



## Exploring Identity and Healing Through Art

### New exhibit at the Multnomah Arts Center Gallery

The newest exhibit at the Multnomah Arts Center Gallery features the combined works of Arturo Villaseñor and Rachel Young. Arturo Villaseñor will be showing a selection of new paintings through which he aims to “open a window to the beauty and diversity of my culture.” Born

in Mexico City, Villaseñor has worked for years in adult education, computer literacy and business training for Latino entrepreneurs. In parallel to these successful endeavors, his creative work is a beautifully skilled exploration of place and purpose. “As a visual artist and immigrant,” says Villaseñor, “my work is a tribute to my cultural heritage and an echo of my identity as a Latino. My art is a personal tribute to my ancestors and a way for me to connect with my roots.”

Rachel Young creates mosaics that look like paintings, utilizing indigenous

Huichol (wē-chōl) beading techniques to form intricate patterns out of the thousands of tiny glass beads that go into each piece. Her work speaks of healing and resilience and is inspired by her years as a Registered Nurse, her own journey, and her work as a creative coach. “I have experienced profound healing through my artwork,” says Young. “Every bead serves a purpose, but it also works in harmony with thousands of other beads. On a larger scale, this has helped me to understand how all my experiences, from my most challenging traumas to my most reward-

ing ones, have contributed to my journey.”

This exhibit will be on display February 17 – March 25, 2023. There will be an artist reception on Saturday, 2/25 from 1-3 p.m. The Multnomah Arts Center (MAC) is a part of Portland Parks & Recreation. In addition to the visual arts exhibits in its community-based gallery and related programming, MAC provides excellent education in the visual and performing arts at an affordable cost to students of all ages. For more information call 503.823.2787 or visit [www.MultnomahArtsCenter.org](http://www.MultnomahArtsCenter.org)