Push Back on Brutality

Police say Trump had wrong message

BY ERIC TEGETHOFF

Communities and police departments in Oregon and across the nation are responding to President Trump's comments to police on Friday that they shouldn't be "too nice" with suspects.

His comments come at a time when tensions are running high between law enforcement and the public. Sarah Armstrong, communications director for the ACLU of Oregon, said that's especially true for people of color who already are arrested and incarcerated at higher rates.

She said Trump's comments could deepen mistrust between communities and the police.

"Every community deserves safe and effective policing, and that really has to be built on trust," Armstrong said. "What the president's doing by pitting officers against communities is really scary, and the country is weary of the type of policing that the presi-



President Donald Trump encouraged police officers to be "rough" with people they arrest in a speech last week on dismantling the criminal gang known as MS-13 that was made before law enforcement in Long Island, N.Y.

dent is espousing."

the country have responded to the criminal gang known as MS-Trump's comments, saying they won't rough up suspects. On Saturday, Portland Police tweeted that officers "are expected to treat everyone with respect, even if they are a suspect."

Trump's comments came Police departments across during a speech on dismantling 13 to law enforcement in Long Island, N.Y.

> Armstrong said the president also is striking at one of

CONTINUED ON PAGE 4

The Week ifornia city has hosted an Olympics, with the first in 1932 and more recently in 1984.

Arizona Sheriff Found Guilty

Former Maricopa County, Ariz. Sheriff Joe Arpaio was found guilty Monday in a racial profiling case involving patrols targeting immigrants.



Arpaio, who once boasted he was "America's toughest sheriff," faces up to 6 months in jail when he is sentenced Oct. 5.

Cut Back on Free Lunches

A dozen Portland schools will end their free lunch for all students this October, because the schools no longer qualify for the program as a whole. Madison, Jefferson and Roosevelt high schools will be affected. Students whose families can show that they are low income or receive SNAP benefits will still qualify for reduced or free lunches.

Los Angeles to Host Olympics

The International Olympics Committee announced Monday that Los Angeles will host the 2028 Summer Games. This marks the third time for the Southern Cal-

Trump Tweets Transgender Ban

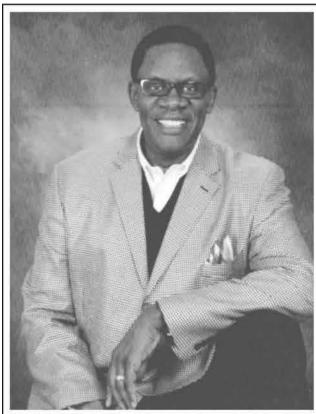
President Trump's tweet last week calling for the ban of transgender individuals in the military was met with significant backlash from mayors, congressmen and army generals. General Joseph Dunford, who is also a joint chief of staff, indicated there will be no change until the policy is officially adopted, and "in the mean time, we will continue to treat all of our personnel with respect."

Arrested for Deadly Fire

Ryan Thomas Monaco, 28, was arrested last week on charges of murder and arson in connection with a fire which killed 2 people at the Camp Manor apartments at 9815 N.E. Glisan St. The victims have been identified as Jason Miller, 42, and Taher Alhaji, 24, a Portland State University student from Saudi Arabia.

Funding for Veteran Housing

On Monday, the state of Oregon announced \$17 million in funding towards multifamily rental housing for low income veterans who struggle with financial or mental health crises. The deadline to apply is Oct. 20 at 4 p.m. For more information, visit oregon.gov/ohcs/.



Dr. Billy R. Flowers

An ongoing series of questions and answers about America's natural healing profession.

Part 15. Back Pain: Why "oh, my aching back" has become such a popular phrase.

: I always know when my back hurts. But I rarely know why. : Statistics tell us 80% of all men, women, and children will experience back pain in their lives. Chiropractors can also tell you why. There are, for example, several mechanical malfunctions that cause back pain. Among them are: Direct pinching on the nerve. This is the reason many people give for their back pain, but in fact, "pinched nerves" only account for about 10% of it. Edema (swelling) This occurs from inflammation due to

simple strain or subluxation. Fixation. This is yet another component of what we call the vertebrae are not moving the way nature intended. Other factors include muscle spasm and disc herniation. Of course, in addition to knowing you have back pain, chiropractors also know how to make it go away. By eliminating the components of the subluxation complex and allowing the central nervous

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