

FOOD

Delicious Chicken and Gnocchi Dumpling Soup

Homemade and hearty chicken and dumplings has never been faster or easier, thanks to store-bought gnocchi.

Preparation:

1. Heat a large Dutch oven over medium-high heat. Add oil; swirl to coat. Sprinkle chicken with 1/4 teaspoon salt. Add chicken to pan; cook 5 minutes or until browned,

stirring occasionally. Remove chicken from pan.

2. Add onion, celery, carrot, rosemary, and thyme to pan; cook 7 minutes or until vegetables are tender. Add 4 cups stock, scraping

pan to loosen browned bits. Bring to a boil; reduce heat, and simmer 8 minutes. Add gnocchi to pan; cook 3 minutes or until gnocchi float to the surface.

3. Combine remaining 1 cup stock

and flour in a bowl, stirring with a whisk. Slowly add stock mixture to pan, stirring constantly with a whisk. Stir in chicken and peas; cook 5 minutes. Stir in remaining 1/4 teaspoon salt and pepper.

A Miracle of Life Celebration

Saturday
December 3, 2016
6:00 pm

Rev. Dr. W.G. Hardy Jr. Keynote Speaker,
Judge Mablean Ephriam

(503) 287-9567 - www.hcclive.com
All proceeds donated to Pastor Hardy Medical Fund

Embassy Suites, 7900 NE 82nd Ave.
Portland, OR 97220



Ingredients:

- 1 tablespoon olive oil
- 12 ounces skinless, boneless chicken thighs, cut into bite-size pieces
- 1/2 teaspoon kosher salt, divided
- 1 1/2 cups chopped red onion
- 1 cup chopped celery
- 1 cup chopped carrot
- 1 tablespoon chopped fresh rosemary
- 1 tablespoon chopped fresh thyme
- 5 cups unsalted chicken stock (such as Swanson), divided
- 8 ounces whole-wheat gnocchi (such as Gia Russa)
- 2 tablespoons all-purpose flour
- 1 cup frozen green peas
- 1/2 teaspoon freshly ground black pepper



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