

2019 Year in Review

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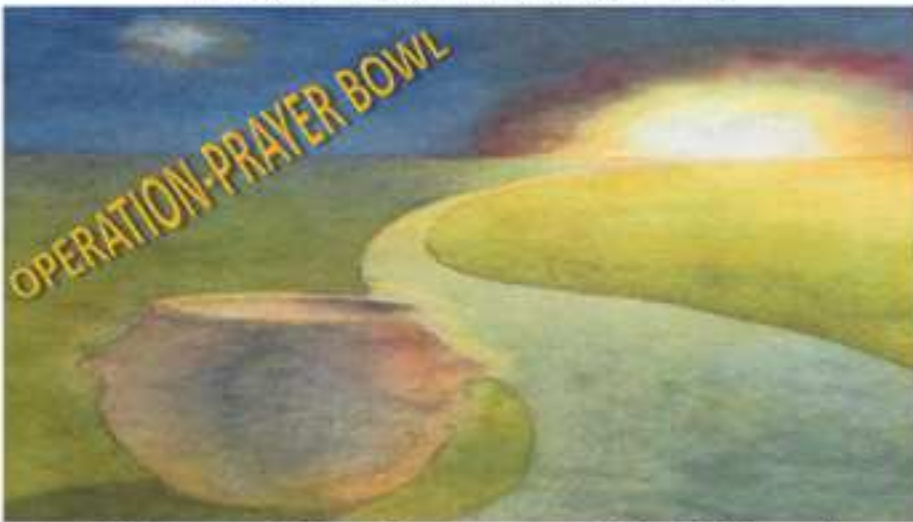


Big Dreams for Young Ballerina

Dec. 4 – Aanaiah Jones, age 10, the first young dancer from the African American community to star in the leading role for the holiday production of the “Nutcracker” by Portland’s Classical Ballet Academy is a serious ballerina student, planning for a future as a professional dancer.

Bethel African Methodist Episcopal Church

5828 NE 8th Avenue - Portland, OR - 97211 - 503 288-5429
Reverend Terry McCray Hill, MPA, M.Div - Pastor



“The Prayer of the righteous is powerful and effective.”
James 5:16b (NRSV)

SAVE THE DATE

The Prayer Warriors, a ministry of Bethel African Methodist Episcopal Church, invites all faith community, and all people who believe in the power of prayer to join us as we experience a Prayer Revival.

Monday, January 6, 2020

6:00 p.m. - 7:00 p.m.

Bethel A.M.E. Church

5828 NE 8th Avenue - Portland, OR 97211

For more information call 503 288-5429



Gun Control Petition Recharged

Dec. 11 – Faith leaders gather in northeast Portland to support a new effort to reduce gun violence by circulating a new voters initiative petition calling for a November 2020 vote to ban the sale of semi-automatic guns and large capacity ammunition magazines in Oregon.



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HEALTHY LIVING SYMPOSIUM



JANUARY 11, 2020
10AM - 4PM

FREE COMMUNITY EVENT

University Park Baptist Church
4340 N Lombard St.
Portland, OR 97203

FREE:

- Light Breakfast and Lunch
- Ambulance Tour
- Blood Pressure Checks
- Give-a-ways
- ... and more

Guest Speakers:



Donn Spight, MD., F.A.C.S., F.A.S.M.B.S.
Topic: Digestive Health, Surgery, Special Focus on Bariatric Surgery, Laparoscopic and Endoscopic Surgery



Christopher Alaka, RPh, CCRA & Whitney Pettigrew, HCPM
Topic: Know your ABC'S - A1C, Blood Pressure, Cholesterol, Stress Level



Simone Carter, BS, MS, MBA
Topic: Take the Right Steps: Fall Prevention Education for Older Adults



Allison Lindauer, PhD, NP
Topic: Understanding Alzheimer's Dementia in African Americans
For more information, call 503-422-3301

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