

The Portland Observer

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Driving a Bus for a Career

TriMet recruiting with hiring event

TriMet has put out the word that it expects to hire 20 bus operators every three weeks for the foreseeable future to keep up with service expansions, promotions and retirements.

To help fill the demand, TriMet is hosting a hiring event on Saturday, Sept. 17, at the Oregon Convention Center at 777 N.E. Martin Luther King Jr. Blvd., from 10 a.m. to 3 p.m. You'll be able to apply for a job, as well as talk to staff throughout the agency about working for TriMet, the benefits and career opportunities.

When you join TriMet, you get



TriMet is recruiting bus drivers with a special hiring event on Saturday, Sept. 17 at the Oregon Convention Center

more than a job, you get a career. Most jobs within the agency are hired from within the bus oper-

ator ranks, with more opportunities opening up after that.

TriMet provides the training

and testing for the necessary Commercial Driver's License. After a six-week training period and six-month probationary period, there are several career opportunities available throughout the transit agency, including full time bus operators.

Student bus operators earn \$14.25 per hour during the training period (40 hours/week). Once training is complete, bus operators work part time and earn \$15.63 an hour for the first six months. Pay increases occur every four months until the top rate of pay \$28.39 is reached at 35 months.

Part-time operators get the same medical, dental and vision benefits full-time employees receive after 30 days of employment.

Springwater Sweep Begins

Portland's sweep of homeless camps on the Springwater Corridor in southeast Portland has begun. A combination of private contractors, city crews and police officers began the process of taking down the encampments at 8 a.m. Thursday after a month of warnings, saying clearance of the entire trail could take several weeks.



Snoop Smokes Portland

Snoop Dogg made a series of stops

The Week in Review

at Mary Jane's House of Grass marijuana dispensary locations in Portland and Washington state last week, including a stop at the Mary Jane's southeast Division location on Thursday. The "Shop with Snoop" events were ticketed, private and included a walk down a red carpet.

Convenience Store Arson

A 7-Eleven store in the St. Johns neighborhood of north Portland was hit by multiple arson fires Monday, leading police to arrest and charge Kevin Mitchell Jr., 25, with first degree arson and criminal mischief. The store was forced to close

due to the damage, officials said.

Fireball in the Sky

Almost 150 reports from all across western Oregon and southern Washington came in to the American Meteor Society Friday night and Saturday morning in regards to a large fireball flying across the sky. All reports say the ball of light was blue in color and travel a "left to right" path. It is undetermined what exactly caused this strange light.

ITT Schools Closed

For-profit and commercially famous ITT Technical Institute announced Tuesday that all of their campuses will be closed immediately. The news comes just days

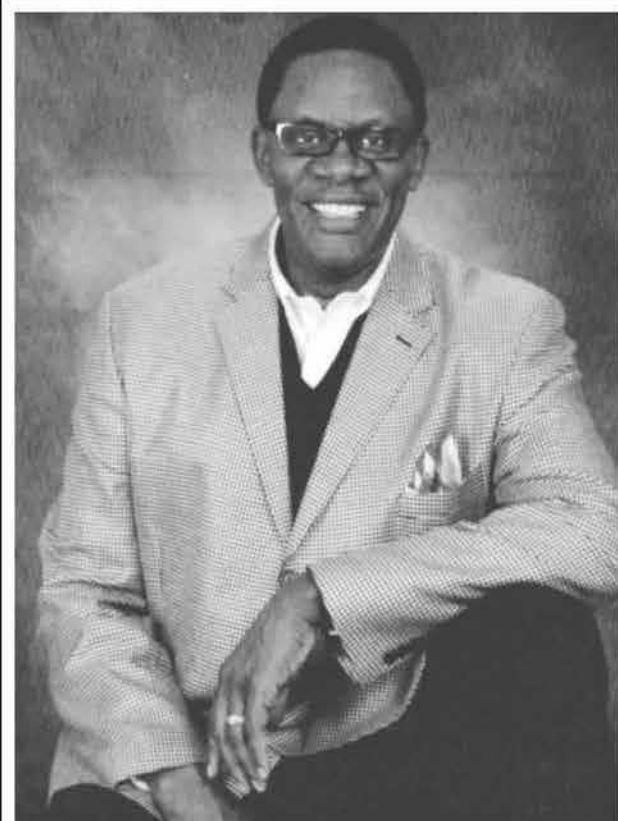
after the U.S. Department of Education banned the institute from enrolling new students that received federal financial aid.

Pokemon Safety Campaign

The Oregon Department of Transportation ushered in a new safety campaign last week based off the popular game Pokémon Go. Safetymon Go features Pokémon characters done up in safety attire to represent the different angles of being safe and alert while on the road.

Church Shooter Arrested

Police arrested Kevin Michael Farmer, 21, on Wednesday for the recent shooting of Jonathan Pierce, 29, outside of Sanctuary Church in Gresham. Farmer was apprehended when he was pulled over for a routine traffic stop, police said.



Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 4. Stress: How Chiropractic can help ease life's day-to-day pressures.

Q: I hear a lot about stress these days. Just how serious is it?

A: Stress causes high blood pressure, which in turn is a major cause of strokes and heart disease. It can lead to asthma, arthritis, insomnia and migraines. It impairs the immune system and is estimated to cost the nation over \$100 billion each year in lost productivity, absenteeism and health care costs. That's pretty serious.

Q: I have a very stressful job. How can Chiropractic help me?

A: Modern Chiropractic care can help de-stress your body. By helping your nervous system work more smoothly, Chiropractic helps assure that all your body functions (including the ones negatively affected by stress) are working properly. What's more, today's Chiropractors can also help you with

natural relaxation techniques such as yoga, massage and visualization. For less stress, or more answers to any questions you might have about your health, you'll find that Chiropractic is often the answer. Call us for an appointment today.

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