

7th ANNUAL HEALING the HEALTHCARE BLUES

INNER CITY

# Blues Festival



- Norman Sylvester Review w/Sarah Billings & Lenanne Sylvester-Miller
- I&I Band Reunion w/Newel Briggs & Obi Addy
- Ken DeRouchie Band
- King Louis Pain Quartet & LaRhonda Steele
- Kings of the Blues Guitar Tribute w/Peter Dammann
- Michael Osborne & Kenny Blue Ray
- Mad as Hell Doctors, Nurses & Interns
- Michael Crenshaw
- Bloco Alegria drum & dance procession
- Shoehorn Sax-Tap man
- Steve Cheseborough
- Terry Robb
- Tevis Hodge Jr. & Bill Rhoades

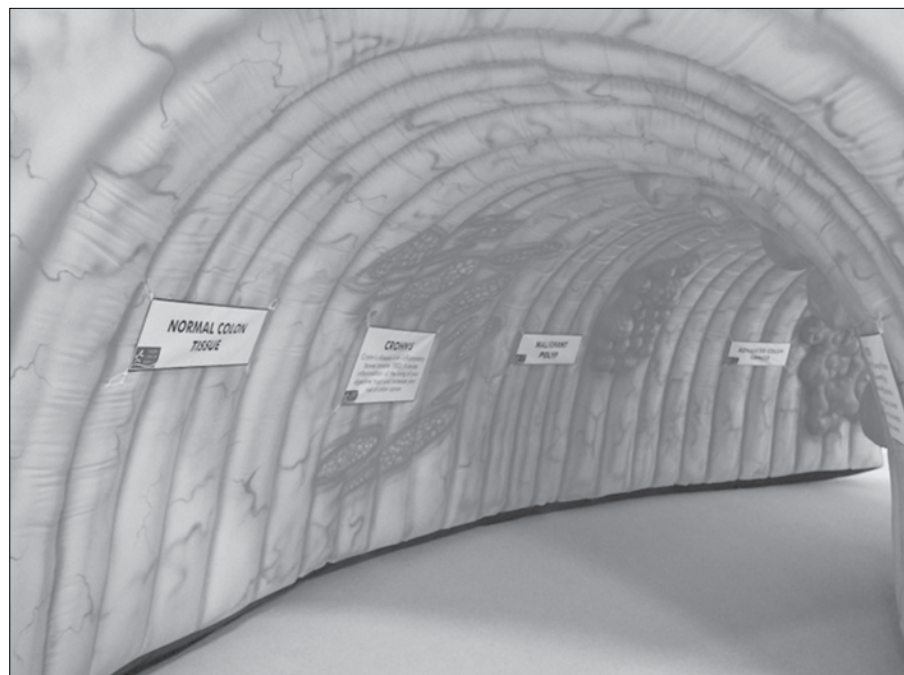
ADVANCE TICKETS: \$20.00  
At the door: \$25.00 (21 & OVER)

TICKET OUTLETS:  
www.tickettomato.com  
Music Millennium  
Geneva's Shear Perfection  
Musician's Union Hall, Local 99  
Cascade Blues Assoc. (CBA) meetings  
Peninsula Station

• SILENT AUCTION  
• Dinners, dessert and drinks for sale  
• Raffle prizes  
• Community info tables  
• Simulcast live on KBOO

DOORS OPEN at 5pm for dinner **5pm-12am Saturday April 21, 2018**  
North Portland Eagle's Lodge FOE 3426  
7611 N Exeter Ave • FREE PARKING

A benefit for Health Care for All-Oregon | Co-Sponsored by Cascade Blues Association & KBOO Community Radio 90.7FM  
facebook.com/healingthehealthcareblues | hcao.org | Poster Design: Barbara Quinn | Printing: Hollywood Impress



A giant inflatable colon shows how polyps can turn into cancer. Legacy Emanuel is hosting the informational display for the public on Friday, March 30 from 9 a.m. to 4 p.m.

## Legacy Promotes Colon Health

The public is invited to Legacy Emanuel Medical Center on Friday, March 30 to learn more about colorectal health by walking through a giant inflatable colon that shows how polyps can turn into cancer.

The 12-foot-long display shows the difference between a healthy colon and one with polyps. There will be information available on preventative screenings, such as colonoscopies and other ways to stay healthy.

The event will take place between 9 a.m. and 4 p.m. in the hospital's

Atrium at 2801 N. Gantenbein.

According to the American Cancer Society, colon cancer is the third most common cancer diagnosed in both men and women in the U.S. Legacy doctors emphasize that colon cancer is highly curable if found and treated early. It is recommended people get screen at age 50, sooner if a person has symptoms or a family history.

"It's all about keeping you healthy for years to come," says gastroenterologist Erich Vorlop, M.D.



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**Showdogs** is a full service salon. We do baths, all over hair cuts, tooth brushing, nail trims, soft claws, flea treatments, mud baths, and ear cleaning. We also have health care and grooming products to keep your pet clean in between visits.

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**Tuesday-Saturday** 9am-7pm  
**Monday** 10am-4pm

*Yo dawg is gonna look like a show dawg and your kitty will be pretty.*