

FAIR WOMEN OF MANY STATES USE AND PRAISE PE-RU-NA.

THE TRIUMPHS OF PE-RU-NA INCREASE

Thousands of Chronic Ailments of Women Cured Every Month—Disguised Internal Catarrh the Enemy of Woman—Pe-ru-na the Only Internal Systemic Catarrh Remedy Yet Devised—Prominent Cases in Illustration.

(For the various forms of Catarrh to which the female is especially subject, Peruna is an absolute specific.—Medical Talk.)



MRS. E. VON STIENAU

MRS. E. VON STIENAU, 232 Fifth street, Milwaukee, Wis., writes: "I feel it my duty to write and tell you how much good Peruna has done me. I have been a sufferer for years with female trouble, causing backache and at times terrible headaches. I had also complications from indigestion and heart trouble, so that I often had to lie down. A friend advised me to try Peruna. I had little faith in any medicine, as I had tried so much without getting any relief, but to please her I gave it a trial. After three days' use I felt so much better that I decided to continue its use and by the time I had taken six bottles, I was in perfect health, was regular, had no more headaches, in fact my health is now all that I could wish. Peruna is certainly an estimable medicine and well worthy of praise."—Mrs. E. von Stienau.

Miss Emily Koch, 214 Michigan Ave., Sheboygan, Wis., writes: "I can heartily recommend Peruna for catarrh of the stomach. I had tried many things which did me no good and as a last resort I got a bottle of Peruna. I only regret that I did not try it before I forced so much bad stuff into my stomach. It has entirely cured me and as a preventive I always keep a bottle in the house. I gladly recommend it to all who are afflicted as I was."—Miss Emily Koch.

Mrs. L. O. Pearson, 141 Rembrandt St., Indianapolis, Indiana, writes: "I have often heard of Peruna as a



MRS. L. O. PEARSON



MISS ALICE L. MAINS



ISABELLE LAKEFIELD



MISS STELLA GARDNER

Miss Stella Gardner, 227 Lenox Ave., New York, writes: "I have been troubled off and on for years with sick headaches and bilious attacks, and I had tried so many remedies without permanent relief, that I despaired of ever regaining perfect health. "I noticed your Ads. and thought it would do me no harm to try Peruna. When I got the first bottle I had been suffering from a sick headache two days and three doses fixed that and I have never had a sick headache since, and I kept taking it until I was entirely free from any bilious symptoms, which was about four weeks I think."—Miss Stella Gardner.

Isabelle Lakefield, Oregon, Wisconsin, writes: "Peruna cured me of a peristent catarrh of the stomach inducing indigestion and nausea. Headache became my common lot and I felt very disheartened when Peruna was brought to my notice. Several of my friends urged me to try it, but I had little faith in any medicine, but I soon found that Peruna was different. It seemed to act gently on the entire system, builds you up generally and restores you to a healthy normal condition. Less than ten bottles cured me and I would not have been without it for ten times its cost. It is certainly a blessing to women and if those who have suffered with my trouble would stop letting doctors experiment with them, they would be better off."—Isabelle Lakefield.

DAINTY WOMEN DREAD CATARRH.

CATARRH has been so generally thought to be a disease confined to the head and throat that it is very difficult to get many people to understand that catarrh may affect any part of the human body. All the organs of the body are lined with mucous membrane; all the passages of the body are also lined with mucous membrane. Wherever there is a mucous membrane there catarrh may exist.

Peruna is not a cure-all. It cures catarrh that is almost inevitable. The greatest obstacle in the way of recovery is that they do not understand that it is catarrh which is the source of their illness. In female complaints, ninety-nine cases out of one hundred are nothing but catarrh. Peruna cures catarrh wherever located.

The following letter was recently received by Dr. Hartman, the inventor of Peruna: "186 W. 38th street, New York City. The Peruna Medicine Co., Columbus, O. Gentlemen—What bread and meat means to the hungry Peruna means to the sick. It is an especially valuable medicine for sick women. I have found that no medicine so quickly restores health and places the body in a normal position as Peruna. I but voice the sentiments of women who were once sick, but are now in perfect health."

—Miss Lizzie Sneathing. Miss Bertha E. Wentner, a prominent Sunday school worker of Buckley, Washington, speaks of Peruna in the following glowing terms: "Having tried several remedies for chronic catarrh of the bronchial tubes without being helped, I began to think there was no cure until I tried Peruna. A great change for the better at once took place, and after two months' faithful use, Peruna completely cured me. For the past six months I have had no catarrhal symptoms and am grateful to testify I owe my complete recovery to Peruna."—Miss Bertha E. Wentner.

Peruna Made Unnecessary a Change of Climate. Miss May Van Buren, from Oregon, Wis., writes: "As Peruna has been of so much benefit not only to me but to the family and many friends, I am pleased to say a good word for it. At one time my lungs were in such a delicate condition that consumption was feared and the doctor said I would have to go to a warmer climate. As I could not well go at that time for many reasons, and when Peruna was recommended to me so highly I took heart and bought a bottle and commenced to use it. I soon felt a change for the better and in two months I was well, my lungs strong and my health was robust. I certainly think Peruna is deserving of praise."—May Van Buren.

Miss Hattie Becker, secretary of the Goethe Club, of Racine, Wis., writes: "A short time ago I got my feet wet, and a cold settled on my lungs which nothing seemed to remove. Our family physicians tried extracts, powders and pills, but I kept getting worse until my brother advised me to try Peruna and purchased a bottle for me. "It acted like a charm and in a week I felt stronger and had a better appetite than I have ever had before. Peruna will have a welcome place in our medicine chest, as the whole family believes in it."—Hattie Becker.

Dr. Hartman Advises Women Free. All women who are in doubt as to what their trouble is should write to Dr. Hartman, Columbus, Ohio. Give him a full description of your trouble, previous treatment, symptoms and age. He will promptly reply with full directions for treatment free of charge. This is an opportunity which no ailing woman should miss.

Praise From Canada. Mrs. Alex. Johnson, 26 University Avenue, Kingston, Ontario, Can., writes: "I have been a sufferer for years with bearing down pains and backache, and got no relief from doctor's prescriptions. I commenced taking Peruna and after the first bottle I felt much better and within a month I was a well woman, and heartily recommend it to any woman who is in as poor health as I was."—Mrs. A. Johnson. "If you do not derive prompt and satisfactory results from the use of Peruna, address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Miss May Haas, 281 North Senate Ave., Indianapolis, Ind., writes: "As my mother had been greatly benefited from using Peruna when her health was nearly gone, I could not do less than give it a trial when I was sick. A cold contracted from exposure and wet feet brought on irregularities with pains in the back and bad headaches. The first bottle of Peruna helped me sufficiently so that I wanted to try another and with the finishing of the fourth bottle I was well. I certainly am grateful and pleased with my speedy recovery."—Miss May Haas.

wonderful medicine and most of my friends had taken it with good results before I had the courage to try it. But a few bottles used religiously soon proved to me that I had the needed medicine for a catarrhal condition of the stomach which had troubled me for years. I think I used five bottles in all, but it was money well invested for it brought a cure which the different doctors had not been able to accomplish. I am therefore highly pleased with it and readily endorse Peruna."—Mrs. L. O. Pearson.

Miss Florence Miller, 402 Alabama St., Buffalo, N. Y., writes: "I am proud and happy that I am able to praise Peruna as it deserves, for a better medicine I do not know for the ills so many women suffer from and do not know which way to turn for help. If all women who suffer as I did with periodical backache, headache and that all-worn-out feeling, would take Peruna, they would soon find that it put new life into the body and took away all the aches and pains and weariness."—Miss Florence Miller.

Mrs. Florence J. Wilson, 305 Syracuse St., Milwaukee, Wis., writes: "For years I suffered with acute rheumatism which at times compelled me to remain in bed for days and interfered with my duties. I tried several remedies which were called cures for rheumatism, but nothing did me any good. At last a friend advised me to try Peruna. With much reluctance I did so, but I did not have any faith in it. I began to improve some in my general health, and kept on taking it and was surprised to find that my unwelcome visitor was disappearing. This was nine months ago and I am never bothered with rheumatism and more, thanks to Peruna."—Florence J. Wilson.

Mrs. Laura Tredwell, 266 North Pennsylvania Avenue, Indianapolis, Ind., writes: "I am pleased to say that Peruna proved a blessing to me when I was trying to recover from nervous prostration last winter. I shall always recommend Peruna in the highest terms."—Mrs. Laura Tredwell. Mary Elizabeth Mahar, 200 Grafton St., Halifax, N. S., writes: "Having used several bottles of Peruna for biliousness attended with sick headache and being cured, I gratefully send this testimonial."—Mary E. Mahar.

Mrs. Eva Bartho, 133 East 12th Street, N. Y. City, N. Y., writes: "I suffered for three years with leucorrhoea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, and strongly objected to go under it. Now I am a changed woman. Peruna cured me; it took nine bottles but I felt so much improved I kept taking it, as I dreaded an operation so much, I am today in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.

Miss Mamie Parker, Detroit, Mich., writes: "It is a source of pleasure to me to be able to recommend your valuable remedy, not only from my own experience, but from observation among my friends, as a reconstructive tonic and as a renovator. It thoroughly cleanses the system of catarrhal conditions so prevalent from climatic changes, cleanses the blood and restores strength and vitality. "It has done this and more for me and I am most enthusiastic in its praise. We women need off and on to take a tonic and strengthener, and I feel that Peruna is just what we need."—Miss Mamie Parker.

Miss May Dean, 173 South St., Jersey City, N. J., writes: "Too much social life soon reduced my health to a very bad state and I felt the need of a tonic, but just which one of the many to take was the question. After trying several I finally began taking Peruna and it was the one tonic which I seemed to need. The way it toned and braced up my system was truly remarkable and within three weeks from the time I commenced its use my health was restored and I was able to enjoy life once more. I think you have a truly great medicine and deserve the success which I trust is yours in abundance."—Miss May Dean.

PELVIC CATARRH CAN BE CURED.

THERE are a great many people who are actually invalids from chronic catarrh of some internal organ who have not the slightest suspicion that they are victims of this universal disease.

This is especially true in cases of chronic catarrh of the organs in the lower sexes, but occurring much more frequently in women, when it is called female weakness.

There are a multitude of women, especially housewives, and all other women obliged to be on their feet continually, who are wracked beyond description, simply because their strength and vitality is sapped away by catarrhal discharges.

Peruna is such a specific for such cases that when patients have once used it they can never be induced to quit it until they are permanently cured. It begins to relieve the disagreeable symptoms at once. The backache ceases, the trembling knees are strengthened, the appetite restored, digestion made perfect, the dull headache is stopped and the weakening drains are gradually cured. These results certainly follow a course of treatment with Peruna.

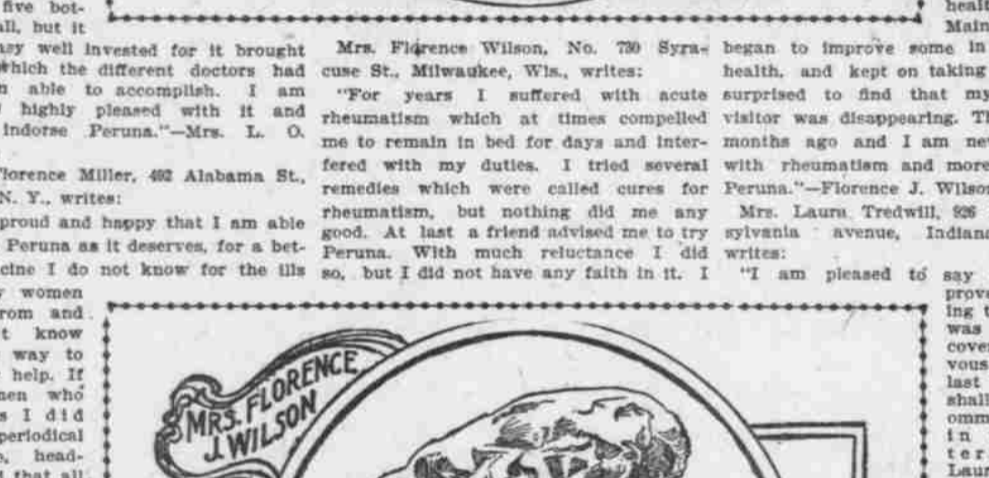
Saved From a Dreaded Operation. Mrs. Eva Bartho, 133 East 12th Street, N. Y. City, N. Y., writes: "I suffered for three years with leucorrhoea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, and strongly objected to go under it. Now I am a changed woman. Peruna cured me; it took nine bottles but I felt so much improved I kept taking it, as I dreaded an operation so much, I am today in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.

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MRS. LAURA TREDWELL



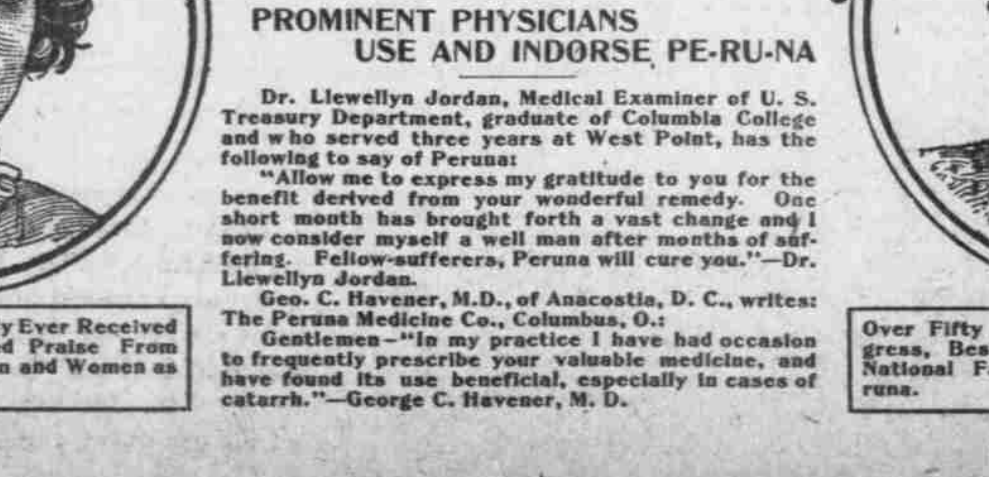
MRS. FLORENCE J. WILSON



MRS. EVA BARTHO



MISS MAMIE PARKER



MISS MAY DEAN

PROMINENT PHYSICIANS USE AND INDORSE PE-RU-NA

Dr. Llewellyn Jordan, Medical Examiner of U. S. Treasury Department, graduate of Columbia College and who served three years at West Point, has the following to say of Peruna:

"Allow me to express my gratitude to you for the benefit derived from your wonderful remedy. One short month has brought forth a vast change and I now consider myself a well man after months of suffering. Fellow-sufferers, Peruna will cure you."—Dr. Llewellyn Jordan.

Geo. C. Havenor, M.D., of Anacostia, D. C., writes: The Peruna Medicine Co., Columbus, O.: Gentlemen—"In my practice I have had occasion to frequently prescribe your valuable medicine, and have found its use beneficial, especially in cases of catarrh."—George C. Havenor, M. D.

Over Fifty Members of Congress, Beside Other Men of National Fame, Indorse Peruna.

No One Remedy Ever Received Such Unlimited Praise From Prominent Men and Women as Peruna.