

United Way Weekend of Service

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gardens to sorting books for kids to packaging donated food for families in need, four days of activities begin Friday and continue through the MLK holiday on Monday, offering countless opportunities for community members to give back and help build Dr. King's vision throughout the Portland metro region.

The MLK Weekend of Service is presented by Regence BlueCross BlueShield of Oregon and supported by Intel, Nike, Dunn Carney, Tonkon Torp LLP, Umpqua Bank, with special thanks to U.S. Bank.

"Dr. King's legacy of service continues to inspire and remind Oregonians that we all have a role to play in bettering the health of our communities," said Angela Dowling, President of Regence BlueCross BlueShield of Oregon. "Regence and our employees are proud to partner with United Way and Hands On Greater Portland in support of this mission."

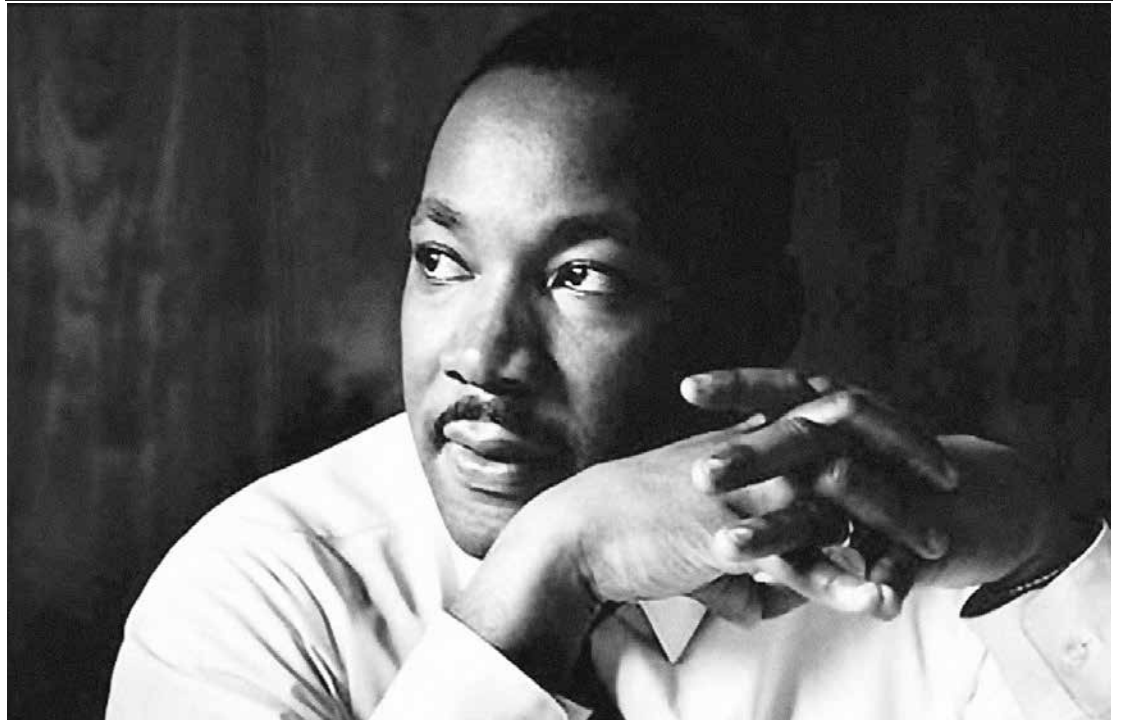
"Our MLK Weekend of Service is an incredible opportunity for people to come together to honor Dr. King's legacy," said Cindy Adams, President and CEO of United Way of the Columbia-Willamette. "With over 60 volunteer projects and 1,500 volunteers across the region this year, community members can continue striving for the changes Dr. King championed – including ending poverty and advancing racial equity – and make a real impact for tens of thousands of children and families."

This year also kicks off United Way's centennial celebration. Since 1920, our local United Way has been bringing the community together to do good. In addition to honoring Dr. King's legacy, the local non-profit celebrates its historic role in strengthening schools, families and communities across the region.

For a full list of MLK Weekend of Service volunteer activities and to sign-up, visit united-way-pdx.org/mlk.

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