



Charity Provides Clean Socks for Homeless

The Union Gospel Mission distributing pairs of clean socks to the homeless, thanks to a partnership between them and Bombas socks as part of their one pair purchased on pair donated program. The mission will distribute 150,000 pairs to fulfill a basic need for those who can't access clean laundry.



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Northeast Health Center
5329 NE Martin Luther King, Jr. Blvd.
Portland, OR 97211



FOOD



Tomato Basil Salmon

Ingredients:

- 2 (6 ounce) boneless salmon fillets
- 1 tablespoon dried basil
- 1 tomato, thinly sliced
- 1 tablespoon olive oil
- 2 tablespoons grated Parmesan cheese

Directions:

1. Preheat oven to 375 degrees F (190 degrees C). Line a baking sheet with a piece of aluminum foil, and spray with nonstick cooking spray. Place the salmon fillets onto the foil, sprinkle with basil, top with tomato slices, drizzle with olive oil, and sprinkle with the Parmesan cheese.
2. Bake in the preheated oven until the salmon is opaque in the center, and the Parmesan cheese is lightly browned on top, about 20 minutes.