

Sweet Street Food Cart

Located at 15th and Alberta call 503-995-6150 to place order

Mon. - Fri., 11:00am - 9:00pm • Sat. 11am - 6:00pm • Closed Sun.

Wednesday Special: 3 Wings \$2.00 Friday Special: Rib Sandwich, Beef or Pork, \$4.00



Special

Health Care **Specialist**

FORREST JENKINS

55 years experience Serving Oregon and Washington Contracted agent with AARP - Humana - Mutual of Omaha **Health Care Specialist** Medicare Supplements / Life Insurance

> Medicare Advantage Plan Prescription Drug Programs / Final Expenses

> 2703 E. Mill Plain Blvd Vancouver, WA 98661 Cell (772) 410-6778 / Fax (360) 718-2536 Email: Dimery100@gmail.com

> > Like & share Me on FACEBOOK



Cori Stewart--Owner, Operator

Avalon Flowers

520 SW 3rd Ave., Portland, OR 97204 • 503-796-9250

A full service flower experience

- Birthdays Anniversaries
- FuneralsWeddings

Open: Mon.-Fri. 7:30am til 5:30pm Saturday 9am til 2pm.

Website: avalonflowerspdx.com email: avalonflowers@msn.com We Offer Wire Services

Loriby Desygn



Lori A. Martin Custom Memorial Keepsakes 971.888.4099 Memorial Folders Video Presentations Web Designs www.loribydesygn.com





Watering young trees even in spring is vital. These volunteers use three clean 6-gallon containers to give an umbrella pine a weekly dose of life-sustaining water.

Young Trees Need Watering

Tips to give plantings a good start

Oregon's Department of Forestry is reminding urban dwellers of the need to water trees even in spring, especially this year for new plantings because so little rain fell during the month of May.

With trees leafed out and putting on new growth, urban trees need to be watered to survive and thrive. Yet many people in Oregon cities only start watering their trees in the hot months of July and

the Oregon Department of Forest- under stress are also more likely to ry's Urban and Community Forestry Assistance Program, points to the Learning Landscape arbore-Portland's Concordia neighborhood as an example of how irrigating trees in spring and summer has helped non-native trees grow faster and healthier.

"Watered every spring and summer since being planted in 2010-12, trees in that arboretum are already much taller than similar trees which got watered only for the first couple of years," she

"Lack of water can cause die-August. By then it may be too late. back and even kill non-native trees watering to survive their first cou-Kristin Ramstad, manager of in Oregon," she warned. "Trees ple years.

be attacked by insects. That seems especially true for conifers."

Ramstad said trees less than tum at Meek School in northeast three years old should get 10 to 15 gallons once a week from the time they leaf out until early fall. Older non-native trees might need 20 to 25 gallons. "Let the water slowly soak in. The goal is to have the water get deep into the root zone."

> She suggested keeping grass at least 2 to 3 feet away from a tree's trunk to reduce competition for water. "Mulching around the tree also helps," she said.

> All newly planted trees require

Michelle Obama Book Cover Revealed



Former First Lady of the United States Michelle Obama has revealed the book cover of her highly anticipated memoir, "Becoming," which is scheduled to be published in November.

Mrs. Obama selected the cover photo for her book jacket from a photo shoot that was done earlier this year.

"I'm thrilled to share with all of you the cover for Becoming," she wrote on Thursday. "The process of writing this book has been so personally meaningful and illuminating for me."

she said Thursday.

In her memoir, a work of deep reflection and mesmerizing storytelling, she invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the south side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address.

Former First Lady Michelle Obama reveals the book cover for her memoir "Becoming" which is scheduled for release