

Arts & ENTERTAINMENT



Miss Black Oregon US Ambassador 2019 Arya Morman joins members of the Susan G. Komen Oregon and Southwest Washington team to promote breast cancer education.

Breast Cancer Awareness

Miss Black Oregon 'Afrodite' event focus on community

You're invited to an "Afrodite" breast cancer awareness event intended to uplift the African American community featuring Miss Black Oregon US Ambassador Arya

Morman and representatives of Susan G. Komen of Oregon and Southwest Washington.

The theme of the Wednesday, July 10 mixer, from 6:30 to 8:30 p.m. at the Century Bar in southeast Portland is a play on words, putting the focus on the fight against breast cancer in the black community.

Morman first approached the local Susan G. Komen affiliate a couple of months ago.

With a family history of breast cancer, she wanted to find a way to share with her community of young African American professionals what she has learned about the disease and supporting those closest to her.

"Arya's family story is compelling and her enthusiasm for this topic is contagious. We are excited to help her share information about breast cancer with her community," said Cindy Fletcher, director of pro-

grams at Susan G. Komen in Portland.

All are welcome. Pastor Renee Ward, herself a survivor of triple negative breast cancer, will moderate a panel of experts that include, from Legacy Health, Dr. Nathalie Johnson and Dr. Cynthia Aks, and, from OHSU Knight Cancer Institute, Dr. Gordon Mills. The panelists will talk about their respective roles in the breast cancer journey, clinical trials, and how community members can be engaged and learn more.

Registration is free but requested in advance at komenoregon.org/afrodite.

Read for Fun and Prizes – Multnomah County encourages kids to read for fun and prizes this summer.

The annual Summer Reading program is in full swing at all branch libraries. To help grow interest, the library also offers dozens of free summer reading events, camps and classes to keep youth of all ages playing and learning.

Summer Free for All – Portland Parks and Recreation's "Summer Free for All" series is back with amazing events all summer long for both kids and adults, including movies, concerts, free lunch and play events and more. For details, a guide is posted online at portlandoregon.gov/parks.

Zoo Welcomes Veterans on July 4 – On Thursday, the Oregon Zoo will mark Independence Day by offering free admission for military veterans, active military personnel and first responders (active police, firefighters and EMTs), as well as up to four family members who accompany them. Families of deployed military personnel also will be given free admission.

'On the Edge' Art Quilts – This summer through Aug. 15, the Oregon Historical Society, downtown, hosts an original exhibit of art quilts developed by the local Studio Art Quilt artists titled 'On the Edge,' a theme to draw on being on the edge, be it physically, geographically, emotionally, philosophically or in personality.

Anti-Racism Team Discussion – You're



invited to light refreshments and a talk on 'The Black Image in Contemporary TV' when

Take PART (Portland Anti-Racism Team) presents a community outreach program on Thursday, July 11 at 7 p.m. at the Portland Baha'i Center, 8720 N. Ivanhoe St. For more information, visit takepartpd.org.

Explore Washington Park – Free shuttle service to Washington Park, with stops to all major attractions including the Oregon Zoo and Children's Museum, now runs year round on weekends and offers daily service during spring and summer through October.

Columbia Gorge Express – The Oregon Department of Transportation's Columbia Gorge Express bus provides transportation to Rooster Rock State Park and Multnomah Falls. The bus has proven a convenient and popular way to visit the Gorge for tourists, local residents and regular transit riders. For more information, visit columbiagorgeexpress.com

Zoo for All – The Oregon Zoo has launched "Zoo for All," a discount program that provides \$5 admission for low income individuals and families. Visitors may purchase up to six of the \$5 tickets by brining a photo ID and documentation showing they participate in low income service, like the Oregon Trial Card, Medicaid, Section 8, Temporary Assistance for Needy Families, and Head Start.

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