

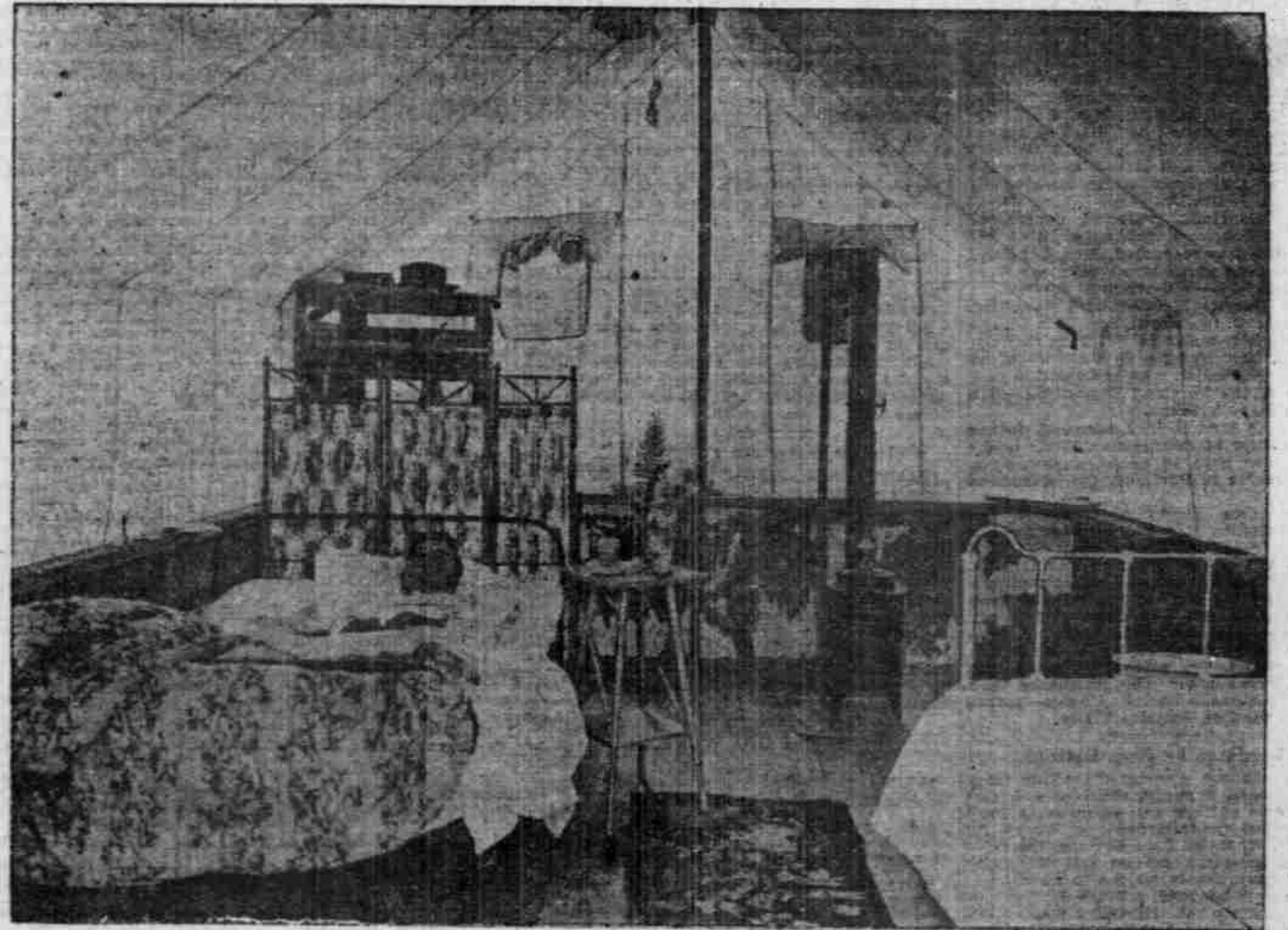
OPEN-AIR CURE FOR VICTIMS OF TUBERCULOSIS TRIED ON THE WILLAMETTE



GENERAL VIEW OF THE TENTS OF THE OPEN-AIR SANATORIUM.



PATIENTS AT DINNER.



INTERIOR OF SLEEPING TENT.

FAR up on the bluff overlooking the Willamette River as it flows past on its endless journey to the sea and in the midst of a virgin forest is located the Open-Air Sanatorium. Surrounded by nature on every side, with scarcely a reminder of the great industrial development of this country and several miles from the rush of business in the metropolis of the great Northwest, the patients at the Sanatorium are fighting the battle of their lives against the great white plague, tuberculosis. Not with the aid of drugs and medicines, but Nature itself has been claimed as the remedy.

After climbing several hills and passing through stretches of thick woods, the first impression one gets at the Sanatorium is the camping place of a party of pleasure seekers. The snow white tents, scattered through the trees, are the first things to be seen when one approaches the Sanatorium. The nearer one draws, the greater is the resemblance of a summer camp.

The sleeping tents are there and the one large canvas which is used for dining purposes by the patients is easily distinguishable from the others. There is also the cooking tent presided over by three Japanese boys. The patients group together and talk, those who are able to be up and around, and others can be seen lounging in chairs. With some fishing tackle and firearms scattered around the scene of a typical summer camp would be complete.

The patients of the institution, if it may be called such, are under constant treatment. Not at regular intervals but every minute, in fact every second they

are at the institution, the patients are treated with fresh and pure air. In the daytime they are always out in the open and at night it is almost the same as though they were sleeping out of doors, as the sleeping tents are so arranged that the patients get fresh air from all sides. Fresh air flows in from openings from the tops as well as the sides of the tents.

The course of treatment for the patients consists principally of plenty of air, plenty of food and plenty of rest. These are three things that must be observed by the patients. In the way of eatables they are given as much of anything as they desire. If a patient asks for something particular it is furnished, no matter how rich it may be. If they become dyspeptic it is their own lookout. The more the patients eat the better it is for them. If they have a hearty appetite it is considered a sign that they are improving. They are served three regular meals a day. If they want anything between meals they are furnished it. At all the meals meat is served, such as beefsteaks, roasts, chops, etc. They are given fruits and vegetables of all descriptions. They are also urged to drink as much milk as possible. During the last month there has been on an average about ten patients at the Sanatorium. The bills for vegetables and meats and other food supplies amounted to nearly \$200.

There is an old adage that patients suffering with consumption should take vigorous exercise. But recent scientific researches have demonstrated that this is injurious. Instead, the patients are instructed to move about as little as possible. They are allowed to wander about the grounds, but must



VIEW OF SLEEPING TENTS.



NEW STAFF BUILDING TO CONTAIN DINING-ROOM AND EXTRA SLEEPING APARTMENTS FOR STUDENTS.