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THE OPTIMISM OF GREATNESS VERSUS THE DOUBT AND FEAR OF MEDIOCRITY 2 2 2 2 2 2 2 2

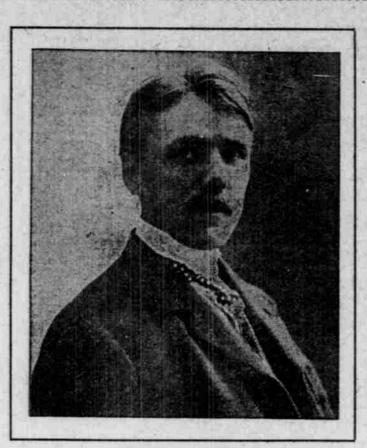
Text-I hear the tread of coming rain. MONG the great men who have made history we must make a large place for the prophet of a new era Elljah the optimist. From every point of view he was the outstanding man of his time. Single-handed, he stayed the move ment toward idolatry, turned the stream of superstition and idolatry back in its channel and recovered men to faith in theism. For that reason he shares with Moses the honor of being associated with Christ in his transfiguration scene. Elitah differed from the great emancipator, Mones, however, in one striking particular. If Moses was a constructive man, who ushered in new institutions, Elijah was essentially a destructive nature, overthrowing old and bad customs. As such he was the typical reformer, rough, of granite-like endurance, a narrow man, narrow enough to have a cutting edge; a broad man, broad enough to have weight and momentum. His symbol was the fiall for separating the wheat from the chaff, the knife that cuts away the wound, the tongue of fire that consumes all evil.

Like John the Baptist, he was an ascet ic, dwelling in the desert, wearing a coat of skins, and living on locusts. Like Bernard, he broke with his sovereign, and was hunted over the hills by the soldiers of his King. Like St. Francis of Assisi, he was a prophet of the open air, in the stroke of the whilelwind discerning the stroke of God's footsteps; yet like the Mystics, he recognized God's footprints chiefly in the still, small voice. In an era when the King and Queen headed the reactionary movement toward the worship of Baal, Elijah braved public opinion and stood out boldly against the political leaders. It was as if one man should go with naked breast against an army of soldiers armed with spears, and his naked fists beat them down When he was 21 years of age, Abraham Lincoln wrote these words in his journal: "If at any time my soul expands until I feel that I am the son of God, it is in the hour when I imagine myself standing up alone in the face of all the people who try to frown me down. It is for others to say we are the last to desert our unity. I will say I never deserted her." And Elijah was the forerunner of our great Emancipator, sublime in his optimism and in his faith in justice and in God.

A Dramatic Scene.

scene is which this doubting servand find this optimistic prophet play their in a is one of the most dramatic They are appalled by the might of cruel A history. For months the clouds had wealth and organized corruption. They withheld their rain. The heavens were think the forces of evil are steadily waxhorses and the carth iron. Through flerce-ness of heat the sun had burned the grass flourish like the green hay tree. The into its roots shriveled the olives and figs upon their trees, made the Jordan itself But this voice is the voice of mediocrity. sinuous thread of heated and bare stones. All this, too, in a land where hope in God. "What do you see?" said harvests meant water and drouth meant one to the dying hero in a dark hour for famine for man and beast. In their de-spair all the people rushed together before soul, "What do I see? I see Jerusalem the King's palace. In their fear they excialmed against God: "He has forgot-ten his promise; he said that Summer ing upon Rome. I see the Lord arise to and Winter and seed time and harvest go forth and smite his enemies." And should not fail; but they have failed." | the hero conquered by faith in that God With one accord they turned toward who subdues all enemies by sheer weight tdolatry, rushed to the altars on the hills of love. and offered sacrifices to Baal. Then stood forth the man of God. Men jeered and scoffed, but Elijah wrapped his mantle about his face, and, though there was no stain of vapor in the air, he answered:

"I hear the tread of coming rain." Going apart from the people, the man of God and the martyrs. In the book of Nasent his companion to the hilitop to look | ture he speaks through the laws of for the approaching storm. Six times he light and heat. Among the nations he returned to answer. "There is nothing," speaks through events in their causes and six times Elliah, with hands upon and sequences. Let history, therefore, his knees and face within his hands, not utter her voice and speak, enforcing



REV. NEWELL DWIGHT HILLIS.

"The cloud is black, but light is behind ; that men said "there is nothing"? it. These are but the whisperings of his wisdom, the full thunder of his love who can understand." And here is Elisha, that very hour, when weak men trembled, hunted by his ensmies like a partridge as did Elijah's servant, the great men o'er the hills, and at last driven to cover could answer, "I hear the tread of comin a little village. His companion ex-ing rain." In the hour when other claims, "There is nothing!" but when the lights were extinguished, the star that young man's eyes are opened, lot the made others dim by force of brightmountains are filled with the charlots ness arose; when intellect perished, and the horsemen of God. And here is the supreme intellect of all the ages the despondent prophet, who exclaims. stood forth to teach. Where had been "I alone am left! Now take away my the uncleanness in palace and slave stood forth to teach. Where had been life." And, behold, there were seven market, was heard one saying; thousand who had not bowed the knee to "Blessed are the pure in heart." After Baal. Here are the possimists of today. Anthony had put to death his greatest Plainly Christianity could be no longer enemy, Cicero, there came a teacher "Love your enemies: pray for and the more patriotic and the more faithwealth and organized corruption. They saying: them that despitefully use you." To a ful to the Roman law, the more mealous generation that looked toward death as in persecution. Diocletian made a stand an awful plunge into darkness, came for his nation's faith. The old Roman's troubled; in my Father's house are sword and went forth to exterminate. The The great man today stays his heart on many mansions." Verily it was darkmany mansions. Verily it was bark est just before the dawn. Verily the light burned low, only that it might flame up in new and unwonted brilliancy. Surely the events of that epoch falling upon the Christ; I see Rome fall have justified the optimism of the great souls that answered doubt and fear, the tread of coming rain."

Beginnings of Christianity. Then tures and thirty years passed

There canie a time when fear away. seemed to have a right to say: "There History is God uttering himself is nothing." The last year of Christ's through events. In this divine book he ministry was drawing to a close. The speaks through the experiences of difirst year of his teaching was the year vine souls, the prophets, the spostles of public curiosity. The next year was the year of popular favor, when people pressed and thronged about the new

Teacher. During the third year of his ministry he went into the remote region of Tyre and Sidon, and into the country beyond the Jordan. To those even lifting his face to look toward the this principle. Perhaps events will de- who sat in darkness he preached the ng king dom of righteousness and love, set up in the city of man's soul. It was true that the leaders feared him, and that conspiracy to compass his overthrow. It was also true that he had won the common people heard him gladly. With what expectant hope looked he orward to the coming of the passover. For the disciples and their Master events seemed propitious. It happened, also, that the passover year was a favorable one for the incoming ed as the Jewish passover system. Once each year the Jews assembled for two weeks in the home capital; merchants from the East, the bankers from Alexandria and Antioch, the financiers from Ephesus. A full half million people were assembled in Jerusalem and their white tents covered all the bills round about. For two weeks the people listenel to the great rabbis, who returned from many a distant town to unfold the Messianic scriptures. At last the ripe hour had come. Every moment was big with promise and also Jestiny. When the people met their Master with ho sannas, strewed palm branches in the way and brought him in with banners and trumpets, the disciples entered into their full victory. Then when a few days passed, lo, every hope went crashing down in ruin. It was as if some satanic Samson had bowed himself to pull the temple of Jewish civilization down upon the Christ and crush him midst the universal ruta. First, the chief priests made common cause with the Roman governor. Then the great teachers from foreign cities grew cold and doubted. Thereupon the common people caught the contagion fear, and they, too, fell, away. When rooms that have been filled for cenall passers-by frowned upon him, he his twelve disciples into an upper violence and murder had stilled the room, but even this company began to voice of the last great speaker. Julius fall in pieces. First, Judas took his Caesar was slain 44 years before the sop and was gone into the night. Then birth of Christ. The next year that Cicero, whose motto was "I try to make Christ foreshadowed the denial of Peter and the flicker of fear on young John's face. He felt that even this loved disciple would soon follow afar off. Six hours later he was alone in

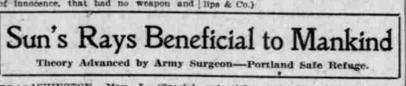
ld not resist. When the duel was over, Christianity, like a young girl, bore the wounded knight in her arms out of the arena, and healed his wounds, and nursed him back to life again. Meanwhile the force of persecution had driven the disciples over the Alps into the forests. where dwelt the Germans. Westward into the borders of Spain and England, eastward toward the Ganges, south toward the head waters of the Nile. eastward toward the Ganges, Again, if in the hour of persecution, fear and doubt, said, "There is nothing." the the next 40 days. The disciples are back, henceforth a solid band, unyieldfaith and optimism of greatness answered, ing as rock. With them have come the "I hear the tread of the coming rain." great company of three thousand. Three days later there are five thou-

Hope Safer Than Fear.

Twenty years later they are two Pass over the centuries familiar to u hundred thousand. A century later all. Recall only for a moment the darkthere are two millions. And now, these disciples, each with a torch in his ness of that era when the Florentine hand, are marching straight away from monk was burned, only to be followed Jerusalem into every corner of the by the era of faith and light; the time earth, that they may kindle a fire, that of drouth that fell upon the land of the will never die out, upon the altars of Huguenots, to be followed by that burst the human heart. Verily again events of enthusiasm and faith unparalleled in have justified the Man of God, who an- history; the time of Luther, when there "I hear the tread of the coming rain." was only a German monk to stand up against the excesses of the age of indul-"I hear the tread of the coming rain." gences. Though a generation later this A Dark Hour and the Bright Hope.

monk had given Germany a new lan-Now pass over another century. Let us guage and ushered in the great modern not speak of the era of that Nero who Protestantism. Come on to the time of our own Puritan fathers. It is the time slew Paul, and led his guests through of Charles the First. The church his gardens that at night were lighted up grown rich; it has lands; it has gold and silver. Its pope lives in a palace. When by rows of Christians wearing coats of burning pitch Come to the era of Com- the Prince is welcomed by that pope the modus and Diocletian. Unnoticed and demagnate lifts his jeweled fingers and spised, Christianity has been growing in points towards his coffers overflowing secret. It was a leaven that worked siwith coin, saying, "The day has gone lently, but it worked, and, ob, how rapwhen the church must say, silver and idly. It had its initial impulse from the gold have I none." To which the Prince Apostles, and from men like Paul, who answered, "Yes, and the day has gone also when the church says, rise up and went with quenchless enthusiasm into the huts of slaves, and into the cells where Wishing to gain the power of walk." gladiators lived, who assembled the sol-diers in their camps and brightened many gold, the King becomes a spiritual lord, passes acts of uniformity. He order a stormy night. In this life the poor prayers to be written; assumes the right had no hope, and they gave eager hearof sovereignty over every man's con ings to these measurgers whose souls were science. And when the people rebel the overflowing with hope and joy. Also the King lifts his mailed hand to strike. In wise word of Christ, the beauty of his London the great scholar and pastor was parables, his stainless life, the winsomescourged in the market place and his ness of his love, his enthusiasm for pubears cropped off. On a single day 400 pas lican and sinner, and the high hopes of tors are led from their homes in chains the life beyond that he held out melted Sir John Ellot dies in London Tower. all hearts. Could we go back to that far-off scene we should see many an old John Bunyan goes through Bedford The women in Scotland are Prison. disciple in the darkness, surrounded by staked out amid the rising tide. Our forefathers leave their manor houses, their lands, their native land. They make the tears fall on furrowed cheeks all untheir way to Holland, and when life there used to tears. The scholars went over is no longer tenable they march down to first, and secretly, and the poor followed the sund, fall upon their knees, commit hard after. Last of all the middle class themselves to that God who holds the began to move. By the year 120 the memsea in the hollow of his hand, and sail orabilia of Christ had taken final form in forth to meet savages, Winter, famine, the Four Gospels. By the year 140 Celsus pestilence, that leaves half their number and Lucian and the adherents of Jupiter dead, lying under the snow, ere the first and Apollo had become alarmed, and Winter had passed. All over Scotland turned the whole force of their wit and and England and in the new colonics ridicule against the new religion. Then doubt and fear exclaimed: "There is the Emperors began to feel alarmed. nothing left; God has forgoiten; oppression is rewarded; righteoumess goes to ignored. The better also the Emperor, the wall." But midst the fear and the darkness our Puritan fathers answered with the optimism of greatness: "God is abroad. He has not forgotten. We hear one saying: "Let not your heart be spirit put on its coat of mail, whetted its ful, but we shall become a great comthe tread of coming rain. We are a handpany." And when Fear said, "There is conflict between the two was like a duel no future for us," 'lifting his hand to his ear the Puritan listened, and in the op-*T timism of his greatness answered: hear the tramp of coming millions, keepsaid that the Roman spirit and the Chrising step with God's footsteps and leading tian faith entered the amphitheater and the hosts into the promised land." And the gates were shut. The noblest writers, now behold. Wisdom and knowledge have

saying: "In this our drought I hear like Origen and Justin Martyr; the great- | come in like a flood. This band has beand Felloitas, were burned or tortured, or torn by wild beasts or tossed on the horns of bulls. The flauges of persecution were exceedingly flerce. If the heavens gave here any rain, the drops were red with bleod. And in the sands of that arena the cruel knight fought with the spirit of innocence, that had no weapon and est heroes, like Polycarp and Ignatius;





Color Zones for Americans

Dr. Woodruff divides the United States into color zones corresponding with those to which the races became accustomed in the Old World. In their try receive just the amount of short light rays that their pigments allows

equator is our lowest cold zone, in-cluding the peninsula of Florida and a This is the proper belt. The center of his popusubject of letting the light stream into the living-rooms and consequently suf-fer from all kinds of nervous effects

same as lower Egypt, where negroes must eventually die out. This belt is wholly unfit for whites of any complexion. South-ern white families who do not leave it and go North every Summer become en-feebled. Indeed, degeneration and extinc-tion is the rule among them there, he finds.

Our zone for only dark brunettes and

can flourish

Small Corner for Blonds.

Const.

blonds will thrive also in Southwest

New Mexico. Cloudy days are found to

Outside of the forest-clad mountains with their misty air and foliage, which combine to filter out the short rays bom-About 20,000 B. C. some of the long-beaded Europeans, pressed at the rear from Central Europe, had gotten into Scandinavia. The glacial ice sheet had

cept as a healthy place for bacteria as

Our zone for only dark bruncttes and people with olive skins iles between the 35th and 60th parallels. This embraces the states where the negro does not flourish and was not profitable in shavery days, it is the zone of Southern Spain, Southern Italy and Greece. North of the 49th parallel is the re-maining northern half of the United States, whose boundaries reach only to 40 degrees. In this zone only the bru-nette immigrants from Central Europe can flourish.

our Pac

well as man. We Have Gone Light-Daft. "We moderns of the intelligent proper zones immigrants to this counlasses," says Dr. Woodruff, "alone violate the mother's instinct to hide away in the dark with her baby, and we rutheasly thrust it out in the sun's raysactually strapping the poor little sufferers into their carriages and torturing them with the direct rays of the sun, pouring down upon their faces. bit of Southern Texas.

neers in this country thrived in "dug-outs." A dark house is not harmful, ex-

them to withstand. If any race over-steps lis zone, degeneration must re-sult, as it is already resulting. Between 25 and 20 degrees from the Every now und then a physicion has to call attention to the damage done. We are the only people who have gone daft on the subject of admitting streams of

powerful light into schoolrooms and latton has moved southward 475 miles nurseries—far more than is necessary to see well. We are also daft on the since 1790. Our color zone where only brown, red and yellow men can thrive lies between the 30th and 40th parallels. It includes our southern tier of states and is about the

Light in Evolution-Two Edens.

Light rays have been powerful factors in human evolution, the surgeon opines. The first men were brunettes,

wholly unknown to our ancestors, so careful to keep the blinds closed. In each case—light or caffeine—too much seems to be harmful, for they are pow-

erful agents for destruction

came across from Asia and overran al-most all of Europe, except Southern Italy, parts of Spain and Scotland.

They overpowered the native long-headed brunettes, but their descend-ants have never become blonds.

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horizon, answered: "I hear the tread of termine whether there is ground for coming rain." Returning the seventh the fears and doubts of mediocrity. and whether or not the conturies have time, the youth beheld a cloud rising like unto a man's hand for size. But the cloud justified the optimism and faith of grew and overcast all the sky. Then came great men. The generation that lay before the coming of Christ was an era is rush and roar of wind that cedep the storm bursting o'er the land. of fear and doubt. It seemed as if In long, signifing rays the clouds poured every intellectual torch had been exforth their treasure. That night the King tinguished, leaving the world in the in his charlot rode wheel-deep through night of ignorance. Slowly all the

What History Says.

And Elijah was the forerunner of our great Emancipator (Lincoln), sublime in his optimism and in his faith in justice and in God.

The new times bring new men, but to these new men they bring the old experiences,

History is God uttering himself through events.

Never was such a system of university extension invented as the Jewish Passover system.

The Roman spirit and the Christian faith entered the amphitheater and the gates were shut.

But midst the fear and the darkness our Puritan fathers answered with the optimism of greatness: "God is abroad. He has not forgotten. We hear the tread of coming rain. We are a handful, but we shall become a great company."

And now behold. Wisdom and knowledge have come in like a flood. This band has become a host. The millions knock at the gate of this republic. Liberty rejoices: Humanity is glad. The poor are become too strong to be oppressed. All the nations have gone to school to the republic. Verily doubt is mediocrity. History scorns pessimism. All the great are optimists. For it is always better farther on.

the overflowing brooks. The Arabs have | stars burned to ashes, like a candle a legend of Ellijah and his servant. "We flickering out in its socket. In Syria are two," said the boy, "and King Ahab the last of the noble Maccabees is dead. hath an army pursuing us." "We are In Ephesus and Athens the lecturethree," answered the man of God, "and one hour God can make the river to turies were empty and silent. In Rome, he a sea that divides us from our ene-"There is nothing." said the servant, and all the people answered, "There te nothing." But that fear was the voice of mediocrity, and that doubt was the speech of hitleness. "I hear the tread my enmittee transient and my friendof coming rain," exclaims the man of God. ships eternal," was beheaded by An-It is the optimism of genius; it is the thony. Three years later the great faith of greatness.

The new times bring new men, but to these new men they bring the old experi- sins, fell in death. Shortly atterwards ences. We have it on the highest author-

satirist, Horace, who tried to laugh the garden, deserted by all his band, his countrymen out of their follies and surrounded by enemies assembled to There is no the highest authority that "what has been shall be." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable." The hard is new, but the experience of Elliable have askill. "There is nothing her hard is new and for his news and the end have askill the experience of the hard is new end is not one post hand. The hore show to could still have the principle. Here are the him that hard is not one here who could still have the experience of Job, counselors of fear and doubt. They remind him that hard, surface, anabition, rampant to cause God and dia." Eut 30b is the health itself. "There is nothing left but no cause God and dia." Eut 30b is the sand every wirtue. What a mpirito course God and dia." Eut 30b is the sand every wirtue. What a mpirito course God and dia." Eut 30b is the sand every wirtue. What a mpirito to curse God and dia." Eut 30b is the sand every wirtue. What a mpirito is an of generate. The parameter of the same conditions is non that the black man. The principle. Here are in that how the same effect upon consumed every virtue. What a mpirito is consumed every virtue. What a mpirito is consumed every virtue. What a mpirito is an annew it is offent to black the out is optimism? Leap over in that how. Was his same effect upon consumed every virtue. What a mpirito is and field, by events? Was there solid is optimism? Leap over in that how the parameter is in the callers of the point constantes of the point c compass his death. Littleness would Virgil, too, passed away. The golden

HINGTON, May Special cans, like Hamlet, are "too much i' the the rulers and scribes were plotting a sun," are light-daft to an alarming degree, are nerve-worn and over-stimulated by sunlight; that the darker our attention of the spiritual and that the immigrants the further south they should settle, and vice versa; that there are but small corners of the United States where blond and black men can thrive, unless the former take to the mountains or to the Pacific Northwest; that the blonds have been the brains and rulers of the world and should be strangers. Never was there such a still: that they are degenerating besystem of university extension invent- cause leaving their cold and cloudy zone; that they should wear white outer garments and black underclothes in Summer; that there were two Gardens of Eden-one for round and the other for long heads; that the Adam and Eve of each were brunettes. These are some of the deductions to be made by Major Caarles E. Woodruff, surgeon, Inited States Army, in a forth treatise which, among man students, promise to be the scientific sensation of the year. Death Proportional to Sunshine.

> portional to its sunshine and inversely proportional to its latitude-other factors being eliminated." This rule Dr. Woodruff fits to the United States. The zenith sun of the tropics gives the greatest light, and the amount of rays per square foot of surface diminishes as we go north. But the further we go from the tropics the greater the layer of air which the rays must pass through to be absorbed before they

"The death rate of a place is pro

strike man. Some solar rays are polsonous to man. The slowest other waves are from 100 to 150 feet apart, and among them are those used in wireless telegraphy. are those used in wireless telegraphy. Shorter and faster are the dark heat waves, and slightly more rapid still are those influencing the eye, giving it the eensation first of red and then, as they grow still faster, of all colors of the rainbow up to violet. Those fast-er than violet i. e., the "ultra-violet," are invisible to man; although some hore restingt are then perfective and lower animals see them perfectly, and thus see in a room dark to us. The short violet and ultra-violet rays set up very rapid movements without be-coming heated. Among them are X-rays and radium rays, the latter sometimes penetrating an inch deep in metal.

Sun Rays That Kill.

Each ray has its effect on life. Those

out violet and ultra-violet rays. Correspondence of The Sunday deadens pain when held eight inches Oregonian.)-That we Ameri-like Hamlet, are "too much i' the pain of burns, rheumatism or pleurisy. Sealed glass tubes of radius kill young animals when placed upon their spines. X-rays can destroy cells, glands, blood vessels and even m Light rays also affect the emotions. There is a theory that the blue de-presses and the red gacites; another that those from red to yellow-the long ones-calm. "It is well known," said ones-caim. "It is well known," said Dr. Woodruff, "that red has a tremen-dous psychical effect on the bull, and it is generally acknowledged that red is more or less used for erotic purposes by the demi-monde. It is quite likely that red is superstantion of the sector of the sector of the sector and the superstantion of the sector of the sector of the sector and the sector of red is a general psychic excitant, as it is also to the retina. On the other hand the southing and depressing effects of red is a general psychic violet and blue seem to be in accord with their well-known anaesthetic ef-fect. It has been said that some manufacturers of photographic plates have been compelled to remove the ruby-red light and substitute another for the darkroom, because prolonged exposure

caused psychic irritation to the em-ployes. It has also been popularly sup-posed that men accused of orime in Russia and confined in cells so as to be

immersed in violet and blue light have been so depressed, mentaily, in a few weeks as to offer no resistance to the police investigation, and that if carried too far the depresation is permanent and may even result in profound, incurable melancholia. Light of various co ors is now being used in the treatment of the insame through its stimulating or soothing effect, as needed. It is said that some remarkable results have been reached at Ward's Island, New York. The diseased nervous system thus shows liself to be very suscep-tible to these short rays."

Darkness Increases Weight.

Livestock are found to greatly increase in weight if kept in the dark. one parent and eyes from another, but are reversions from ancestral mixed types. Blond skin and brunette hair Darkness is soothing. Bables are quieted by it. Man can do without light, "in types. spite of his fanatical faith in its abso occur together because some ancestral lute necessity." Miners live to a good race became pigmented on their barod heads, while their bodies were pro-tected by clothing, whereas that of the old age, generally. Paris sewer-workers, in spite of foul gases and germs. pure brunette went entirely naked durare as healthy as, or healthler than, ing their original evolution. Red hair may be the result of some flaxen-haired street workers. "The darkness, instead of injuring them, has apparently helped tham, for they have not been damaged by light waves. The employes of the London, Parls and New York subways will be better off in Summer than those exposed to the surface glare of the sirects."

may be the result of some matching more type's sudden exposure to slightly more light through clearing of skies or de-siruction of forests. The white bair of asg is just as opaque to harmful rays as black, but radiate less heat at the time when the body needs most to conserve it. Tanning and freekling are unbealthy signs that one is out of Dark houses are harmless, accord-ing to Dr. Woodruff. The houses of the hardy Scotch have always been small and dark. The early cavedwellers were are unhealthy signs that one is out of his proper zone. The negro has wide open nostrils and a flat nose to permi air currents to enter unimpeded. Com

receded and they found their asylum foggy, misty, dark and cold. There was a great destruction of the small. Portland, Seattle and Tacoma. The region conditions as the cradia of the conditions as the cradia of the blond race itself. The Winters are cool to cold and there is an average of only one sunshiny day per frail darker and stupid. The forests which had sprung up after the ice sheet had received afforded darkness, needed to filter out the short rays of light and to make man's hair and skin fair, his eyes blue. The rigors of the climate allowed only the most intelliweek. The white people there are surdly healthy" and the children most burst with rugged health." gent to survive. Thus was Scandinavia the cradle of blondness, superior intel-lect and the Aryan race. Later, from their Baltic home, the blond Aryans should thank God that they are protected from his sunshine," says the surgeon "Portland, Seattle and Tacoma are fairly bristling with brilliant blonds, with complexions which the Eastern people envy. flowed like waves all over Europe, submerging all brunettes met with. Be fore history opened they had become ern Alaska and even in the Adirondacks and Green Mountains; but in the sunny the autocracy and ro lands densely brunette. and royalty even At least 100.lowlands never. Blond Norwegian imm 000 and perhaps 200,000 years ago, some grants who settled in Illinois are found to be melting away from consumption. In fact, the American blond is degenerating physically wherever out of his small zone. brothers of our brunette ancestors parted from the northern cradle of the race and went toward the equator. They became black about \$0,000 years Everywhere in the country are examples of degeneration of Americans in general due to min-soning. White women almost after they started, although it took only 10,000 years for the Aryan blond to evolve from his brunette ancestors. invariably break down in Arizona and

Cause of Color and Features.

have a quieting effect on the neurotic people of Denver, who should have the complexion of Thibetans to withstand Man's color pigment is his natural armor against short solar rays, and its

their bombardment of short rays. tepth became proportionate to their Foreigners to Thrive Best Here. intensity. Hence the negro of the The Armenians, Slavs, Greeks, Huns,

tropics, where these rays are mos severe, is nearly jet black. Goin north, complexions gradually lighte Going ervians and Bulgarians now flocking to this country are the people who will flo as more cloudy, cold and forest-clad as more cloudy, cold and torest-clad climes are reached. But in countries which are light as well as cold men are red or yellow, which colors exclude dangerous short waves of light, but conserve those of heat. The Eakimo, therefore, is darker than northern peo-ole who live in darker climates. He ish here, because not deserting their zone whereas the blond immigrants are too far south even in Boston. New York is per-fectly suited for the Jews of Poland and Central Ebrope. The blond will, however, continue to stream over here from Europe and may learn to avoid the dangers of light. But ple who live in darker climates. He pie who have in darker climates. He must be protected against the long Arctic day and the fierce snow-glare, but yet must have heat. The Indian has not been here long enough to greatly vary his color. Mixed types do not inherit hair from one parent and eves from another but

to reduce his mortality so that his disap-pearance will be only gradual he must de-vise some artificial protection from light. To accomplish this his outer clothing for a Summer day should be white, or at least gray or yellow, to reflect heat rays. His underclothing should be black or yellow, preferably the former, which will shut out the short violet and ultra-violet rays not reflected with those carrying heat. The hat should be broad-brimmed and might well be lined with thrfoll, opaque to all solar rays. The hair should be long during the Summer when the short ray, are brightest

JOHN ELFRETH WATKINS. -

The Uhlan.

Ay, flutter, light pennon, away to the strife; On my tiniest finger I balance his life.

For Hugo's an Uhian, An Uhian so fine: His horse is the Kaise But Hugo is mine.

Thomas Walah in Century. Young Hugo's an Uhlan, An Uhlan so fine: His horse is the Kalser's, But Hugo is mine.

To the cry of the clarion rides he away Tis with softest of whispers I make

Though sunlight flash bravely on saber and

feel that he trembles in meeting my

teariess in battle my Hugo can area to the forman as tender to