fish and Game Commission is starting out to

goodies and the babies had a beautiful

Halloween festivity.

The Day Nursery is conducted by the Portland Fruit and Flower Mission, of which Mrs. E. C. Mears is president and several score society and philanthropic women are active members.

Children Well Cared For. Pumpkin and Candy Ghosts

Delight Little Ones.

The institution has proved a great help to women who work by the day, for they can leave their little ones in the clean, well kept nursery and know that they will be well cared for all day long. There are tiny snow white cribs, where the afternoon naps are taken; there is a dining-room, a big playroom, a spotless kitchen, nurserles, everything, in fact, that is homelike. Presiding over all is a matron with trained nurses as assistants.

All who are in any way connected with the Day Nursery have in their hearts a real love for bables, so that theirs is a labor of love, as well as a skilled profession. The bables are all good to look at in their clean ging-ham aprons. They are healthy and happy and well behaved. What more could they be? The institution has proved a great

BABES OF THE DAY NURSERY ARE ENTERTAINED AT HALLOWEEN PARTY.

HAPPY LITTLE GUESTS ROUND THE FESTIVE BOARD.

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NOVEMBER! month of gray skies and gentle showers-of spicy fragance issuing from cozy kitchens-of warm inglesides and warmer hearts-the month of thanksgiving and of merriment.

Here at The Portland you'll catch the glow and the inspiration of the season; the warm, rich tints in dining and grillroom-the tempting foods and the irreproachable service—the great lobby with its inviting easy chairs—the pleasant writing-room-all conspire to make the guest feel that this is indeed Home!

An entertainment purely musical, with nothing to detract from its charm—the best of the world's music, interpreted by artists; in the grill during tea and throughout the evening; in the dining-room during the dinner hours, and in the lobby on Sunday evenings.

> Afternoon Tea, 3:30 to 6 Table d'Hote Dinner, 5:30 to 8 After Theater Suppers

### The Portland Hotel

Owned and Operated by The Portland Hotel Co. G. J. Kaufmann, Manager N. K. Clarke, Asst. Manager

Natural History of Oregon Is to

ous ages, together with full-grown specimens of the finest game will be shown in surroundings as natural as

It is expected to have men from the

tion. Following this, and at the next general election, it will present a con-stitutional amendment to the voters of stitutional amendment to the voters of the state which will consolidate the University and Agricultural College and place the same on a reasonable mill property tax, and have the school managed independently of the legislative assembly by a board of regents composed of men and women engaged in the world's useful work.

The league members have advanced the argument that the university at Eugene is not properly located, and, secondly, by having a united institu-Eugene is not properly located, and, secondly, by having a united institu-tion, the educational value per dollar expended would be greater than at present. It is contended further that the law-makers, who are elected from the district where the university is located, trade their votes and influence against good laws and in favor of victous ones so that they can get a greater amount of the taxpayer's money for "higher education." This condition of affairm resulting a first resulting and the second of the condition of the second greater amount of the taxpayer's money for "higher education." This condition of affairs would be stopped by having the schools consolidate and supported by a direct mill tax and managed by a board of practical men and women, a sort of commission government.

The league hopes to see the voters vote "No" against building appropria-tions only at next Tuesday's election. H. J. PARKISON, Secretary.

H. W. Strong Succeeds Dolph. H. W. Strong has been appointed general attorney for the Northern Pacific Terminal Company in this city. He will succeed C. A. Dolph, general attorney of the company for many years, who resigned recently. Mr. Strong is a graduate of Stanford University, class of 1906. He has been practicing in Portland land practically ever since leaving col-lege. He was in the office of W. W. Cotton, general attorney for the O.-W. R. & N. Company, and has done legal work for the Pacific Power & Light

October Loans Heavy.

One of the biggest monthly records in mortgage loans in the history of Portland was made in October, when a total of \$4.815.721.12 was placed on Portland and Multnomah County real

Table reservations for New Year's Eve are now being made

## HOTEL MULTNOMAH

Headquarters for commercial travelers and tourists Very Best Sample Rooms V Very Best Service Very Best Cuisine to be found in the City of Portland

### The Arcadian Garden

on account of the great success of the wonderful attractions now being presented in the Arcadian Garden the same artists have been re-engaged and will remain indefinitely

Entire change of songs and dances week of Nov. 3

ALLISTON AND TRUCCO International Dancers

DE HALDE AND EDWARDS Sensational Dancers, Featuring the Staircase Waltz

> LAURA JANIS Operatic Tenor

SIGNOR BRAVO

The Wonderful Tenor

THE FOUR MASQUERIA SISTERS

THE HOTEL MULTNOMAH ORCHESTRA Under the Direction of HERMAN S. HELLER

Entire Programme during Merchants' 50e Lunch, 11:30 until 2 P. M., Dinner and After the Theaters Same Entertainment at Arcadian Garden Every Sun-

day During Dinner and Evening, 10:30 until 12

### Sunday Announcement

Table d'Hote Dinner, 6 until 8 P. M. Seventeenth Grand Concert, Given by the Augmented Hotel Orchestra, in Hotel Lobby, 8:30 until 10 P. M. HERMAN S. HELLER, Director

H. C. BOWERS, Manager

LOUIS P. REYNOLDS, Asst. Manager

## -IN THE-RATHSKELLAR

An Entire New Programme New Artists

THE GREATEST AGGREGATION OF TALENT, THE CLEVEREST SONGS AND SPECIAL-TIES EVER HEARD IN PORTLAND

CLEO BALCOM Character Artiste. ELIZABETH MYERS High-Class Ballad Singer. REON WATKINS Soubrette and Juvenile EUGENE BARLOW High-Class Operatic and Classic Singer. MISS MINNIE RHODES

The Dainty Little California Poppy. MR. PERKINS, Pianist. THE HOTEL OREGON ORCHESTRA SIGNOR PIETRO MARINO, Musical Director.

RESERVE YOUR THANKSGIVING TABLES NOW For Thanksgiving we will serve a special Table d'Hote Dinner in the Fountain Grill from 5:30 to 8:30 P. M. at \$1.50 per plate,

MAKE YOUR RESERVATIONS NOW

Wright-Dickinson Hotel Co., Props. Chas. Wright, Pres. M. C. Dickinson, Managing Director.



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