

CORRESPONDENCE PAGE OF FASHIONS AND BEAUTY

Plain But Pleasing Vacation Raiment for the Little Ones

PLAINER than ever are the styles for children this season, and it is the dress that is well cut and made of nice material that counts rather than the one elaborately trimmed. Of course there is the dainty ballet dress for the party that every child loves, but on the whole the simple frock with straight lines is what the shops are selling. The same thing can be said of the coat, as can be seen by the illustration here. This particular model has only the shoulder and under-arm seams. It has large pockets with broad laps and the fronts are faced to form lapels, and it has the regulation coat sleeves. To make the medium size of this coat it would take 3 1/2 yards of material 27 inches wide; 2 yards of goods 44 inches, and about 1 1/2 yards in 42-inch width. This model makes up very well in the small checked cheviot, and black and white shepherd's plaid with a little are of the tan covert cloth, and the model emblem on the arm gives it a good dash of color and style. The boys' coats are indeed making "little men" of them. They are of the tan covert cloth, and the model is exactly like that of his father wears. A regular little Spring overcoat. Some of them are lined with twilled lining, but most of them are not. Boys from 4 years up to young men, all wear these, and the little fellow with such a coat on is proud indeed.

Going back to the girls again, the baby coats are often made of dotted swiss, with three deep tucks around the bottom. These coats must have a silk lining to give them warmth, but are extremely inexpensive and will wash well. Numerous other coats of dark blue linen are seen, with white sailor collars on them embroidered in dark blue—also the white linen coats with dark blue linen sailor collars with white embroidery. These coats have the advantage over the light



PRACTICAL GUMPEE DRESS FOR PLAY OR TRAVEL.

colored cheviot ones in that they will launder. Colored lawns, swisses and mull seem to have crowded themselves into the children's summer wardrobe. Pink swiss with a white gulle, trimmed with ecru val; pure white point de Paris lace blue and white checks and stripes in mull or voile

all have found their place. This does not mean that white is not worn, but that colors are seen much more than for several years. For the little daughter from 4 to 8 years old nothing is sweeter and quaint for dancing parties than this little empire dress, which can be made in pink, blue or white. The model made up in the pink dotted swiss, inset

with German Val and a bow of Dresden ribbon. A similar effect can be obtained by leaving out the lace and bow; or insertions of embroidery can be substituted with a heavier material, like lawn or voile. Then, too, the yoke can be worn or not. This dress is made with a body lining, which is faced to form a yoke. The yoke can be made of allover lace or embroidery, or of the goods trimmed with rows of lace. The dress itself is shirred to form a girdle and is fastened on the lining. The quantity required to make a dress for a child of 5 is 3/4 yards of 27-inch goods, or 3/4 of goods 36 inches wide, and if trimmed like the model shown 1 1/2 yards of lace would be required.

Percales and saphy ginghams in plain colors, plaids, checks and stripes are used for the every-day dress. The heavy linen has been found too warm for the youngsters to play in, and much too hard to launder. French percale costs a little more in the beginning, but it will hold the color better than anything, unless it be a good quality of Scotch gingham. The gulle dress is most practical for this sort of wear, as in extremely hot weather the gulle can be discarded. The model that is shown today is an easy and very practical one. It can be made in almost any material from light-weight cheviot to a linen lawn. It is made with waist and skirt. It has two plain backs and tucked fronts that are crossed to give the surprise effect, and is joined to the skirt with a band of insertion. The sleeves are plain, full and loose. The gulle is entirely separate and should be faced with any desired embroidery or lace, while the sleeves can be full length or elbow. The quantity required to make this dress in medium size would be 5 yards of 27-inch material; 3 1/2 yards of goods 36 inches wide and about a yard of allover material for the gulle. This is a very good traveling dress, made up in some light-weight mixed material, or natural colored pongee. Blue serge, or any plain dark goods shows so clearly that a mixed material is preferable for this purpose. Pongee, trimmed with a little ecru batiste, embroidery and even gulle is very practical, and dark blue and white checked material outlined in plain dark blue is also to be recommended.

The suspender dress still holds its own among the newer models and is a good way to wear the light-weight cheviot, and the model here made up in checks



Suspender Dress With Epaulet



PARTY DRESS, EMPIRE STYLE, IN FINE PINK DOTTED SWISS.

or stripes is charming. A new touch is given to it by the epaulet effect on the shoulders, and large pearl buttons will help to hold them down in place. This is an exceedingly good model for natural linen, piped with dark brown, and smoked pearl buttons, with stitchings of dark brown silk. It also makes up well in the peach-colored cambray. Light blue piped with dark blue, with dark blue bone buttons; and pink cambray, piped with blue bands of some pink and white striped goods are a couple of suggestions of the possibilities of this model. This dress consists of three pieces—the skirt, the suspenders and the gulle. The gulle is

extremely simple, one with just tucks forming a yoke effect, and bishop sleeves. This skirt is made of five gores laid in pleats and the suspenders, made in two portions, are buttoned on the belt of the skirt. To make a dress for a child of 10 years you must have 3 1/2 yards of 27-inch material; 3 1/2 yards of goods 44 inches wide. It takes 5 1/2 yards of banding (a yard of goods cut in strips will make this much). To make the gulle will require about two yards of goods 36 inches wide. All of the children should certainly have their own bathing suits, for it is never wise to hire one. Many diseases have

been contracted from the hired bathing suits, and children are very susceptible to these skin eruptions in the Summer. Children are never very active in the water and hence it is better to make their suits of rather heavy material, such as flannel or light-weight serge. Mohair is not recommended for the little ones. Many little girls are seen on the beaches with white serge suits, on trimmed with a contrasting color, either dark blue or red, and this trimming is made of pique, silk or wash braid. The boys should be put in the popular blue, and after all, the white braid is about as satisfactory as anything. The cut given here is a splendid one, as it will answer for both girl and boy and can be worn with or without the skirt portion. Put the tie on the girl but not on the little boy. Another popular combination is maroon serge, trimmed with white braid and Windsor tie of soft silk. The suit is made with blouse, knickerbockers and skirt. The blouse is very simple—gathered at the bottom and joined to the belt of the knickerbockers. It is better to hem the knickerbockers and run a piece of elastic through them in bloomer style—particularly for the girls, though many of the boys like them plain. The skirt is straight and gathered onto a belt which is buttoned on in place. It will take 4 1/2 yards of material 27 inches wide, or 3 1/2 yards of goods 44 inches wide. Three-quarters of a yard of goods cut in bias strips will do for the trimming.

There are almost as many accessories to the children's belongings as to those of their mothers' this season. Extra sets of collars and cuffs, buttoned strips to button on the little shirtwaists of the boys, and ties of all colors and materials are seen everywhere. Brass buttons are very prevalent and there seems to be an out-going of the white shoes and stockings in favor of the brown and tan shades for footwear. Boys wear only Tam o'Shanter and large rolling brim straw hats, while the girls cling to the dainty lingenia hat that can always be ripped up, washed, starched and put together again. The babies wear the little linen and pique hats that have a crown to button on. These protect the baby's eyes and are far superior to the cap for Summer. Soft little lawn strings will keep them cool.



White Serge Bathing Suit.

Etiquette for the Man of the House

HOW many wives and daughters have suffered agonies of embarrassment over the carelessness or rudeness of the man of the house! How often do you hear women apologize for slighting you upon guests within their gates on the score that it is "just Father's way." The average man who may be a model provider for his family, an admirable citizen, an honorable business man or a pillar in the church, brings blushes to the cheeks of his women folk by his utter indifference to the little courtesies which go to make the family life pleasant. And strangely enough, this same man, guest in another household, is a model of good manners.

At another table, he will stand until his hostess is seated or until other guests take their places. At his own table, he seats himself before the casual guest does, fourishes his carving knife and fork or opens up his napkin as if impatient of delay. While his wife is pouring his breakfast coffee, he will glance over his paper and manoeuvre his finger nails, until the scratch-scratch of his penknife or file sets every nerve in his wife's body a-tingle. The minute the meat course has been removed from the dinner table, he demands the family life pleasant. And strangely enough, this same man, guest in another household, is a model of good manners.

who determines from the very start that he will not obey the rules of good form. He is starting the matrimonial game all wrong. He is storing up unhappiness for the girl and for himself. He may even be turning his face all unconsciously towards the divorce court. A woman will forgive many big wrongs in a man, but she will fret and chafe under his small faults and bad manners. The man who scorns the rules of etiquette, which after all are the simplest rules of thoughtfulness towards others, has no right to mingle in society with his good wife. He ought to give her and his well-bred daughters an allowance and his himself off to a cave or nut. The man who accompanies his wife to the theater, should wear evening clothes if they are going to a fashionable play house, or if they are to occupy inconspicuous seats in the balcony, and his wife is wearing a plain tailored suit, he should at least change his linen, don a fresh tie, wear his best overcoat, hat and gloves. On entering the theater, he finds programmes for her, helps her off with her wraps and makes her comfortable before seating himself. Many a woman has been forced to appear disconcerting simply because her husband was so careless in these matters that she was obliged to get her own program, arrange her wraps, etc.

Exercises for Girls at the Awkward Age

THIS is the season of the year when the average mother discovers that the girl who has been bending over her desk all year at school needs some attention. She is all angles, bones and humping shoulders.

If she is an average mother she alternately scolds and doses poor Miss Fifteen with oils, emulsions, etc. If she is versed in the ways, heart, and sensitiveness of youth, she seeks to divert the girl's mind into pleasant channels which will lead to outdoor life, correct walking and sane exercising.

The first principle of correct walking is expansion of the chest, which should be carried forward as if an unpinched rose was balanced upon it and must be carried there throughout the walk. Then the body is balanced on the right foot, with the ear, shoulder, hip and ankle all in a straight line, while the left foot is extended, the toe touching the ground first, and then the left foot coming quickly into a position such as was described for the right foot, as the body is swung forward for the next step and the supporting foot in turn raised from heel to toe to be swung out. This morning walk should be brisk and business-like, with no particular object. The arms should swing lightly at either side, and some walking enthusiasts carry corks in their hands while taking the morning constitutional.

and rest before repeating the exercise. Both of these exercises must be taken lightly at first, not repeating them more than once. There is the danger of the girl in over-exertion for the growing girl is in too little exercise. A light bamboo rod, four or five feet in length will help considerably in strengthening out the shoulders. Later this bamboo rod may be changed to a broomstick and later still to bar-bells such as are used in the regulation gymnasium. Swing the rod up under the chin, with the hands, the width of the chest apart, clasping it lightly. Be sure you stand in a perfectly correct position and inhale through the nose, not through the mouth. Now swing the rod up, straight over the head four times, on four counts, keeping the abdomen in. Drop back to the original position under the chin after each count, on the "and" thus; up on 1, down on "and," up on 2 and down on "and," just as you count in first playing the piano. Next swing the rod up straight over the head and on the counts, drop it behind the shoulders, still keeping the hands the width of the chest apart. Raise the rod on the "and" and drop on the counts and finally alternate, dropping the rod in the front on the odd counts, 1, 3, 5, 7, raising it over the head on the "and" and dropping it behind the shoulders on the even counts, 2, 4, 6, 8 and resting eight counts before repeating the exercise. This is not fatiguing but excellent in results.

Summer Salads of Many Sorts

THE first requisite of a delicious Summer salad is French dressing. Boiled dressings or mayonaises are rather heavy to combine with fresh vegetables. The real French dressing sounds like a complicated article, but it can be made in quantities, poured into a covered jar and kept on ice indefinitely. Its flavour is truly delicious and far above the simple mixture of oil and vinegar which generally passes under the title of "French dressing."

In a deep china bowl, place a level teaspoon of Oriental curry powder, half a teaspoon of English ground mustard; a light saltspoon of cayenne pepper; one teaspoon of parsley, fresh, finely chopped, washed and drained; half a teaspoon of finely chopped, fresh chives; two medium shallots, peeled and chopped; one-fourth of a small bean of garlic finely crushed; four teaspoons of salt, and one light spoon of white pepper, the rind of a quarter of lemon, finely chopped. Mix these ingredients together firmly with a silver or wooden fork, and then add a

tablespoon of olive oil that has been chilled, and mash until this mixture is a pulp. Add gradually four tablespoons of good white wine vinegar, mix thoroughly again and add more vinegar and oil in proportion of two-thirds oil to one-third vinegar, until you have a quart in all. Press through a fine strainer into a stout or glass jar and set in a cold place until ready for use. Always shake the dressing thoroughly before pouring over a salad.

A New Geography Game

ANY number of players up to twenty-six may take part in this game. Seated in a row, one selects a letter of the alphabet and answers whenever a city or country commencing with that letter is mentioned.

As soon as the girl has learned to walk, the next few simple exercises for her shoulders.

held the fourth seat should miss his turn when "Syracuse" was called, he would go down to seat M and M would be his letter. If the one who chose S, taking up straight as his letter; R would move into the place of H, taking that letter, and so forth. This makes this into a school game which will be very useful in learning the location of cities, the plan can be changed as:

At Cambridge he was one day late, Fly for this in Massachusetts State. He now in Lowell seeks his fate. The one who chose L will reply: At Lowell he was one day late. This, too, in Massachusetts State. He now in Brooklyn seeks his fate. The changing of seats and letters makes the game very exciting.

IF PERPLEXED IN MATTERS OF DRESS, beauty or etiquette, write to Miss Dean, Miss Morton or Miss Standish, care The Sunday Oregonian, enclosing self-addressed and stamped envelope for reply. This is a quicker method than having your question answered in the columns of the paper. Besides, you receive a personal, intimate answer. Be careful to address your return envelope accurately. Letters come back to us every day, stamped "insufficient address" or "party cannot be found."