

DOMESTIC SCIENCE COURSE PROVES ATTRACTIVE TO SCHOOL GIRLS NOW

Portland Mothers Declare Daughters Are Deriving Great Benefit From Study of Home Problems as Given in Work in Public Schools—Teachers Enjoy Rewards of Labor.



STUDYING YEAST

LUNCH FOR A CONVULSANT



BREAD LESSON



CHRISTMAS CANDIES



LEARNING TABLE SERVICE

AM so glad my daughter took up domestic science in her high school work. She never thought she would like it, but the more she studies in her cooking at home, and takes a greater interest in home life." The mother who wrote this recently to Miss Hedwig Blegg, teacher of domestic science in the Lincoln High School, is only one of many throughout the city who have sent similar reports to their daughters' teachers.

"My daughter has learned to serve so well, and handles her work with such confidence that we are all delighted," writes another mother. "I want to thank you for so kindly assisting my daughter in learning the art of cooking and also in finding that there is a real pleasure in it. She thought cooking uninteresting before going to your class, but now takes pleasure in it. The year's work exceeds my greatest expectations; the use and abuse of 'food fads'."

problems, "and have transferred our distaste for poor work to work itself to the great danger of our physical and moral health."

If "the maintenance of a finer order of home" is a matter of deepest concern to every member of the community, it follows that the appropriate training of the home-maker is essential to the general welfare.

The preparation of food is only a part of the domestic science work in the Portland High Schools. Even more important is the study of food in relation to health and life; studies of the composition, food value and money value of different typical foods; consideration of diets for different ages and conditions; the use and abuse of "food fads";

course of coarseness of the ten-cent store be used. Other slips which are to be veiled would find economical and dazzling deckings in the cheaper gold and silver braids, put on in straight bands or in big scattered bow-knots. In fact, the veiled gown has innumerable possibilities in its scheme of under elegance.

Among the very rewarding materials of this sort are the beaded box fabrics and the bordered marquisettes sold by the yard. These textures are much reduced just now, and only a bit of velvet or silk is needed for the trimming. One enchanting coming-out gown seen recently was of crystal-embroidered tulle, made up in a short-waisted bodice and straight tunic over white liberty satin. Scatter blue velvet formed the crushed belt of this frock, which fastened at the back, little-girl way, with tiny knob-glass buttons. A marquisette—with a blurred chine border of pink roses—had the material put upside down in the tunic, so that the beading crossed the figure at the shoulder, the sides toward the back like the edge of a coat; at the back the white part of the breadths were caught together with a knot of tiny artificial flowers, so that the bordering closed together in a V. None of the banding was used on the bodice, which was made of the white marquisette except for a back and front of pink chiffon. The undersleeves and modestie of the round waist were of white tulle, edged simply with a bias of pink satin.

White, with touches of pink, is generally preferred for the debutante. It is generally commonly a very simple thing. But the beaded and tinselled effects are as suitable when the severity of simplicity is not becoming, and with tinselled trimmings or materials, of course, accessories match. A gown of gold tissue under white tulle was recently worn by a New York debutante, gold fringes finishing the airy tunic and baby bodice and square sleeves. With this loveliness the girl wore gold slippers and a band of gold in her hair. Her bouquet was of yellow orchids. These fairly, filmy effects, with more or less simplicity, are accorded all girls after sixteen—the maiden rose-buds in life's garden.

In the point of style, the debutante's gown is never trained. The skirt escapes the floor all round, and is decidedly tight about the feet and skimpily over the hips; it may be plain or else trimmed as stated. Whatever the style of the bodice in other respects, the round neck and high waist line are exacted features; but sleeves may be quite short or three-quarter length. The Greek shirt, shown on the page, and discussed for women in a dash, is an appropriate thing in the tunic way for the debutante.

When a gown has a long tunic it is full enough to hide the coarseness of the overdress is held in tight. There are no floating sash ends as heretofore. Folded belts, belts of satin, silk or velvet or tinsel, without end, take the place of the former sash. If the girl's figure is meager she is accorded papaya tails to her bodice or else it takes the shape of a distinct coat. One shop creation which held flattering possibilities in its hint to home sewers showed a plain pale blue satin slip topped by a bodice of figured cream and blue satin, the bodice combined with a belt fitted over the bodice, which was finished at the bottom with a puffed tail.

Velvet is inappropriate for the debutante costume, although it is much admired for her best street wear. For the little frock in which she makes her first bow to society there are only two exceptions—simpler effects and smartness. So surah silk or chiffon at 50 cents a yard may be used.

MARY DEAN.

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Menus for One Week

- Tuesday.**
Spanish bean soup.
Broiled chicken. Potatoe au gratin.
Minced carrots with peas.
Chicory salad.
Scalloped apples with lemon syrup.
Coffee.
- Wednesday.**
Scottish barley broth.
Liver loaf with tomato sauce.
Glazed onions. Mashed potatoes.
Lettuce salad.
Orange pudding.
Coffee.
- Thursday.**
Brown soup with German soup balls.
Stuffed pork tenderloin. Apple sauce.
Butter beans.
Field salad. French dressing.
Orange jelly.
- Friday.**
Cream of celery soup.
Brown tricassée of fish in casserole, with Jellied vegetable salad.
Ginger biscuit pudding.
Coffee.
- Saturday.**
Vegetarian broth.
Broiled chicken. Potatoe cakes.
Potatoe nests.
String bean salad.
Pig comote with cream.
Coffee.
- Sunday.**
Oyster plump soup.
Chicken en casserole.
Glazed sweet potatoes. Peas.
Chocolate trifle with fresh cocoanut.
Coffee.
- Monday.**
Giblet soup with Italian paste.
Paprika beef—brownied potatoe border.
Lettuce salad.
Hot omelette with cream.
Coffee.
- Philadelphia Pepper Pot.**

Cleanse and boil for an hour three pounds of hams and three pounds of "velvet" tripe. At the end of the hour pour off the water; add fresh boiling hot to the kettle, and cook until the tripe is tender, in another kettle boil a knuckle of veal slowly for three hours. Then cut the lean meat and the tripe into inch pieces and return to the veal broth. Pour into this kettle more than half of the tripe broth and add a tablespoonful of sweet marjoram (dried) and Summer savory with thyme. Mix the dried herbs well together before they go into the broth, and use rather more of the thyme than of either of the peppers. Add one red pepper (minced), and salt to taste. Cut raw white potatoes into small cubes; make small, light dumplings—not larger than a marble—drop into the boiling pot, and cook 30 minutes. This recipe should make rather more than a gallon. When cold (if it is not all eaten while hot), it should form a perfect jelly. If it will keep for a week, and is as good when warmed up as at first, not losing its flavor. If desired, a few allspice may be added. "My dear, I'm rather a new woman, you know, so do you mind asking the bishop to omit the word 'obey' in our wedding ceremony?"

Lord Lachlan stroked his mustache, smugly, and answered: "No, I don't mind, my love, I'll just tell the old boy to make it 'love, honor and supply.'"

Textiles Ect., for 1912 Debutantes

THE debutante of 1912 has reason to congratulate herself, for never were "coming-out" styles more suited to maidenhood. The best things, indeed, have a fairy loveliness, for diaphanous textures, gold and silver tissues and beaded and embroidered gauzes are de rigueur. Then how smart are the trails of tiny flowers used on the plain textures, the wee posies of satin and bullion you see sewed to lengths of tarlatan in the shops, and those whose use may baffle you. On a net or chiffon dress these floral garlandings are charming, suggesting the trappings of Titania. They are put at the center of skirt ruchings, as garlands at the top of lace flounces and over bodices they trail with light suspender lines or merely lie about the neck and at the bottom of sleeves.

A brilliant wrinkle for the home sewer—these ravishing outside deckings may be simulated on an underdrip with the cheapest artificial flowers. But these must only be on the slip which is to be covered with chiffon or some other filmy material. With the

NEW SPRING HATS OF SOMBRERO TYPE BECOMING TO YOUNG FACES

Tall Crown Is Made of Hemp and Wide Brim of Flexible Straw—Smart Models Are Also Decorated With Roses Mounted on Wire Stems.



SOMETHING like the dashing sombrero type is this new Spring hat which has a tall crown of hemp and a wide brim of flexible straw braid rolled back against it. Hats of this type, rolled directly off the face in front, are becoming to young faces and the shape is just now high in favor. The Lewis model pictured is in prune color with a brim slightly lighter than the hemp crown. The velvet roses are in a splendid Burgundy shade, and all five roses are mounted on wire stems, so that they sway a bit when the head is moved, though their weight holds them against the crown of the hat.

The rolled back brim is evident again in this smart little model for morning wear in the South. The hat itself is of blue straw of the light, flexible quality that may be bent and crushed in the hand without injury. Over the blue straw brim is mounted a high beaute crown of white taffeta silk and against this silk crown, on one side,

SPRING MILLINERY NOW PROVES MOST CHARMING TO FAIR WOMEN

Hats Please Individual Taste as Well as Fashion's Requirement—Taffeta in Chameleon Effect Is Craze, and Every Bonnet Now Shows "the White Feather"—Pompons of Maine Airy and Beautiful.

NEW YORK, Jan. 20.—(Special.)—The most interesting thing about the new Spring millinery is its diversity. There seems to be no set style; no hard and fast type by which one must abide, to be in the fashion. Crowns are high—and they curl upward, and they are low. Trimmings rear aloft in piquant and daring effects—and they droop downward and touch the shoulder. The main thing to be considered in all this diversity of type is becomingness; and it will be a hypercritical woman—or a hopelessly homely one—who cannot, this Spring, find a hat that exactly suits her taste and type.

Hemp seems to be the favorite straw with smart milliners and at least three-fourths of the high-priced and exclusive models are built of hemp—or of hemp combined with some coarser and heavier straw. A beautiful model pictured—one of the most charming Paris hats of the early season—is a Lewis hat of prune-colored hemp with a dashing, rolled-back brim of coarse straw braid in a slightly paler prune shade.

On top of the crown are five big velvet roses in a splendid, deep Burgundy shade, and each rose is fastened to a long wire stem, so that the flowers quiver and sway as the head moves with all the fascination of movement that makes the feather alogrette trimming so beautiful.

Prune Is Now Color.

Prune, by the way, is the color on which Madame Mode has set her particular fancy this season, and with the deep prune, raisin and grape shades are combined soft creams, rich Burgundy reds and a very dark navy blue. Prune and navy in combination are shown in another French hat pictured, this model being also by Lewis. The shape is of fine milan in navy blue and at either side of the high crown are splashing big velvet bows that are knotted in the hair, circular "pinwheel" effect, the bows being attached to the crown in such manner that the upper edges meet and form a pent-house or peaked effect. The trimming, if the completed favorite prune color and the other is—American Beauty shade! Who but a French milliner would dream of combining "pinwheel" effect, Beauty and blue—and accomplish with the combination an effect of unparalleled smartness?

Yet the real feature of Spring millinery is the Francois First feather. Indeed, every other hat now shows the "white feather" in a bold and unashamed way. These Francois First feathers—or Rembrandt feathers as they are sometimes called, since this trimming belongs to the time of Rembrandt, Francois First of France and Henry VIII of England—slant back jauntily from the exact center of the front of the hat and the crown of the hat they accompany must have something of the soft, Tam effect of the hats of the period referred to. These soft crowns are made of velvet, of tulle, of the new changeable or chameleon color effects, of lace, of hemp, or of straw braids of flexible quality. And sometimes the under side of the big hat crown is of a darker material, and a few models have brims made of the same fabric as the crown—as, for instance, the attractive model by Marie Crozet, which is built throughout of chamelon taffeta in green and blue and which has a Francois First feather in shades of green and blue, to match the silk.

Turban Style Being Worn.

Another taffeta hat by Virot is in East Indian turban style; that is, the soft folds of lustrous silk are swathed round and round a high crown, lapping across each other in front. The hat is no brim on this toque, but at the

A Skin Tightener to Reduce Wrinkles

(From Popular Medicine.)

In beauty culture, as in the treatment of disease, the tendency nowadays is to seek the removal of causes, rather than to treat symptoms or effects. In the matter of wrinkles, for instance, we know that the lines or furrows are caused by the skin becoming loose in places, so it does not perfectly fit the flesh beneath. The skin then "wrinkles" or sags. Naturally the proper thing to do is to tighten the skin—make it fit—then there's no room for lines, wrinkles and folds, and no surplus skin to sag or bag.

The best known formula for the purpose is: Saxonite 1 oz., in ½ pint witchhazel. Use as a wash lotion. The effect is truly remarkable, especially as results are immediate. Ask the druggist for the powdered saxonite, which dissolves more quickly than any other form.—Adv.

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