



Constructing Hope
Pre-Apprenticeship Program

**PUTTING PEOPLE
TO WORK in the
CONSTRUCTION
INDUSTRY**



FREE

Ten weeks of construction training for those with legal history, minorities and low income, ages 18 years and older.

WE OFFER:

- Free construction training
- We provide tools
- Career placement
- Safety certification
- Start a career with starting wage \$16.00/hr.

FOR MORE INFORMATION, please contact us:

405 NE Church Street, Portland, OR 97211
503-281-1234 • www.constructinghope.org

FOOD

Sausage and Egg Picnic Pie

A simple and easy to eat main picnic course.

Ingredients:

- 800g of sausage
- 1/2 tsp cayenne pepper
- 4 sage leaves, finely chopped
- 500g of puff pastry
- 1 egg, beaten
- salt to taste
- black pepper
- 8 pheasant eggs, or small hen's eggs
- 1 handful of parsley, small, finely chopped
- 1/2 tsp thyme leaves, finely chopped



Directions:

1. Preheat the oven to 200°C/gas mark 6.
2. Bring a pan of water to a boil and boil the eggs for 4 minutes (6 if using hens' eggs). Plunge directly into cold water and leave.
3. Skin the sausages and mix with the herbs and a good pinch of cayenne. Season with salt and pepper. Peel the eggs carefully.
4. Divide the pastry in half and roll half of it into a rectangle that fits in a baking tray. Flour the baking tray and lay the pastry on top. Add a layer of sausage meat, leaving a little space around the outside. Put the eggs down the middle, making a little groove with your thumb as you go for added stability.
5. Now gingerly build the remaining sausage meat around the eggs.
6. Roll out the other half of the pastry. Brush the edges of the first sheet with beaten egg and lay the other sheet of pastry over the top, pressing to stick and crimping to pimp. Now brush all over with egg and make a few slits in the top. Chill.
7. Bake for 25-30 minutes, rest for a few minutes and serve, or leave to cool for a picnic.

**GET YOUR
SHARE
OF GREAT
CARE.**



**Medical, Dental & Mental
Health: \$0 per Month**

HealthShareOregon.org/Enroll



Health Share of Oregon