

No Chance for Stoop-Shouldered in the New Spring Suits

IF YOU WANT TO APPEAR YOUR BEST YOU WILL HAVE TO STRAIGHTEN OUT THE KINKS IN YOUR SPINE



A STRAIGHT, erect figure, and even the slightest stoop—these must be yours if you are going to look your best in the new spring fashions; in fact, for the woman with round shoulders or an uncertain waist-line, there is only despair ahead. If you have been getting careless about your figure, or neglectful of your shoulder lines, listen to the advice of Miss Marie Curtis, the cute little jockey in "Kerry Gow," at the Marquam for the past week.

"Breeze up! Get to work on your shoulder line, straighten out the kinks in your spine!" urges the little actress. "If you don't, your new spring suit will make you look like an elongated pretzel and you will be calling down maledictions upon the head of your innocent dressmaker when you ought to be calling them down upon your own; if your spine loops the loop through your backbone, and your chest sags in under two lunched-up shoulders, then you'll have only your own self to blame!"

"It's tea to one," continued the little "Kerry Gow" jockey, "you are

doing a little every day and putting in regular hours at spoiling your figure. For instance, aren't you guilty of this?" and she illustrated by dropping down in a chair, with a booklet spread over her knees, in the familiar at-home-and-nobody-looking position shown in picture No. 1.

"Four hours at a time," said Miss Curtis, "girls will sit like this, poring over a novel or the absorbing gossip in the columns of a society weekly. They apparently never give a thought to the havoc being wrought in the lines of the whole figure, to say nothing of cultivating unpleasing habits. Why, if you'll peep under the tables at any fashionable cafe you can see the effect of this sort of position, knees crossed and feet turned over on the side, in most ungraceful and most unwomanly fashion. Above the table, too, you will see figures tilted forward, shoulders drooped, and all the starch, apparently, gone out of the backbone!"

"There are several variations of this bad reading position," continued Miss Curtis. "Have you ever seen young girls sitting like this?" and she perched her heels upon the rungs at

the side of her chair and leaned forward with her elbow upon one knee, chin in hand, as shown No. 2.

"If you want to realize what a strain you are putting your whole body under when you sit this way," said she, "just let your elbow slip off your knee for a moment; the support will be gone, and you will find yourself bumping your nose upon the floor. If you are not very quick in catching yourself, when a young girl whose figure is not yet firmly formed takes to sitting in this position, do you wonder that she grows hollow-chested and assumes a sort of in-bent crescent form from the back of the neck to her heels? For the young girl this position is particularly bad, but for the older woman it is bad enough, and if kept up long enough will shuffle up the arrangement of the vertebrae appallingly."

"Now, here's another thing we will do, unless we keep close watch upon ourselves," explained the actress, as she unwound her smart little boots from the chair rungs and slid out to the extreme edge of the chair. "Did you ever get right interested in a magazine story, and just keep on slid-

ing and sliding and sliding, until you get away down like this? Look how it ruins the shoulders, and see what a strain on the spine, and note how ungraceful the positions of the limbs! This kind of thing spells ruin for the figure. Don't do it."

"And don't forget the importance of the hip line," concluded Miss Curtis, as she sprang up and assumed the position shown in No. 5. "This sort of thing not only tends to ruin the natural curve of the hip, but throws the whole figure out of kilter, helping to sag down the shoulders and crook the spine. Any modiste will tell you that there isn't one woman out of ten whose hips are the same size and who has the same hip line on both sides. This is because of too much standing with the weight thrown on one foot; it is natural to throw the weight on one foot most of the time, leaving the other hip and leg lax, and this, of course, makes a difference in the curve and the size, in the course of time."

Miss Curtis' own trim little figure, and its adaptability to the straight back line of the advance spring street suit, is shown in picture No. 2.

Book Lists Issued by the Portland Library

The measures to be voted upon by the people at the General Election next June may be found in the reference room, where they may be consulted on demand.

BIBLIOGRAPHY.
Hase—Index of economic material in documents of the states of the United States. New Hampshire. 1907.

BIOGRAPHY.
Brooks—Charles Brooks and his work for normal schools, by John Alford. 1907.
Cooks—Jay Cooke, financier of the Civil War, by E. P. Oberholzer. 2 v. 1907.
Hearn—Letters from the Raven; being the correspondence of Lafcadio Hearn with Henry Wadsworth, ed. by Milton Bronner. 1907.
Taylor—General Taylor, by O. O. Howard. 1898.

DESCRIPTION AND TRAVEL.
Boroughs—Camping and tramping with Roosevelt. 1907.
Huffer—England and the English; an interpretation. 1907.
Lorey & Staden—Queer things about Persia. 1907.
Western—The great plains; the romance of Western American exploration, warfare and settlement. Ed. 2. 1907.

DeMille—Helena's household; an ideal of Roman life in the time of Paul and Nero.
Howells—Between the dark and the daylight.
Morris—The wood beyond the world.
Owenham—A man of Sark.
Rhodes—The right to Etoia; a Florida romance.
Holmes—The convert.
Sawyer—The disciple of a saint; being the imaginary biography of Raniero di Landoceto del' Basiliana.
Tweed—Tweed; a novel, by Graham Travers. pseud.

FINE ARTS.
Bayer—The National gallery, London; the Spanish, French and German schools. 1906.
Cunynghame—European engravings. 1906.
Clove—Dante Currier's book of novel entertainments for every day in the year. Ed. 2. 1907.
Hazel—Fennel sketching from nature. 1906.
Horns—Metal-coloring and bronzing. Ed. 2. 1907.
Oswald—Letters to a painter on the theory and practice of painting; tr. by H. W. Mason. 1907.
La Sieranne—The National gallery, London; the early British school. 1906.
La Sieranne—The National gallery; the later British school. 1906.
Theophilus—Essay upon various arts, in three books; forming an encyclopedia of Christian art of the sixteenth century; tr. by Robert Hendrie. 1847.
Westmore—The National gallery, London; the Flemish school. 1906.
Wisconsin, University of—Deutsche Liederbuch für Amerikanische Studenten. 1907.
York—Counterpoint simplified; a textbook in simple strict counterpoint. 1907.

HISTORY.
Blok—History of the people of the Netherlands. v. 4. 1907.
Ferreiro—The greatness and decline of Rome; tr. by A. E. Zimmerman. 2 v. 1907.
Grosman—The and in the mountains; being an account of the past and present of Tyrol, its people and its castles. 1907.
Napoleon I.—Napoleon; by T. A. Dodge. v. 2. 1907.
Trevelyan—The American Revolution. pt. 3. 1907.

LANGUAGE.
Cameron, ed.—Tales of France, from the works of George d'Esparbes, Auguste Martin, Anatole Le Braz, Jules Claretie, Francois Coppee. 1904.
Carlson—Swedish grammar and reader. 1907.

LITERATURE.
Blaisdell—Steps in English; composition rhetoric. 1906.
Brooke—The history of early English literature; being the history of English poetry from its beginning to the accession of King Alfred. 1905.
Beech—Works, v. 11. 1907.
Schofield—English literature, from the Norman conquest to Chaucer. 1904.

PHILOSOPHY.
Mahan—Some neglected aspects of war. 1907.

RELIGION.
Matti—Religion of the Old Testament; tr. by G. A. Bismuthan. 1907.
Putnam—Censorship of the Church of Rome. 2 v. 1907.

SCIENCE.
Dyer—Lessons in physical geography. 1901.

Fournier d'Albe—The electron theory. 1907.
Morgan—Evolution and adaptation. 1902.
Whetham—The theory of experimental electricity. 1905.

SOCIOLOGY.
Carver, comp.—Sociology and social progress. 1905.
De Garmo—Principles of secondary education. 1907.
Haines—Railway corporations as public servants. 1907.
Heaton's annual. 1908.

USEFUL ARTS.
Christie—Boiler-waters; scale, corrosion, foaming. 1905.
Beaumont—Motor vehicles and motors; their design, construction and working by steam, oil and electricity. Ed. 2. rev. 2 v. 1902-1906.
Garrett—Turbines. 1906.
Navajo school of Indian basketry. Los Angeles—Indian basket weaving. 1905.
Rural cook book; some old recipes and many new ones. 1907.
See—Extracts from Chordal's letters. Ed. 11. 1905.
Blaine—The electrician's handy book; a modern work of reference. 1905.
Toch—The chemistry and technology of mixed paints. 1907.
Trevelyan—The American thoroughbred. 1904.

BOOKS FOR CHILDREN.
Barbour—Tom, Dick and Harry.
Bass—Lessons for beginners in reading.
Bonney—Electrical experiments.
Brooks—Readers; first year.
Chatter—Art-History readers; book two.
Creswick—Under the Black Raven.
Hearst—First steps in the straight line.
Meadowcroft—A B C of the X rays.
Powers & Balliet—Silver-Burdett readers; first book.
Rose—Elementary course in woodwork.
Smith—Advanced first reader.

The following list of books will be on inspection in the Circulating Department of the Public Library for one week, and will go into circulation on February 24th:

BIOGRAPHY.
Devergne—Wer let's. 1878.
Harvard—John Harvard and his times; by H. C. Shedd. 1907.
Lincoln—Lincoln in the telegraph office; by D. H. Bates. 1907.
Who's who. 1908.

DESCRIPTION AND TRAVEL.
Bead—Adventures on the great rivers; romantic incidents and perils of travel, sport and exploration. 1907.
Hume—A woman's journey through the Philippines. 1907.
Steele—A voyage to Viking-land. 1886.

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FICTION.
Benson—Sheaves.
Brown—Mr. Tuckerman's niece.
Galsworthy—The country house.
Kenton—Clem.
Mason—The broken road.
Phillips—The folk afraid.
Smith—The romance of an old-fashioned gentleman.

FINE ARTS.
American school of correspondence—Architectural drawing and lettering. 1908.
American school of correspondence—Mechanical drawing. 1908.
Arts and crafts society—Handicraft. 2v. 1902-1904.
Crane—An artist's reminiscences. 1907.
Cunynghame—On the theory and practice of art-ensembling upon metals. Ed. 2. 1906.
Gilbert—W. S. Gilbert; by K. A. Brown. 1907.
Johnson—Writing and illuminating and lettering. 1906.

LITERATURE.
Hise—The development of the feeling for nature in the Middle Ages and modern times. 1906.
Cook—Where flows Hood River. 1907.
De Quincy—Joan of Arc; and The English mail-coach; ed. by R. A. Whigham. 1908.
Maud—Heroines of poetry. 1902.

PHILOSOPHY.
DuBois—Fireside child-study; the art of being fair and kind. 1904.

RELIGION.
Campbell—The new theology. 1907.
Wentz—The sources of our knowledge of the life of Jesus. 1907.

HISTORY.
Curtis, ad.—The Indians' book; an offering by the American Indians of Indian lore, musical and narrative, to form a record of the songs and legends of their race. 1907.
Drake—The campaign of Trenton. 1906.
Drape—The rescue of Cuba; an episode in the growth of free government. 1896.
Hill—Decisive battles of the law; narrative studies of eight legal contests affecting the history of the United States. 1907.

Janssen—History of the German people. vs. 11-12. 1907.
Myers—Outlines of nineteenth century history. 1908.

SCIENCE.
American school of correspondence—Surveying; a manual of practical instruction in the art of plane surveying. 1908.
Bailey—Botany; an elementary text for schools. Ed. 11. 1907.
Hooper & Walls—Electrical problems for engineering students. 1902.
Lindlow & Bass—Elements of trigonometry. 1908.
Miller—The calculations of analytical chemistry. Ed. 3. rev. and enl. 1904.
Washington—Manual of the chemical analysis of rocks. 1904.

SOCIOLOGY.
Altmann—Ed. of Gotha. 1908.
Bryant—Stories to tell to children. 1907.
Hull, ed.—Practical problems in banking and currency; being a number of selected addresses delivered in recent years by prominent bankers, financiers and economists. 1907.
Sheppard—American conular service. 1901.
Whittaker—Almanack. 1908.

WORKS FOR CHILDREN.
Bryant—Stories to tell to children.
Child—The how and why of electricity.
Foster—Elementary woodworking.
Grinnell—Jack the young trapper.

USEFUL ARTS.
The following books from the American school of correspondence—
Building superintendence. 1908.
Carpentry and joinery. 1908.
Contracts and specifications. 1908.
Electric railways; a treatise on the modern development of electric traction. 1908.
The electric telegraph. 1908.
Estimating; a guide to systematic methods in taking off quantities and making up estimates of cost in building operations. 1908.
Gas and oil engines and gas producers. 1908.
Machine shop-work; a manual of approved methods in modern American shop practice. 1908.

Hassalo Lodge Entertains.
Four hundred Oddfellows attended the third of a series of entertainments given by Hassalo Lodge, No. 15, I. O. O. F., in the I. O. O. F. West Side temple, Friday evening. Quite an elaborate programme was rendered, P. W. Stewart, master of ceremonies, delivered an address of welcome, after which the following programme was rendered: Solo, Mr. Ross; address, "Oddfellowship," Judge M. C. George, P. G.; duet, Ross and Meyer; recitation, "Oregon," Mr. Foote; solo, Fred P. Holm. The assemblage then retired to the banquet hall, where a sumptuous repast was served, during which the following named toasts were proposed by Toastmaster Stewart and were responded to as follows: "The Old Guard," Henry S. Westbrook; "Fraternity," Frederick Cosens; "Our Sister Lodges," Mr. Raker; "Hassalo Lodge," W. F. Gloss.

Scotch Firm to Liquidate.
EDINBURGH, Feb. 15.—The big engineering firm of Bruce, Peabody & Co., called a meeting of its shareholders today for the purpose of arranging a liquidation. The troubles of the firm are attributed to the lack of working capital.

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