

Arts & ENTERTAINMENT

Vietnam War's Impact in Oregon

New documentary explores volatile time

"The Vietnam War Oregon Remembers," a new 90-minute documentary from OPB, brings to light widely divergent viewpoints of a volatile time in American and Northwest history—a war that divided the country.

The documentary airs on Monday, Oct. 2 at 9 p.m. or you can watch it online now at opb.org/Vietnam.

With more than 120,000 Oregonians serving in the Vietnam War, the program features first-hand accounts from 30 Or-



PHOTO COURTESY BENEDICTINE SISTERS OF MOUNT ANGEL

A Vietnamese refugee arrives in Oregon with the assistance of the Benedictine Sisters of Mount Angel.

YOUR NEIGHBORHOOD, YOUR VOICE

Portland Housing Bureau
NORTH / NORTHEAST NEIGHBORHOOD HOUSING STRATEGY

Opening February 2018

GARLINGTON PLACE APARTMENTS

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Longtime and displaced North/Northeast residents receive preference



Apply for preference any time between October 16-30, 2017

Affordable and integrated housing in the heart of Northeast Portland's historic Albina district. Enjoy landscaped surroundings, nearby transit, ample parking, and a community garden in one of the most desirable and accessible areas of Portland. Adjacent to the Garlington Health Center, providing mental health, addiction, primary care, and wellness services to meet the health and housing needs of the community. Pre-leasing begins October 2017 with 31 apartments for households who qualify through the City of Portland's N/NE Preference Policy.

Income limits apply.

Find out how to apply for preference.
www.portlandoregon.gov/phb 503-823-2375

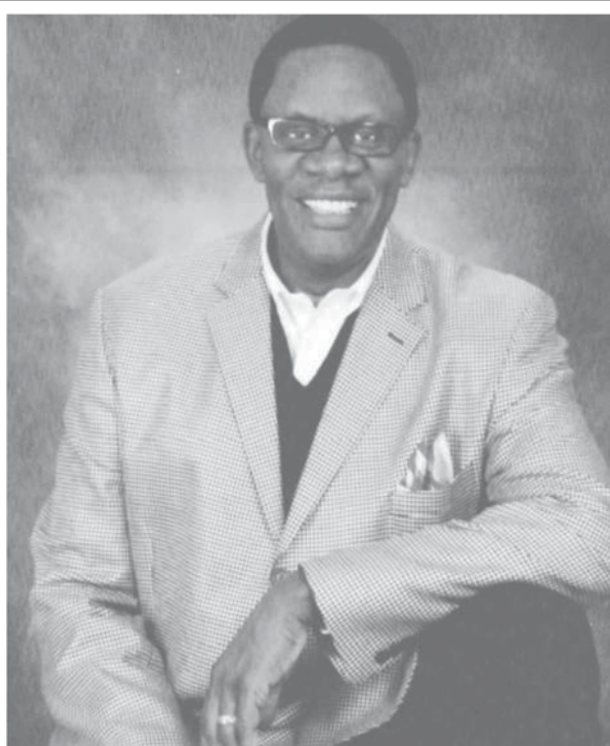


PHB Portland Housing Bureau
Mayor Ted Wheeler • Director Kurt Creager

regon veterans—men and women—from every branch of the military and in a variety of roles, from medics and battalion photographers to entertainers and fighter pilots.

"The Vietnam War Oregon Remembers" also includes powerful stories from anti-war protestors and grieving family members.

It observes the impact of Oregon's outspoken politicians like Senators Wayne Morse and Mark Hatfield who were early leaders in the national anti-war movement, and includes interviews with refugees who fled their homeland after the war. Finally, the program highlights various programs and activities strengthening our ties with Vietnam today.



Dr. Billy R. Flowers

THE SPINA COLUMN™

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Part 22. Chiropractic and Health

A way of Life...not just a passing diagnosis.

Q: Following a thorough check-up my doctor says that I'm "fit as fiddle." If this is true, why do I often suffer pain?

A: It is indeed interesting that a doctor can give a "thorough checkup" and yet fail to fail to evaluate the spine and nervous system. I'm sure that while in school your doctor learned that the nervous system controls every other organ and function in the body. Doesn't it

make sense then that a truly thorough checkup should include not only blood pressure, weight, chest and eye exam, etc but should also and primarily include a detailed evaluation of the nervous system? In Chiropractic

We study the nervous system and the spine completely to assure you that we

find the cause of your problem. If you have persistent aches, pains or fatigue, there is a reason for it. If you haven't had a Chiropractic evaluation, you have NOT been examined completely. For the sake of your health now and in the future, call today. Isn't it time you stepped up to Chiropractic?

Flowers' Chiropractic Office

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