

# Film Fest is Window to World

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is PIFF's Opening Night feature, "Amateurs." Set in a fictional small town in Sweden, this film's depiction of the town council's bid to be chosen as the site of a German big box store is an excellent backdrop for a funny and uncommonly wise exploration of experiences common to immigrants and outsiders. Clearly the bright-

est mind on the town council is Musse, whose family immigrated to Sweden from South Asia; in meetings, he is the one with ideas, energy, and optimism. Given limited budgets, he comes up with the idea of enlisting local high school students to make a film that will make the town's case for itself—but that enterprise mostly serves to awaken the unshakeable interest of Aida and Dana, two girls

who are also children of immigrants and who have a lot of ideas for a film about their quirky adopted home. Director and co-writer Gabriela Pichler smartly uses the occasion of trying to win a "prize" of European culture to celebrate the perspective of three outsiders, to show how the stakes of using one's voice vary in different communities, and to illustrate some of what we miss when white suprem-

acy homogenizes some voices and erases others. This delightful film is available for streaming on iTunes and Amazon.

"Transit," from German director Christian Petzold, begins a regular run at Cinema 21 in Portland on Friday, March 22. Working from a 1944 novel about people fleeing Nazis during World War II, Petzold sets the story in modern-day Marseille. No specific conflict is named, but the police presence and anxiety over citizenship translates believably to an

imaginable time of tension in Europe (or the U.S. for that matter). The film centers around Georg, trying to escape France, who ends up almost accidentally assuming the identity of a subversive author who has killed himself. Yet the back stories of Georg, the author, his estranged wife, her lover—all remain opaque in a time when people are reduced to their ability to move. It's an interesting concept, well-executed, suggesting how quickly our relationships to movement, time, legitimacy and love can be thrown into chaos.

I expect that "Shadow," a gorgeous martial arts epic by the great Zhang Yimou (whose prior work includes "Hero" and "House of Flying Daggers"), will also have a theatrical run in Portland and will eventually be available online. The story here involves a series of conflicts—between kingdoms and disputed territory, between a king and the highly respected commander of his armies, and between the commander and the man who was chosen as a child to serve as his double (his shadow) in order to minimize the dangers the commander must face. The ruse has worked well for years, with only the commander and his wife, Madam, aware of it. But as the commander's health deteriorates and the political stakes are raised, gorgeous battles ensue. Zhang uses a palate of mostly desaturated grays and blood red, with resplendent costumes and intense zither music, to create a stylized world of intrigue, beauty and bitter conflict. See it on the big screen if you can.

Darleen Ortega is a judge on the Oregon Court of Appeals and the first woman of color to serve in that capacity. Her movie review column *Opinionated Judge* appears regularly in *The Portland Observer*. Find her movie blog at [opinionatedjudge.blogspot.com](http://opinionatedjudge.blogspot.com).



Dr. R.H. and Lady Lucy E. Edwards Sr.

## TRUE VINE MISSIONARY BAPTIST CHURCH

### 29th Year Pastoral Anniversary

Everyone is invited to True Vine Missionary Baptist Church, 4735 N. Commercial Ave., for their 29th year pastoral anniversary celebration, in honor of Dr. R. H. and Lady Lucy E. Edwards Sr., Sunday, March 31, at 3:30 p.m., with guest evangelist Rev. Dr. Robert L. Jeffrey Sr., the pastor of New Hope Baptist Church in Seattle.

The theme of the service will be **"Honoring the high calling of God through Christ Jesus,"** Philippians 3:13-14. Everyone is invited to come and hear this mighty man of God.

True Vine will also celebrate the pastoral anniversary when it serves food after its regular 11 a.m. service.

For more information call True Vine Baptist Church at 503-282-2422



**DATI**

## 4TH ANNUAL AWARDS LUNCHEON

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*Executive Director of Transition  
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Keynote Speakers



**Dr. Jessica Taylor**  
*Director of Diversity & Inclusion  
Multnomah Community College*



**Mayor Anne McEnerny-Ogle**  
*Mayor of Clatsop County*

**EVENT INFO**

Saturday, April 06, 2019  
11:30am-1:30pm

Parkrose Middle School  
11800 NE Shaver St.  
Portland, Oregon 97220

For Ticket Purchase:

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Dr. Billy R. Flowers

## THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

### Part 21. Chiropractic VS Fatigue: Climbing the stairs to a new you, two steps at a time.

**Q:** I feel exhausted all the time. I don't want to take "pep" pills because of addiction possibilities. What can I do?

**A:** I have a good friend and patient who only a year ago at the age of 61 loved life but has a tremendous concern. He became fatigued so easily that any activity would leave him exhausted. The interesting point with him was that he practiced excellent health habits. Nonetheless he got to the point where exercise was nearly

impossible. He still climbed the steps at work but would have to stop halfway up to catch his breath before continuing. I persuaded him to look to Chiropractic for increased vitality. At first he could not see a correlation between his nerves and his Energy level. I told him that it was virtually one and the same. Our nerves are the highways of energy in the body.

If the nerves are trapped or irritated, our energy will be drained as well. He took my advice and now instead of stopping halfway, he charges up the stairs, two steps at a time! If your vitality is giving up at the halfway mark, get charged up with Chiropractic. It's a natural!

### Flowers' Chiropractic Office

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