

# FOOD

## Spring Rolls

BY PAUL A. NEUFELDT

INGREDIENTS:

- 1/4 pound rice stick noodles
- 2 cups peeled and deveined shrimp
- 2 cups shredded carrots
- 2 cups shredded Napa cabbage
- 1/2 cup loosely packed, roughly chopped basil leaves
- 1/2 cup loosely, roughly chopped cilantro
- 1 small cucumber, peeled, seeded, grated
- 1 tablespoon tarragon
- 1 package Vietnamese rice sheets
- Ginger-Lime or Peanut Dipping Sauce

DIRECTIONS:

1. Place rice noodles in a large pot of boiling water, stir. Add shrimp. Cook until noodles are al dente and shrimp is just cooked, about 1 1/2 to 2 minutes. Lift out the shrimp, set aside to cool. Drain and rinse noodles.
2. When shrimp is cool enough to handle, cut into small pieces. Place in a non-reactive salad bowl with noodles, carrots, cabbage, basil, cilantro and tarragon. Toss to combine.
3. *To prepare rice paper wrappers:* Fill a large pan or bowl with hot tap water. Dip 1 rice paper wrapper into water, lift out, and drain briefly. Set on a flat surface.
4. To assemble salad rolls: Place 1/2 cup filling in the center of each wrapper. To roll salad rolls, think diapering a baby the old fashioned way - with cloth diapers minus the diaper



pins! Pressing down on filling, fold the bottom of each wrapper over filling, then fold in sides; roll tightly. Press edges to seal; if rice paper is too dry to form a proper seal, moisten unsealed edges with a little water. Set rolls on a platter and cover with a damp towel.

5. To serve, cut rolls crosswise in 1/2; stand pieces upright. Dip in Ginger Lime Dipping Sauce.

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## Measure 97: a \$6 billion tax on sales – with no guarantee of how politicians would spend the money

Measure 97 would impose \$6 billion in new taxes on the sales of goods and services in Oregon, including everything from food, clothing, housing, utilities and gas to medicine and healthcare. The state of Oregon's own nonpartisan study found that **Measure 97 would increase costs for a typical family by \$600 per year** and especially hurt those who can least afford higher living costs.

Despite Measure 97's deceptive wording, there's **no guarantee** that the money would go to education, healthcare or anything else. Measure 97 is **not a constitutional amendment**, so under state law, it cannot bind the Legislature's spending decisions. The Legislature's own top legal authority, the Legislative Counsel, stated that **the Legislature could spend the money "in any way it chooses."**



**Kevin Richards**  
Fox Hollow Ranch, Madras

"Measure 97 would increase prices for all consumers and operating costs for every farm and small business. That's why the Oregon Family Farm Association, the Oregon Small Business Association, and other groups representing farmers and small businesses statewide urge No on 97."



**William D. Rutherford**  
Former Oregon State Treasurer

"Since it is not a constitutional amendment, Measure 97 cannot guarantee how the money from its tax on sales would be spent. The legislature could spend the money from Measure 97 any way it chooses."



**Bobbi Frost**  
Harrold's Dairy, Creswell

"Measure 97 would tax the sales of the basic things every family needs, like food, gas, utilities and medicine. That means all Oregon families would pay more and have less, and those who can least afford it – like seniors and those on a fixed income – would be hurt the most."

## Vote NO on 97

Learn more at [NOon97.com](http://NOon97.com)