



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Alysia Cox of Oregon Health Sciences University provides information on healthy eating at last year's Wellness Village, a free health care event returning to northeast Portland on Saturday, Jan. 21, after a previous December date for the African American Health Coalition event was postponed because of snow and ice.

Let's Get Healthy Together

Wellness Village rescheduled after snow event

The African American Health Coalition will celebrate its annual Health Disparities Luncheon on Friday, Jan. 20 and Wellness Village on Saturday, Jan. 21, after the previous December dates for the events were postponed when Portland was hit by snow and ice.

The public is encouraged to attend both events which will be held this year at the New Song Community Center, 220 N.E. Russell St. and Martin Luther

King Jr. Boulevard.

This year's luncheon theme "Health Equity: What Do We Want? What Must Be Done?" will address the principles of practice towards equity and the rationale for equity. Two of the country's leading experts in the field will serve as keynote speakers, Dr. Brian Gibbs, vice president of equity and inclusion at Oregon Health Sciences University, and Dr. James Mason, chief diversity officer for Oregon at Providence Health and services.

To reserve tickets, call 503-413-1850.

Let's Get Healthy Together! Is the theme for the 24th annual Wellness Village which will

take place from 9 a.m. to 3 p.m. You're encouraged to bring family and friends for fun activities, healthy cooking demonstrations, health screenings, blood pressure, diabetes screenings, eye exams, health prevention classes, healthy lifestyles, numerous activities and exercise. Lots of fun, games and prizes for everyone!

The Wellness Village is free thanks to generous support of Foot Traffic, New Seasons Market, Fred Meyer, Oregon Health Sciences University, OHSU Casey Eye Institute, Legacy Health, Providence Health and Services, Aetna, Pharma, Family Care, Moda Health and United Salad Company.

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