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The Week in Review



Jobless at Record Low

On Tuesday, the Oregon Employment Department and U.S. Bureau of Labor statistics reported that the state's unemployment rate fell to 4.0 percent during February, the lowest it's been since 1995. Government, health care, manufacturing and construction are the strongest growing job markets.

Council Curbs Protests

The Portland City Council Thursday approved an ordinance allowing the dismissal of disruptive protesters from council meetings. It allows people who are repeat offenders to be banned from the meetings for up to 60 days. On Monday, an activist filed a legal action to stop the ordinance, claiming it violates prior court-imposed free speech protections.

Arts Budget Cuts Draw Fire

The Portland Art Museum responded Thursday in opposition to President Trump's budget proposal to cut all funding for the National Endowment for the Arts, the National Endowment for the Humanities and the Institute of Museum and Library Services, joining museums and cultural intuitions across the country.

Homeless Man Found Dead

A homeless man, identified as Christopher Martin, 32, was found dead Thursday inside a tent near I-84 in northeast Portland. There were no signs of violence, but police officers checking the scene found a burning propane lantern inside the tent.

Rejecting GOP Health Plan

Under a new health care plan proposed by President Trump and Republicans, 465,000 Oregonians would lose their insurance coverage and 23,000 health workers in the state will lose their jobs, according to an economic analysis presented last week by Gov. Kate Brown. "I call upon Oregon's congressional delegation to oppose this legislation that will hurt Oregonians from every walk of life and in every corner of our state," Brown said.

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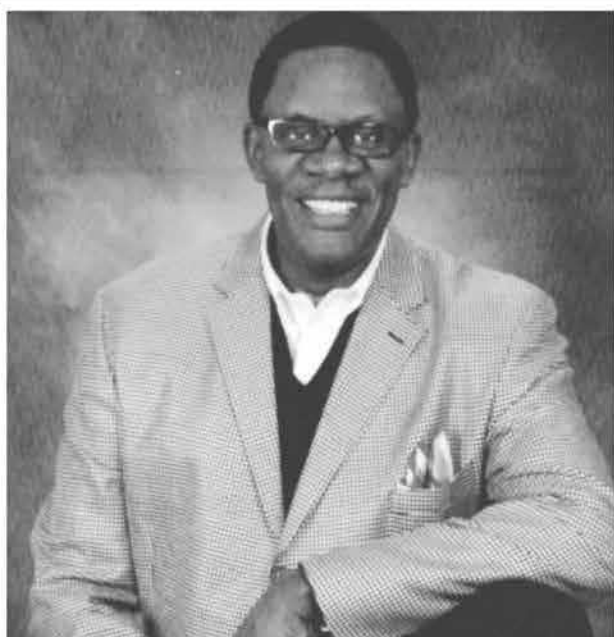


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Part 31. Treatment for Lower Back Injury

Q: My lower back has been aching for months. But I'm afraid of chiropractors, so I haven't seen a doctor. What should I do?

A: Back pain is one of the most common medical complaints for people ages 45 to 65. It's also one of the most common reasons people miss work. Fortunately, not many people need back surgery

because non-invasive treatments help control most back pain. If you have recurring back pain that makes it difficult or uncomfortable to complete your day-to-day activities, experts suggest you see a doctor who specializes in spine diseases and injuries, and who

works closely with other specialties related to the spine. A chiropractor will first rule out any serious conditions you might have, and then work with you to determine the best way to treat your pain.

Flowers' Chiropractic Office

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