

Arts & ENTERTAINMENT



A free screening of the documentary 'Lorraine Hansberry: Sighted Eyes/Feeling Heart' at Reed College on Monday, March 11 will commemorate the 60th anniversary of the premiere of Hansberry's landmark play 'A Raisin in the Sun.'

A Passionate Activist

Lorraine Hansberry's groundbreaking play "A Raisin in the Sun" remains a beloved theatrical jewel, but the story of its author is not widely known.

Reed College invites the community to learn more during a free open-to-the-public screening of the documentary "Lorraine Hansberry: Sighted Eyes/Feeling Heart" by Tracy Heather Strain exploring the life and work of this passionate civil rights advocate and queer writer

of color who played a significant role in the major cultural and political movements of our time.

On camera interviews and rare archival material in the film create a nuanced portrait of an activist and artist whose words and ideas are as relevant today as they were when she first wrote them.

The screening takes place Monday, March 11 at 6:30 p.m. in the Reed College Performing Arts Building.



Ken Ward puts himself in the direct path of the fossil fuel industry to combat climate change in the film 'The Reluctant Radical.' St. Philip the Deacon Episcopal Church, 120 N. Knott St., invites the community to a screening and discussion of the film on March 13 at 7 p.m. Admission is free.

Environmental Justice in Focus

As we have seen from heat waves, extreme cold, flooding, hurricanes, and other disasters, it is communities of color and areas with low income populations that are often hit first and hardest by the effects of climate change.

Bringing this critical issue of the day to the community for discussion and reflection, St. Philip the Deacon Episcopal Church, 120 N. Knott St., invites the community to a film screening and discussion of the 2018 film "Reluctant Radical" taking place Wednesday, March 13 at 7 p.m. Admis-

sion is free.

Ken Ward, environmental activist and subject of the film, and Lindsey Grazel, the filmmaker, will be present for a post question and answer session.

The Reluctant Radical follows Ward through a series of protests, culminating in the coordinated action to shut down all the U.S. tar sands oil pipelines. The film showcases both the personal costs and also the fulfillment that comes from following one's moral calling, even if it means breaking the law.



Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 19. The Golden Years: Keeping in full swing throughout the autumn of life

Q: Back when I was younger, I loved playing golf. Now some-thing is always hurting so I don't dare play! Could you help?

A: It is so unfor-tunate that millions of our senior citizens have worked and saved and give to their Community only to find the "golden years" more "old" than "gold". Right at the height of their freedom, they often find it difficult

to get around, their old activities. Unfortunately, it is often thought that they must "learn to live with it" or be given yet another pain pill. Actually that may be anything but true. In our office we commonly see people in their seventies and eighties. And they love the

spring in their step and the twinkle in their eyes they get through Chiropractic. Why don't you get back in the swing of things again? Give us a call today. Isn't it time you stepped up to Chiropractic? Life's "golden years" truly can be golden once again!

Flowers' Chiropractic Office

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