

CORRESPONDENCE PAGE OF FASHIONS & BEAUTY



FIGURE B.



FIGURE C.



FIGURE A.



FIGURE E.



FIGURE D.

Summer Frills for the Little Maids

THE mother who devotes much time and thought to the grooming of her small daughters generally finds that her summer sewing is done on the installment plan. While one slice with the seamstress will supply sufficient raiment for cold weather, summer dress-making is best accomplished in two lots. The first includes what is absolutely essential to meet the needs of the first warm days in late May and early June, rather stout little frocks for the last days of school. The second represents strong play dresses and the really, truly summer frocks, all transparent stuffs with lace and open embroidery for trimming.

The latter sewing usually runs quite well into June, if not July, and in this the mother is wise because the shop counters are overflowing with bargain and short lengths in fabrics and trimmings which save a pretty penny.

Despite the evident effort at simplicity, this is by no means an economical summer for the mother of small daughters. In the first place, it is a season of colors, and colors in wash fabrics are never economical. Moreover, it is a ribbon season—and ribbons will under heat, sun and dampness.

In regard to colors, they are shown in all the fabrics for all sorts of usage. For the next few years, all the afternoon and Sunday frocks for little girls have been done in white. This season, pale blue, pink, cerise, rose, scarlet and brown, which, by the way, are mostly warm shades, are much used in all wash fabrics. The lawns, batistes, organdies and other transparent fabrics are shown in the pastels, but in ginghams, chambrays, linens and cottons, you will find the most vivid of colorings. And when a dress of white goods or the popular ecru or natural tone, it is brightened by ribbon or belt of bright hue.

While much is said and written about the ribbon sets, which include broad sashes and enormous hair bows, other ribbon devices are also used in great profusion. Many restless girls cannot wear a sash tied round the waist. It is always sagging down to the knees or coming untied. Such was made with the ribbon gathered literally sewed to their gowns. Sometimes the narrow ribbon is run through heading of fancy design and finished with soft knots or what might best be described as a shawl collar.

A very pretty design of this sort was noted at a recent gathering of smartly dressed children in a private school. The little dress was cut at a short waist, suggesting Empire lines, but there was no cutting belt. Instead, the trimming and ribbon garnitures were applied on vertical lines. The fabric was a soft handkerchief linen and the trimming a fine batiste embroidery, with a sharply pointed edge. This was run in strips from the neck and shoulders to a point just above the child's natural waist line, with the points meeting and leaving a diamond-shaped opening in the center.

Under this condition of dress-making, each strip finished with soft loops and long ends. The effect of the floating ends of white ribbon was extremely pretty on this angular little girl, who would have made a sorry figure, indeed, in a sash.

Some of the new sashes are figured or splashed with flowers or dots in checks, but the most effective ribbons for the small child are those in delicate solid colors.

pink and white or blue and white checks. Sometimes these are worn with white shoes or slippers and sometimes with slippers to match the color, pink or blue, but this is only for dressy occasions.

Brown ties and stockings are very popular for every day; black patent leather slippers and ties are for dress, and, indeed, very few high shoes are shown for girls except for rainy-day use, traveling, etc.

The new hat shapes, like those offered for older girls, have the drooping brims, which are far more becoming to the average juvenile face than the sharply up-turned or roll brim. Floral wreaths are used on best hats, and plain ribbons, arranged somewhat in scarf fashion, seem popular for play hats and traveling. In fact, some of the smartest hats shown for little girls are rough straw, white, cream and dark blue, with a broad ribbon band around the crown, finished with a mitred point and two tailored looking ends of ribbon which strike about at the shoulders.

In play dresses, where colored chambray, gingham, zephyrs, etc., are used almost invariably you find the whitegingimpe, sometimes in embroidery, often in tucked lawn, while the jumper is finished all the way round neck and sleeve openings with scalloped edges in white mercerized flax. The larger the girls, the deeper the scallops, while for little children the needlework is exquisitely fine and dainty.

For very best frocks much hand work is noticed, and often this is done in shaped pieces for yoke, cuffs or panels.

In Figure A is shown a little frock suited to almost any thin fabric. It is absolutely simple in lines, relieved only by scalloped edges and a shaped yoke. A little embroidery may be added to the kimono sleeves and shaped collar, or machine embroidered medallions or lace insertings may be substituted.

Figure B shows a panel effect in hand embroidery, the panel spreading out in a shaped collar. Panel and collar may be edged with frillings of lace, German val, being best for the purpose. Here, too, will be noted a pretty use of ribbons without the dragging sash, which all active girls dread.

In Figure C you have spread before you the possibilities of combining all-over embroidery, matching edging and a very little lawn or linen in a similar quality. This design was drawn from a lovely little frock of all-over batiste with edging to match, embroidered beading and delicately tinted ribbons run through the heading and finished with butterfly bows.

The last figure, D, shows the popular one-piece frock of Figure D, but with a little trimming at the square-neck and kimono sleeves, together with a sash, it becomes quite dressy. For a restless child, the appearance of the sash will be improved if straps of embroidery are fastened at intervals around the waist and the sash run loosely through these.

The last figure, E, shows the popular epaulet effect. The square neck is outlined with a galloon of machine embroidery showing scalloped edges. The epaulettes are of tucking, edged with the galloon, and under the latter is set a tiny pleating of German val, lace. Two rose-bows of pale ribbon are tacked at the corners of the epaulettes to give the necessary touch of color. It will be noted that few of these frocks have clearly defined waist lines, and nearly all are simply pleated from the yoke. This aids greatly in the drudgery of summer laundry and gives the child more freedom of movement.

MARY DEAN.

wander from the point selected in the ceiling. This is not a violent exercise, but invaluable for throwing back the shoulders.

If possible, avoid braces. Teach the girl rather to form an imaginary brace with her will-power. Do not scold a girl or nag at her about her defects. Rather appeal to her pride, and make her long to be attractive. When she realizes that no amount of pretty frocks can overcome physical defects, bad carriage and awkward positions, she will improve her bearing for the sake of being admired.

Many girls, directly after examinations, suffer from a light form of insomnia. Do not let this become a habit. Furnish reactionary measures at once. Insist that all school books be packed away and supply light, cheerful reading. Be sure that the girl's room is properly aired at night, that her covers are light, that her pillow, if she uses one, is thin, and allow no one to share the bed with her. A tepid bath before retiring sometimes induces sleep. Either a cold or a very hot bath, however, stimulates, and is very apt to leave the patient more wakeful than ever.

Always have near her bed a little plate of crackers, and then if she feels a sinking sensation at the pit of her stomach, she can ease that by simply nibbling at a cracker.

If her hair has a tendency to fall out, due probably to an overworked condition of the scalp from the hard brain work at the close of the school year, try sun baths. Have the hair hang loose at least part of each day and ventilate and sun it. Wash it with an egg beaten lightly in a pint of tepid, not hot water, rinsed thoroughly and dry in the sun. This will cause uniformity of color if the hair, especially blonde hair, has become streaked.

Even girls in their teens sometimes form the habit of biting their nails in the schoolroom, and while an appeal to the girl's pride is generally sufficient, once the strain of examinations is over, she can help her pride by rubbing a bit of arnica, or aloes, on her nails, and the bitter puts her abused finger tips to her mouth.

KATHERINE MORTON.

Etiquette for the Fair Vacationist

THE GIRL who is face to face with her first real vacation, the first summer outing which she has earned by months of work in store, office or factory, has many pleasures to anticipate and a few problems to dread. After she has settled the resort at which her vacation money shall be spent, and the pretty frocks and furbelows which will make her stay truly joyful, she suddenly pauses and asks: "But how will I make friends?"

Enter thus the first problem in good form.

The best way to insure pleasant friendships on a vacation jaunt is to start out with friends. I am always sincerely sorry for the girl who goes vacationing quite alone. The American girl is entirely reliable and trustworthy; she is generally quite able to take care of herself—but she is far more charming when chaperoned.

And if she cannot have a chaperon, some sympathetic, light-hearted matron as her companion on her vacation, then by all means let her flock together, three or four of her, and enjoy the vacation as a party. The lone girl is not regarded with suspicion, but she is not taken up so quickly nor cordially as the girl who has a chaperon or who is one of a party.

In selecting your resort, choose one that is not so far away as to eat up money in railway fares. There is always a number of pleasant spots near your home, so that you can save some of the money you have been planning to pay in fare upon holiday sports and side trips. You will find many incidentals at any summer resort, boats to hire, drives to be paid for, admittance to summer amusements, bowling alleys, etc. None of these are included in the rate made for board and room, though they are attractively set in the advertising matter issued by the hotel. If there is bathing, you must be prepared to hire a bath-house. Generally when such parties are given, guests club together to buy prizes. Hops are free.

Having decided upon resort and hotel, write in ample time to the manager of the hotel, stating when you want your room, and have a clear understanding as to rates. If you cannot arrive on the date set, notify the hotel manager of your change in plans.

Do not take many odd pieces of baggage. Pack all you can in your trunk, and carry with you one bag or suitcase, and your umbrella and parasol if they will not go in the trunk. Wear the simplest tailored frock you have in cloth or pongee, if you are going some distance, linen if your ride will be short and hot. Have clean white or tan silk gloves, never black.

Buy your ticket in advance. Do not rush into the depot with three minutes or less to spare. You will find a long line at the ticket window and you may miss your train. You can buy your ticket a day or so in advance, and reserve your sleeper or parlor car seat if you intend to ride in one.

On arriving at your destination, inquire first if the hotel provides a "bus and express" service. If not, make a very clear bargain with the expressman or hackman you engage.

On reaching the hotel, you enter the office and register, reminding the clerk that your room has been reserved. A bellboy will take your bag and see that you are provided with ice water, stationery, etc., for which you tip him, 10 cents being quite sufficient.

When you dress to make your first appearance on the porch or in the parlors, do not choose your most elaborate gown. A simple lingerie frock will be in better taste, or if you arrive in the morning, change to a shirtwaist suit.

Your first entrance into the great

dining-room will be trying. A head waiter will be near the door to receive guests, and to him you give your name or say "One," which means you are quite alone. He will then place you where he thinks you will be least embarrassed. Some resorts now have hotel hostesses, and if such there is at your hotel, she will watch for a lone guest and see that she is introduced and seated with companionable persons.

Once you are given a seat in the dining-room, you return to it for each meal, unless, on request, the head waiter agrees to change it for you.

At every resort certain plans for the day's pleasure are followed regularly. At seaside resorts, there are regular bathing hours, games are played before and after bathing, and the board walk along the beach is crowded at night. You will now see the importance of having a chaperon or being one of a party.

While there is little formality at the average American resort, young people do not make promiscuous acquaintances. Young girls frequently speak to each other in a no-nonsense or entertainer, then you must try to make friends with some married or middle-aged woman who may be kind enough to assume the duties of chaperon. And the girl who is winsome and attentive to older women will soon have a desirable chaperon.

Young people frequently speak to each other without introductions, and you are

always safe in addressing your elders. In fact, the latter are always worth cultivating, as they can introduce other young people to you when you have been tried and found interesting.

A young man who desires to meet you can do so without boldly seeking your acquaintance on the board walk or on the tennis court. He can be introduced by some one connected with the hotel, or he can ask the elderly woman who he sees you wish to make the introduction. Do not allow the so-called privileges of the Summer girl to lead you astray. It pays to observe the conventions.

When large parties are arranged for a side trip, as to sail, or fish, or enjoy a clam bake at some distant point, each participant pays her own fare unless especially invited by some individual. If the married woman who has taken you under her wing unmistakably invites you to go as her guest, or if the invitation comes from some attentive young man, well and good, but do not be deceived by the fluttering person who goes around with a subscription paper or makes up marriage. This means you must bear your share of the expense.

And especially if your mother is not accompanying you, do not remain late out with young men upon shabby porches or on the beach unchaperoned. It may seem romantic, but well-bred guests at the hotel where you wish to shine will call it by a less kindly name.

PRUDENCE STANISH.

SOME PICNIC DAINTIES

Raspberry Shrub—Take eight quarts of the fresh berries, one pint of acetic acid, and four quarts of water. Put these into a stone jar and let it stand for six hours, stirring it occasionally. To one pint of the juice, add one pound of sugar, boil 15 minutes and bottle while hot. When the liquid has cooled in the corked bottles open and refill them; pound the corks in very tight. If this liquid is to be kept any length of time, cut the cork off close to the bottle and dip it in hot wax to seal it.

Pressed Chicken—Boil three fowls until the meat comes off the bones easily. Remove all the bones and chop the meat up fine, add a piece of melted butter the size of a large egg. Season lightly with salt and pepper. Take about one pint of the liquor in which the fowls were boiled, add to this half a box of gelatine and let it dissolve. Put the chicken meat into a saucepan and add the dissolved gelatine and cook till the broth is evenly distributed. Put into a pan and under a heavy press until perfectly cold.

Gold Sandwiches—Rub the yolks of three hard-boiled eggs to a paste. Add two tablespoons of olive oil, mixing with a silver fork. Now add a pinch of mustard, cayenne pepper and salt, and lastly one tablespoon of vinegar. When this is thoroughly mixed, add one cup of grated yellow cheese. Spread on white buttered bread.

Biscuit Sandwiches—Roll biscuit dough very thin—about like pie crust—and spread with butter. Then roll another and put on top of this. Cut out and bake in quick oven. When done pull apart and spread while hot. For filling take equal parts of chicken and ham, seasoner with celery salt, and cayenne pepper, moistened with mayonnaise.

Sardine Sandwiches—Take the sar-

Beauty Hints for Vacation Days

MANY a mother is quite shocked to drop back the weight on the entire foot. Repeat this exercise 20 times, inhaling slowly and deeply through the nose, with the lips closed. Look straight ahead, not at the floor. This exercise is especially good to secure balance.

The familiar but never-failing trunk twister is useful not only as an exercise to secure balance, but it acts upon the liver, which is very apt to be sluggish after nine months' confinement in a schoolroom.

Stand erect, as described above, but with the arms out at the sides, the level with the shoulder, palms down. Stand firm with the weight of the body now on the ball of the foot, now on the heel. Now turn the head and the hips to the right, but sewing the arms and shoulders to the left. This movement as it sounds, is something like turning the body into a human corkscrew. Reverse the position, that is, turn the head and hips to the left, and the arms and shoulders to the right. Repeat the exercise slowly and firmly, not jerkily, at least ten times. Breathe deeply, always inhaling through the nose with the lips closed. Never allow the feet to move from their original position. This exercise will do more to stimulate the action of the digestive organs than all the nostrums ever put up by druggists.

If the girl is round shouldered, try this exercise: Stand as described for the first exercise, the weight of the body on the ball of the foot, the hands palms downward and finger tips touching on the chest. Have the elbows on a level with the shoulders. Now, with the eyes fixed on a certain point in the ceiling, bend the body forward very slowly at the hips, being especially careful not to let the elbows sag or drop, or the gaze to

On Velvet Coat of Last Century.

Selected.

Yes, 'tis old and faded now,
Saddy torn;
Yes, 'tis a remembrance how
'Twasid adorn
A gay gallant at Vauxhall,
And at Bath Assembly hall,
And how walking in the Mall,
Once 'twas worn.

With a delicate cravat,
Made of lace,
With a smart three-cornered hat,
And a face
Framed in hair of sunny hue,
Tied behind in hanging queue,
Curled and frizzed of powder, too,
Just a trace.

And a rapier gaily swung
Over his hands lace ruffles hung,
Fine and wide
Oh! his hands became him well,
And the village crosses can tell
How full many a "punbridge" cheller
For him sighed.

Fought he duels one or two,
Maybe more,
And full many a billet-doux
At the door,
Or some patched and powdered fair,
He would leave his "punbridge" air,
Which he took especial care
That she saw.

For wit to no Fashion's Queen
Did he take,
But a mind of modest mien,
For whose sake
He determined Fashion's crowd,
With its buzz of voices loud,
And its train of beauties proud,
To forsake.

Thus his merry old-time days
Fleeted by,
And if we our eyes upraise,
We can spy
On a tomb—"Sir Clement Gray
And his virtuous Lady May,
Dying on the self-same day,
Here do lie."

Chicago Evening Post.

President Roosevelt, it is announced, will hunt big game in Africa next year.

In the jungle's dim retreat,
Creeps the tiger, and his feet
Tremble greatly in an echo of the terror
In his brain.

He has gone and made his will,
Shaking but a thought with a child,
For he knows his name is written in the
tablets of the slain.

And the tawny king of beasts
Has no appetite for fawns,
But he stalks across the desert, murmuring
Recess on across the sand
Heading for a safer land
Like a dog that has a kettle fastened to
its weary tail.

And the hippo in the stream
Lies no longer in a dream,
But is splashing through the water to some
place of safety.

While the rhino in his fright
Plunges on through day and night,
Asking but a white fantasee and a chance
for led and board.

And the minkay and the gnu
Both are running wildly too,
While the tiger hides in daytime and goes
And through the trees by day,
And the springbok and the bear
And perhaps a thousand more
Wish some Noah would collect them and
go sailing in an ark.

In his dreams at night each brute
Hears the tireless hunter shoot,
And the monkey chatter madly as they
leap from tree to tree,
And the bird orange-outang
Fancies that it hears the bang
Of the gun that deals destruction just as
swiftly as can be.

On a sand bar in the Nile
Weeps a lonely crocodile,
With no more of joy turning on its huge
And heavy grin,
For it sees the fatal day
When within the U. S. A.
It will with its skin.