MME. BERNHARDT'S LETTERS ON LIFE TO AMERICAN WOMEN

Famous Actress Says High Heels Are Not Injurious—Eyeglasses Are Called Unlovely—Rubin a Powerful Sculptor—How to Light the Home Artistically.

BY MADAME SARAH BERNHARDT. opyright, 1912, Rochambeau Newspaper Syndicate, Philadelphia, All rights re-

HE generality of people imagine that it is bad to walk on high feare heels. This is an error. It does She o harm whatever.

no harm whatever.

It is simply necessary that the shoes should be by one of the best makers: that the end of the heel be placed under the middle of the foot, so that the weight of the body falls upon that point and the long part of the heel.

Nothing is so ungraceful as flat and low heels: they throw the bust backward, while making the stomach protrude. Besides, it gives women the same gait as men.

Look at all the sportswomen? They walk like boys, the arms sticking out from the body, the neck thrust forward, the shoulders square, the stomach curved. It is frightful.

Then, thanks to high heels, a woman is able to balance herself and keep the equilibrium of her proportions, a thing necessary to aesthetic bearing.

Help the Proportions.

It as woman has a bust a little too long, she may add length to her legs to the stomach processory to aesthetic bearing.

Help the Proportions.

Heip the Proportions.

If a woman has a bust a little too long, she may add length to her legs by heels two or three centimeters high. This will make her bust seem normal. If the head is too large, heels of six or seven centimeters will make a woman so much larger that the size of her head will be in proportion to her figure. In my company there is a little actives having a head which is a little too large. As an artist she is charming and very intelligent, and as a woman she is delightful, but one always said of her, "Yes, she is very nice, but

an she is delightful, but one always said of her, "Yes, she is very nice, but really too small."

Irritated by these remarks, she had made for her, two years ago, shoes having heels 10 centimeters high, and all those people who regretted her being so short, said:

"Whatever is it that has changed her? She looks much smarter than formerly," and as she had passed the age when one still grows, they all marveled over the happy alteration.

As for herself, one may see her running about with the high heels which have rectified the shortcomings nature imposed upon her.

imposed upon her. Personally, I am rather above the middle height, but wear high heels. According to the parts I play, I reduce them or increase them still more.

But in Winter I wear heels which are very high, because one's furs enlarge the body and evening gowns having a train require a woman to be tall.

All this might appear a little superfluous, but nothing should be left to like attitude which animates the beings

adored making tapestry—even fine-point. She raised her work close to point. She raised her work close her face and did not use her lorgnette her face and did not use her lorgnette

glasses. She is 25 years old, and her fine eyes became filled with blood vessels and she says she cannot get over the habit of wearing them.

At times she was struck by a bell which broke the glasses, and it is feared now that she might lose an eye. She was so pretty before she caught this stupid mania in America.

Rodin Powerful Sculptor.

YES! Rodin is a great and immense and powerful sculptor. And it is a happiness to us who are of the great family of art to see that all the New World understands and admires this

The genius of the man is eclectic. He confines himself to no particular style; he has studied them all. tried them all and succeeded.

them all and succeeded.

"L'Aige d'airain," which was his first conception, is quite another thing to his "Spring" and "The Kiss." The "Bourgeois de Calais" is still another manifestation of his marvelous versatility. His "Balzac," which raised among us such a lot of controversy, shows him in a spirit of mystery. His "Penseur," no less discussed than the "Balzac," exhibits him as a dreamer.

Michael Angelo has shown us men and women such as he wished them to be; he made them elegant, even in their strength.

Shows Men as They Are.

Shows Men as They Are. Low Heels With Short Dress.

In Summer, I wear heels which are them and such as they are, and at not quite so high because coatumes are shorter, and so they are not needed by tall women.

But I women.

Shows Her as They Are.

Red in shows us men just as he sees them and such as they are, and at times with a frankness bordering on the brutal.

Like Michael-Angelo also, Rodin has

which one cannot give up; while on the other hand the long-handled glasses are not raised except to look attentively at something. One always sees well enough, unless one is blind, to walk along the streets and to eat one's meals.

Mother Was Near-Sighted.

My mother was short-sighted, as few people are. She half-closed her pretty eyes and leaned forward to look atthings, but she never wore glasses. She adored making tapestry—even fine-

She Adores Flowers



with flowers that my friends declare there is no place left for the dishos.

My befroom is separated from direct and irresponsible ones collect at the was certainly an affinity of making free was affinite.

The free hall the flowers around the flowers and the

her face and did not use her lorgnette accept when she thought she had made a slich too many or too few.

She preserved her signt until the end of her life, improved rather than is usually the case with short-sighted people.

Glasses might be worn by children who have bad eyes, but that is to remain the many and the who have bad eyes, but that is to remove the them all about me, in all the come used to them and get law, one of my relatives who had a fairly nor my mal sight get into the habit of wearing a slight get into the habit of wearing as titch too many or too few.

The fair ones gather tea or yellow ones or grenadas in all truth.

One of my young friends was married five years ago to a rich American families and what a scandals are not made sufficiently public to five years ago to a rich American family what sort of a night we were going fired five years ago to a rich American for Chicago, and she did not return to lay of Chicago, and she did not return to lay of the was a last life. We awaited him in vain the table. We awaited him in vain the store of the city of Paris—an artist in all truth.

One of my young friends was married five years ago to a rich American for Chicago, and she did not return to lay of Chicago, and she did not return to lay of Chicago, and she did not return to lay of the table. We awaited him in vain the tothe keep the table is of chicago, and she did not return to lay of the table. We awaited him in vain the tothe keep the table is a rich of the head to not call the the head to not return to lay of the table. We awaited him in vain the tothe what as can the thing. Next day, at 7 in the morning, I was fried five years ago to a rich American Consult in all truth.

One of my young friends was married five years ago to a rich American the house in such man had struck up an intimate fried in all truth.

One of my young friends was married five years ago to a rich American the house in such man had struck up an intimate fried in all truth.

One of my young friends was married five years

"Hush!" he said, "do not revive my wife's grief; it was my mother who insisted upon doing everything, and who was responsible for the lighting who was responsible for the lighting of the walk. My mother case to California in two days, where her home is, and we will rearrange everything after she is gone. You will help us."

And, indeed, two days later we were free to turn everything upside down, and I did it with great ardor.

In the hall of the home were very fine pictures, some of which were covered with glass to protect them; each picture had a little reflector.

This reflector caused up the bottom of their shadow; but to make things worse it lighted at my suggestion by reflectors disposed in a way which cast a soft and remote gisam.

The hall was really magnificent, but every corner was illuminated. "splort," which makes the charm of a lightly closed; it is impossible to open the flowers, which served to modify the face, and I placed little lamps, with shades, upon tables covered with rank of flowers, which served to modify the face, and I placed little lamps, with shades, upon tables covered with rank of flowers, which served to modify the face, and I placed little lamps, with shades, upon tables covered with rank of the dining-room, it was my the dead of cosy conversation. A big Louis XIV sofa was freed from its glaring lamp, which took away the idea of cosy conversation. A for the dining-room, it was my the dead of cosy conversation, and never, had I seen so many ugly women gathered around a table. It must be remembered I made one of this group of horrors.

Nevertheless nearly all the women mere perity, but they were so abominably lighted that they were quite ugly! ugiy! All the light fell from the ceiling, around the edge of which was bidden a row of lamps, behind the architecture.

The school of their heads and on their to not of

the architecture.

In each corner a statue held a heavy lamp, holding five or six lights, and in such a way that the guests got it on top of their heads and on their ostend. French women Ostend, Folkest

With stupefaction I looked at my protty friend; her curved eyebrows, the end of her nose and her chin were all that caught the light. The rest of her face was in shadow. And she was young! What must it have been for those who were that no longer?

Her neighbor, who was baid, had a skull more dazzling than an ivory ball, and it quite hurt one's eyes to look at it whenever he bowed his head over his plate.

A girl who had an enormous nose recalled that of Cyrano, de Bergerac, the wife of a very celebrated With stupefaction I looked at my

A girl who had an enormous nose recalled that of Cyrano, de Bergerac, for her nose stuck out, it was so glaringly lighted up.

Everybody under that light looked 10 years older.

easily doing this when at a foreign

French women at Monte Carlo, Nice, Ostena, Folkestone, Americans and English in France and (often enough)

Sunday Services in City Churches

ringuisid—Rev. Charies Button Elliott.

pastor. Il and 7:30, proaching by the pastor. Il and 7:30, proaching by the pastor. Graduay school, 9:45; services, Il and sermon, 10:30, vespers and benediction, 7:30.

B. R. Y. P. U. T. Cath. pastor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30, proaching by the pastor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30, proaching by the pastor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30, proaching by the pastor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30 its mass and sermon, 10:30; vespers, instruction and benediction, 7:30.

B. R. Y. P. U. T. St. Description of the most blessed sactor. St. Lawrence, corner Third and Sharman tor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30 its mass and sermon, 10:30; high mass and sermon, 10:30; testing the pastor. St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30 its mass and sermon, 10:30; vespers, instruction and benediction, 7:30.

B. R. Y. P. U. T. St. Description of the most blessed sactor. Services 11: and 5: and 3: high mass and asserment, 10:30; high mass and service, 10:30; high mass and sermon, 10:30; high mass and sermon, 10:30; high mass and sermon, 10:30; vespers, land and benediction, 4: St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30; high mass and sermon, 10:30; vespers, land and benediction, 4: St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes. Lew mass, 6:30; high mass and sermon, 10:30; vespers, land and benediction, 4: St. Lawrence, corner Third and Sharman treets—Rev. J. C. Hughes, Lew mass, 6:30; high mass and sermon, 10:30; high mass and sermon, 10:30; vespers, land and benediction, 7:30; high mass and sermon, 10:30; vespers, land and benediction, 7:30; high mass and sermon, 10:30; vespers, land and benediction, 7:30; high mass and sermon, 10:30; vespers, land and be

caching hy the pastor: 8. services.

Italian Mission, 614 Front street—Rev. F. Minelian Mission, 614 Front street—Rev. C. Kanther, pastor. 10, Sinday school; 11. "The Wall of Fire and the school; 12. "Standay school; 11. "The Wall of Fire and the school; 12. "The School; 11. "Sunday school; 11. "The Wall of Fire and the school; 12. "The School; 11. "Sunday school; 11. "The Wall of Fire and the school; 12. "The School; 11. "Sunday school; 11. "The Wall of Fire and the school; 12. "The School; 11. "The Wall of Fire and the school; 12. "The School; 11. "The Wall of Fire and the school; 12. "The School; 11. "The Wall of Fire and the school; 12. "The School; 11. "The Wall of Fire an

BAPTIST.

First, White Temple, Twelfth and Taylor streets—Rev. W. B. Hinson, pastor. 10. Bible school, classes for all sges; 11. preaching by the pastor; theme, 'The Coming of the King': 6:13. B. Y. P. U., 5th by J. W. Palmer; 7:33. preaching by the pastor; theme, "The Coming of the King': 6:13. B. Y. P. U., 5th by J. W. Palmer; 7:33. preaching by the pastor; theme, "Lift Up preaching by the pastor; theme, "Lift Up preaching by the pastor; theme, "Lift Up theme. The Compensation of Perfect Obedience"; 10, Sunday school of Perfect Obedience "10, Sunday school of Perfect Obedience"; 10, Sunday school of Perfect Obedience"; 10, Sunday school of Perfect Obedience "10, Sunday school of Perfect Obedience"; 10, Sunday school of Perfect Obedience "10, Sunday school of Perfect Obedience"; 10, Sunday school of Perfect Obedience "10, Sunday school of Perfect Obedience"; 10, Sunday school of Perfect Obedience "10, Sunday school of Perfect Obedience "10,

presching, 7:30; Sunday school, 10; Christian Endeavor, 6:30,
Montavilla, Christian Tabermacle, East Seventy-sixth and Hoyt streets—Rev. G. K. Berry, minister, Presching and communion, 11; preaching, 7:30; Sunday school, 10; Christian Endeavor, 6:30.
St. Johns, Jersey and New York streets—Rev. J. W. Johnstone, minister, Preaching and communion, 11; preaching, 7:30; Sunday school, 10; Christian Endeavor, 6:30,
Sellwood, Nineteenth and Nehalem streets—Rev. J. A. Melton, minister, Morning worship, 11; evening, 7:30; Sunday school, 10; Christian Endeavor, 6:30, Chalatone, Gladstone, Station—Rev. Roy L. Dunn, minister, Preaching, 11 and 7:30, Sunday school, 10; Junior Christian Endeavor, 3; Christian Endeavor, 6:30; prayer meeting and Bible study Wednesday, 7:30.
CHRISTIAN SCIENCE.

EVANGELICAL

Evangelical Association, Carson Heights—
Rev. J. Stocker, pastor. Services 11 and 8;
Sunday school, 10.

Evangelical Association, East Sixth and
Market—Rev. F. B. Culver, pastor. Sunday
school, 10; preaching, 11 and 7:30; Young
People's Alliance, 6:30.

METHODIST EPISCOPAL.

Woodlawn, East Tenth and Highland—Rev Louis Thomas, pastor. Sunday school, 10; services 11 and 7:30; E. L., 6:45; prayer meeting, Thursday evening.
Patton, Alberta and Michigan—Rev. G. F. Hopkins, pastor. Sunday school, 10; Epworth League, 6:30; 11, "Religion That Counts"; 7:30, "Visible and invisible"; Thursday, 7:30, prayer meeting.
Laurelwood—Rev. C. T. Cook, pastor. 11, "The Conflict of the Christian Life"; 7:30, "Justification"; prayer meeting Thursday, S. Centenary, East Ninth and Pine—Rev. D. H. Trimble, minister. Sorvice 11; 7:30, "My Doubts: How Settle Them?"; Sunday school, 9:45; Epworth League, 6:30.
Epworth, Twenty-sixth and Savier—Rev. Prank James, pastor. 9:45, Sunday school; 11, "Words for Strength and Comfort"; 6:30, Epworth League; 7:30, sermon; prayer meeting, Thursday, 7:30, sermon; prayer meeting, Thursday, 7:30, Sunnayide, East Thirty-fifth and Yamhill—Rev. W. H. Fff, pastor, 2:59, Sunday

school; 11. "The Genius of Gentleness"; Epworth League, 8:15; 7:30, "Are We All Going to Heaven?"

Clinton Kelly Memorial, Fortieth and Powell Valley Road—Rev. C. O. McCalloch, pastor. Sunday school, 9:46; 11, "A Call and its Response; 7:30, "Self-Rightcousness vs. the Rightcousness vs. the Rague, 6:30, "Tho Social Message of the Church."

Norwegian Danish, Vancouver avenue and Skidmore — Rev. C. J. Larsen, pastor. Norwegian Danish, Vancouver avenue and Fargo—Rev. C. C. Rarick, pastor, 11, "Sanotified for the Street", 7:30, "What Is a Man Worth?"; Sunday school, 8:45; class meeting, 12:15; Epworth League, 6:30; "What Is a Man Worth?"; Sunday school, 8:45; class meeting, 12:15; Epworth League, 6:30; "The New Creed."

Mount Tabor, Skry-first and East Stark — Rev. C. L. Hamilton, pastor. Sunday school, 9:45; 11, "Profession Only"; Epworth League, 6:30; "730, "Bad Bargains."

Trinty, 308 Hemlock—Rav. C. T. Mepherson, pastor, 11, "Eligha"; Ti30, "Hiding From God"; Sunday school, 10; Epworth League, 6:48; class meeting, 12, "University Park. Fisks and Lombard—Rev. W. J. Bastor, Rev. Elias Gierding, pastor, Pastor, Rev. Elias Gierding, pastor, Rev. Elias Gierding, pastor, Pastor,

First, Union avenue and Multnomah-Rev. J. H. Bennett, pastor. II. "The Gov-ernor Carries It on His Shoulder": 7:30, 'The Art. Science and Religion of Modern Dancing": Sunday school, 10; Epworth League, 6:30.

PRESBYTERIAN. Calvary, Eleventh and Clay—Rev. T. H. Walker, minister. 10:80, "Crossing the Sea"; 7:45, "That Bundle of Habits: Yourself": 18ble school, 12; C. E., 6:45.

Kenilworth, East Thirty-fourth and Glagstone avenue—Rev. L. K. Richardson, pastor, Bible school, 9:45; services, 11, "The Lord of Korca," by Dr. J. H. Wells; 7:45, "Is There a Hereafter?" Y. P. S. C. E., 6:45.

REFORMED. First German, Rev. G. Hafner, pastor. Services 10:45 and 8; Sunday school, 9:30; Y. P. S., 7.

UNITED PRESBYTERIAN. First, Sixth and Montgomery—Rev. F. D. Findley, minster. 11. "The War Against War"; Bible school, 9:45; C. E., 6:30; 7:30, stereopticon lecture showing conditions in the Moslem world.

Church of the Stranger, Grand avenue and Wasco—Rev. E. S. DuBola, pastor, 10:30, Speeding On"; 7:30, "The Lost Soul."

orth League, 6:30.

Twenty-sixth and Savier—Rev.

see, pastor, 9:45, Sunday school; Charles L. Williams, pastor; 10, Sunday and abundant and possess an incomparable softeness, lustre and luxuriance, the beauty and shimmer of true hair league; 7:30.

League; 7:30.

Second, Twenty-seventh and Summer-Rev.

Second, Twenty-seventh and Summer-Rev.

Second, Twenty-seventh and Summer-Rev.

H. Fry, pastor, 9:50, Sunday 11. "A Great Man With a Great Enter-

prise"; 6:30, C. E.; 7:30, "No Room in the Inn," by Mrs. J. W. Sprecher.
Third, South Mount Tabor—Rev. C. P. Blanchard, pastor. 10, Sunday school; 11, Short Weight"; 6:30, "The Divinity of Christ and His Mission," Fourth, Tremont—Rev. J. E. Conner, pastor. 10, Sunday school; 11, Dr. P. O. Bonebrake; 7:30, preaching by pastor.

Divine Truth Chapel, Selling-Hirsch butting, West Park and Washington street Rev. Theddeus M. Minard, pastor. Service. 3: 8 Rev. Thaddeus M. Minard, pastor. Service.

UNIVERSALIST.

Church of the Good Tidings, Broadway and East Twenty-fourth—Rev. J. D. Corby, pastor. 10:45, "The Religious Value of a Real Home to the Young"; 7:45, "18 Hanging Punishment? Is the Voice of the People the Voice of God?"; Sunday school, neon; Christian union meeting, 6:30. UNITABIAN.

Church of Our Father, Seventh and Yam-hill-Rev. W. G. Ellot, Jr., minister. 11, "The Lafe Story of James Martineau": 4:30, vespers; Sunday school. 9:45; Y. P. F., 8:30. Y. M. C. A.

City Association, Sixth and Taylor streets

—R. R. Perkins, religious work director.

Meeting for men at 3 o'clock will be addressed by Dr. Delmar H. Trimble, pastor of Centenary Methodist Episcopai Church, on the subject "How to Get Rich." There will be special music.

MISCELLANEOUS. Christian Yoga, 71 Selling-Hirsch build-ing, Tenth and Washington streets-Frank O. Garrison will speak; 2:30; topic, "The Union of the Christian and Oriental Re-ligions."

street and Willamette boulevard—Rev. J.
Bowersox, pastor. Preaching, 10 and 7:30:
Sunday achool. 10: K. L. C. E., 6:30.
Interdenominational, Church of Jesus, 182
Russell street, near Kerby—Services, 3: subject, "The Way of Life"; Sunday achool. 4.
Mrs. Isabel Kelley, pastor.
Divine Truth Chapel, Selling-Hirsch building. West Park and Washington streets—
Rev. Thaddeus M. Minard, pastor. Services,
11: Sunday school, 12: Unity Circle, 2
O'clock Wednesday; midweek, Thursday, 8.
Rev. Flora Paris Howard, who is touring
the states, will speak at 11.
International Bible Students, Oddfellows
Hall, East Sixth and Alder streets—German
class, 11: Berean Bible lesson, 1:30; discourse, symposium, several speakers, 3. Seliwood services, 778 Sherrett avoune—Berean
lesson, 7:45. Auditorium Hall, Third, between Taylor and Salmon—Rev. Ita Wilson Kayner, Service 5. The Power of Thought."
Reorganized Church of Latter Day Saints, Montavilia, East Seventy-sixth and Broad streets—Sunday school, 9:45; services 11 and 7:26.

Parkrose Union, Columbia and Sandy boulevard—Rev. W. C. Kantner, paster. Bi-ble school, 3; preaching, 4. Not to Be Thought Of.

Y. W. C. A.

Vesper services in auditorium, 4:30. A sounds like a chapter from real life in the metropolis," said the confident author.
"Tutl tut!" exclaimed the publisher.
"We've got to draw the line some-where. We couldn't think of offering

our readers anything as shocking as

"The Need of a Divine Educator." A free school for the children of the poor has been started by a number of leading Evangelical, Ockley Green, Gay citizens in Pekin, China. CLEANS THE HAIR AND MAKES IT BEAUTIFUL-25-CENT "DANDERINE"

In a Few Moments Your Hair Looks Soft, Fluffy, Lustrous and Abundant-No Falling Hair or Dandruff.

Surely try a "Danderine Hair Cleanse" particle of Dandruff; cleanses, purifies if you wish to immediately double the beauty of your hair. Just moisten a cloth with Danderine and draw it carefully through your hair, taking one small strand at a time, this will cleanse the hair of dust, dirt or any excessive oil—In a few moments you will be amazed. Your hair will be wavy, fluffy and abundant and possess an incomparable softness, lustre and luxuriance, the beauty and shimmer of true hair 'yealth.

Besides beautifying the hair, one application of Danderine dissolves every

