

FOOD

Sausage and Rice-Stuffed Acorn Squash

Ingredients:

- 4 small acorn or sweet dumpling squashes (about 10 ounces each)
- 2 (4-ounce) links sweet Italian sausage, casings removed
- 1 tablespoon canola oil
- 1 cup finely chopped onion
- 1/3 cup chopped celery
- 1 1/2 tablespoons minced garlic
- 1 1/2 cups cooked brown rice
- 1/3 cup dried cranberries
- 3 tablespoons chopped fresh chives
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1 ounce Parmesan cheese, grated (about 1/4 cup)
- 1 ounce Swiss cheese, shredded (about 1/4 cup)



Directions:

1. Preheat oven to 425°.
2. Place whole squashes in a roasting pan. Bake at 425° for 30 minutes or until just tender. Let stand for 15 minutes. Halve squashes. Scoop out seeds; discard.
3. Preheat broiler to high.
4. Heat a large skillet over medium-high heat. Add Italian sausage to pan; sauté 5 minutes or until browned, stirring to crumble. Remove sausage from pan; drain on paper towels. Wipe drippings from pan with a paper towel.
5. Return pan to medium-high heat. Add oil; swirl to coat. Add onion; sauté 4 minutes, stirring occasionally. Add celery; sauté 3 minutes, stirring occasionally. Add garlic; sauté 1 minute, stirring constantly. Stir in sausage, rice, and next 5 ingredients (through Parmesan). Divide rice mixture evenly among squash halves. Sprinkle evenly with Swiss cheese. Arrange squash halves on a baking sheet; broil 4 minutes or until golden and cheese is melted.

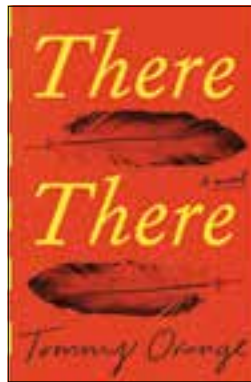
Norman Sylvester Band – “Boogie Cat”

Norman Sylvester and his band plays Saturday, March 7 at 3 p.m. for the Winter Blues Fest at the Milwaukie Elks Lodge, and at 8 p.m. at Catfish Lou's in Gresham; Friday, March 13 at the Vinyl Tap; and Saturday, March 14 at the Spare Room.

Jazz Band Winter Concert – On the heels of its annual Clark College Jazz Festival, the Clark College Jazz Band presents its Winter Concert on Saturday, March 7 in the Gaiser Student Center. Admission is free and open to the public.

Portland International Film Festival – PIFF, a 10-day showcase of new films and a celebration of international and regional storytelling runs March 5-15. A program of the Northwest Film Center at the Portland Art Museum, the festival draws thousands of film lovers and makers who represent film festivals, museums and distribution companies around the globe. For a complete schedule, visit nw-film.org.

Jazz Violinist of Her Generation – Renowned jazz violinist Regina Carter, considered one of the finest jazz violinists of her generation, will perform at the Arlene Schnitzer Concert Hall with the Metropolitan Youth Symphony Orchestra and Jazz Ensemble on Sunday, March 8. Tickets start at \$25. Visit playmys.org or call 503-239-4566.



Body Worlds – The Oregon Museum of Science and Industry kicks off the month of March with the Pacific Northwest debut of Gunther von Hagens' Body Worlds and the Cycle of Life, a new presentation

of the groundbreaking anatomical exhibition series that has been seen by more than 50 million people globally. In 2006, a Body Worlds exhibit at OMSI became the most popular exhibit in the museum's history.

Everybody Reads

– Multnomah County Library invites the community to participate in Everybody Reads 2020, featuring Tommy Orange's debut novel about the urban Native experience, "There There." Free copies are available at library locations or download the e-book or audiobook from the library catalog.



Zoo for All – The Oregon Zoo has launched "Zoo for All," a discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by bringing a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

Discount Tickets – Low income families and individuals can purchase \$5 tickets to classical musical performances in Portland as part of a unique program called Music for All. Participating organizations include the Oregon Symphony, Portland Opera, Oregon Ballet Theater, Chamber Music Northwest, Portland Youth Philharmonic, Portland Baroque Orchestra, Friends of Chamber Music, Portland Chamber Orchestra, Portland Piano International, Portland Symphonic Choir, Cappella Romana and Portland Vocal Consort.

The Portland Observer



50
Years
ANNIVERSARY

Celebration

SAVE THE DATE

OCT.23RD
2020

Reception starts
at 6PM

Event starts
at 7PM



CROWNE PLAZA
HOTELS & RESORTS

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Portland, OR
97232