

Hero for Community Health

Lessie Williams honored for helping families most at risk

A long-time champion for community health from Portland's African American community has been honored as a national hero for her work tackling racial disparities in healthcare for families most at risk.

Lessie Williams is the first recipient of the REACH (Racial and Ethnic Approaches to Community Health) Lark Galloway-Gilliam Award for Advancing Health Equity from the Centers for Disease Control and Prevention, one of the major operating components of the U.S. Dept. of Health and Human Services.

Through her church's non-profit organization, Highland Haven, Williams is credited with creating youth violence prevention programs, expanding access to culturally-relevant mental health services and launching culturally tailored health programs to improve health behaviors such as healthy eating, physical activity and tobacco cessation.

Recently retired as executive director of Highland Haven, where she spent 20 years building up and believing in the young people she serves and working alongside Pastor W.G. Hardy, who passed away in 2018.

Williams is also credited with organizing a net-

CONTINUED ON PAGE 4



Lessie Williams has been honed as a community hero by the Centers for Disease Control and Prevention for tackling racial disparities in health.



In Oregon, ballots must be returned by 8 p.m. Election Day, Nov. 3. Postmarks do not count.

Ballots Returned at a Record Pace Presidential trends. By comparison, at this time turnout could be during the 2016 presidential election, 12,591 ballots were returned highest since 1908

Ballots for the 2020 election started arriving in mailboxes of Oregon voters last week, and so far more than 88,000 people have casted their vote at a record pace, following suit with the nationwide early voting

in Oregon. In 2012 it was less than 10,000.

The Elections Division of the Oregon Secretary of State released the unofficial ballot returns count Monday.

Nearly 3 million people are reg-

istered to vote in Oregon, a 15% increase from the 2016 election. A portion of the influx of registered voters in the state can be attributed to Oregon's Motor Voter Act in 2016, which made voter registration automatic when Oregonians obtain or renew their driver's licenses.

To no surprise, the county with the most ballots returned thus far