

# CORRESPONDENCE PAGE OF FASHIONS AND BEAUTY

## Stylish and Practical Fashions for Misses

**H**APPILY for good taste and common sense, the exaggerations which are now displayed by adult fashions are not affecting the realm of misses' wear. Gowns of a very dressy order for girls in the teens may show, on occasions, the tunic draperies worn by their elders, but the overdone is of a very simple nature, no more, in some cases, than a shorter skirt over the longer one; there are none of the ankle and knee-length over draperies, such as are seen upon women's tunic costumes.

The preference everywhere is shown for effects that may be called sweetly girlish, and among these the little one-piece frock, or the separated waist and skirt with one-piece effect, is by all odds the favorite dress of the season. The possibilities of these models are endless, for the one-piece dress, simulated or real, may be anything from the most modest kingdom to a silk or satin broadcloth.

Collarless necks, delightfully becoming to young throats, distinguish a number of these pretty frocks, the simpler ones of which are very lightly trimmed. But whether for dress or practical service, sleeves may be in elbow or three-quarter length, which is certainly a style also becoming to youthful wearers, and one of unnumbered possibilities, for several gumples in varying degrees of dressiness may entirely change the look of the dress when a high-necked and long-sleeved effect is wished.

One dress at least in summer weight wool is necessary for every schoolgirl who dresses at all stylishly and, very sensibly, the majority of these dresses are made in coat and pleated skirt models. English sweaters, in fancy materials are much used for these practical little suits, with which so many stylishly tailored ready-to-wear hats, mannish gloves, and rather plain shirtwaists of linen or pongee.

The most stylish model for the coats of such dresses has the front seams extending from the shoulder, and the buttons, with the seams left open at the bottom, and a shawl collar showing a long and very narrow opening. Trimmings may be the only attaching of a single edge of braid on the collar and cuffs, while the single or double-breasted fastening may be accomplished with only two or three buttons.

A bias edge of silk or satin is also used upon these coats, while many a good suit will show only stitching, the good make of the dress and suitable accessories giving the stylish look.

Five very pretty models for misses' home dressing, with good sense pervading every point of them, are shown in this week's models, and I will suggest only such materials for them as may be afforded by the average purse.

Three of the dressier frocks are admirably suited to commencement use. Almost at the head of these for this service is the design displayed in Figure A, a dress of pleated skirt and jumper blouse in a patterned material, for this may be made of wool, silk, or fine lawn, and trimmed on the skirt as well as bodice. As the dress stands, it is of spotted pongee—blue and tan—with an embroidered yoke and sleeve bands edged with a piping of blue satin. The folded girdle is of the same satin, and a collarless gumples of all-over lace, with long sleeves, completes the costume.

If intended for practical wear, this gown would be made in plain linen or kingdom with the material forming the yoke and sleeveband, and the gumples of a thin tucked lawn or cambric. For 16-year size 10 yards of single-width material would be needed.

Figure B also gives a Sunday go-to-meeting or commencement model, and likewise one for a practical frock of linen or cotton.

The dress in one piece, with a princess panel down the front, and a side and back belt of the waist. The side pleats of the bodice are continued by skirt pleats attached at the hips, and a band of the flared goods, piped with plain, forms all the trimming. For a smart dress frock, marquisette veiling with a silk or satin piping in the same shade, would be pretty and practicable and if the dress must do some duty for Autumn wear, it could be in a thicker wool without loss of style. A Summer silk, in a girlish design, would also be charming, and though silk sounds like a very fine word, let it be recalled that there are weaves that sell as low as 59 cents the yard.

For the average-sized miss of 16 the model would need about 11 yards of narrow material and one and one-half yards of silk for the piping.

Figure C depicts a model of surpassing simplicity, and such a dress a girl with the sewing gift could make herself with the expenditure of just a little time. The frock is a one-piece affair, with collarless neck and elbow

sleeves, and every one of the wash materials, except those of the thinnest nature, may be used for it. As illustrated, the frock is of white linen, with a scalloped centre drape of the same let into the goods and ornamenting only the bodice and part of the front seams of the skirt. If a simple texture is

used in brown and white, with a loosely woven braid of brown silk used only upon the collar and sleeves. The coat may be made shorter than illustrated, as is liked, but the length pictured would be very stylish on a tall, slim girl, and, talk of short coats or not, it is the length that gives the most styl-



FIGURE A.

used, this banding can be of the goods cut bias; but if it is of silk or velvet, the banding would be prettier of lace, or ribbon or silk cut bias. The small drawings show how the waist may be made high-necked and long-sleeved and trimmed only with stitching.

For the 16-year size, 11 1/2 yards of material 24 inches wide would be required.

The fourth dress, Figure D, is a shirtwaist style in two pieces, a waist with a French back and side-pleated skirt. It is of plain blue chambray, with a checked banding edged with plain blue, and the whole cut of the lining suggests only materials of similar simplicity. If made of natural colored pongee, however, with collar, cuffs, belt and tie of the same, the dress would be of great value all Summer long as a hot weather and emergency costume—something to put on when more dressy wash frocks are at the laundry.

For a 16-year-old miss of average figure, 10 or 12 yards of material—according to width—would be needed for the dress.

In figure E is shown the coat suit par excellence of the season, and in this case it is made of a shot English wor-

len and becoming results. The coat is combined with one of the newest skirt models for such suits, this showing a pleated bottom put into a smoothly fitting yoke, which is a wrinkle for the slimming of hips.

Such a suit could be made economically and with stylish effect of patterned cloth in any color, and there are unnumbered suitings of a cheap nature in wool and cotton which would turn it out prettily and be good enough if the suit is to do only for one season. But if some expense can be afforded, a handsome linen in tan, robin-egg blue or chateaux red, would develop it splendidly, while there could be no better texture to settle upon, if the suit is to be used for traveling, than the ever-popular pongee. Apropos of pongee, the most durable ones have a smooth rather than knotted surface, and very excellent weaves in this smart, washable and altogether useful material can be had for from 59 cents the yard up.

For the miss of 16, five yards of narrow material would be needed for the coat. The skirt would call for five and one-half yards and the banding used would need to be two yards long when prepared to put on.

sleep or sit long in an unventilated room, for foul air induces very ugly skin troubles and also encourages colds and malignant fevers. If there are two windows in the bedroom or sitting-room, both should be open at the top to cause the draft that will carry off impurities, for if there is no exit for the bad air it simply crowds itself in one corner until it is swept around for re-breathing.

But if you happen to have caught a good crop of pimples for all your carefulness regarding fresh air, take a dose of castor oil or some gentler laxative and then have this simple ointment made up at the drug store:

Bicarbonate of soda.....36 grains  
Glycerine.....1 drachm  
Spermaceti ointment.....1 ounce

Rub on the affected parts; let it remain 15 minutes and then wipe off all except a slight film.

Anything which disturbs the circulation or nervous system of a young girl is apt to cause pimples but absolute cleanliness of the skin, keeping the bowels free and drinking plenty of fresh water will go a long way toward



FIGURE B.

curing them. The beauty doctors also tell you to clean out the mind—think only pretty thoughts, in fact, if you want a pretty skin.

Borax and glycerine are often efficacious for the mild cases of scaly eruption which often break out on a girl's body in the Summer when the heat and clothing have irritated the skin. For this trouble, which may even invade the face and hands, this little formula gives the right proportions of the external curative needed:

Elder-flower water.....7 ounces  
Glycerine.....1 ounce  
Borax.....1 drachm

Apply night and morning and during the day, if the irritation is excessive.

If you wear tight shoes now, you will have to wear very loose ones when you grow up, for a growing foot cannot be cramped without throwing the joints out of place, and this, in time, will result in actual deformity. Keep the feet in healthy condition with a daily bath of soap and water and put on fresh stockings as often as possible. Spend some of the candy money, too, for a cooling foot powder and dust this over the feet after every bath and when putting on fresh stockings. A little of the powder shaken in a new pair of shoes will help them to go on and off more easily. A weekly soak of 20 minutes in hot water, treated to a half cupful of washing soda, will also rest the feet greatly, and help to banish the soft corn which is caused by the wrong shoes, perspiration, uncleanness and acid in the system.

Comb the hair thoroughly at night, and being to bed with the locks neatly braided, preserves the elasticity of the hair, keeps it from breaking off, and adds to its lustre and general beauty.



FIGURE D.

## Beauty Hints for Misses

**I**F YOU want to have pretty hands when you are a woman grown, don't bite your finger nails. Keeping the nails short in this childish and disgusting way spoils the shape and quality of them, and the unbecoming trick causes the finger tips to spatulate besides.

A little pardonable vanity and 10 cents' worth of bitter aloes will cure the habit. Paint the finger tips with this so that the bitter taste will remind you of the mischief when you carry them to your mouth. For the rest, beautify your hands a little every day with careful washing and some manuring. Once they begin to improve in looks you will never go back to the old habit.

Country and town girls often write me about creams and ointments for their hands, little knowing that they have one of the best hand lubricators in the world right in their own kitchens. This is the fat that comes with the legs of mutton, the lamb chops, etc.—the grease which, when tried out, clarified, and chilled in seawater, is called tallow, becomes mutton tallow. So, if the family means are limited, don't spend any more money for boughten creams, but just make your own mul-

ton tallow and use it every night after the hand wash.

Chop the raw fat up finely and try to melt it in a double boiler. For it directly against the fire, it may burn. Strain it when thoroughly melted and pour in a bowl of cold water. When it has formed a solid cake, melt again, and again go through the process with the bowl of water. Do this three times, straining it every time, and after the last heating put in a small quantity of rich perfume and pour the grease directly into little moulds to harden. The moulds used for drop muffins and cakes are good for this purpose and a cold cellar is a good place to keep the extra supply of hand tallow. But make up only a small quantity at a time, for the moment it gets rancid its virtues are lost.

When tooth powder happens to run out, don't clean your teeth with any sort of soap that happens to be around. A little good castile may be used three times a week, but oftener than this is harmful to enamel and the comfort of the gums. An occasional brushing with salted water, or water treated to a tea-scented and bicarbonate of soda, is cleansing and antiseptic. Peroxide of hydrogen, one part to four of water, is a better whitener and killer of germs. If you want a good complexion, don't

## The Unwritten Rules of Girl Friendships

**T**HE chief advantage of girl friends," said a popular college girl, "is that you can have so many of them—really good friends, I mean. But with men it is all a girl can do to be really good friends with one. Now, I have six girl chums. There is my

roommate; I couldn't get along without her—at times. And there is Helen, my old, baby playmate at home. There's really no one like the first friend, you know. Grace and I are devoted, too,

inseparable companion with whom they whisper secrets and in whom they confide all their childish troubles to the exclusion of everyone else. Then, as young girls, they conceive violent attachments

when it comes to tennis; and Blanch has always stilled with me since we entered college. And Tom's sister I sometimes think is the dearest—until I think of Lois."

Unfortunately, all girls are not capable of such broad-headedness in their friendship. They begin as children with an

Other girls rather than put up with the exactions of a too devoted chum, think that they must avoid girl friendships altogether. Of course, these girls miss one of the greatest pleasures and helps of their whole life and sooner or later, as they grow older, discover what they have lost.

But though there are no written laws, no thou-shalts and thou-shalt-nots to lead the young girl into the right road in regard to girl friendships and their making, there are some pretty reasonable rules to be observed in this respect.

The foundation of all friendship—girlhood and otherwise—is in generosity. Therefore, the first rule is, don't be critical. Advice from friends is often welcome, but criticism never is. So, when a girl feels that for some reason or other—either because her own or her friend's point of view has changed—she and the dear girl friend are no longer really in sympathy with each other, the intimacy had best be given up. A certain girl friendship once dissolved in tears and hot words because one of the partners developed a taste for matrons, whereas the other saw good only in old English oak. But this sort of difference can easily be adjusted in most cases, and ought really to add to the strength of the friendship, for surely the exchange of opinion and point of view is one of the greatest pleasures friends can have.

So much for generosity of spirit, generosity with one's worldly possessions is also a part of friendship. Of course, it is a man's part to give flowers and bouquets. But let the girl who can afford it be ever willing to lend books and magazines; let her sometimes take a few flowers to one girl friend when as ill, or a remembrance of her favorite fruit or sweet to the dear old grandmother of another, for all these things go to make life the happier.

There is the old saying that a friend in need is a friend indeed, and this is as true as true can be. Not that one often needs actual assistance, but the friend who remains the same, not only in thought, but in deed, through reverses and changes, is the true friend.

Two little girls grew up together in a small town, the best of chums. One of them went to a great city, and now has all the good things that money can bring; the other kept what little she had of this world's goods, and lives quietly in her old home.

Two or three times a year Miss Good Fortune devotes a few days to entertaining the chum of her childhood. By careful manipulation on her part, which seems like mere coincidence to the visitor, the house is never crowded with a week-end party of her rich friends, or with a formal or dignified reception or dance.

This does not mean that there is a lack of fun or pleasure, indeed, there is the jolly little remnant of two or three of their old friends who have come to the city to live; the two girls go for morning drives and shopping trips, to the theatre and concerts and opera. When they take a motor trip, the hostess slips a warm fur coat, on a becoming veil about her guest. She does not try to baffle her wealth, but talks of the places she has been and shows her pretty belongings. She asks for her old friend's opinions on books and pictures, ways of doing her hair, and new frocks. In short, she makes her feel that through all the changes her friendship is still the same, still one of the best things she possesses.

There are two other girls on whom fortune has smiled unequally. In this case Miss Good Fortune, whose intentions are the best in the world, but whose methods are unskillful, sends her poor little friend cards to all her at homes, and once a year an invitation to a dance. Here, clad in a home-made frock in which she was radiant happy an hour or so before at her own dinner table, poor little Miss Old-Friend feels, and indeed is, entirely out of place.

"Oh, I do wish you knew more of my friends," says her hostess, with a perplexed expression, as she sees her old-time friend forlornly alone in a corner. "I'll try to get some one to take this dance." And after this effort at thoughtfulness, she flies away, and forgets all about little Miss Old-Friend, who, it is safe to say, has had enough of her friend's hospitality.

And after all, it is the things that make one girl dear to another that make her dear to a man in courtship days. And it is generosity, chmnnness and even the touch of timidity now and then that a man likes in a woman when courtship days are over and he is buying her bread and butter and shoes instead of violets and American beauties.

PRUDENCE STANFIELD



FIGURE E.

**"Kaysers" THE GUARANTEE THAT GUARANTEES**

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