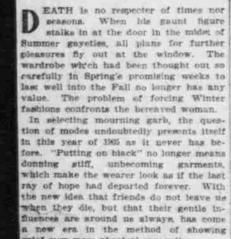
EATHER WITH

GRAIMENT IS

UNG QUES



lef over mere physical separation. Very deep mourning, as represented by teps, is worn only by the closest rela es, and then for a short interval. Where crepe is employed in any way, not ne bit of brilliancy should be allowed to any part of the contume.

roast in the August sunlight. The result is a blistered skin, the pain of which is borne for the sake of acquir ing the correct seaside tan. Wher there is a latent tendency to either ec zema or erysipelas this is a sure way to develop it. Many a case of these afflictions has been traced to just such causes by observing physicians. The care of the ear is most impor-

ON HAT HALF -MOURN IS

> tant when bathing. Many girls imag-ine that if they stuff their ears with cotton, all danger of trouble is averted. These girls shoud watch their young brothers at the first swimming lesson It seems born in a boy to hold his nose when he dives into the water, and this is what every fair Summer girl should do, cotton or no cotton. As long as the head is under the water, close the nos trils firmly with the thumb and fore finger. When swimming or floating with the head above water, this is not nec-essary, but it is particularly essential when diving through the surf of a branker. When the water is driven into the nose, it runs through the Eustachian tube, causing an inflammation of this delicate organism and of the inner ear also. When the water rushes into the outer ear if drives the wax against the gar drum. The result is temporary or permanent desfness, due principally to catarrhal conditions.

The Summer girl who can retain her wits in time of emergency is invaluable at hotel, or camp, on boat or on train, for much can be done before the services of a physician are secured. Here dicated by are a few invaluable tips to the girl an instant who can think and act quickly:

Cinder or Foreign Body in the Eveby a recently bereaved Do not allow patient to rub it, nor use a soiled handkerchief. Get a bit of surmatron. Dull black crepe de Paris formed gleal gauge or absorbent cotton or a clean camelshair brush, evert the eve-itd with the left foreinger and remove cinder with gauge in the right. If the above the wound and not below it. an exceptionally full skirt laid in fine pleats at the waistline, with a plain, shaped panel at the middle of the front. A hand of crepe de Paris edged on either the fever by applying clean compresses on the forearm; if the cut is above

immediately to a shady place. Lay flat with head on a level with the body and loosen all tight clothing. Poul cold water over the head and face and apply ice bags or cloths dipped in ice water to the body

For Fainting-Lay the patient flat oesen all bands, collar, etc., and hold back the bystanders. Air is all-essential Bathe hands and face with cold water and on revival administer isa or coffee, but no sicoholic stimulant without the

onsent of the patient's physician. Hiccough.-Severe cases demand dras-tle treatment, such as hot mustard plasters laid directly on the pit of the stom ach. For milder cases cloths dipped in either hot vinegar, brandy or whisky will sometimes give immediate relief. Polson Attacks Peculiar to Eating Fish

or Canned Goods.--Give an emetic such as warm mustard water, a powerful pur gative, such as a big done of castor off and after these have worked and the reaction set in, give a stimulant such as not coffee or brandy or whisky.

For Sprains .- If the ankle is sprained rest is all-important. Handage the part and keep this bandage soaked with water as hot as the patient can bear. For a sprained wrist, bathe with very hot water, then apply a padded splint and put the arm in a sling.

Nose-bleed,-Lay sufferer on his back with arms elevated above the head and apply the coldest water obtainable nose, forehead and back of neck. Bleeding From an Artery.-This is water obtainable to

dicated by spurting red blood, and not an instant should be wasted. The most common accidents in camp and mountain life occur to the arteries in arms and legs, and the simplest four used for stopping the flow of blo This is applied between the cut and the heart,

WITH -CREP ULTON

LOURNOVC HA

Ik or chiffon is worn, it must have an extremely dull finish. Gloves must be of dressed kid, shoes of the dullest leather nd the only form of jewelry permissile is the dead jet. There is but one releving note for deep mourning and that is thite crepe. This is employed to soften otherwise severe hat or to finish the ck and sleeves of a blot

Among some late models of graceful, coming hats and bonnets for the early eriod of mourning is a wide-brimmed sape evolved from fold upon fold of enter-proof crepe. Quilla of crepe and crepe bow adorn the front of the crown d extend to the left side, where they seet the partially upturned brim. At the ack of the hat the brim is shaped down the head, and from it falls two large ares of slik net bordered by six-inch olds of crepe.

Another mourning hat is built on the orpedoboat shape, which has proven to so becoming to certain faces. A wide, laited frilling and rosette of crepe trims he left side and an all-crepe well, with ight-inch hem, falls from the center of crown over the back of the hat in abot folds to the waistline.

Bonnets for holding heavy crepe veils ffect of a low diadem. the br dded with dead jet beads as large as the crepe finishes it in front.



the thumb-nall. For young widows both ; After laying aside the creps hat and about the wrists and neck with hem-Bonnets for holding heavy crepe vells re built on quite as becoming lines. A rey smart model for an older woman is the shape of a Marie Stuart toque. A striking example of an all-white mourning hat shows a wide brim the upturned brim of crepe, which gives the effect of a low dindem and the rime. indem, and the rim creps. Bands of while creps make up the As all straw hats are being worn later fits the head, are crown and a huge, wide-spreading bow of in the season each year, the woman who

n dull finish will serve until late in No side by vember. With this is worn a fine mean net veil, bordered by three or four folds of rreps, or simply by neveral rows of surah finished the bottom of the skirt. Around ribbon in graduated widths. More becom-ing than the plain much is a net showing the squares of the mesh meeting at inervals in tiny black spot. This is called

As soon as the problem of the hat is settled, the article of most importance is an all-black suit which will do service well into the Fall. Various weaves of mohair bid fair to be exceedingly popular for the Autumn months, and the woman who is purchasing her mourning suit can choors no material which will prove more satisfactory than a mohair sicilian in dull black. Rumors from Paris say the fashionable length for the new jackets will be to the hip rather than the three-quarter length of last year's coat or the waist length of the Summer's bolero. Skirts are made simple, save for two or three wide tucks at the knee line or above the hem. Black skirts, however, should always clear the ground, as they are so difficult to keep clean. Trailing gowns are not the up-to-date insignia of grief.

The proper waist for this tailored suit is a china slik, simply made and finished

inge of stitched cuffs and collars of white linen choose laundered with very little starch. It is in the hours gown, which has be-come indispensable to the modern wo-man's wardrobe, that, the all-black cos-As all straw hats are being worn later in the season such year, the woman who must purchase black at this sesson will a marvel of fine handwork and deficate. Some must black at this sesson will a marvel of fine handwork and deficate.

soothe the bowels

the V-shaped neck of the surplice bodice was laid a fichy of fine India lawn, outlined by double ruches of the same. A band edged with lawn ruches of the same material finished the puff elbow sleeves and a voke of sheer Chantilly lace filled low-cut neck. One of the smartest examples of the late

lace. In the matter of material, crope de Paris takes the lead, with heurietta cloth as a close second, and among women who like clinging effects there is a lingering fordness for yould and orang do ching.

Wonderfully graceful was an afterno

frock worn

us for volle and crepe de chine.

Summer fashions is a tunic frock which promises to enjoy a tremendous vogue during the coming Winter. The skirt of henrietta cloth shows the new circular cut with a seam down the center of the front and a length which clears the ground by almost two inches. Over this skirt to the knees fails a tight-fitting princess tuffic. finished at the bottom in scallops edged with dead taffeta ribbon. From the waistline up the tunic forms a suspender bodice to the bust, with straps over the shoulder holding full elbow sleeves. A

yoke of white lawn tucked in pin tu very close together and half slee the same cover the neck and arms. For evening wear a fine black com pletes the me pletes the mourning outfit. of these frocks are shirrred daintiest hany times about the waist and finished with ruffles and many ruchings of the same. A lus-teries: black slik forms the foundation, and ruchings of dead black taffets ribbon with a wide sash of the same give these simple frocks a dressy appearance.

A becoming neck piece for mourning wear is an eight-inch fold of dull black chiffon shirred with tiny headings at in-tervals of an inch and finished with a deep fold at the ends. Sweet pea biossoms made from the same chiffon dangle

day's work.

Hints for Relief of Excessive Perspiration JH Home Remedies for Summer Intestinal Troubles.

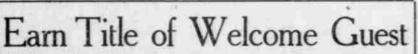
numerous cases of catarrh, hay fever, asthma and pneumonia directly to colds acquired during the jaunt to mountain or seaside. A persistent cold in the head should be treated like incipient catarrh, with a laxative for the bowbefore going to breakfast, and soon after this meal return and tidy up the room. Never allow clothes to lie els, a tonic for the entire system and local douches of salt water. The girl who is "subject to colds" should never around on chairs, and be careful about go out after nightfall, even in the laying hair brush and comb on a spotwarmest weather, without protecting head and shoulders; and the girl who less bureau cover. is similarly liable to attacks of colic, cramps, acute indigestion, etc., should wear a lightweight abdominal bandage broken friendships which occur be-tween women during a visit. One is trying to suggest to the hostess any of either fine all-wool or silk-and-wool changes, however slight, in her house-hold management. No matter how This will prevent the sudden chilling of the intestines.

much you may discover going to waste or where confusion could be avoided by a little system, do not mention this to liarly subject to Summer ailments. Do not bathe the first day after your arthe woman whose hospitality you are enjoying. She is doing everything in her power to give you a good time, and rival. Give your system a chance to accustom itself to its new environment. This hint comes from an experienced she will resent any such advice, wheth-er it is asked or not. The other cause of hard feeling is ar-Summer resort physician. He also states that the first bath should be short, then increased daily, and at no gument. Each family has its own fixed views, especially on religion. The home is the place for them to be expressed time should it be taken under three

a deep ruching of the same

Two things cause the majority of

dipped in ice water and bathe the eye at intervals of anyour or two with a very weak solution of boracle acid. elbow, apply between the cut and the shoulder. The same directions apply to the leg-always above the wound. The Patients frequently suffer ten or 12 windlass is made by placing a ball or a hours after a cinder has been removed. Foreign Bodies in the Ear (a frequent accident in camp where there are chliarcident in camp where there are chli-drenh.—Drop a few drops of warm olive oil into the ear to prevent pain and take the patient at once to a physician. Do not attempt to remove the object. You may only prash it further praims the drum, while the oil will profin it is make ing further progress topind the drum. For Choking—Bend the patient for-ward, with face do n and slap violently on the back. Sever pound the back while the sufferer is in an upright posi-tion. You merely increase his danger. For Sunstroke.—Remove the sufferer



T HE first duty of every guest is to adapt herself to her surroundings. Get into the spirit of the home where Always go to a house well equipped

Get into the spirit of the home where you are being entertained. If the fam-ily is in the habit of getting up an hour earlier than you are accustomed to, don't turn over for another nap and get and ink just when you want to write your home letter. A miniature sewing outfit and shoe polish rags, etc., are to the breakfast table just as every one else has finished. This is the time of essential also. year when flies are a pest, and keeping

Do not go off with other guests on an excursion of your own planning. Your hostess has the first call on your time, the breakfast warm delays the entire

and it is her privilege to know just where you are, and to have the pleas-If food is served that you do not care for, try to eat it during your stay. ure of your society when she is at lib-Nothing troubles a hostess more than

Make a point always to take your leave when the time is up for which you were invited. There may be other cupy your morning hours. This is the guests following close on your heels, and the continual urging to remain may be simply a means of showing you that the family has enjoyed your visit. Let them feel that they really want you to come again

Roosevelt's Ten LL. Ds.

Even before receiving the two doctaates conferred upon him recently, The dors Roosevelt had a larger collection of college degrees than any of his predeces sors in the office of President of the United States. Including his B. A., taken in his course at Harvard 25 years ago, he has now had bestowed upon him ten titles to distinction of this kind and is privileged to write after his name eight LI. D.'s and one L. H. D. The total is just twice the highest number of honorary degrees given by the colleges of the country to any of his predecessors. Washington, Jefferson and McKinley each received five degrees. John Adams and Hayes each received four. Grant received three.

He Never Ate Dirt.

Ex-Senator William F. Sanders, of Montana, who died recently in Helena, was a noted character in territorial days. He was never known to "take water." and was proud of the fact. At the funeral of a friend on one occasion he said to a fellow pallbearer as they turned away from the grave: "Some day they will bring me out here and throw dirt on me, but ment. If one sister wants to go pic-nicking and some other member of the household insists upon staying home to play tennis, remain neutral until your wishes are consulted. Should more ominous discussions arise, it is a guest's duty to leave the room until the

Hot-Weather Ailments and Emergencies HIS is the month during which after washing, rubbing it well between brands, but are well worth the invest-

yance and suffering by stopping to in which alum has been dissolved. They ink twice before she acts in the inrest of what she calls pleasure. There also many trifling Summer aliments hich a girl can treat without the ald then the pawder whose for-mula has been given above, or if there is no odor merely excessive perspira-tion the point talen or starch powder the family physician, for many girle ray from home do not like to consult

strange practitioner. Perhaps the Summer allment which mes unhappiness to the largest ther of girls is excessive perspiram. This may be divided into two ses, odorless or natural perspiram and the malodorous sort, which is these sensations can be relieved by a ther a disease in itself or a symptom nightly foot bath in tepid soda water. mailmens.

ome girls are annoyed only by exive perspiration in the paim of the nd. When this girl washes her hands should use bay rum or alcohol in water, dry them thoroughly and a bathe them with-this lotion: Eight can be traced to weakness for which dine tannic acid to four fluid ounces hay rum. She should never attempt wear kid gloves in Summer, as one Bathing the axilla or hollow under

physicians at Summer resorts, as well as in town, reap the greatest roffite from the follies of the Summer it. Many a girl can save herself an-bythed night and morning with water oyance and suffering by stopping to tion, the plain talcum or starch powder may be used The stockings should be changed at

least twice a day, and it is a very easy matter for the girl to rinse out her stockings each time after they are worn. She must have a variety of shoes well also, so that her footwear may be dry and well alred. When the foet show a tendency to swell and become tender the little glands which should give forth tendency to swell and become tender.

Excessive perspiration in the region of the armpit causes many bitter tears for the girl of dainty tastes. All the talcum powder in the world would not relidve this affliction. It must be treat-

powder takes grave chances of starting up some annoying skin disease by choking up the pores with powder. "The girl who never perspires" is en-vied by all her feminine friends and complimented by members of the other ance. In reality this girl is in greater danger than her sister who perspires too much. The absence of perspires too much a tendency to various disease.

It such a girl is languid she will do perspiration, but which are in a torpid condition.

Another affliction, trifling in name, but agonizing in sensation, is hives. This usually indicates overheating or too thick blood, and the old-fashloned remedy of sulphur and molasses is frequently given for it by old-school mothers. The lowels should be kept open by the use of a gentle laxative, and if the irouble can

be traced directly to the stomach, both the stomach and the bowels should be cleaned or flushed by the lavish use of

and half ounce of ointment of rose water. | dread appendicitis or peritonitis may be in store for the patient

ways has two corsets in Summer and wears them alternately. The batiste corset is most sanitary because it can be washed with the least trouble. Summer traveling and the mild dissipa-

The visitor at the seashore is pecu-

by rum. She should never attempt wear kid gloves in Summer, as one pearance will ruin these gloves and her them useless. Waite or tan-lored fabric gloves are better for this of than black slik, as she is peculiarly bleet to poisoning from the dye in the use of the shields, and very often the soft a shield. Masable shields rely and emit an unpleasant odor could dust them with this powder and talked over. The guest should re-spect this and keep her opinions and beliefs for her own home. Never enter into a family disagree-ment. If one sister wants to go pic-nicking and some other member of the

around the wälstline, corsets and tight hands must be discarded until relief is se-Incidentally, the wise Summer girl al-

tion of seaside and mountain resorts bring about a great deal of stomach trouble. Most of these aliments can be traced di-

rectly to constipation, due to the change of water and food. Castor oil is the best of all cathartics, and it can be bought by the dose at a drugstore, so cleverly concealed in a soda mixture that it oc-casions no distaste on the part of the patient. The hot water remedy mentioned

hours after eating a hearty meal.

above is excellent for reducing constipa-tion, and olive oil, taken a teaspoonful night and morning, will stimulate yet For billious colic, cramps and diarrhea those horrors of the night-time, the treatment for an adult should be very much

to have a guest refuse what she offers at table. Find some reading or sewing to octime when your hostesses, both mothers The Summer cold is another ailment not to be triffed with. Physicians trace and daughters, have household duties to perform. They have reserved the afternoon and evening for your enter-tainment, and if you are busy at some-thing, they will not feel they are neglecting you during the morning. Where there is no servant, open your own bed