



Students in nursing complete their studies at Portland Community College after their ITT Tech school went bankrupt in 2016.

Nursing Students Rebound

A temporary program to support nursing degree completion for former students of the ITT Technical Institute has concluded with exceptional success.

Of the 140 displaced students who enrolled in a program established by the Higher Education

Coordinating Commission and Portland Community College after the sudden closure of the for-profit ITT, 133 students or 95 percent of them graduated.

The final nursing pinning ceremony was held April 5 at PCC Breckinridge where the last group of students in the program graduated with two-year Associate Degrees to become registered nurses (RNs).

Ben Cannon, executive director of the state commission, commended the students and all who supported them.

“Congratulations to the graduates for their dedication and success, and tremendous thanks to our student-centered partners at PCC and the Oregon Legislature who came together to make this possible,” Cannon said. “Many of these students were so close to finishing their degrees but without viable options when the state stepped in. This was an innovative partnership that resulted in the exact outcomes we hoped to see.”



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Part 15. Back Pain: Why “oh, my aching back” has become such a popular phrase.

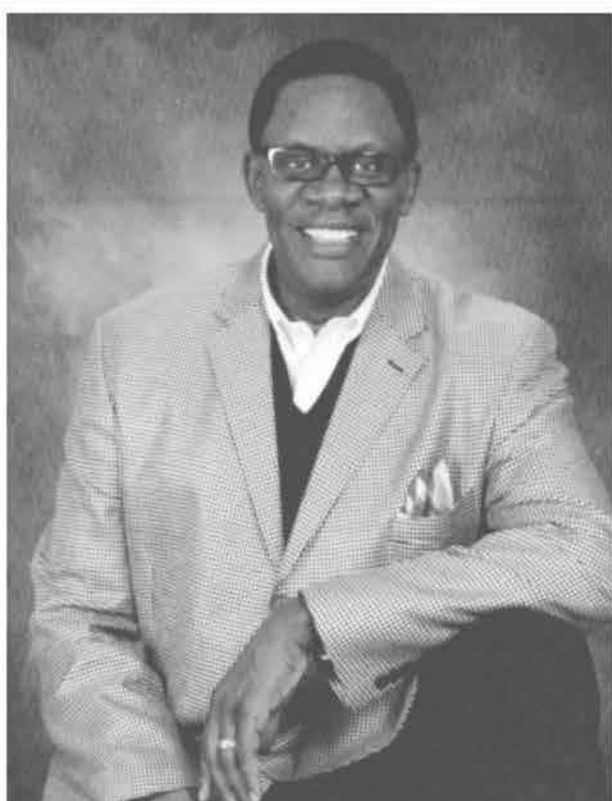
Q: I always know when my back hurts. But I rarely know why.
A: Statistics tell us 80% of all men, women, and children will experience back pain in their lives. Chiropractors can also tell you why. There are, for example, several mechanical malfunctions that cause back pain. Among them are: Direct pinching on the nerve. This is the reason many people give for their back pain, but in fact, “pinched nerves” only account for about 10% of it. Edema (swelling) This occurs from inflammation due to

simple strain or subluxation. Fixation. This is yet another component of what we call the vertebrae are not moving the way nature intended. Other factors include muscle spasm and disc herniation. Of course, in addition to knowing you have back pain, chiropractors also know how to make it go away. By eliminating the components of the subluxation complex and allowing the central nervous

system to function the way nature intended, we Chiropractors not only relieve your back pain symptoms, we remove the cause. Without drugs. Without surgery. Without doubt. Call our office for an appointment today to find out how Chiropractic can help your “aching back.” Or if you have any questions about your health, just call us at the number below.

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